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nothing to







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*but names*

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HIDE



nothing  
to...



nothing  
to  
**HIDE**

Riding high on spirit!  
Senior Dennis Stewart  
joins in on the fun by  
dressing up as the  
Viking for the  
Homecoming Game.  
Seniors Eddie  
Gekosky, Stephanie  
Flowers, Brian Dees,  
and the Viking mascot  
all had the opportunity  
to ride in the firetruck.



**V**

**alhalla 1993**

Woodbridge  
Senior High School  
3001 Old Bridge Rd.  
Woodbridge, VA 22192  
(703) 494-7135  
Enrollment: 2868, Vol. 29

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Nothing to Hide



#### All washed out!

Senior Steve Hetzel covers up his head with a spirit poster to protect himself from the rain. Although they were weighted down by drenched jeans and Viking jackets, they, along with their female cheerleading partners managed to maintain the spirit among the crowd. The male cheerleaders were not a new addition to the tradition of the Homecoming game and festivities.

#### The Homecoming

game was held October 30th, HALLOWEEN weekend! However this did not spook the Senior class from building their float. Senior Arshia Ahmadi-Nabi worked on the float for three to six hours a day during Homecoming week, leading to the Seniors' victory.



# NOTHING

## *but the truth*

"Change is good." — anonymous. New technology and a new President were two of the changes that students had to face.

1992-1993, a year of change, nothing would ever be the same.

During the month of August, workmen snaked wires through the ceilings of the building and into every classroom to install a new computer network. Mr. Ross searched every storage space for windowed walls for the remodeling of the front office to create a new "We have nothing to hide" look to the front reception area. ♦ Students, parents, and teachers all linked together through the Parent-tel Network. The Homework Hotline prevented students from hiding behind the excuse, "I forgot what my homework was." The activities line left nothing in question as it announced places and times of sporting events, club meetings, and special occasions. Students answered phones in anticipation of the Parent-tel calling to notify parents of absences. Sophomores and freshmen fretted over the "no exemptions" rule. Classrooms stayed full through the last day of the year. ♦ The November 3rd election brought anticipation of change as Bill Clinton became the first Democratic President in 12 years. ♦



Donning their new see-through rain jackets, the Varsity cheerleaders continued to cheer the football team on with their spirit and pep. Junior Jessica Hocter tries to shield her face from the rain by hiding under the hood of her rain jacket.



What's the play? As they form a huddle, senior Mark Kuhn and junior Scott Jonely discuss what to do for a winning play. During their free time students used a friendly game of football to relieve the stress of homework, jobs, and everyday life.



Nothing to Hide





# HIDING

## out

Hit hard by the recession, students were forced to work, miss Beach Week, and skip the traditional special occasions.

**Volleyball on the courts soon turned into volleyball on the beach. Beach volleyball became a pastime in the lives of many students.**

During Beach Week, students not only bathed in the sun, swam in the ocean, and combed the beach for the opposite sex, but also burned excess calories kicking up sand.

When sand was not around it could always be found. Senior Andy Tergis and junior Michael Borecky became so hooked on beach volleyball on a trip to the beach, that they found a court closer to home, sand included.

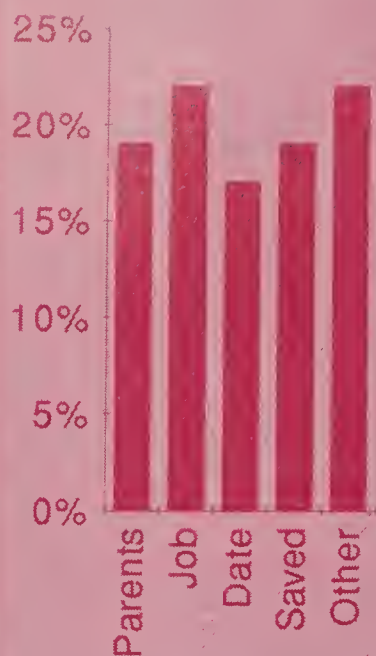
**The recession forced students to seek alternatives**

to their usual routines. High fashion shoppers became bargain hunters as they combed Potomac Mills Mall and Frugal Fannies for the ultimate sales. Scary movies at home and taking little brothers and sisters trick-or-treating replaced spending \$100 on Homecoming, as it fell on Halloween night. Summer trips for Beach Week became weekend trips, as students headed back home to work. ♦ The election year brought new opportunities for young political hopefuls. On October 15th young Democrats and Republicans took a road trip to the University of Richmond to catch a glimpse of the Presidential candidates. They attended watch parties to view the Presidential debate and returned at 3:00 a.m., half dragged into school at 7:00 a.m., chattering about their exploits. ♦



## Prom Expenses: How Did Stu- dents Pay?

How did you get  
money for prom?



"We did two days worth of complete bargain shopping."  
— Stephanie Forest, 10



"I didn't save any money. My parents had to give me all the money."  
— Rachel Ward, 11

# Glitz and

## Glamour, 'Unforgettable'

Everyone was running to get ready in time. The limousine was arriving at 6:00 pm. This was no normal night. It was PROM NIGHT!

Junior class Princess Michelle Ford said, "Prom was special for me because instead of having a nominated escort during the princess announcements, my boyfriend got to escort me."

After being named Prince, junior Matt Clark said, "I felt awkward while we were dancing and everyone was watching, it felt like an eternity."

"The air-conditioning in our

limo broke down and we would not let our dates roll down the windows because it might have messed up our hair. It turned out to be a very sticky situation, literally," said junior Christy Riser.

More traditional memories were recalled by senior George Forsythe. George said, "It was fun getting all dressed up and being

seen with someone you care about."

At the end of the evening, the glamour of Prom ended, but to everyone for different reasons, the memories of Prom remained 'Unforgettable.'

"I felt very awkward while we were dancing and everyone was watching."



Taking a break from the dancing, senior Ericka Payne and junior Robert Woffard stop to talk to a friend, senior Holo Ayala. At the dance, students often took time out to meet with friends to discuss after-the-dance plans.

Senior George Forsythe and Junior Heather Wilson go into each other's eyes as they dance the night away at Prom. Seniors enjoyed the last big school event of their high school careers. They made memories to last a lifetime.





Although there were complaints about not enough slow songs being played, seniors Jennifer Boyt and Garret Chang enjoy a friendly fast dance at Prom. Couples used dancing as a way to get to know their date's personality better.



Former Queen Erin McLaughlin crowns senior Michelle Smith queen of the '92 Prom. Michelle was surprised to hear her name announced as the winner. This made the evening more special for the Queen, a moment she would always remember.





All smiles, senior Kimberly Dehnell mingles with her classmates. With the pressures of exams and GPA's behind them, all were able to bask in the knowledge that they were truly members of the "adult" world.

## Au Revoir!

### Moving On & Heading Out

It seems that ever since I've been in high school, I've been looking forward to going off to college. It just feels so unreal that I'm leaving in less than a year," senior Susan Lee proclaimed.

This response was typical of seniors. The culmination of four long, unique years, graduation remained the last trial of childhood. It

developed into the test to pass before entering the adult world.

While the immediate focus remained applications and GPA's, seniors took nostalgic

looks back over the years. "In a way, life will be less 'full' without high school," senior Amy Trice said. "It will be strange starting over in an entirely new environment, but I am ready for the next step. I am ready to move on."

Moving on to college or a job made seniors nervous and excit-

ed. Deadlines and homework overlapped.

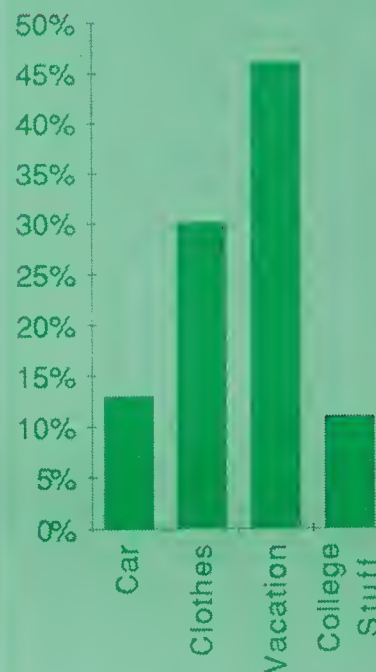
Stress, a given element of senior life, increased daily.

The obvious question became, was it worth it? Senior Jim Trimble said, "Yes! I would never want to go back to freshman year. I'm ready to go!"

"Life will be less "full" without school, but I'm ready to move on."

## Graduation Goodies

What is your dream present?



"My dream present would be a cruise to the Bahamas."  
— Stacy Howard, 12



"I wish my relatives from Arizona could come to graduation."  
— Evie Duvall, 12







As applause ringing in the air, seniors Marcia McIntosh, Aaran McWhirter, and Chris Morgan smile and wait patiently as over six hundred seniors receive their diplomas, their tickets to adulthood.

Seniors Amy Lynn and Kelley Wilson chat after the ceremony. With all nervousness and anxiety gone, seniors enjoyed the lull that followed the evening's events. All the rehearsals seemed worth it.

On the path to the future, seniors Jason Schooler and Sapna Sharma take the final steps to graduation. The last walk taken as high school students marked four years of hard work and determination.



# Pep It Up!

## Students Show Their Spirit

Students shouting, cheerleaders chanting, and the band blaring were the sounds heard at Friday pep rallies. Pep rallies were a part of spirit weeks that got students excited about the big games.

The SCA President, Jason Way, worked hard to put pep into the school. "We hope that when the students see the principals being dunked, it will unleash some of the spirit locked inside the classes for the past few years," stated senior Jason Way.

Spirit week showed loyalty

and creativeness. Junior Ashley Klimkiewicz said, "Students are more enthused, and it shows through spirit week."

"There needs to be more spirit in the school, and students need

to be involved in the school to make it more enjoyable," said sophomore Charlie Kodatt. There was more spirit

exhibited this year than in the past, but there were still complaints of not enough pep.

Friday pep rallies and spirit weeks full of hats, pajamas, and school colors proved to be successful.

"Students are more enthused, and it shows through spirit week."

Stay within the lines! Seniors Holly Hemmerly and Eric Patterson carefully decorate the FBLA banner. The banners were hung up during spirit week to get students and faculty excited for the Homecoming dance and game.







Gotta wear shades! Senior Beth Byrnes jams while making music for the pep rally. The marching band partied while playing for the pep rallies. The marching band also played in the mornings in the upper lobby.



"Let's go Vikings," senior and varsity cheerleader Ahmara Perkins cheers for a pep rally. Cheerleaders were essential to get students up and yelling to support the teams or shout the Woodbridge colors.

Senior Beth Robins receives a "red light" from Mr. Joe Potente, Mr. Alan Ross, and Mrs. Anne-Marie Sprague. On Friday the 16th of October, all of the fall sports teams played Red Light-Green Light headed by Beth Robins.

## Do Students Really Participate?

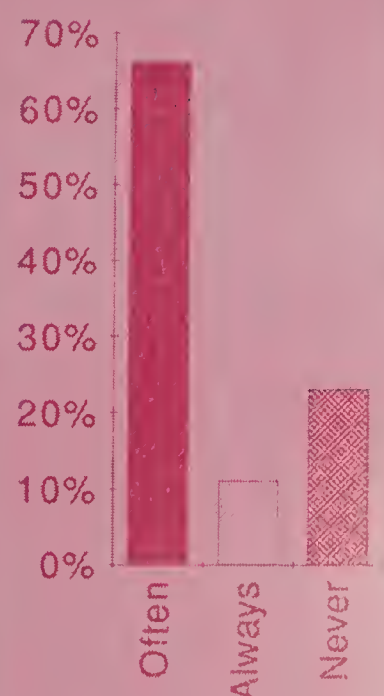


"Pep rallies help boost the morale of the student body and staff."  
— Jeff Guerino, 11



"I was totally surprised to see such a huge turn out for spirit week!"  
— Allison Nichols, 10

Did you participate in spirit week?





Waiting for the signal to begin their cheer, senior cheerleaders Katrina Wahus and Ben Lieb wait patiently in the rain. Although it was cold and rainy, crowds still came out to support their team in the big game.

Taking time out from cheering, varsity cheerleaders, Stephanie Patterson, Michelle Fujisaki, Katrina Wahus, Michelle McDonald, Samantha Lance, and Linky Jankura take a break from the rough conditions to talk to a spectator.



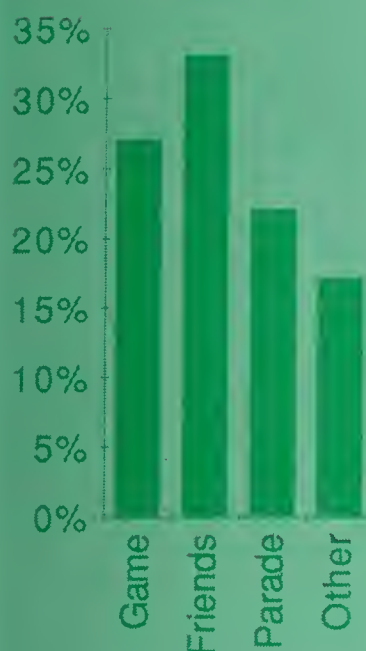
Roughing out the bad weather in their float, sophomores Brian Carina, Betsy Perkins, and James Lang show their class spirit by taking part in the parade. The Homecoming parade was a definite highlight in the rain-soaked game.





## The Big Game

Why did you go to the game?



"I went to the Homecoming game to see the floats and to support the team."

— Jeff Fedak, 11



"I went to the game to see my friends and to see who would be Homecoming queen."

— Lori Anderson, 11

# Domination!

## Vikings Homecoming Victory

**T**hrough the cold and steady rain, the Vikings managed to crush the Stafford Indians with a score of 57-16. Returning alumna braved the chilling Halloween eve to watch the "Masquerade" parade march through Lake Ridge. A surprisingly large crowd showed up to watch as Woodbridge

trounced Stafford and as Angela Woodcock was crowned Homecoming queen. "It was worth standing in the cold and the rain to see the Vikings dominate," said freshman Andrea Litig. "It was great for it all to

come together for Homecoming."

Working on the Homecoming floats was the first project in which individuals from each class had a chance to work together. Amanda Ohle, presi-

dent of the senior class, proudly accepted the award for the most outstanding float.

The crowds kept their spirit considering it was the first time that it ever rained on Homecoming. Senior Katherine DeMarse concluded, "The spirited homecoming festivities were a great conclusion to a week full of school pride."

"It was worth standing in the cold and the rain to see us dominate."



Getting a break from the tackle, senior Marcus Binner watches his fellow teammates crush the Stafford Indians. Even though the fields were not fit for playing, the Vikings managed to overcome the Indians, 57-16.

Homecoming Game



# No Pressure

## *Friendly Dates To The Dance*

**D**im lights. Slow music. Formal attire. On the night of October 31, romance was definitely in the air as students mingled in the lobby at the Homecoming dance. Or was it? For many students at the dance the lights, music, and attire merely helped to set the atmosphere for the evening, not the mood.

"Going to the dance with a friend made me feel more comfortable," said junior Mary Ragsdale. "I didn't have to pretend to be someone else, I could just be myself." This seemed to

be the attitude of many students at the dance. Traditional dates were often replaced with more platonic couples.

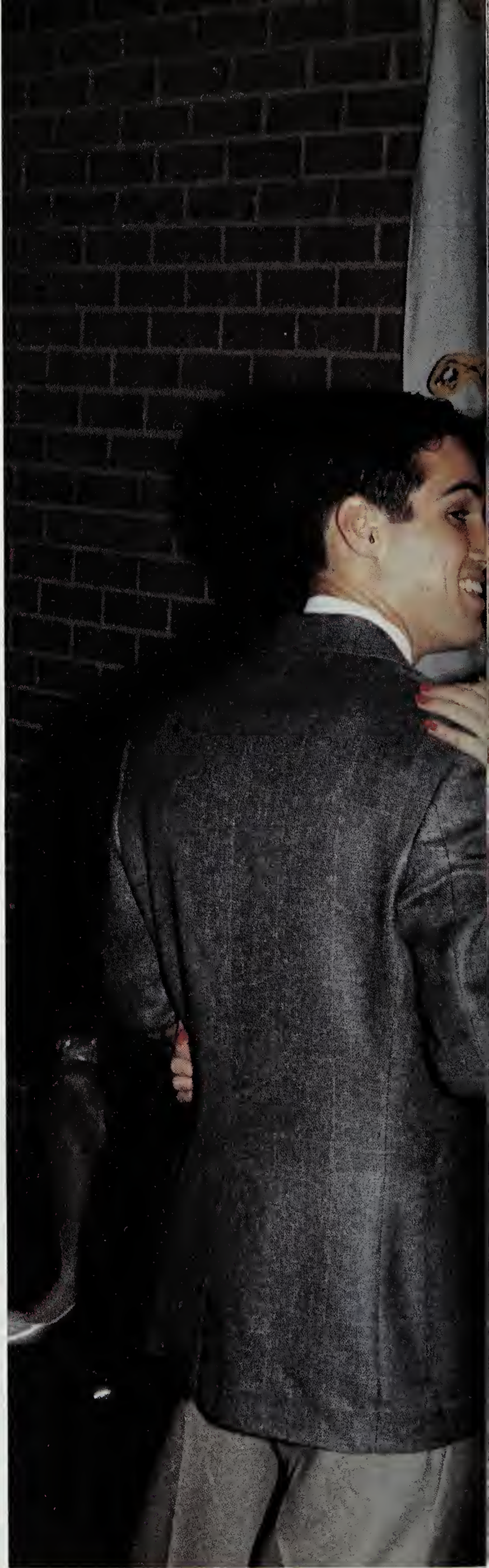
Students agreed that there were advantages to going to the Homecoming dance with a friend. Sophomore Mads Han-

sen said, "Although there were many good things about going to the dance with a friend, the best part was it

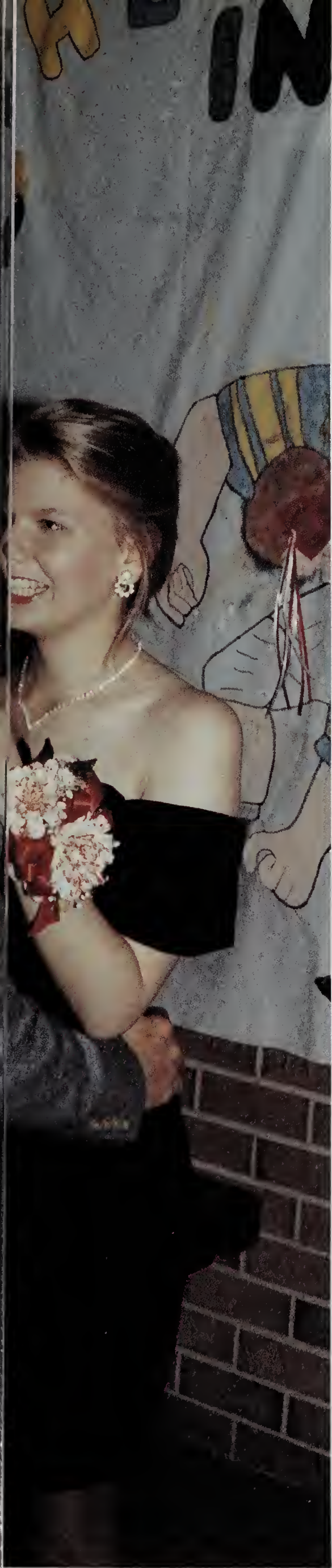
didn't matter if I did something stupid in front of my date. She had already seen me do stupid things before. It made the whole thing less awkward."

"I didn't have to be someone else, I could just be myself."

**S**topping to talk, seniors Andre Pelletier and Maureen McNamara take a break from dancing. Many students preferred dancing to slower songs, taking advantage of fast songs as a chance to talk with friends.







The Homecoming court poses after their introduction. The court consisted of two freshmen princesses, two sophomore princesses, two junior princesses, two senior princesses and queen Angelo Woodcock.



G otcha! Seniors Ashley Ceci and Kelly Sweeney veer away from the flashing cameras. Homecoming became a chance for couples to spend some private, romantic time together in an atmosphere all parents approve of.

M aking the most of Homecoming, Queen Angelo Woodcock and her escort Doug Kaufman danced the night away. Angela was crowned during a rainy ceremony at Friday's game. The dance marked the end of the week's festivities.

## What Went On After The Dance?

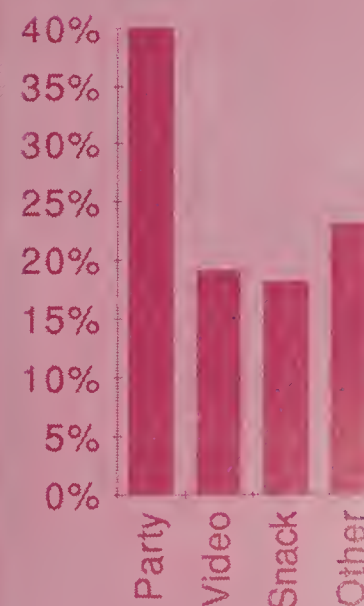


"It was nice to do something informal after the dance."  
— Bryan VanWinkle, 11



"Going out with friends was a good way to end a great evening."  
— Stacey Kolleda, 12

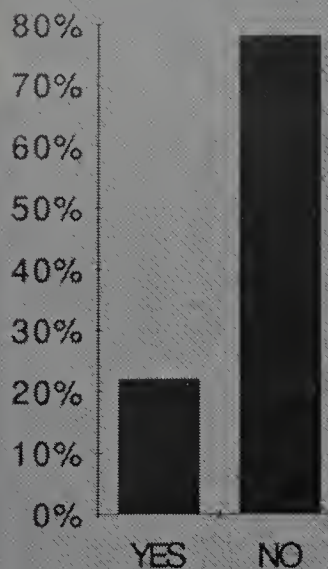
What did you do after the dance?



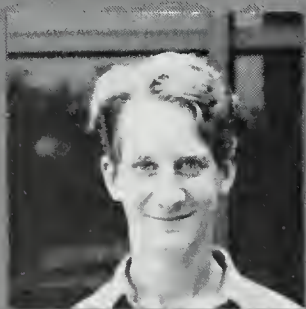


Did you ever  
dream  
of firefighting?

Did you want to be  
a fireman?



"Firefighting has always been something I've wanted to do."  
— Kevin Grunden, 12



"I used to make believe I was saving someone from a fire."  
— Jeff DeMain, 12

# BACKDRAFT!

## *Fighting Fires as a Hobby*

**R**RRRIIINNNGGGG!! The alarm rang throughout the fire station, turning the quiet afternoon into a potentially deadly adventure. The students volunteered at the fire station in Lake Ridge. The fire fighters volunteered their time and service in order to help their neighbors protect themselves from fire and other domestic hazards. They also did the job in order to enjoy themselves.

"It gives me a chance to serve my community while having some fun."

"It gives me a chance to serve my community while having

some fun," senior Ashley Ceci said. The on-hand practices every afternoon allowed the fire fighters to enjoy themselves a little more when they went to a fire. The fun, however, had to be placed behind the dangerous factor of fighting a fire.

"I like being a firefighter because of the danger and excitement," senior Mike Darabond said. The fire fighters were appreciated by their community and their fellow students also. No matter what their reasons were for fighting fires, all of the firefighters were dedicated.



**R**eady to go! Seniors Ashley Ceci and Jan Sipes prepare to drill their firefighting abilities. The afterschool practices allowed the students to hone their firefighting skills. They would rely on these skills in a fire.

**A**s he dismounts the firetruck, senior David Ritchie reflects on that day's experience. The firefighters often thought back on their adventures and realized how lucky they were to not be seriously injured.





Senior Sandra Garza places a firefighter's helmet and mask inside a truck. It was very important for the volunteers to keep the equipment clean and working properly. They might have to depend on that equipment later.



"Hurry and get him to the ambulance," says senior James Foss. He and senior Mike Darabond helped move the individual with local rescue workers so that the victim could receive appropriate medical care.

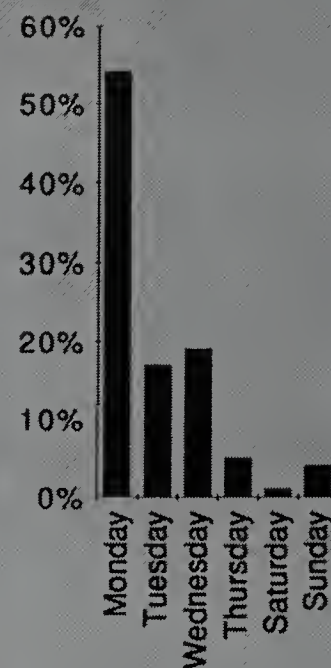


Attempting to beat the bell, senior Greg Clifford uses the last minutes to finish his homework he forgot to do. On Mondays, students were seen trying to finish their homework from the weekend with the last seconds before the bell.



## Least Favorite Day of the Week

What was your worst day of the week?



## Slow Days

*Days That Never Seem to End*

"Monday already?" After having a relaxed weekend, groans were heard down the halls from students who were not ready to come back to school. Sophomore Sean Healy said, "Sundays are pretty bad because it is the last day of the weekend, but Mondays are worse because you have to go back to school."

Tuesdays were not among student's favorite days. "I don't like Tuesdays because they are just there, it's not the beginning or the middle of the week, it is just

"I don't like Tuesdays because they are just there."

Tuesday," said junior Joe Errera.

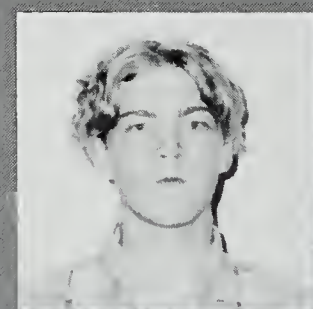
As the week moved on to Wednesday, the groans seemed to get louder. "Wednesdays are the middle of the week and it feels like the week is dragging on. There are still two days left until the weekend," said sophomore John Husar.

Then Thursday came and students looked forward to the weekend. For others it was not so great, junior Rebecca Lisack said, "My hardest tests are always on Thursdays."

Friday came and complaints would not be heard again until Monday morning.



"I don't like Wednesday, because I can't stretch it into a four day weekend."  
— John Varrieur, 11



"Days such as Thursday seem to drag on, it's like they go on forever and never end."  
— Matt Cowan, 12





Why are we even here? Today's Tuesday." junior Tom Mitchell asks juniors Kevin Johnson and Simon Franco. Because the week was just underway, students dreaded Tuesdays. Friends often took the day off.

When hearing about her new assignment that will be counted as three grades, sophomore Betsy Perkins shows disgust about how short of time is given for a due date. Bad news seemed to fall on Wednesdays for Betsy.

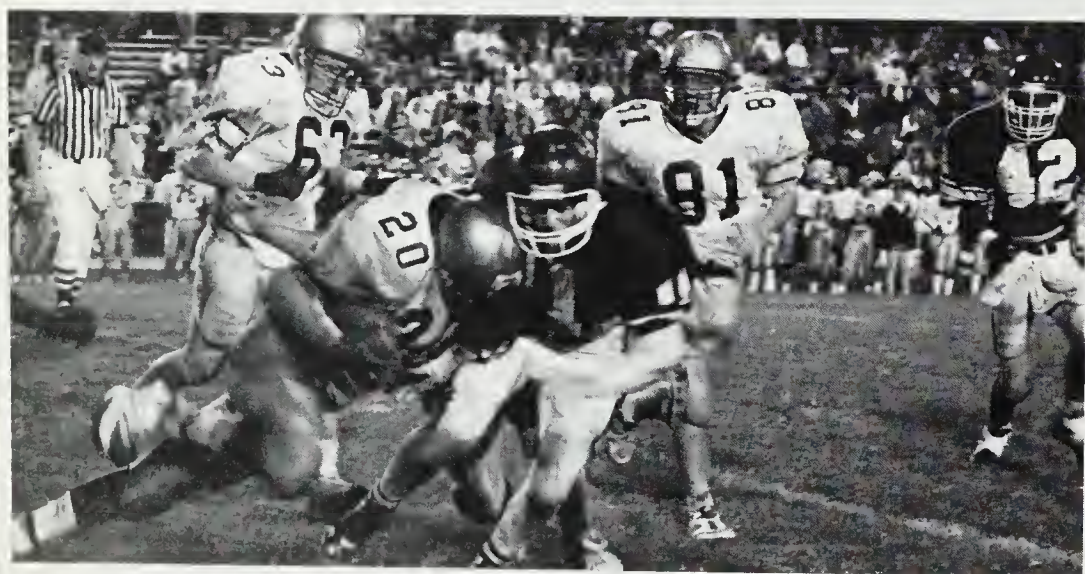
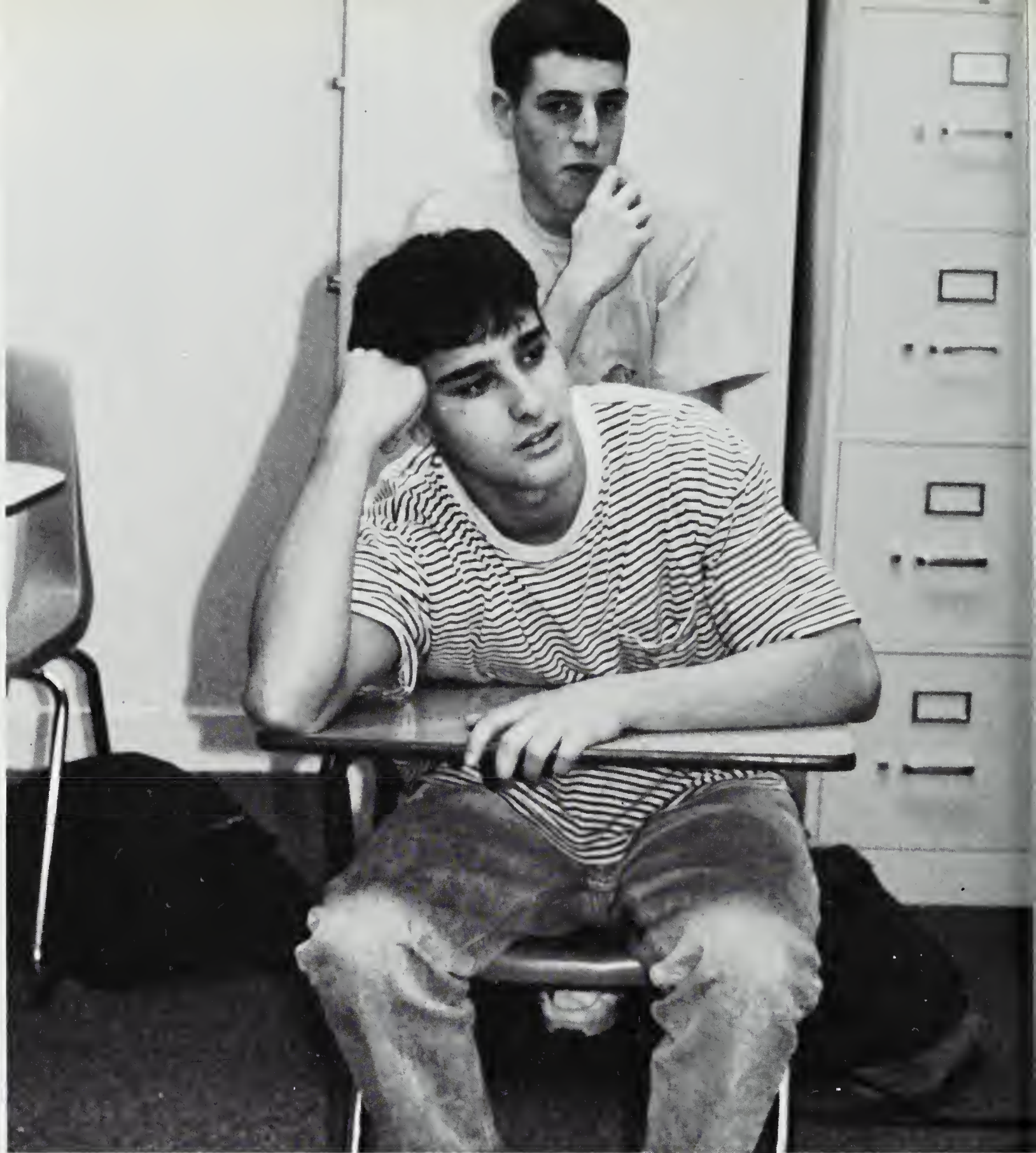
Stressed out after a long day that consisted of four major tests, junior David Gignilliat takes a relaxing break before going home to work on Thursday night's homework. Thursday's worries will be gone once the week comes to an end.

Least Favorite Day

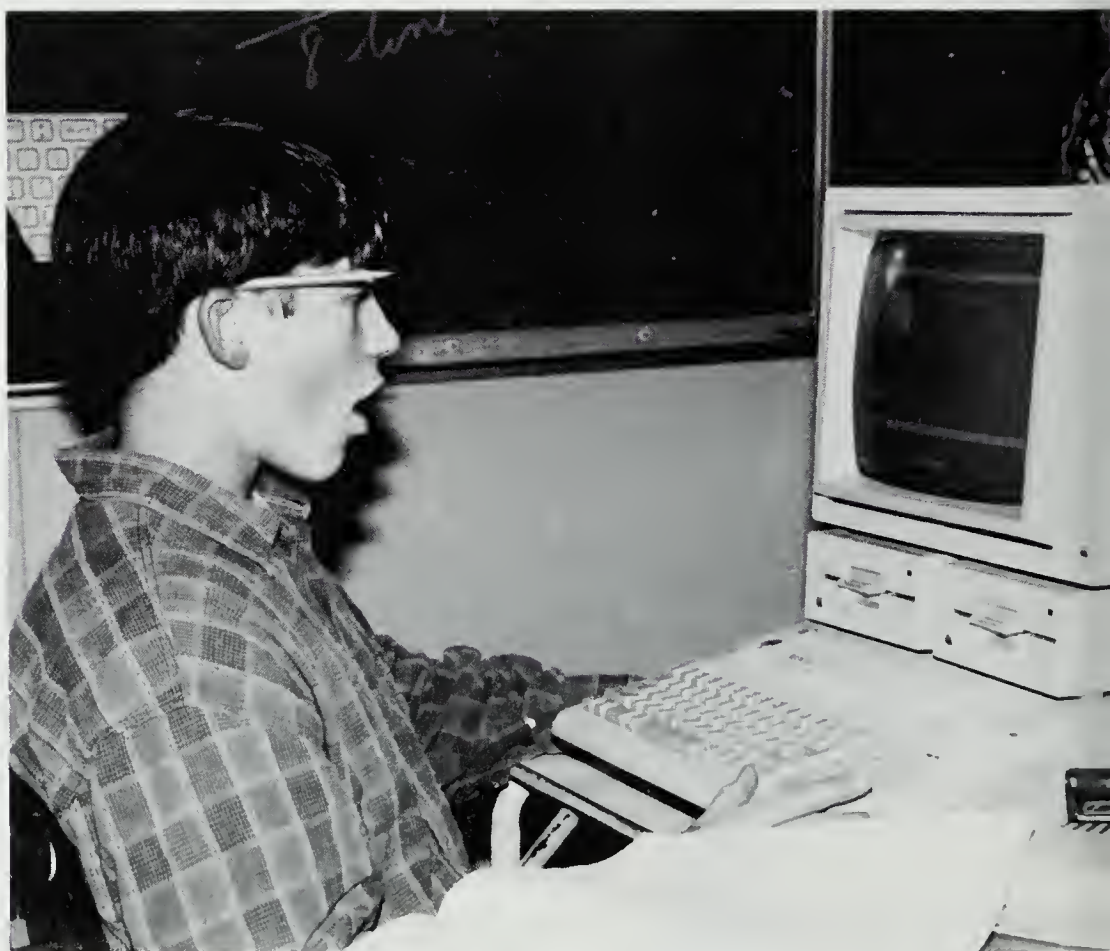


Staring off into space, senior Danny Schiro slowly drifts into his own world during Spanish class. Classmate senior Patrick Cantolupo whispers a warning to him so that he will be able to answer the teacher's question.

Football players often used class time thinking about the big game. But players weren't the only ones who had their minds on the game. Students often looked forward to the game to spend time with their friends.



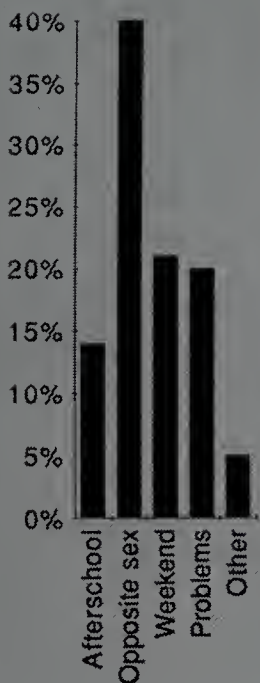
After drifting off during class, senior Neil Seitz comes back to reality, only to discover that he had missed the directions on the next activity. Trying to get back on track, Neil does his best to catch up.





Stress calls for a daydreaming break.

What did you daydream about?



"When I daydream, I tune out the teacher and everything else."

— Heather James, 10



"Day dreaming is a way to escape from the stress of school."

Karine Machado, 11

# H-e-l-l-o

## Minds At Work

"M

too familiar phrase often caught students by surprise during the six and a half hour school day.

Six hours of learning were turned into six hours of dreaming, daydreaming that is.

"There is a certain point in class when I just can't listen anymore," said junior Michelle Fujisaki. Trying to listen for the 45 minute periods, did create some problems. Being tired often caused minds to think about things other than academics in

r. Smith, are you with us?"

This all

"There is a certain point in class when I just can't listen anymore."

order to stay awake in class.

Students minds wandered in their worst or most disliked classes. Cindy Burns said, "It is interesting how people daydream. One moment I'm paying attention in class and then sud-

denly my mind drifts to other things. Ten minutes pass and it seems like only a few seconds.

The sounds of the class disappear and I'm gazing into space. But, I know I'm not alone, because after class no one seems to know what we learned!"

Students daydreamed about various things. Minds were hard at work!



Senior Teresa Vick is all smiles as she drives out of the school parking lot after a long day at school. Many students daydreamed during classes about the final bell ringing and their weekend finally beginning.



After school seniors Keith Cassedy, Stephanie Flowers, and Eddy Gekosky hang outside the weight room flirting. Students can often be found after school holding hands and other such flirting.

So . . . What are you doing tonight? Sophomore Tom Cruz flirts with sophomore Julie Granham between classes. The six minutes between classes gave students the opportunity to meet other students and make weekend plans.



Joe Pittman and Michelle Hobson can not keep apart. Couples often carried flirting a little far. Joe and Michelle could always be found around school together. You would often find the same couple who met after each class.

Students often get together during lunch to flirt. Seniors Mark Swearingen and Karie Destadio ate together and were always flirting. Lunch was a time that students could relax and enjoy each other's company.





## Flirting, The Techniques Were Endless



"I think people flirt by the things they say, and the way they say it."  
— Sarah Lieb, 9



"I hate when people misinterpret flirting. It's just being personable."  
— Melissa Crowe, 12

How did you flirt?



## The Tease

### Playing a Game of Flirtation



ow,  
you  
look  
so

cute today . . . " The infamous flirt struck again. Students tried to avoid them everyday, in hallways and in classrooms, but all were guilty of the crime . . . FLIRTING!

Junior Jodie Simprini replied, "I admit that I flirt all of the time, but it doesn't hurt anybody, and it's fun."

Junior Chris Tim commented, "I don't mind when girls flirt with me because I do it too, unless

someone gets the wrong idea."

There were different varieties of techniques used by each student when flirting. Some examples of flirting were giggling, hair twirling, small touches, and eye contact.

"I've been told that I flirt too much, but I'm just a friendly person."

Senior Heather Conti commented, "I've been told that I flirt too much, but I really think I'm just a friendly person."

People's ideas of flirting differed, which often caused jealousy or tension between girlfriends and boyfriends. What one person took as simple friendliness, another took as simple case of flirtation.



Relaxing during class Senior Mac Wilson and senior Tauseef Chaudhry work together on a paper. Working together on schoolwork provided the opportunity for students to get to know each other better, and in a way . . . flirt.



# Quick Cash

## How and Where to Spend It

**M**oney!" The word that rang through the minds of students when the words allowance or pay day were brought up.

For students whose only source of income was allowance, they had to stretch it to meet their needs. Senior Tracy Tomlinson said, "Each week I save all my allowance

"Each week I save all my allowance to go to clubs on the weekend."

to go to clubs on the weekend."

Gas was a necessity and students were surprised at how fast it drained their wallets. Junior Wendy Tobias said, "By the end of the week I had no money

because I had already spent it on gas."

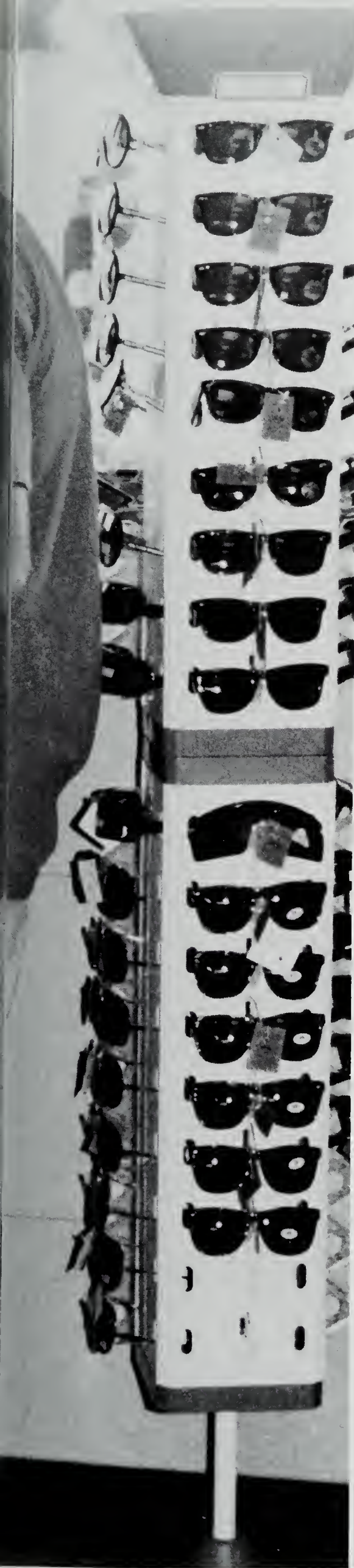
It was hard to find money for themselves because students also had to think about the other people in their lives. Junior Meredith Martin said, "I don't mind giving money to friends because I know they would give it back in return if I needed it."

Students looked at money as a necessity, not a desire. It was thought of as a "ticket". Without the "ticket", students were unable to go anywhere or do anything to improve their social life.

**G**ive me some of those fries! Sophomores Neil Vaughn and Derek Forest satisfy their hunger. After school, students often dropped by McDonalds to grab a quick bite to eat before going home.







ot bad! Checking out the amount owed for the new CD he just bought with his pay check, Senior Todd Rothlisberger takes out his wallet. Students often treated themselves to a gift of their own.



Waiting for his food, Aaron Deadman waits for the cashier to ring it up. Students often got the "munchies" for fast food. Gas stations were one of the many places that offered snack food for sudden cravings.

here goes all my money! Senior Mike Tallman takes time out from work to fill his tank. Students' worst nightmare was getting gas. Every time they looked at their gas gauge it was time to head for the gas station once again.

## Making A Decision Necessity vs. Want

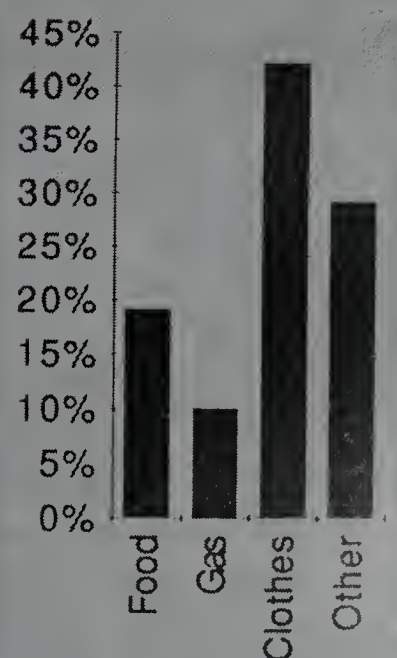


"Whenever I have money I always buy food. Hey, it's already made."  
— James Foss, 12



"I lend money to friends because they're broke by the weekend."  
— Kelly Mortensen, 11

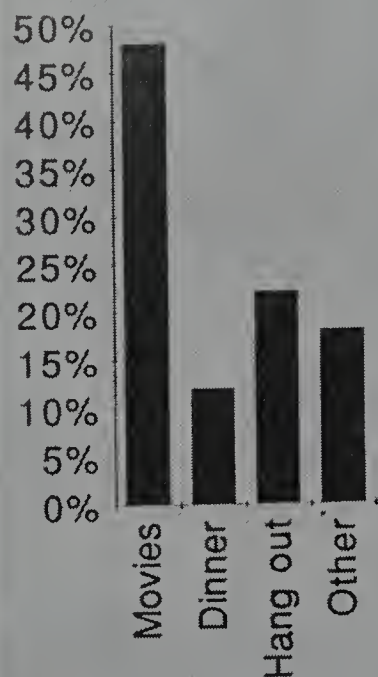
How students spent money?





Students reveal  
dating truths.

What did you  
do on a first  
date?



"The best  
part of a  
date is get-  
ting to know  
someone  
new."

Michael  
Greto, 11



"My big-  
gest fear  
about a first  
date is trip-  
ping and  
falling."

Stephanie  
Patterson,  
11

# Butterflies

## Those first date jitters

As if school was not enough to worry about, there was always the fear of finding a date for Saturday night. First dates either meant an evening of fun, or an evening of disaster.

Students knew how nerve racking first dates were. Whether the date was good or bad, there were stories to tell.

The best stories came out of embarrassing or bad situations. Junior Dave Cloyed said, "I was eating french fries, and a chunk

of fry flew out of my mouth."

"Silence," said Sarah Nardotti "is one of my biggest fears about a first date."

Students worried about what could go wrong on a first date.

Junior Mike Moser said, "I just learned to drive a stick-shift, so my biggest fear was

bucking the car really bad and giving my date whiplash!"

Junior Christine Nelson said, "The best part of a first date is the ending. If it was a bad date, it is over. If it was good there is something to look forward to."

"Silence is one of my  
biggest fears about a  
first date."



Senior Wendy Updyke is pleasantly surprised when greeted at the door by senior Matt Clark and a red rose. Students often expressed their feelings for one another with small tokens of their affection.

Standing in the student parking lot on a Monday afternoon, juniors Stephanie Forest and Spencer Mallard recall the fun they had on their first date. Most students hoped that a great first date would lead to others.







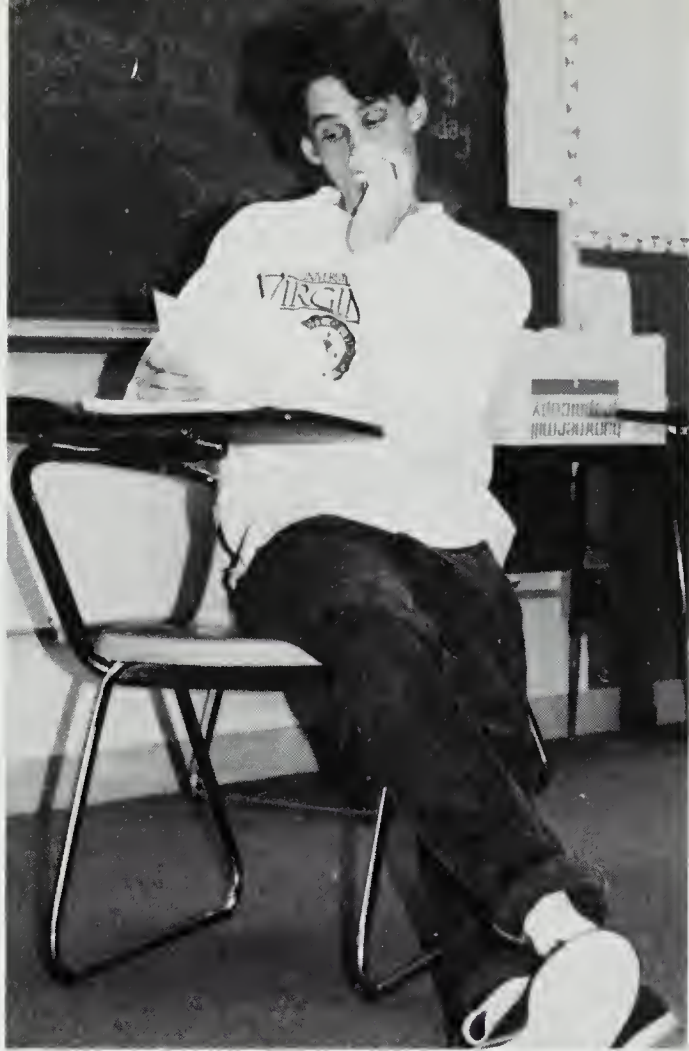
A girl was not always the one to keep a guy waiting. Looking out her window, Junior Jessica Hctor waits for the arrival of her date. Often plans had to be changed when dates got off to a late start.



On Friday afternoons students began to make plans for the weekend. Senior Robie Wood asks Junior Alicia Manatad her plans for Friday night. Going to the movies or going out to dinner were typical first dates.



Dealing with his cold, senior Jimmy Gattis works on his English classwork. When students were sick they often came to school anyway to avoid the make-up workload. Even missing a class once could set students back for days.



## Home Sick

*"Mom I don't feel well!"*

In order to stay home from school sick, I have to be too weak to get out of bed," said sophomore Jen Hummel.

Junior Scott Kennedy said, "It depends on what is going on at school as to how sick I really am."

While students hated missing classes, others jumped at the chance to take the day off. "It is a pain to miss school because of all the make-up work, yet a mental health day is good every once in awhile," said junior Lincoln Burke.

However, others hated missing school for any reason. Junior

Nadia El-Najjar said, "I hate missing school because if I miss one day I am behind for a whole week!"

One factor in the decision to stay home was the weather.

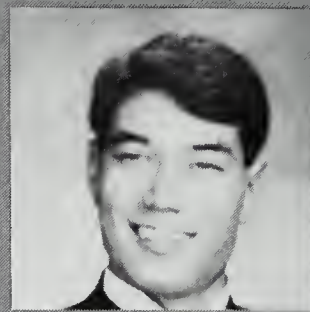
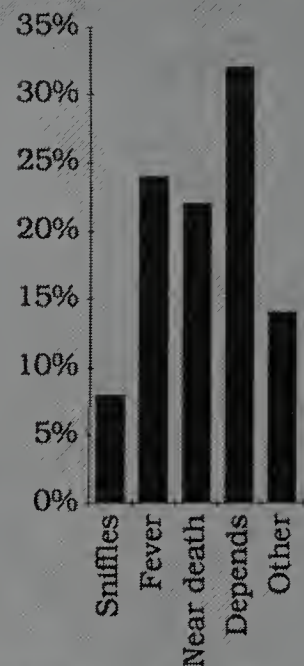
Senior Andy Craig said "When warm weather hit and Spring Fever set in my Immune system seemed to fail me more often."

Being sick was something students had to face. Whether they decided to tough the day out or to stay home was their own decision. "Either way you get stuck with the downside," said junior Chris Luley.

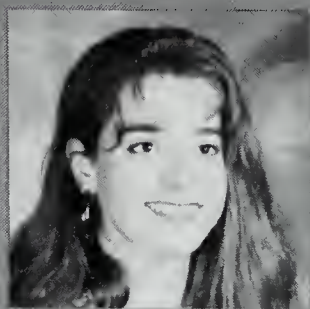
"It depends on what is going on at school as to how sick I am."

## Determining when to stay home sick

How sick did you have to be to stay home from school?



"Oh, I just need the sniffles in order to stay home and I can do it."  
— Shawn Kline, 12



"When I am sick, I watch Talk Shows, eat and sleep. Doesn't everyone though?"  
— Leah Sevance, 11





“A hhhggg!” senior Robbie Laver moans over the agony of being sick. Trying to stay warm to fight off a cold, he finds himself restricted to his bed. Being sick often kept students home from a day of school.

Many students spent their sick days in front of the television. Fighting to stay warm with her blanket, senior Katrina Wahus flips through the channels looking for something to watch.

Trying not to think of all the make-up work he will have to do, freshman Christian Johnson contemplates either going in late or staying in his warm, comfortable bed. Many students found this to be a difficult decision.



# THE TIME MACHINE BY H.G. WELLS

**J**unior Lee Ann Reaser and senior Amy Lozinak sneak a peak of their favorite soap opera, *One Life to Live*, After school in the journalism room. Students who were addicted to soaps, tried to watch them whenever possible.

**A**fter a long day of school, junior Sarah Salisbury takes a break to watch her favorite soap opera, *One Life to Live*, on Channel 7 at 2 o'clock every-day. Sarah would tape her favorite soap opera if she would miss it.

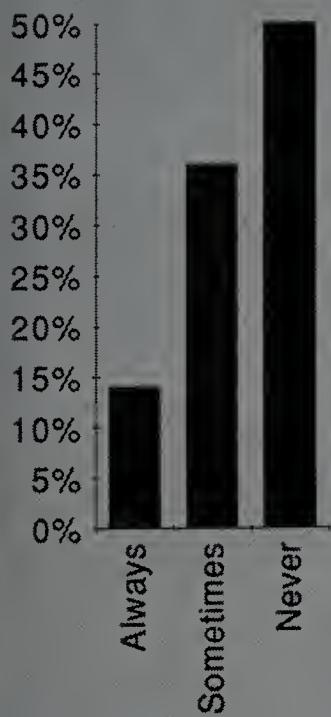


**T**aking a break from school work, junior Amy Helberg relaxes while watching her favorite soap opera, *General Hospital*. Amy watched her favorite soap opera on a daily basis. Students rushed home so they would not miss their soaps.





Did you watch  
soaps?



"I watch soap operas when there is nothing else to do."

— Melinda Neer, 11



"I watch soap operas, but they can become non-realistic."

— Elizabeth Chock, 11

# Stay Tuned

## Soap Opera Addiction

"Rick, I can no longer live with these lies. You're not the father of my baby, your brother, Michael is." The Young and the Confused will return after these messages.

This line and others like it addicted teenagers to soaps. "I watch *All My Children*, be-

cause it gives me something to talk about when I go to my friends houses," said freshman Veronica Najjum.

Jeff Capell, junior admitted, "I enjoy watching soap operas because they provide good enter-

tainment, exciting plot lines, and they help me relax after a long day of school."

Others had a different opinion. "I think they're boring, uninteresting and serve only to fill up the time between the morning

and evening news," said senior Jim Trimble.

"I hate soaps because they portray fiction,

not real life," said sophomore Taylor Campbell.

Whether male or female, teenagers had different opinions of soap operas. It was an addiction, a way to pass the time, or a hindrance for students.

"I hate soaps because they portray fiction, not real life."

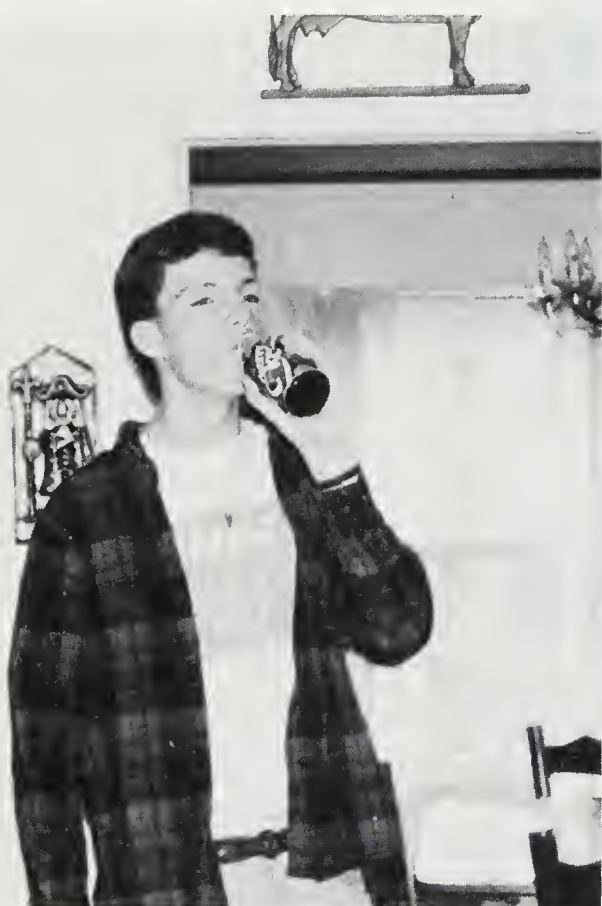


unions Elizabeth Gray, Karie Clearwater, Amy Izzo and Linda Day all gather together after school to watch their favorite soap opera. Students who enjoyed watching soap operas after school watched them with friends.



Sophomore Jamie Holliday and senior Christine Royston look for their favorite compact disc at the record store. Many students spent their well earned money on records, cd's, and tapes.

Rather than choosing traditional Classic Coke or Pepsi, freshman Steve Jones decides to drink Cherry Coke his favorite. Students drank Birch Beer to Coke, Sprite to Minute Maid, or others to quench their thirst.



Senior Amy Bragraw chooses her favorite soda from the Coke machines to get a breakfast gulp between classes, a lunch drink, and an afternoon snack. Students enjoyed drinking sodas.

Senior Moraima Santiago flips through the TV Channels to find her favorite program *Home Improvement*. Out of 200 students polled *Home Improvement* was chosen the favorite. Students watched TV to relax.





What type of music do you tune into?

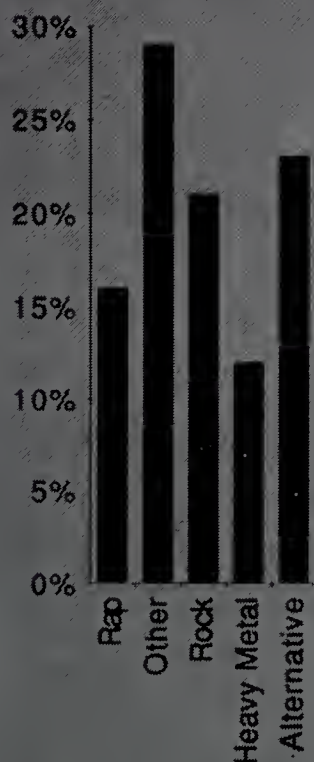


"I like to listen to whatever music is on the radio."  
Sarah Flanagan, 10



"I love Disney music, like the soundtrack from *Beauty & The Beast*.  
Kelley Curtin, 10

What was your favorite type of music?



## Ok vs. No way In or Out

**M**c Donalds or Taco Bell, *Beverly Hills 90210* to *Home Improvement*, comedy or a suspense movie? What was the favorite? Coke or Pepsi? Rock or rap?

"I preferred alternative music, it had the beat I liked. It wasn't too heavy or too

"I wondered what would happen next", said freshman Jason Gleaton.

soft", said sophomore Carita Lee. Out of 200 students polled, 61 agreed that alternative music was their favorite. Rock closely followed with 54 votes.

Dining out? With almost half of the votes, Taco Bell was by

far the favorite. Senior Jamie Place said, "It's very economical, they use recycled paper, and it's good food. Because the people are friendly, it's a great place to hang out with friends".

After dinner, the movies. A popular Saturday night event was the movies. 110 out of 200 students enjoyed comedies, and 52 preferred action/adventure. Freshman Jason Gleaton said, "I liked action/adventure because it left me hanging on the edge of my seat. I always wondered what would happen next".



**S**enior Sheri Bradley samples a taste of her favorite foods at one of her favorite hangouts Taco Bell. Students went with friends to eat a snack after school, for an early dinner, or to hangout.

Most Popular



# Pucker Up

## Thrills and Chills

As he moves towards her, she hesitates, realizing it was her . . . FIRST KISS.

This event only happens once in the life of a teenager. A first kiss can be memorable or an event worth forgetting. Senior Sean Jones said, "It was wet and we were both nervous." The excitement of a first kiss was one of the many steps of growing up.

Freshman Kate Mars said, "My first kiss was at my boyfriend's birthday party. It was a very good experience and really romantic."

"My first kiss was in fourth grade behind my house. It was fun." said freshman Jeff Giasop.

Junior Cara Bradie said, "It was in the seventh grade. I was dared to kiss this guy at my friend's party. We went into the laundry room and turned off all the lights and

"My first kiss was in fourth grade behind my house. It was fun."

kissed twice. It was terrible."

Having a first kiss was a necessary part of growing up. It may have been a moment to remember. Something someone will never forget, or it could have been something that was better if forgotten.

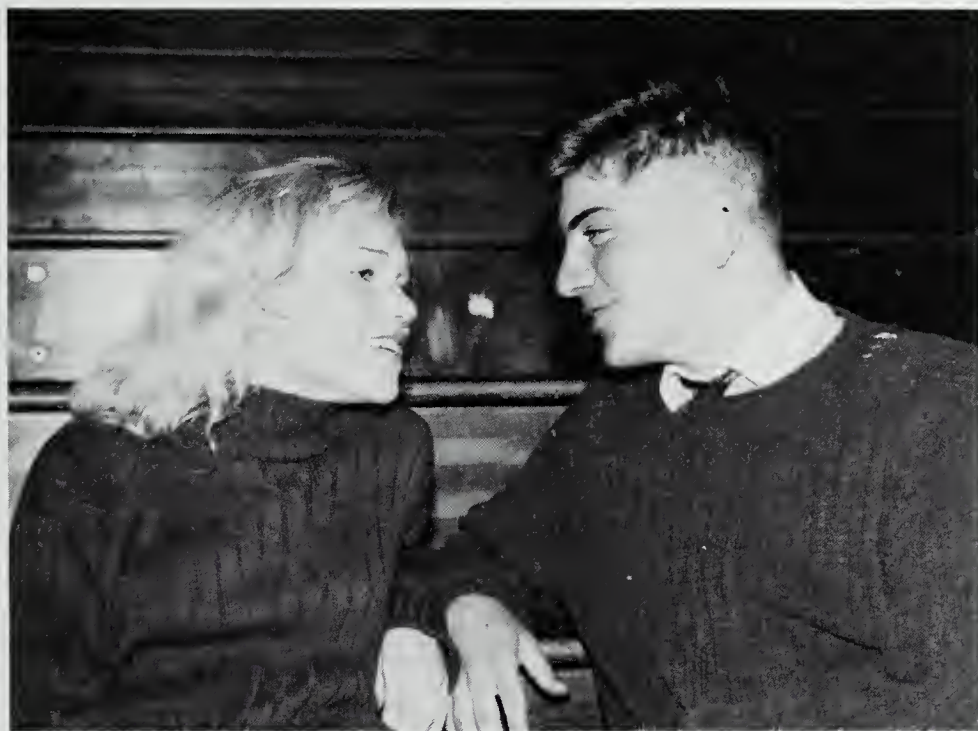
Before going to sociology, senior Jason Schuller kisses his senior girlfriend Julie Allwine good bye. Long good byes were witnessed in the halls.







**A**fter a pep rally, seniors Andre Pelletier and Maureen McNamara discuss their upcoming weekend plans. Seniors often made plans to do things together.



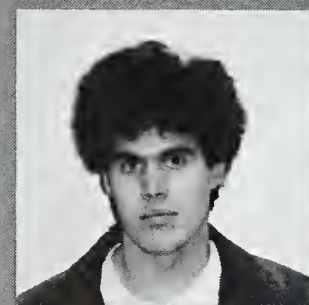
**W**ill he or won't he kiss her? After being dropped off after school, junior Jessica Hctor wonders if junior Scott Kennedy will kiss her goodbye. The anticipation of getting a first kiss was an exciting moment.

**W**hile she's fixing his collar, sophomore Toni Reinhart prepares to kiss her junior boyfriend Jeff Guerrino good bye before going to her science class.

Where did you have your first kiss?

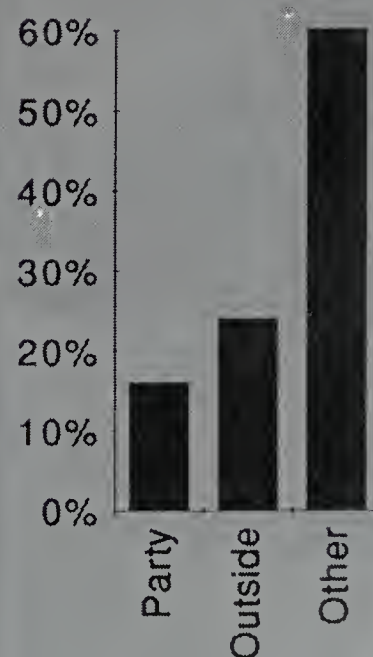


"I was at a party. Everyone was pressuring me to kiss this guy."  
— Jenny Gray, 10



"I walked a girl home. I went inside, kissed her, and left."  
— James Barnett, 12

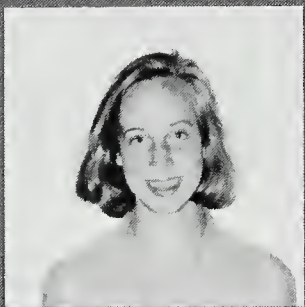
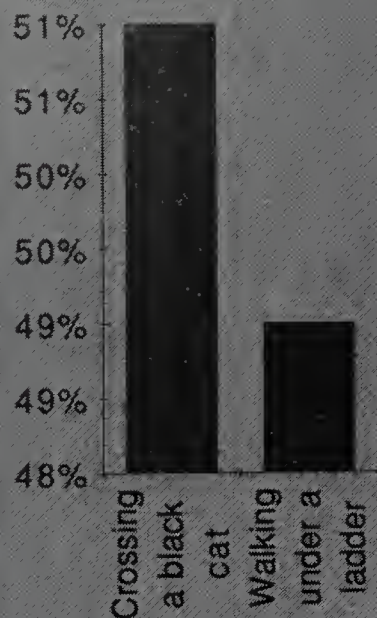
Where was your first kiss?



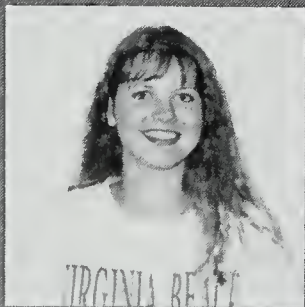


Do you believe  
in superstitions?

What were you  
most superstitious  
about?



"I make sure I have my lucky bow in my hair before a race."  
— Carol Gibson, 10



"I've done most superstitions and nothing has ever happened."  
— Danielle Dumas, 10

## Lucky #7

### Believe It or Not

**D**o you believe in superstitions? Crossing the path of a black cat, walking under a ladder, and breaking a mirror were examples of some superstitions. "I believe the superstition about finding a penny heads up which brings up good luck, but I do not believe the black cat superstition. My black cats, Spook and Spider, are good luck!" said freshman Laura Harris.

Those that were superstitious, good or bad luck could have been the result. Junior Mary John-

son said, "I hope the superstition about a broken mirror causing seven years of bad luck is not true. If it is, I will have bad luck for the rest of my life!"

Teams would often do something to bring them good luck before a game. "I believe in superstitions, because as a Viskette, before a game the team gathers together to form a circle. We then do a pinky squeeze and say a cheer for good luck. This makes me feel more confident before I go out and perform," said sophomore Amy Burns.

"I hope the superstition about a broken mirror is not true."



**A** season tradition and superstition, varsity runners, junior Cheryl Rothlein and sophomore Leslie Royston pinch each other's earrings for good luck before a game. Their earrings were emerald green.

**"S**hould I walk under this ladder or not?" Junior Holly Johnson reluctantly tries to decide whether she should walk under the ladder. Walking under a ladder was a superstition that could have brought bad luck.





**B**efore the District Cross-Country meet, senior Jenny Nelson tries to catch a "lucky leaf". Freshman Alison Keehan turns away after catching her leaf. It was a superstition to catch falling leaves before an important race.

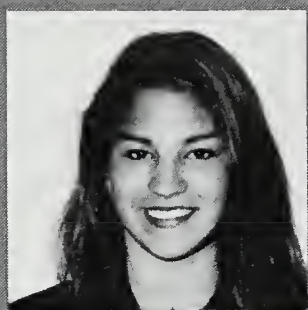
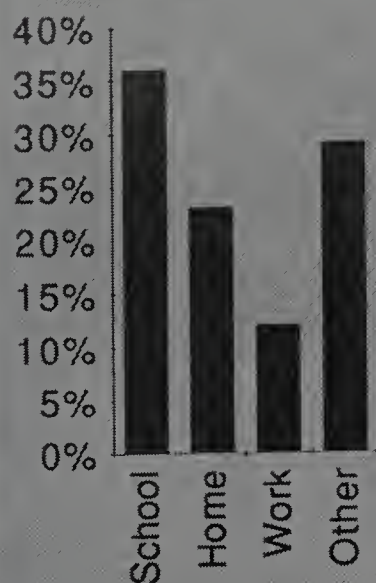


**H**ere Kitty, Kitty, Kitty! While sitting on the floor of her living room, senior Christine Royston enjoys petting her black cat, Alex. The superstition, crossing the path of a black cat, was said to bring bad luck.



## Backwards Moves & Mam- moth Mess-ups

Where did your  
most  
embarrassing  
moment occur?



"My friends  
opened my  
bookbag  
without tell-  
ing me and  
all my books  
fell out."  
— Janel La-  
bus, 10



"I was get-  
ting out of  
my car  
when I real-  
ized that my  
seatbelt  
was buck-  
led."  
— Kevin  
Turner, 12

## Why me?

### *Times Better Off Forgotten*

**H**ave you ever tripped down the stairs, ripped your pants in school, or had your shorts pulled down in the middle of a game? What about walking down the hall and spill all your books? "I ripped my pants on a windowsill and had to walk around school

all day with a hole in the back of my pants," said junior Jill Zizzo.

Students also had embarrassing moments in sports and clubs. Senior Brandon Childers said "My most embarrassing mo-

ment was when a few other guys and I ran through McDonalds in bikinis for Norseman tryouts."

Junior Steve Rossi had an embarrassing moment while playing varsity soccer. "During the game against Stafford a guy run-

ning behind me tripped and fell and took my shorts down with him."

Students often had embarrassing moments in school. Junior Mark Hughes said "The best thing about embarrassing moments is that they only happen once, it is just too bad that your friends will never let you forget about them."

"I ripped my pants on a windowsill and had to walk around with it."



**E**arly mornings were often very trying on students. Junior Steve Rossi got his shirt caught in the door while entering the school early in the morning. Students were not often awake in the beginning of school.

**B**ending over junior Russell Waller picks up his books and papers after spilling them in the hall. Teachers often gave handouts to students to reinforce what they taught. Students often thought teachers gave them to take up space.





**G**otcha! Sophomore Brian Carino was caught sleeping in class.

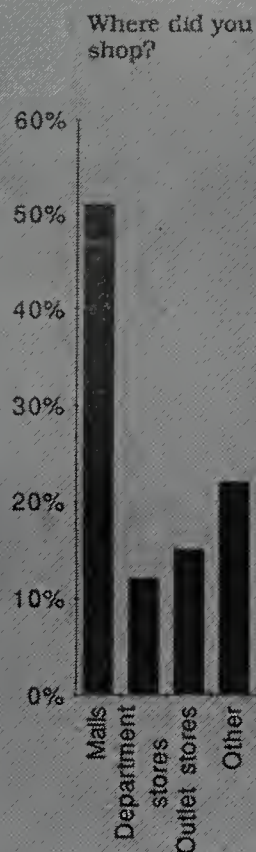
Students sometimes could not keep their eyes open during class. This often created an embarrassing situation if they were caught by their teachers.



**O**oops! Senior Brandon Childers tripped up the stairs while trying to make it to class before the bell rang. Students sometimes suffered the consequences of being late to talk to friends before and after classes.



The task of choosing where to shop.



"I get a pay-check and blow it all on shopping in an hour."

— Cara Bradie, 11



"I like to shop only when I am using my mom's credit card!"

— Carrie Blackburn, 11

# Shopping

## The Search Is On

How much time and energy did students put into shopping? Students spent three to four hours in a day, searching for the cheapest, most original clothes.

Limited funds and so many people to compete with turned shopping into an expedition. Students even enjoyed shopping out of state. Sophomore Heather James said, "Texas is great because it has different style clothes for terrific prices."

Originality helped students stand out in the crowd and be

recognized by others. Senior Lauren Wilt said, "I like to shop in Georgetown because I find rare, interesting clothes."

The price of clothes was definitely on the rise and students found it necessary to shop at bargain stores as well. Junior Stephanie Forest said, "I go to a warehouse called Frugal Frannies where prices are cut in half."

Whether they wanted to be noticed or save a few pennies, students shopped everywhere and anywhere to find the best clothes at the best prices.

"Texas is great because it has different style clothes . . ."



Taking an afterschool break, sophomores Jennifer Schwarz and Derek Forest go shopping for jeans at Potomac Mills Mall. The variety of styles, colors, and sizes made it a hard, time consuming decision.



# For *Your* Info

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"I can't wait to sink my teeth into that big Whopper at Burger King. I'm sick of cafeteria food!" said junior Melissa Moore to her sister, freshman Jillian Moore. With busy lives students enjoyed taking a break to eat fast food at local hang-outs.



## EXPOSING IT ALL!

### Will he help or will he hurt?

"I believe that he might have trouble with Congress in his first few months."

Andy Causey, 12

"I don't like him, but I feel we should support him because he won."

Alex Lennon, 11

"I don't think Clinton will make change quickly, but it will happen."

Mike Lewis, 11

"Getting into office was more important to him than his promises."

Shaun Kline, 12

"Clinton will do an excellent job. Clinton will fix today's problems."

Eric Coulborne, 12

"Clinton is very approachable and accessible. I think that is important."

Kirstin Sipes, 9

# The Clinton Story



"What do I think about Bill Clinton? I feel that he represents change, and he is just what this country needs," said junior Jessica Hctor.

Although most students were not allowed to vote in the election, opinions on Bill Clinton's victory were plentiful. "I don't think that Clinton has the character to be President. If I can't put my trust in someone, I don't think that they should be entrusted with the country. I hope, for the country's sake, that he does a good job," said junior Shannon Fitzsimmons.

Personality issues swayed students in favor of Clinton as well. Senior Chris Os-

During the months before the election, students were active in showing their support for the candidates. Senior Matt Clark displays his endorsement of this year's Republican party with the campaign bumper sticker on his notebook and the pin on his sweater.

bourn said, "I like that he gives the appearance that he is happy to see you and he'll always shake a hand or hear a problem."

Others were swayed by Clinton's positions. "I think that he will improve gay, abortion, and women's rights," said senior Kevin Chesley.



# Down

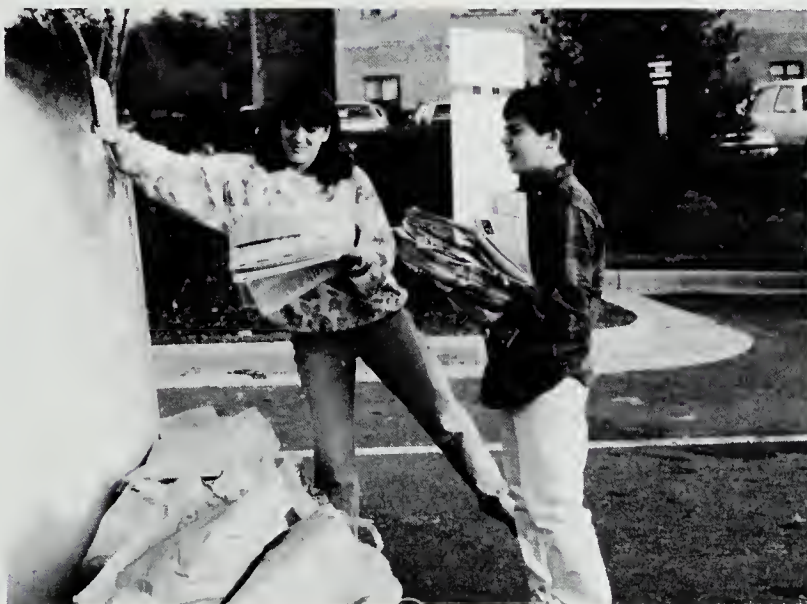
"Recycling, saving the trees, worrying about the ozone, biodegradable products, paper or plastic? We are constantly discovering new ways to aid in our environment and all of them should be practiced. The environment is immensely important to our generation, but there is no specific problem that I can address as the most important," said sophomore Livie Barr. Students had big ideas to help save the environment. "If I were given the opportunity to do one thing to help save the world I would lead a protest to halt the production of worldwide nuclear, chemical, biological weapons, and any other weapons of mass destruction," says junior Jason Robertson.

# to

Others found that there were problems within their reach that could help solve the problems of the environment. Senior Lilly Alvidrez said, "Just writing on the back and front of notebook paper could help the environment because, it saves trees and would take up less space. It makes me feel wasteful when I can only write on one side of the paper." Students were concerned about the environment. Junior Cheryl Rothlein said, "I think that people need to do something about the environment rather than just talking about it."

# Earth

With black ink all over their hands, brother and sister, sophomore John Sellers and junior Michelle Sellers take the old family newspapers to the local recycling bins. Mandatory recycling of newspapers, cans, and bottles was ordered for residents.



## EXPOSING IT ALL!

### How important is the environment?

The average American throws away four pounds of garbage every day.

Seventy percent of our landfills (where trash ends up) are filled up.

It takes less energy to recycle aluminum cans than to make them.

The glass you throw away will be around until the year 3000.

Americans discard 2.5 million plastic bottles into the trash every hour.

A dripping faucet wastes about ten gallons of water a day.



# Closet Monster

Who's afraid of the big, bad wolf?" Or monsters under the bed or the goblin in the closet at night — all images that sent six-year-olds under the sanctity of their blankets at night. With age, however, the night-lights of the world, though comforting, could not eradicate the vast fears students possessed about the world of today, spanning personal and global levels.

College, a common worry, added to the multitude of fears. "Sometimes I worry that my grades will not be good enough to get me into a good college," admitted junior Nicole Billman.

John Evans, a freshman, feared not academia, but mortality. "I'm worried about death because you can go at any time.

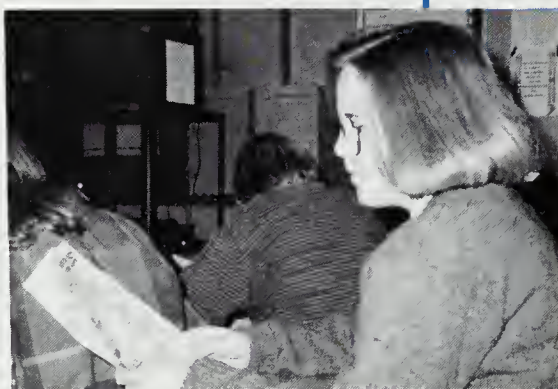
You can wake up one morning and your best friend could be dead."

Still others had fears on a national level. "My one fear is the damage caused by drugs and alcohol will kill the future of our country," said junior Erin Nieuwsma.

As students matured, so did their apprehensions. These fears were subdued, though, by strength of mind, not a night-light.



Senior Christy Riser studies the *USA Today* to catch up on the news.



In her Government class Anne Pennell studies the constitutional amendments.

The Presidential campaigns and debates were a rude awakening to students. Never before had students been exposed to the harsh realities of the world. Juniors Samantha Lance and Christina Laraia gaze attentively at Dan Quayle in the only VP debate.



## EXPOSING IT ALL!

### What are you afraid of?

"I'm afraid of not graduating on time."

— Roselyn Roach, 11

"I'm afraid of not knowing whether I'll be successful."

— LaTrease Meade, 11

"I often worry about the increase in car-jacking in our community."

— Vicky Barone, 11

"I worry about all the violence that is going on in today's society."

— Christine Nelson, 11

"I worry about having a friend on drugs and not knowing what to do."

— Andrea Littig, 9

"I'm afraid of the world repeating itself in cycles, especially racism."

— Sha-Ronda Randolph, 11



# Trendy Times

Flowered neckties, t-shirts, jeans, and beaded necklaces were all a part of trends in the 1992-1993 school year.

"I really look down on trends. They have been around forever and almost every kid in America follows them. Who wants to be like everyone else? I do not. Just be yourself, save your money, and do what you want to do," said senior Jessica Wilhelm.

Senior Chris Elmore agreed, "I think that rigidly following trends is a little

&

immature. I believe the only person you have to impress is yourself."

Others thought that trends could have a positive influence. Junior Deborah Spayd said, "One major trend in today's society is dying your hair. Although it is a trend that many people follow, it also gives the opportunity to change, not only to improve the physical appearance, but also to feel better about themselves. I support the inspiration that trends give."

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Fighting Irish, Cavaliers, Eagles, Bulldogs, and Hoyas; what do all of these words have in common? They are all college mascots and they are all splashed on thousands of clothes.

Senior Todd Rothlisberger wears a shirt with the emblems of his favorite team.



Jewelry, jewelry, everywhere! As clothes became less of a form of expression students searched for other means of displaying their personalities. Some through necklaces, others through bracelets. Junior Liz Jordan expresses her individuality in her nosering.



## EXPOSING IT ALL!

### What's "in" for Woodbridge in 1992-1993?

Shoes: Birkenstocks, Doc Martens, Vans, Nikes, and Converse low-tops

Most popular T-shirts: short or long sleeves, scooped or ribbed necks

The most popular ties worn were flower and paisley ties.

The most popular girls hairstyles were long or short hair.

People around the school were wearing jeans for the relaxed look.

Most popular jackets that were worn this year are barn and firemen jackets.



## EXPOSING IT ALL!

### What do you eat on a first date?

"My favorite thing to eat is chicken with cashew nuts. It is mysterious."

Julie Stephens, 11

"When I take a girl on a date we go to McDonald's because it's cost effective."

— Justin Steverson, 12

"I like hamburgers. They are simple, cheap, and I like them!"

Skip Anitye, 10

"If I have enough money, I will eat lobster tail. I don't get it very often."

Mark Hauser, 11

"I like to eat Chinese food because it's fun and creates conversation."

Andy Stephenson, 11

"Fast food! It's relaxed and you don't have to be so polite."

Mary Ross, 12

# Hiding?

## Do you hide your true appetite on a first date?

"What should I order? I want to make a good impression." What to eat on a date created serious problems for students. Junior Geoffrey Kamanda said, "I usually try to control myself on a date, I do not want the girl to think I'm a pig."

How messy a meal could become was often part of the decision students made about what to order when they went out. "I would order anything that is not messy, because I do not want to have food around my mouth and I do not want to wear my food all night," said junior Julie Gibson.

Others disagreed that students had to change their image to make an impression on a date. Sophomore Krista Ludwig said, "I like to eat anything that looks good on the menu. I think you should just be yourself on a date."

No matter what the reason for ordering a specific meal from the menu on a date, students agreed that it was a decision that always had to be made.



While Freshman Steve Jones eats a taco at Taco Bell, his date Jennifer Isherwood just has a drink. When on dates, many students suppressed their hunger in fear of looking like slobs. Taco Bell was a popular place because of the prices.



# EXPOSING IT ALL!

## Did you ever realize?

There are 24,698 different textbooks in the school.

There are 1,628 cement sidewalk tiles surrounding the outside perimeter of the school.

There are 408 parking spaces at Woodbridge, including both the student and teacher parking lots.

There are a total of 297 stairs on the outside of the school, including all athletic fields.

There are 184 days in a school year, and 71,760 minutes.

The average wait in all lunch lines is 6 minutes, 20 seconds.



Because of limited amount of parking spaces, the number of students permitted to park in the parking lot was restricted. All seniors were able to park in the parking lot, as well as students with afterschool activities.

# In Reality

Although on the outside Woodbridge High School looks identical to its rival school, Gar-Field High School, on the inside it carries its own uniqueness.

The clock strikes 6:45 and the doors to Woodbridge High School open, as a little under 3,000 students pour through the halls. Racing to their lockers, they squirm so as not to be later than the 7:30 tardy bell. With a tardy policy of no more than three per class, per grading period, students were



Senior James Barnett returns his heavy AP Government book.

careful not to be late for class. As bells rang and students ran, the day rolled on. With only six minutes between classes and 25 minute lunch shifts, students were always in a hurry. As seventh period rolled around students and teachers alike watched the minutes tick off the clock. A noise that sounded like a cowbell rang at 2:03 and signalled 30 seconds

until the end of school. Perhaps faculty felt that if the bodies were moving, so were the brains.



# Those are the

# Facts

# of it!



"Red light . . . green light!" During a North Stafford pep rally game Jamie Watson, Janelle Sweeney, Autumn Pittman, Julie Stephens, and Meagan Tremper participate in a little competition between fall sports teams. The field hockey team completed their third and most successful year in existence.

Whether it was fast food hang-outs, movies, clothes, or politics, students managed to find some way to express themselves by having fun.

"With about four to five academic classes, drama, and friends, it's hard to find time for myself. When I am able to squeeze a few hours into my hectic schedule I go to the mall. I love to SHOP!" said senior Katie Van Allen.

School not only became stressful but it also produced weak and weary students that often times became ill because they were worn out. "Sometimes you just get sick of school, literally. It slowly wears you down and just when you think you can handle it something pops up," said senior Katrina Wahus.



# Doodle Daze

## The Note-taking Epidemic

**I** / / **C** lass, get out your paper. Today we will be taking notes." Retracing over words, drawing little flowers all over the paper, coloring in the letters of worksheets, the symptoms were not easy to ignore. It was the doodling disease, highly contagious, and it lurked in every classroom, hallway, and locker in the school.

There wasn't a specific reason for doodling. Students saw it as a time consumer. Sophomore Laura Williams said, "I doodle because it makes a class

go by faster."

Senior Charlie McAllister said, "I doodle because I'm just too bored to take notes in class."

However, doodling wasn't just an alternative to boredom. Jillian Moore, a freshman, con-

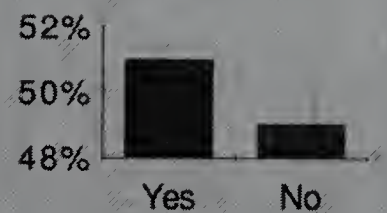
"I doodle around the holes in my paper. I make little daisies."

sidered the act of doodling a form of art. "I like to doodle around the holes of my notebook pa-

per. I make little daisies and the holes are the centers."

The doodling disease claimed victims from all grade levels and all classes. Was there a cure? Unfortunately, it was never found.

Did you have a method of doodling?



"I doodle whenever I'm trying to think of something."  
— Ali Withridge, 11



"It's easy to start drawing on notes when your teacher is talking."  
— Heather Long, 11

**D**oodle alert! Senior Tamisha Esannasan finds the time to doodle during her Spanish class. Students could often be found in classes doodling instead of concentrating on the teacher's instructions and classwork.



Doodling



For those students who chose vocational career paths the vocational department offered courses such as Auto Mechanics and Interior Design. Senior Joe Yatsko repairs a lawn mower motor in his small engine repair class.



"Any more questions?" Questions such as this were being asked throughout the school during Senior Teaching Week. Seniors Jim Trimble and Tracy Sinkovic field questions from the students in their Computer Math class.







# Nothing but the books

Crowded, cramped, and crushed by the limit of space, students and teachers learned to squeeze into small areas.

With an abundance of students and classes, any space available had to be used. Closets were used for small classes. Some teachers were left without their own rooms and moved with carts from one available room to the next.

An old men's rest room was turned into a darkroom for the use of the *Valkyrie* newspaper staff. As Photography Editor, senior Mike Brenner spends his day in the "darkroom" developing his pictures. Students had to learn to make due.

"Expansion, to where?" you ask. Anywhere

available! There was nothing to hide about the need for expansion, not only of space, but also of available classes. ♦ Not a space in the school was left hidden from students, teachers, books, or other school paraphernalia. Every nook and cranny was occupied by something. Teachers who had always had classrooms were forced to become traveling teachers, transporting themselves from classroom to classroom, often times creating problems. ♦ As technology expanded, so did the curriculum. With nothing to hide about the current curriculum, never before offered courses such as Oceanography, Astronomy, and Athletic Trainer were enacted by popular demand. ♦



# Hands On

## Service With a Smile

IMAGINE WORKING BEHIND the camera to make a real television show, or cutting and perming someone's hair, or even fixing a car engine in school. This is what students who took TV Productions, Cosmetology, and Technical Education experienced.

Cosmetology welcomed a new half-day teacher to the program this year, Mrs. Anne Uhler. Mrs. Debra Myles, a cosmetology teacher said, "You can get a license, job, and go to

college in a two year program."

A competition was held in Richmond which included 200-300 students. Junior Paula Emerson and junior Phoenix Ishman placed 10th.

Another school business in which students got hands-on training is Technical Education. "Auto mechanics is a fun course. It not only gives students a chance to work on cars, but prepares them for the automotive field," said Mo

Mirza, sophomore.

"TV Productions is my favorite class because of the teacher Mr. Jensen. It's like having a second family," said junior Verolga Steverson. TV Productions gave students a chance to film a TV show.

Whether they are tinkering with a car, working on a TV show for channel 49, or applying makeup, students got a taste of the real world by taking a "hands on" class.



Senior Kathy Short talks to junior Gisela Aponte while waiting for her roller set to finish. A student who took cosmetology was given the chance to practice on customers.

Working behind the camera is not all fun and games for the students taking TV Productions. Seniors Jamie Buchanan and Lee Ross edit to perfect their TV show.







*Hidden*

## Facts

Cosmetology charges \$5 for a hair cut, \$15 for a perm with 50 students taking the class.

Auto mechanics has 60 students and small engine repair 30-45 students.

TV Production's new show is called Open-line.



While concentrating on the TV show he is working on, junior Kris Handman watches the show on TV to see how it looks. Students who took TV Productions, a double period class, learned how a TV show is run, taped sport games and pep rallies and then watched what they produced on channel 49.

Senior Richie Herald, who takes Auto Mechanics II, and Mr. Larry Livingston, a teacher of Auto Mechanics I and II, work together on a 60,000 miles service on a Honda Accord. While doing the 60,000 miles service, a student had to adjust the valves on an overhead engine.



## Facts

A total of 220 fetal pigs were ordered. The fetal pigs cost \$20-25 a piece. The pigs are bought from biological supply companies that are found throughout the United States. Starfish and crayfish are also dissected.



What should I do? During a child development class Sophomore Elizabeth Mason works with her classmates on a lab during 7th period. The child development class worked together to try to induce labor on an egg. Students tried a variety of ways to solve the problem . . . inducing labor.

During Dr. Young's 7th period Chemistry class, Junior John Sellers weighs a flask as he participates in a lab. Students tried hard to make sure that there were no errors. As John does his part of the lab, the other students in his group work on the other parts they were given.





# Inside Out

## The Art of Precision

AT THE END OF THE year students from a variety of science classes were given the chance to dissect various animals such as frogs, fetal pigs, earthworms, insects, and starfish.

Students gained hands-on experience when dissecting animals. Senior Chris Elmore said, "I believe that dissecting animals is one of the most interesting labs in biology, although it takes getting used

to." The project gave students a chance to get experience working with real animals.

Students were able to participate in various labs dealing with many subjects. Senior Justen Stevenson said, "Labs were a very educational learning experience. It's fascinating to be able to work with different chemicals instead of just reading about them." Labs provided students with the chance to gain knowl-

edge that books could not give.

Students looked forward to the chance of working with labs. Students studied as varied subjects as the salinity of water to the results of combined chemicals. Senior Jeff Walters said, "I love when I get the chance to work on labs. It gives me the chance to work in groups and figure out problems together."



What is it? Sophomore Franklin Villagomez stays after class to ask Biology teacher Mr. Pinion about a skull found in Mr. Pinion's display case to help him with his lab.

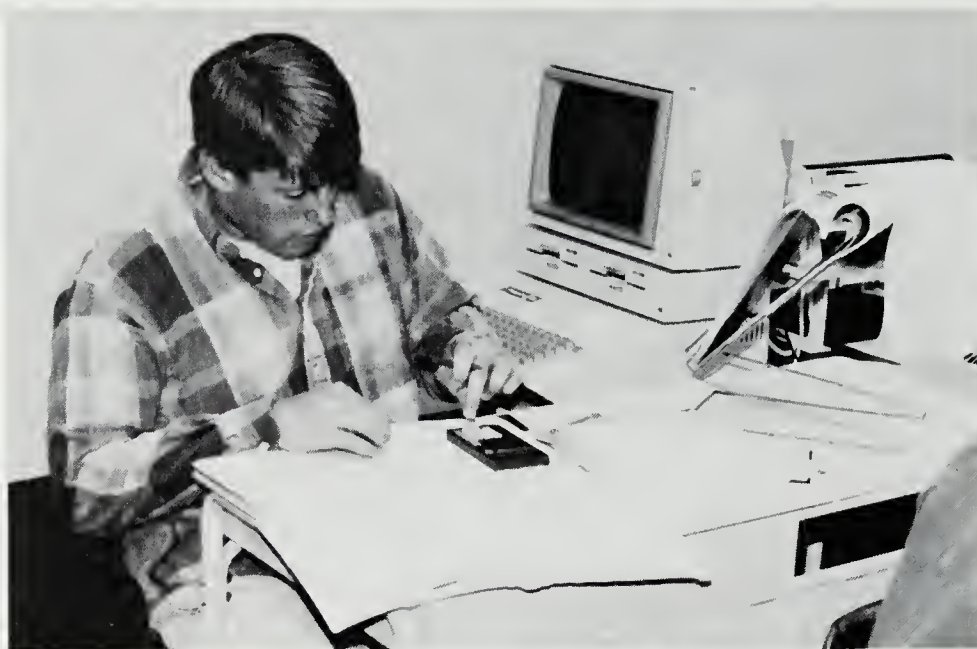
Listening to instructions before a lab, Junior Karen Esterline takes notes to help her understand the lab better. Afterwards she will participate with her group to solve the hypothesis.

Dissecting Animals



Senior Brian Rand calculates an answer in Data Processing. Surrounded by materials, it was often hard to fit everything on a desktop. Falling books were not uncommon.

Senior Justin Stevenson puts books away with a little help from a friend, senior David Showers. Lockers were a hub of social activity in the mornings and afternoons.



# Load Up

## Coping With Big Books

THEY WERE STUFFED IN to bags, crammed into lockers and lugged between home and school. They were heavy textbooks. Although upperclassmen accepted the big books as an everyday part of high school life, freshmen found them hard to handle. "My books this year are much bigger than they were last year," said freshman Kim Johnson. "It was hard getting used to carrying so many heavy books around."

While some students struggled to get books to class, others found an easier way to handle them. "I don't bother to bring some of my heaviest books to class," said junior Ryan Jones. "It is too hard to get them in and out of my locker. I just share a book with the person who sits next to me."

Other students looked at carrying heavy books as a positive experience. "I have found that heavy books do have their advan-

tages," said junior Darien Berkowitz. "They may be heavy, but at least I am building shoulder muscles."

Although they took some getting used to, students learned to deal with heavy textbooks. As sophomore Jeff Hummel put it, "I don't like the fact that my books are so heavy, but there is not a whole lot I can do about it. I guess heavy books are just another part of high school."

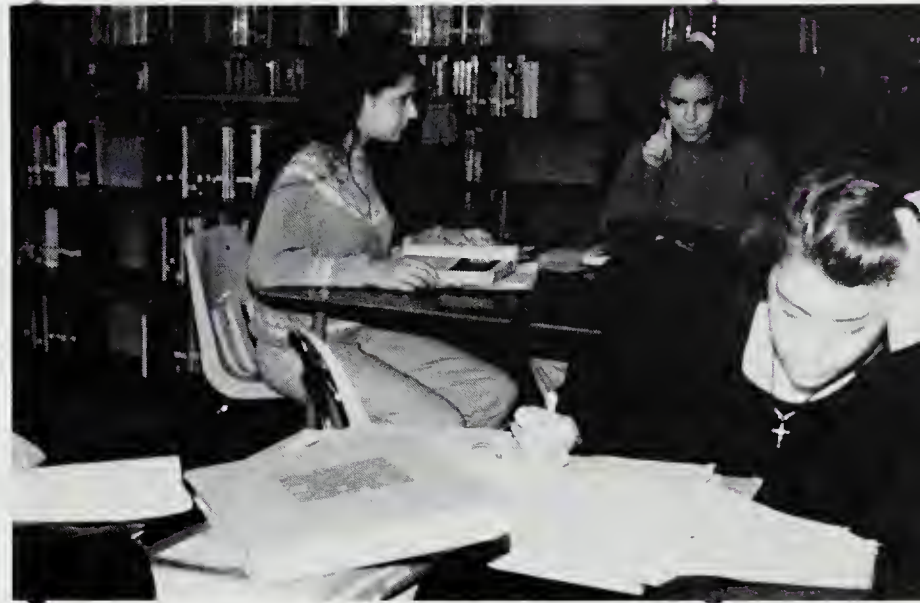






Running out of space, senior Karen Godiva stuffs a book into her crowded locker. Frustrated students could be found between every class jamming books into and prying books out of their lockers. Heavy winter coats, lunches, pocketbooks, locker partners did not make the situation easier.

Hitting the books, senior Emily Keator works diligently on her homework in the library. Students found that there were many advantages to studying in the library. In addition to the quiet, the library provided space to spread out materials, which made homework a little easier.



## Hidden Facts

Just how heavy is your bookbag? The average weight of a bag containing five books is:

- 21 pounds for a freshman.
- 20 pounds for a sophomore.
- 22 pounds for a junior.
- 22.5 pounds for a senior.



What is life in a foreign country? Foreign Exchange student Henning Lunde, a senior from Norway, discusses the differences in life-styles between people living in America and the people that live in Norway. Although many things were different, there were also similarities.

So much work, so little time! Senior Danielle Zanchetta, a foreign exchange student from Brazil, works hard and tries to finish some of her English homework. English is one of the most difficult languages to learn. However, the exchange students made it seem like a piece of cake.



## Facts

Four out of every five students took a foreign language.  
Of those students, 5% took Latin.  
13% of the students took German.  
32% of the students took French.  
50% of the students took Spanish.







Study, study! Sophomore Janel Labus does some last-minute studying for a Spanish vocabulary quiz. Learning vocabulary was an important part of learning a new language.

Relaxing in a desk, Senior Janelle Sweeney stays after to finish some reading for her Spanish V class. The higher level foreign language classes required dedication.



# Phonetics

## Learning the Language

HABLAS ESPANOL? PAR-  
lez-vous francais? Sprech-  
en sie deutsche?

Why learn a foreign lan-  
guage? "In the competitive  
job market of today, you  
have an extra edge if you  
know how to speak a for-  
eign language," said Mrs.  
Elaine Parker, a Spanish  
teacher.

Knowing Spanish  
proved helpful for Junior Yo-  
landa Simpson, "The peo-  
ple I babysit for just hired a  
housekeeper from El Sal-

vador. Because I knew  
Spanish, I was able to help  
them communicate with  
her."

Learning a foreign lan-  
guage wasn't easy. When  
asked what the most diffi-  
cult task in learning a for-  
eign language was, Senior  
Nick Wong said, "Distin-  
guishing the verb tenses  
and learning all the new vo-  
cabulary."

However, learning a  
new language was at times  
enjoyable. "Foreign lan-

guage is fun because it's a  
totally different experience.  
We get to learn about all  
the cultures of the countries.  
It's a nice break from all my  
other classes," said Soph-  
omore Heather James.

If it was in the classroom  
or out of school, foreign  
languages were a part of  
the student's lives. Learning  
the language was one bat-  
tle, learning to use the lan-  
guage was another.



# Get Fit

## More Than Meets the Eye

IN TODAY'S P.E. CLASSES there is more than meets the eye!

P.E. classes ranged from football to ping pong. P.E. was often looked at as a relaxing class which gave a break from the ordinary classroom scenario. "High school P.E. is enjoyable as well as challenging," said sophomore Heather James.

P.E. was not all about fun and games; students also had to take C.P.R. and first aid classes. C.P.R. and

first aid, taught to all sophomores, was looked at as a life-long benefit to students. Junior Ashley Klimkiewicz said, "Learning C.P.R. and first aid is something I can use for the rest of my life. It's one of the most beneficial things that could be taught."

For the first time ever, an Athletic Training class was developed to give students a chance to study athletic injuries and how to care for them. Senior Robie Wood

said, "I hope to go into sports medicine, and this class is giving me an idea as to how it is going to be."

P.E. classes today not only offer education in how sports were played, time was also spent learning the valuable skills of C.P.R. and first aid, and expanded to how injuries occurred and the proper way to handle them. It was another opportunity for students to experience a new area of interest.



Ping Pong was included in the curriculum taught to students taking P.E.

Sophomore Diane Bonham prepares to serve the ball to win the game.

Preparing to practice C.P.R., sophomore Ricky Popp prepares the dummy for a practice run through all the steps to saving a life.







## Hidden Facts

P.E. classes consist of 20 different sporting activities.

A total of \$5,000.00 is spent on sporting equipment to be used each year.

For C.P.R., there is a supply of 12 dummies available for practice.



"Are you O.K.?", these words came from the mouth of sophomore Colleen Watson, as she ran through the vital steps of learning C.P.R. Students were given the opportunity to learn the useful and lifelong skills of C.P.R. and first aid through their P.E. classes their sophomore year.

In an intense game of volleyball, it was hard work and determination needed to pull off a win. Sophomore Steve Perry strives hard to keep his team on top. Making the winning serve was a must. His teammate Robert Neill waits for the return after the serve to keep his team on top.



Hidden

## Facts

49 Advanced Placement twelfth grade English students admitted that they had used *Cliffs Notes* at one point in high school.

12 students of A.P. English said that they had never used *Cliffs Notes*.



Juniors David Hunter and Jeff Fedak copy Notes from a presentation during their English class. Although *Cliffs Notes* were often tempting to them, both David and Jeff used their own notes and information to analyze literature instead of relying on *Cliffs Notes*.

Senior Jessica DeGrauw underlines key passages in *The Scarlet Letter*, by Nathaniel Hawthorne, while her copy of *Cliffs Notes* is nearby on her desk. Jessica's system was to first read the novel and try to understand the content, and then refer to *Cliffs Notes* if needed.





# Study Aids

## Student's Best Friend

THEY WERE IMPOSSIBLE to miss. Small, yellow pamphlets with black stripes, *Cliff Notes* were all too familiar to Woodbridge students.

Students used *Cliffs Notes* for different reasons. "I've used *Cliffs Notes* a lot this year because they're great for studying at the last minute!" said senior Julie Harris.

Yet, for some students, *Cliffs Notes* proved to be a waste of time and effort.

Senior James Barnett said, "I don't understand. I use *Cliffs Notes* and read the book, but for some reason, I still end up doing poorly on the tests!"

As students tried to outwit their teachers with a little help from Cliff, teachers countered by having copies on-hand for reference.

Senior Beth Veasey said, "I love *Cliffs Notes*, but this year, my teacher has read them all, and she marks our papers down if we use ide-

as that were in *Cliffs Notes*."

Some *Cliffs Notes* were used more often than others. Students used *Cliffs Notes* frequently for *The Scarlet Letter* by Nathaniel Hawthorne and many of William Shakespeare's works.

Whether they were used continuously over the year, or in a ten-minute cram before the test, Woodbridge students couldn't live without Cliff.



Reading through a copy of *Cliffs Notes* for James Joyce's *A Portrait of the Artist As a Young Man*, senior Marilou Wooton compares different literary criticisms.



Senior Jennie Cyphers carefully reviews her *Cliffs Notes* for *Tess of the D'urbervilles*. Students felt that this was a very difficult novel, and thus referred to Cliff for advice.



Lending a helping hand, junior Stephen Tefft hands teacher Mrs. Gwen DiCroce the colored pencils. During class students and teachers helped each other out.

While freshman Peter Graham and senior Tim Morgan work with clay, sophomores Renee Fox and Joe Lighthill talk about their artwork. Students often worked together.



# Creativity

## Artistic Expression

WHAT'S ART? ART was a topic used in everyday life. Art showed a student's talent and expressed feelings. The basis of art was originality. The way of artwork often resembled the creator. Art teacher Mrs. Cheryl Sagers said, "Art makes the individual. It makes you stand out because of its uniqueness."

Drawing, painting, and pottery were the basics of art. Students could create drawings to show their feel-

ings. Junior Stewart Trenchard said, "I draw whatever I am capable of; there are no set rules to follow."

Art did not necessarily mean a paint brush and markers. Cosmetology, interior design, and drafting, too were forms students took interest in. These forms were evident and useful in today's society. Junior Monica Winters said, "Everywhere you look there are forms of art, whether it be a house, a painting, or

even a photograph."

Art was a branch of learning that had no correct answer. A simple piece of art had more meaning to it than just a 500-page book filled with nothing but words. No matter how abstract or strange a piece of art looked, it let the creators express their feelings with a hidden meaning, and could be looked at in a different perspective.







Putting the finishing touches on her drawing, senior Lauren Wilt over looks her work to make sure it looks just right. Students took their talent seriously. They took pride in what they did and gave it their 100% best and were recognized for it.

Making the precise cut, sophomore Lee Bareford concentrates on accuracy. Students believed in "good" art work, not sloppiness. In order to earn a good grade students had to put forth the effort to get the grade they felt they deserved.



## Hidden Facts

Throughout the whole school there is a total number of 18 wall murals.

The latest wall mural painted was in the year 1992.

In Interior Design about \$200.00 to \$250.00 is spent on dollhouse supplies.



# Families

# Working to Stay Together

*Webster's Dictionary* defines a family as "a group of people united by a common affiliation." Throughout the academic activities, various families could be found. Seeing each other in class as well as doing things together out of class was one way that brought groups like choir and band closer.

The family closeness in orchestra, Marching Band and Color Guard made it easier for students to come to each other with their problems.

Publications groups had previous Trophy Class Awards to live up to so deadlines became even tougher. Working to recapture this honor, everyone involved got to know each other better.

Togetherness in groups created families where they normally were not thought of



At the year's first pep rally, sophomore Eusi Evans and freshman Tanesha Johnson play "Football Hero" to get everyone excited about the game against Hylton.

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Band  
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During the summer, many groups went to camps to learn more about what they were getting into. Sophomore Becky Graham works on her copy at Yearbook camp at Gettysburg.



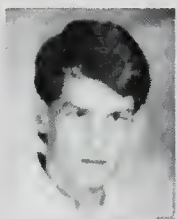
"In choir we are a family because we do things out of class together as well as in class." Senior Robert Wofford

At the Choral Department's Madrigal Dinner Feast sophomore Betsy Perkins attempts to entertain the Madrigal Singers and their guests. She was among five jesters.





Amanda  
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Editor



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Gattis  
Photography  
Editor



Heidi  
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Assistant Copy  
Editor



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People  
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Elizabeth  
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Editor



Deborah  
Spayd  
Computer/Index  
Editor



Marilou  
Wooton  
Marketing  
Editor



Melissa  
Moore  
Assistant People  
Editor



Yearbook: Front Row: Alicia Manatad, Danielle Chaloux, Amanda Ohle, Heather Wilson, Chris Luley, Stephanie Mullari, Kristyn Rivellese, Marilou Waatan, and Elizabeth Jordan. Second Row: Cindy Burns, Lauren Almquist, Melissa Halawecki, Heather James, Christy Brittan, Becky Graham, Betsy Kenney, Deborah Spayd, Melissa Moore, Kate Drezek, Jen Ivaniszek, Bryan Van Winkle, and Mrs. Dawn Maulen. Back Row: Scott Kennedy, Jessica Hactor, Stephanie Forest, Katrina Wahus, Lee Ann Reaser, Amy Helberg, Amy Bragaw, Jimmy Gattis, Jim Trimble, Heidi Urban, and Jahn Baal.







Pencil in hand, amid a chaos of her own creation, sophomore Heather James designs a layout for her class at the Gettysburg College yearbook summer institute.



High levels of concentration allowed junior Elizabeth Jordan to crop her photos and senior Amy Bragaw to complete her copy in an atmosphere dominated by noise.



## Sneak Peak



### Pictures and Picas

ORGANIZED chaos. Layout designs, photo assignments, pictures, and student quotes decorated the table top in the center of the room. There was a cacophony of noise, with typewriters punching the air with rapid shots of noise, staff members chasing photographers for pictures, and editors hanging over shoulders, checking progress. "It's organ-

◆◆◆◆◆◆◆◆◆◆  
*"Don't say cheese!"*  
 Senior Jimmy Gattis tries to capture a candid shot for the next deadline. Photographers lugged their cameras everywhere, ready to catch that "natural" pose.

ized chaos," said yearbook adviser, Mrs. Dawn Moulén. "In all this mess, there really is work going on here!"

Thirty-one students comprised the staff of *Valhalla* (the yearbook). For most, though, yearbook began in the previous spring, as each individual subjected himself to grueling try-outs to join the staff. "I was surprised how hard the try-outs were. Between designing layouts and writing creative copy, I was stressing!" said sophomore Heather James.

The pressures of try-outs, however, did not compare to

the stress induced by deadlines. There were various ways of breaking the tension.

"We all worked very hard to meet our deadlines, but all of our hard work paid off because not only were the deadlines met, we were able to have a party after each deadline to celebrate. The parties were an extra incentive and it really added to the fun of being in yearbook," said junior Melissa Moore.

With the added responsibility, though, came an increased amount of freedom. "Yearbook's great! Despite the work, it's a relaxing way to end the day," said junior Scott Kennedy.



The Newspaper staff stayed long hours at night to meet their deadlines. Sophomore Matt Garing said, "Although newspaper is a great experience it uses a great deal of communication and causes a lot of stress to meet our deadlines." Deadlines were an important factor; if they were not met, the newspaper was not

For beginners on the newspaper staff they had to learn the ropes very quickly. Sophomore Brian Carino said, "As a beginner everyone welcomed me and made me feel at home. I caught on quickly with what to do."

If there were ever any questions about styles, scores, organizations or even hang out places, students turned to the trophy class *Valkyrie*.

Senior Rich Leopold is working intensively on a new issue for the paper. Being Co-Editor was a serious yet rewarding job. After all deadlines were met staff members could relax.

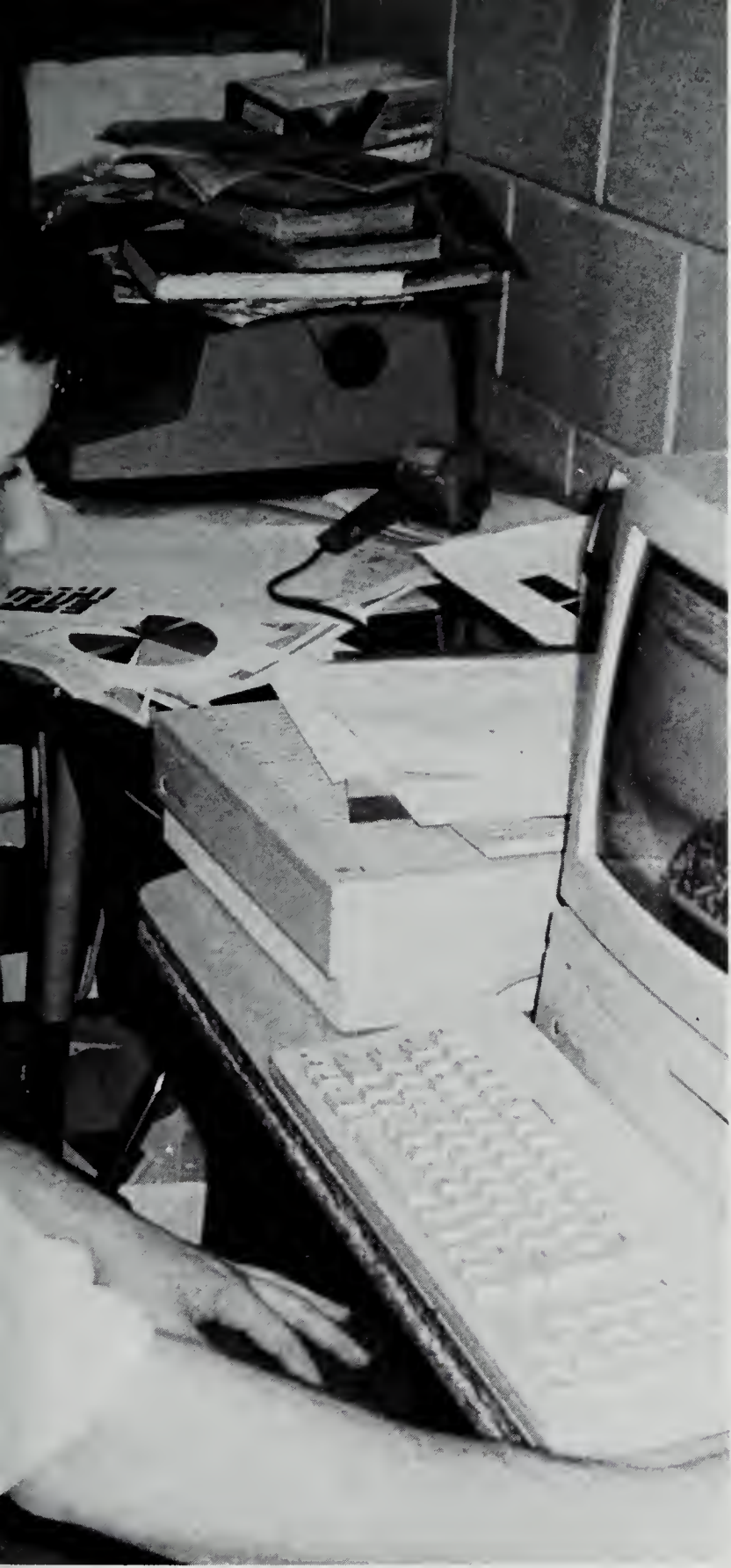


## Academics

Seniors Kristie Mitchell and Rich Leopold work together as Co-Editors of the Newspaper staff to finish the centerfold of the 1992 December issue of *The Valkyrie*.







Kristie Mitchell  
Co-Editor



Rich Leopold  
Co-Editor



Christen Lee  
News Editor



Melinda Neer  
News Editor



Jennifer Cyphers  
Feature Editor



David Conk  
Feature Editor



Krissy Richards  
Style Editor



Michelle McDonald  
Style Editor



Jill Zizzo  
Sports Editor



Matt Garing  
Sports Editor



Sean Peirce  
Copy Editor



Brandon Childers  
Business Manager



Chris Elmore  
Ad Manager



Tara Conrad  
Ad Manager



Mike Brenner  
Photo-Graph



Anne Webster  
Newspaper Adviser



Newspaper: Front Row: Stephen de Lean, Brian Carina, Brandon Childers, Christen Lee, Chris Elmore; Second Row: Jill Zizzo, Rich Leapald, Kristie Mitchell, Jennifer Cyphers, Jahn Giandani, Laura Cavell, Melinda McNeer; Last Row: Mike Brenner, David Conk, Matt Garing, Tara Conrad, Amy Lazinak, Anne Webster.





Carrie  
Gentile  
Editor-in-  
Chief



Beth  
Veasy  
Fiction  
Editor



Megan  
Gethins  
Art  
Editor



Julie  
Wise  
Features  
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Pattie  
Lieth  
Art  
Editor



David  
Groves  
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Amy  
Gillerlain  
Submissions  
Editor



Christy  
Cunningham  
Music  
Editor



Ann  
Pennell  
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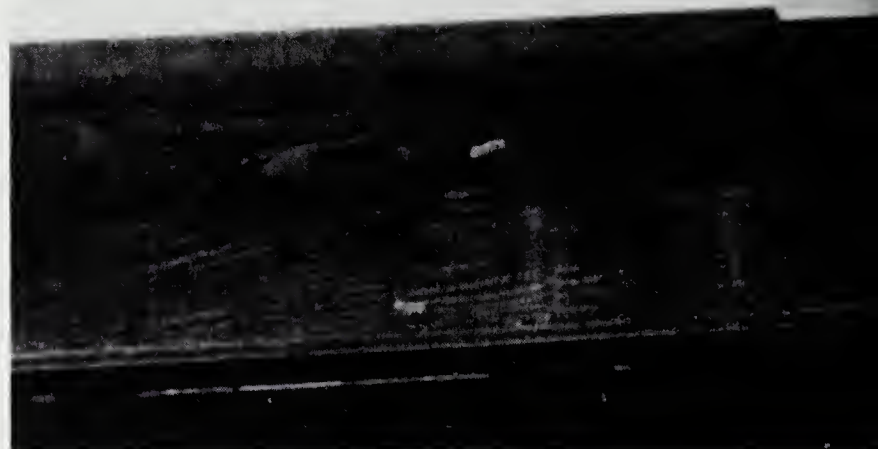
Joe  
Fentress  
Layout  
Editor



Kim  
Hiller  
Nonfiction  
Editor



*Eddas*: **Front Row**: Holly Hemmerly, Ann Marie Phillips, Nick Dellermann, Jerry Wallace, Shannan Brawn. **Second Row**: Liz Chack, David Groves, Jae Fentress, Megan Gethins, Pattie Leith, Vanessa French, April Edwards, Angelique Smith. **Third Row**: Rass Peabody, Michelle Dowdy, Denise Giampa, Rayna Stengel, Ann Pennell, Elizabeth Veasey, Julie Wise, Angel Turner, Jennifer Watts, Matt Cowan, Christy Cunningham. **Fourth Row**: Tony Williams, Pabla Ruiz, Caralyn Phillips, Mrs. Hailey, Amy Gillerlain, Carrie Gentile, Mr. Hailey, Kevin Chesley, Eric Nowak, Christa Gerogasian.







# creativity



## Start to End

FROM MUSIC TO poetry, creativity was found page after page in *Eddas*. *Eddas*, the literary magazine and calendar brought recognition to students with a unique imagination.

*Eddas* included art works, music composition, poetry, nonfiction, fiction stories and drama. "In *Eddas* we critique all works



Working on the newest layouts, senior Megan Gethins, and senior Ann Pennell use the light board. The light board was of great use to make sure the layout was correct.

submitted, which I think is good because the writer has feedback on his or her work," said junior Christy Cunningham.

*Eddas* started out with a fairly new staff. There were only five returning members. With the new staff came new faces and new ideas. "In *Eddas* one can act like themselves without being criticized," said junior April Edwards.

There was a new eligibility requirement which stated that editors and staff members needed to pass five classes,

and they must have received credit. "I agree with the theory behind the rule that students will strive to do well academically to participate in extracurricular activities, but students learn so much about writing and literature from working with *Eddas* that I'd hate to see them lose the opportunity," said sponsor Mrs. Cathy Hailey.

"*Eddas* is the only published book that really supports the arts other than English classes. Students' abilities go unrecognized and *Eddas* helps them," said senior Carrie Gentile.



Discussing what should go into the literary magazine, senior Vanessa French and senior Carrie Gentile find what looks and fits best for the layout.

Thinking of what to do next, senior Amy Gillerlain, ponders on the subject. With *Eddas* meeting only on Thursdays, the list of things to do was long.

Literary Magazine



"Repeat that last part, please!" Sophomore Teri Carter and junior Stefanie Taylor, balancing their instruments chin to shoulder, read the music while listening to Mr. Benson.

In perfect synch with one another, freshman Missy Baker and sophomore Gina Gaeta glide their bows across the surface of the strings, creating orchestral harmony.



# tring Things



## The Select Sound

BOWS SKATING across the strings of violins, violas, cellos, and basses peeled away layers of music. Orchestra, on its most basic and advanced levels, infiltrated the school days through the music it produced.

Not only did each student who progressed through the program learn how to perform on an individual basis, they learned how to function as an entire group as well.

Senior Susan Lee said, "Orchestra has taught me a lot, but most of all, it has taught me how to work well in groups while maintaining my individuality as a mu-

sician. I think that these skills extend beyond orchestra. It will help me in the rest of life."

The orchestra performed locally, allowing the community evenings of Mozart. Their skill, though, allowed them to travel around the east coast for competitions and concerts.

With grueling practices, any attempt to relax and lighten the mood was appreciated. "One day, Mr. Benson, our instructor, brought in an article telling the story of a dog who had a heart attack while listening to his owner play the violin," senior Josh

Turnquist laughed. "It's easy to understand how a dog could have a heart attack while listening to a squeaking violin!"

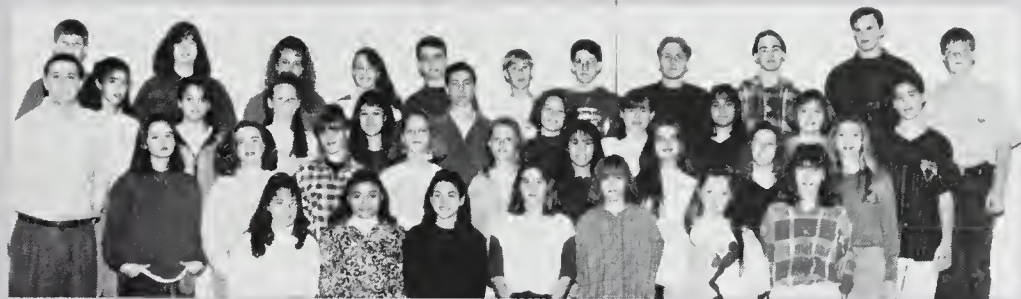
In the end, as the stage lights dimmed after a concert, and the applause still echoed in their ears, the work of the musicians preceding the performance seemed but a faint memory in contrast to the charged electricity of the night.



Note by note, measure by measure, freshman Carolyn Phillips practices a piece in preparation for a future performance. All orchestra members invested long hours in practice.







**Concert Orchestra:** Front Row: Marua Wilcox, Rebecca Gale, Jamie Zoeller, Carolyn Phillips, Rooney Wilson, Sara Young, and Nadia Abadir. **Second Row:** Mr. Rob Benson, Christine Beck, Rosangela DiManto, Missy Baker, Danny Reese, Chris Lay, Teri Carter, Suzanne Ritchie, Stefanie Taylor, Gina Gaeta, Rebecca Sheppard, and Amy Tratt. **Back Row:** Keith Wells, Eric Dabbs, Joe Pittman, Reggie Ray, David Nichols, Jackie Smith, Shelley Piazza, and Pat Grieco.

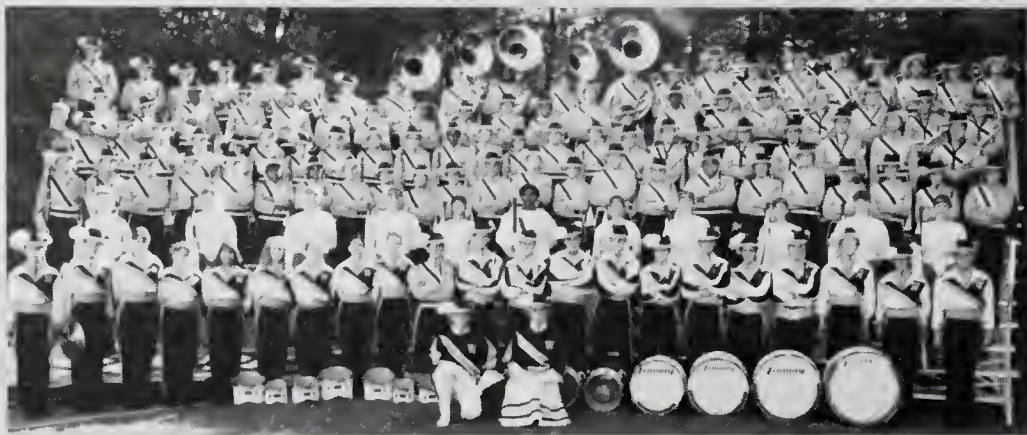


**Symphonic Orchestra:** Front Row: Susan Lee, Michelle Fujisaki, Stephanie Patterson, Amy Izzo, June Oh, Rebecca Gale, Michele Bidelsbach, Rachel Woolfolk, and Kathy Hodge. **Second Row:** Joellen Marsh, Rebecca Radcliffe, Jeanne Ward, Bab Elliott, Shannon Fitzsimmons, Amy Sutton, Rebecca Domigan, and Teresa Pelletier. **Third Row:** Mr. Rob Benson, Carla Blackmon, Tanya Kam, Marc Johannsen, Josh Turnquist, Kyle Jones, and Tanya Warren. **Back Row:** Joe Herman, Jay Sawson, Chris Smith, Courtney Janes, and Mike Saure.



**Varsity Orchestra:** Front Row: Sharon Miguaccio, Yennis Guzman, Mary Saldana, Mary Varrieur, Kirsten Thompsan, Amy Trott, and Sanielle Detwiler. **Second Row:** Mr. Rob Benson, Elizabeth Mortensen, Erin Chiarrelli, Kate Mars, Laura Harris, Lisa Bellamy, Lori Kam, Jessica Ness, Amy Majewski, and Jennifer Walawender. **Third Row:** Angela Hool-ey, Huma Zaidi, Shannon Farrez, Michelle Killik, Bonnie Constable, and Sean Naydock. **Back Row:** Jacob Dakon, Erin Mitchell, Heather Herman, Danielle Detwiler, Sean Urban, Jamie Zoeller, Tim Vincent, Steve Marshall, Jeremy Lind, Sean Tracy, and Jash Dakon.





**Marching Band/Color Guard:** *Front:* Chris Harmon, Kristen Ker — Drum Majors. *First Row:* Andy Shaw, John Atkinson, Beth Byrnes, Rhi Sampson, Marie Ambrogio, Loretta Claytor, Heather Farley, Mary Johnson, Rachel Wahlquist, Jay Johnson, Micah Turnquist, Matt Myskawski, Craig Milligan, Charles Barchuck, Jacquelyn Hawkins, Greg Clifford, Sheila McLaughlin, Mike Bayd, Mike Harmon. *Second Row:* Kelly Popp, Tara Butler, Sam Blodgett, Kelly Publicover, Mickey Fong, Annesha Cooper, Amanda Blodgett, Lisa Wright, Christine Brown, Melanie Martin, Tiffany Jackson. *Third Row:* Kristie Reinhart, Michelle Clear, Toni Reinhart, Stephanie Redman, Mary Koleszar, Nashawna Marshall, Fatima Aniteye, Beth Clifton, Chrissy Brehm, Rachel Diaz, Victoria Krimkowitz, Dan Vitug, Beth Neson, Theresa Debban, Karstem Halusa, Laura Watson, Rashel Edwards, Rebecca Gannon, Kathy DeMarse, Jennifer McCrary, Jessica Buhider, Nicole Bullock, Lori Owens. *Fourth Row:* Kenny Prochazka, Tanesha Johnson, Heather McEachen, Melissa Ward, Suzanna Sears, Wydelis Vasque, Rache Levy, Susie Sears, Stephanie Harris, Kendalynn Newsham, Jason Wild, Eusi Evans, Kevin Fanagan, Connie Strength, Carol Hood, Jenni Bugg, Jodi Malonowski, Ashley McVeigh, Jeremy Young, Kim Shires, Matt Hayes, Billy Spicer, David Samuhel, Jon Jones. *Fifth Row:* Eddie Alexander, Megan McQuade, D.J. McLearn, Tom Panepinto, Jason Wedington, Adam Peterson, Nick Geuest, Ernie Cunningham, Ricky Popp, Brian Fuhrman, Sherell Bragden, Mike Brian Roy, Wathan Montgomery III, Jason Gregory, Chris Osburn, Jason Rigney, Nathan Piazza, Patrick Murray, Shannon Publicover. *Back Row:* Mike Lucas, Paul Powers, Noelle Shaw, Sean Jones, Aaron Hewitt, Jeff Guerrina, Amy Trice, Matt Jolly, Taylor Cambell, Marco Parham, Chris Mejia, Terrance McQuade, David Deel, Keith Wilson, Mark Teetz, Ryan Spyker, Curt Camealy, Jason Simpson, Jill Baker, Asher Haines, Steve Haines.



"Through marching band, and being a drum major, I have gained patience, understanding, leadership skills, and a very loving extended family."

— Kristen Ker, 12



"We went through many changes in marching band. I had to be more responsible in order to lead the band and keep up with school."

— Chris Harmon, 11







Freshman Aneesah Cooper, Mickey Fong and juniors Melanie Martin and Samantha Blodgett march on the track after their half-time performance at the Hylton football game.



Push harder! Junior Mary Johnson and senior Marie Ambrogie help Mr. MacFarlane push the tractor up the hill. The band would practice outside before a game.



## **S**tep In Time Superior Ratings

THE MIGHTY VIKING Marching Band softly played "Edelweiss" as their warm-up and then they were ready for a half-time show that was well practiced and perfected. The band received loud applause for their performances. The band was there to support the football team.

The band received a new band director, Mr. Jim Stegner, who thought playing

"1, and 2, and 3 . . ."  
Drum major Kristen Ker pays extra special attention to leading the marching band during a pep rally, while also listening to their sounds.

was more important than marching. The band practiced four times a week and had to memorize their music in order to march. Mr. Stegner wanted crowd-pleasing music for the band to play. Senior Chris Osburn said, "Four years of marching band has given me the discipline to achieve in school."

The Mighty Viking Marching Band competed in contests throughout the fall season. The band received a AAAA rating which was a high award. The color guard, which consisted of 11 members, also competed in these contests. "Working

at the beginning was hard without an instructor, but the captains made it easier. In the end the work was worth the good season," said sophomore Manda Blodgett. Sophomore Lisa Wright said, "Color guard was hard having only a part-time instructor, but the friendships I made and teamwork I learned, made it worth it."

"Being in drumline is the best way to spend a season. We had great players and a great instructor who made us believe we were one!" said sophomore Micah Turnquist.



D

# o Re Mi . . .

## Music In The Air

"SIT UP STRAIGHT, use your diaphragms, open your mouths, and sing!" said Mrs. Gaylie Lund to her students. Good posture and sharp technique were important in creating a successful sound.

A new voice was heard in the choir room. Mrs. Dana Fruits was added to the choir family. With her excited and energetic attitude, she offered a helping hand to Mrs. Lund, as an enthusiastic teacher for Women's Concert Choir and Concert Choir. Junior Cris Sev-  
erence said, "I like Women's Concert Choir because Mrs. Fruits presents music to

us in a way that we can enjoy singing."

The five choirs, the Woodbridge Singers, the Concert Choir, the Women's Concert Choir, the Viking Chorus, and the Varsity Choir, all had a successful year. Students from all the choirs had the opportunity to participate in various events. By audition, students attended the All County Choir and the All District Choir. Three students were able to achieve a position in the Honors Choir: senior Beth Burns, senior Andrew Austin, and senior Angela Woodcock.

people," said senior Angela Woodcock.

Concerts, the trip to Boston for IMF, and the Madrigal Dinner Feast were a few more of the many events in choir. Senior Melanie Montanari said, "I love choir because we work together to make beautiful music. Choir has given me a ton of memories!"

"A toast to good friends, good food and a joyous holiday season!" Junior Scott Jonely raises his glass with glad tidings. The Madrigal Feast took place in the school lobby.



"Let it snow! Let it snow!" Sophomores Jamie Dugan and Rebecca Woodcock rehearse *Let It Snow!* for the Winter Holiday Concert. Each choir sang a medley of holiday songs on December 15th.

"Do, Re, Mi, Fa, So, La, Ti, Do!" Sophomores Sara Lyng, Karen Stroup, and Jessica Mattoy use hand motions as they sing solfeggio during Varsity Choir warm-ups.







**Concert Choir:** Front Row: A. Tunstall, M. Gottlieb, T. DeBlois, J. Wade, M. Holbert, A. Gonzalez, B. King, J. Chang, K. Quinn, C. Garrett, Mrs. Fruits; Second Row: Mrs. Sevón, S. Flowers, K. Shull, D. Giampa, D. Groves, D. McClearn, J. Place, J. Duncan, M. Cole, A. Burchell, K. Farley, R. Huling; Third Row: N. El-Najjar, M. Montanari, K. Wahus, C. Turnbow, B. Greyson, N. Hewlett, M. Perry, T. Faulds, B. Gauch, R. Taylor, B. Perkins, J. Hummel, K. Hengst; Fourth Row: K. Allen, J. Cove, L. Alvidrez, K. Hawthorne, C. Sutton, L. Farrell, R. Melendez, L. Dennis, E. Wofford, H. Lee, H. Fahnestock, D. Drew, H.B. Park, S. Han, M. Dawes; Back Row: M. McEwan, A. Brown, J. Wariner, K. Lowery, J. Harris, S. Allen, G. Wahlquist, A. Craig, A. Deadman, S. Kline, R. Griffin, H. Woodcock, M. Mayzel, D. Phillips, K. Esterline, M. Cummings.



**Varsity Choir:** First Row: Mrs. Sevón, K. Babb, N. Cruz, L. Deyo, J. Collins, A. Johnston, G. Wright, C. Damanda, J. Elliott, E. Belle, A. Untolan, W. Flores, J. Maddoy, L. Rosynek, Mrs. Fruits; Second Row: Mrs. Lund, J. Metz, L. Romeo, M. Tierney, S. Thomas, D. Wilson, J. Ewasjuk, E. Kennedy, B. Gouch, B. Whitmer, T. Simpson, R. Peovyhouse, J. Sittnick, K. Kelly, S. Lyng, S. Izaguirre; Third Row: R. Soto, S. Harris, J. Sabina, K. Pope, R. Plate, J. Poertner, B. Lockamy, A. Copeland, N. Martin, A. Payne, M. Piczak, B. Mickey, K. Brown, S. Coe; Fourth Row: J. Quick, N. Bolton, K. Helmandollar, N. Condon, T. Youngbluth, B. Gulli, A. Conley, T. Fuller, C. Irick, J. Wise, M. Jarvis, A. Tittle; Back Row: K. Hall, C. Laursen, D. Parker, V. Spriggs, S. Bailey, F. Goldsmith, T. Thomas, A. Newcomb, S. Humbarger.



**Viking Chorale:** Front Row: Mrs. Sevón, R. Yonts, M. Ross, M. Bain Jr., J. Card, J. Gillespie, K. Wetch, J. Gitten, K. Wilson, M. Peabody, Mrs. Lund; Second Row: S. Lofond, L. Borrás, A. Doran, T. Breland, J. Dooley, K. Tonnesen, C. Myers, D. Dumas, M. Roberson; Back Row: R. Murphy, R. Hudson, K. Austin, J. Crow, S. Sawaneh, S. Jones, C. Vickers, C. Deadman, R. Rudy, M. Martin.



**Women's Concert Choir:** Front Row: M. Hinkle, A. Wills, A. Capps, T. Schwentner, L. Bailey, E. Singleton, S. Franco, S. Brown, C. Severence, R. Hurtle, S. Holden, T. Sams, K. Wesley; Second Row: M. Buchanan, R. Reigle, D. Loneragan, C. Gorman, D. Rodriguez, M. Pete, K. Hall, L. Shimel, M. Pultre, M. Horn, R. Sheppard, K. Lyng, B. Dutton; Third Row: Mrs. Sevón, R. Woodcock, B. Graham, T. Almond, G. McKinney, L. Severence, C. Cunningham, H. Thorstad, L. Hughes, A. Bruck, A. Thomas, R. Olivera; Mrs. Fruits; Back Row: J. Dugan, C. Feindt, A. Burns, T. McKie, S. Unterzuber, K. Ludwig, M. Pratt, L. Ferguson, W. Broadus, C. Stemmermann, J. Nelson, K. Diehl, E. Brakton.



**Woodbridge Singers:** Front Row: A. Lance, S. Jonely, B. Pifel, A. Woodcock; Second Row: M. Montanari, A. Austin, D. Giampa, J. Mustachio; Third Row: R. Wofford, J. Place, K. Quinn, S. Kline, B. Byrnes, A. Craig; Back Row: T. DeBlois, G. Wahlquist, S. Allen, M. Perry.





**Concert Band:** *Front Row:* Noelle Shaw, Toni Reinhart, Stephanie Redmon, Kendalyn Newsham, Jessica Jankowski, Jason Kinchloe, Amy King, Mary Kolezar, Ben Wilson. *Second Row:* Tanya Terriberry, Ricky Popp, Melanie Robbins, Nicole Bullock, Mary Johnson, Steve Godin, Mike Boyd, Poul Powers, Kim Shires, Jacki Hawkins, Rachel Wahlquist. *Third Row:* Jenny Groy, Jason Rigney, Matt Hayes, Wydelis Vazquez, Suzi Sears, Erin Jurich, Eusi Evans, Rhonda Rucker, Tracy Daniels, Tawni Linderman, Mike Hormon. *Fourth Row:* Jimmy Chambers, Eric Greiling, Ernie Cunningham, Jason Simpson, Kevin Lichty, Micah Turnquist, Beth Byrnes, Jon Jones, Chris Carlson, Mark Jackson, Stephen Haines. *Back Row:* Ivon Tabb, Wathen Montgomery, Matt Larson, Jim Safley, Alex Porez, Marco Porham, Chris Capell, Robert Lipp, Matt Rice, Jason Miller.



**Symphonic Band:** *Front Row:* Chris Mejia, Loretta Clayton, K. Njvzana, Sean Jones, Matt Myskowski, Matt Jolly, Jay Johnson, Tomika Elder, Sherrell Brogden. *Second Row:* Liz Gray, Amy Saunders, Ann-Marie Phillips, Theresa Debben, Marie Ambrogio, Lori Owens, Laura Watson, Paul Powers, Rebecca Gannon, Samantha Freeman, Sydney Sentman, Jennifer Bugg, Jodi Malinowski, Ernie Cunningham. *Third Row:* Melissa Ward, Heather McEachen, Kristie Reinhart, Kelly Popp, Michelle Cleor, Kristen Ker, Melanie Martin, Greg Clifford, Shelia McLaughlin, Amy Trice, Jason Gregory, Jim Carney, Christine Calloway, Tony Megaglia, Brian Fuhrman. *Fourth Row:* Chris Harmon, Mark Teetz, Ashley McVeigh, Craig Milligan, Chris Osbourn, Kathy DeMarse, Jill Baker, Bobby Moore, Mike Christianson, Taylor Cambell, Nathon Piazza. *Back Row:* David Deel, Ryan Spyker, Chuck Barchuk, Raymond Sasmita, Keith Wilson, Robbie Walker, Mike Lucas, Matt Holmes, Terrance McQuade, Jeff Guerrino, Karsten Halusa.



**Varsity Band:** *Front Row:* Brian Roy, Candice Payne, Jeremy Young, Adam Peterson, Rachel Levy, Adria Goldsmoth. *Second Row:* Prashant Uppin, Tobotha Mason, Eddie Alexander, Mike Sands, Jason Gleaton, Dan Viting, Ken Prochazka, Chris Jones, Sang Oh, Jason Nevitt. *Third Row:* Jennifer McCriary, Christina Brown, Jennifer Fong, Megan Rossi, Chrissy Phrehm, Rachel Diaz, Victoria Krimkowitz, Stephanie Harris, Rhi Sampson, Megan McQuade, Connie Strength, Allison Lekrone, Andrea Scherer, Claudia Vargas. *Fourth Row:* Rashel Edwards, Jamie Richardson, Nick Geuest, Lee Bareford, Colleen Karnas, Kevin Flanagan, Jason Urd, John Atkinson, Angelo Santiago, Tonesho Johnson, Tiffany Jackson, Christina Brown, Carol Hood, Carl Fudge, Aneesa Cooper. *Fifth Row:* Argelis Colon, Rob Stanford, Don Clark, Nick Zizzo, Tom Panapinto, Aaron Hewitt, Jessica Birchidor, Beth Clifton, Patrick Murray, Sam Blodgett, David Saurveht. *Back Row:* Adam Reinhart, Shawn Stogner, Steve Gress, Jeff Giasson, Chris Wilson, Alphonso Wilson, D.J. McClaren, Jason Weddington, Curt Cornealy, Beth Nelson, Elliot Bareford, Heather Megnia, Tara Tremblay, Erin Dwyer.







# igh Notes



## Music Makers

UNDER THE NEW DIRECTION of Jim Stegner, the Woodbridge band program soared to new heights. Coupled with dedication and excellence, they proved to be the best they could be.

Senior Kelly Popp best echoed the sentiments of the band, "With a new director, there are some changes to get used to, but the band is really talented, and I know we're going to be great!" Senior Nathan Piazza agreed, "Our new director is great! The future looks prom-

ising for the band."

Being a band member always involved long hours of practice. Senior Matt Holmes commented, "Every day we work on a few parts of each song, and by the time the concert comes around, we are awesome . . . especially the tenor sax section!" Each student had pride in his/her own section. Also, students competed for chairs against one another. The challenge for the top was always highly competitive.

Although practices were often tiring, the

end results always proved to be worthwhile. Senior Kristie Reinhart stated, "Symphonic is a great class. It's wonderful to perform with all of the talented people in the band."

Because the students spent so much time together, many close friendships were made throughout the band. Hard work and practice paid off for the Woodbridge band, as each member showed off their own "hidden talents."



Senior Stephen Haines and sophomores Eric Greiling and Jason Simpson keep up the

tempo while practicing a song during class. Staying with the band was essential.



Senior Rhonda Rucker and sophomores Christine Lewis and Chris Capell sight read a new piece for competition. Band members always practiced until they reached perfection.

Sophomores Jenny Gray and Heather Farley and junior Mary Johnson keep their eyes glued to their music at practice. Concentration was the key to success in band.

Band



All decked out! Spirit Week brought on new faces, new styles, and spirit that the school never knew existed. Senior Belen Piefel gets involved in the action by wearing her favorite straw hat on the ever popular and traditional Hat Day.



Taking a break from everyday cheerleading practice, the Varsity cheerleaders make signs for the big game against Hylton High School. Junior Lindy Jankura makes use of her artistic talents by painting a sign for the pre-game pep rally.



Nothing to Hide





# HIDDEN

## faces

Hustle and bustle was a common theme as students had to change their routine to adjust to crowded hallways, longer lunch lines, and Freshmen team teaching.

Love — 15. With tennis racket and tennis ball in hand, sophomore Livie Barr argues with sophomore Matt Henry about the last point scored.

Courts, fields, swimming pools, gyms, and baseball diamonds were all places that students went to play sports. At times students had to "tip the scales" and not do homework in order to play their favorite sport.

Whether students played sports to relieve stress or to get away from the "hustle and bustle" of home, school, or work all agreed that sports were a way to blow off steam.

On the average, a student covered a distance of

$\frac{1}{4}$  to  $\frac{1}{2}$  a mile in six minutes to get from class to class. Every 45 minutes 2,868 students crammed into hallways only 12 feet nine inches wide, trying to make it to their next class on time.

◆ The smallest Senior class, 643, worked through applications, SAT's, and frequent Friday tests toward its goal of graduation. ◆ Students paid \$1.10 for a slice of pizza which cost 90¢ the year before. Lunch periods lasted 45 minutes while cafeteria workers learned to use the new computerized cash registers. ◆ 811 Freshmen packed into five teams. The V, I, K, E, and S teams consisted of World Studies, English, Math, and Science. Through ups and downs, as well as ins and outs, students had *Nothing to Hide* about their hard work. ◆



Reza Abadi  
Teresa Abel  
Jonathan Abelson  
Justin Adkinson  
Richard Agresto  
Arshia Ahmadi-Nabi  
Andra Alexander  
Sarah Allen  
Julie Allwine



Christopher Alton  
Jenny Alvarez  
Maria Alvidrez  
Marie Ambrogio  
Candace Anderson  
Frederick T. Anthony  
Christi Anzelmo  
Noelani Apo  
Alison Archer



Felicidad G. Archila  
Monica Atkins  
Andrew Austin  
Jennifer Azzarano  
Kamyla Bacon  
Justin Baird  
Geoffrey Baker  
Justin Baker  
Craig Baldwin



# Blast From The Past

Moments  
Over  
The  
Years

Even though seniors anxiously awaited graduation, they were still able to reflect on past years.

Students took pride in their accomplishments whether it was academic or athletic. Senior Wendy Updyke exclaimed, "I hit a home run against Stafford last year, I was so excited!"

The best memories

were ones students could look back on and laugh. Senior Seth Johnson remembered, "I was jammin' on my guitar and acting crazy, I hit a light with my fist and broke it."

The changes that took place in the school often caught the students' eye. Senior Dave Showers noticed, "The girls got better looking each year."

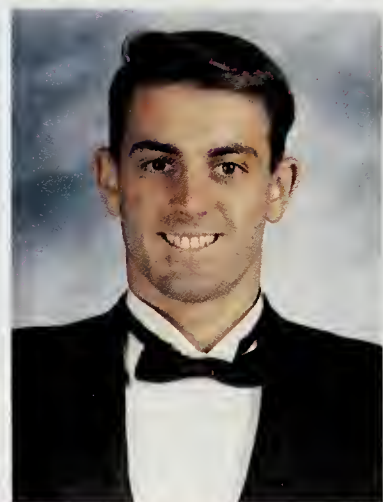
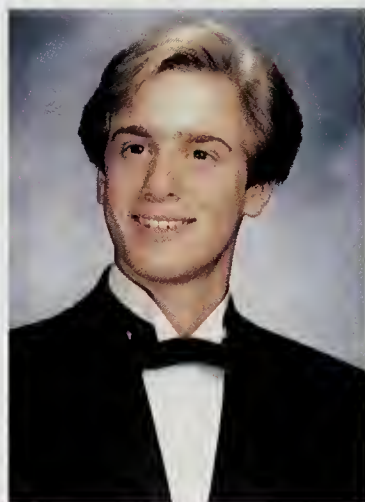
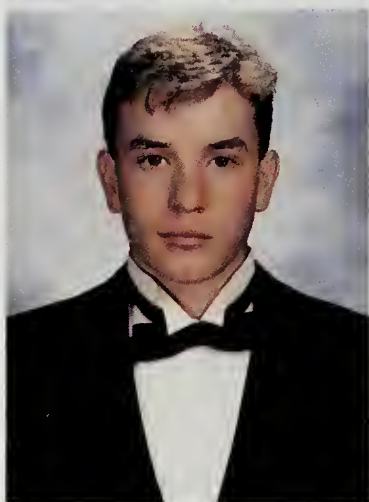
Students looked back upon their high school years and remembered why those four years were so special.

h, such sweet memories! Seniors Mark and Eric Schildwachter look at pictures from their high school years and reminisce. Seniors enjoyed looking back on old times, both good and bad.



Seniors





## Hidden Truths



"I'll never forget when I got suspended for a day. I was a freshman and I thought it would be cool to skip, but I got caught."

Senior Soorena Safaie



"In my sophomore English class we had to write one journal entry a day for one month. I ended up doing it the night before."

Senior Tommy Watson



# Pet Alert!

## A Best Friend

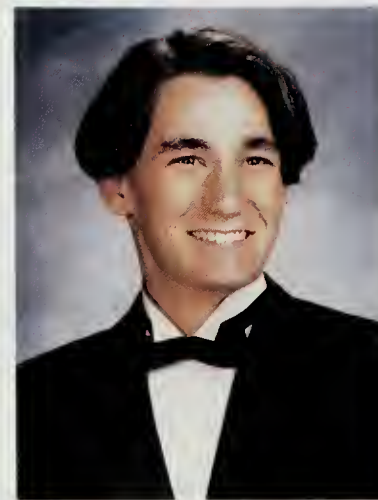
Some people think reptiles cannot express affection because they are cold blooded, but I know my turtles love me because they swim in circles when I come near," exclaimed senior Liz Callender. Pets had that unique ability of making people feel wanted and special. Senior Nick Wong remarked, "My dog is always around to cheer me up when I'm

feeling down."

Other seniors took their pets with them when they had errands to run or to give them a break from their same old surroundings. Senior Michelle McDonald stated, "I always take my dog with me when I pick my sister up from work, he keeps me company." A lot of pets just liked riding in the car! "Sometimes when I go places I take my cat because he is so cute! He just sleeps on the back window sill and basks in the sun," said senior Amanda Crowe.

After a long stressful day of classes and work, Senior Katie VanAllen spends time with her dog Goldie, enjoying a nice day outside of her house.

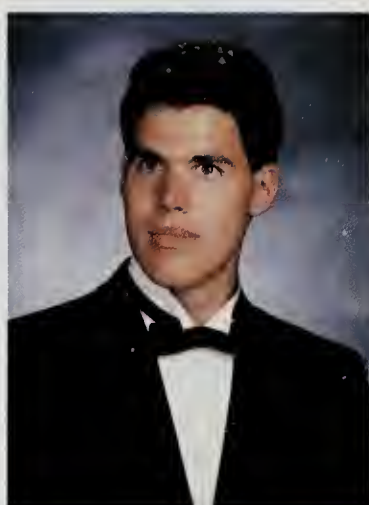
Pets certainly were an important part in the lives of seniors, there to cheer one up, give companionship, or just simply to love.



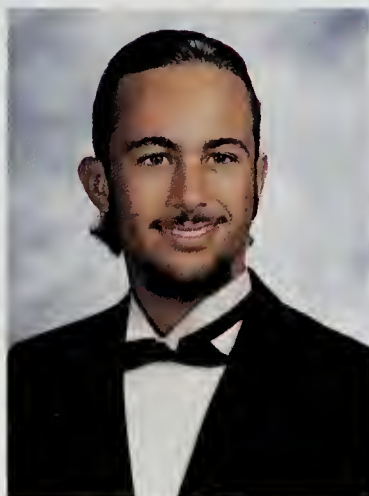
### Hidden Truths

"After a long hard day of practice, I love to come home, relax, and watch T.V. with my dog Rascal."  
Senior Tommy Hamn

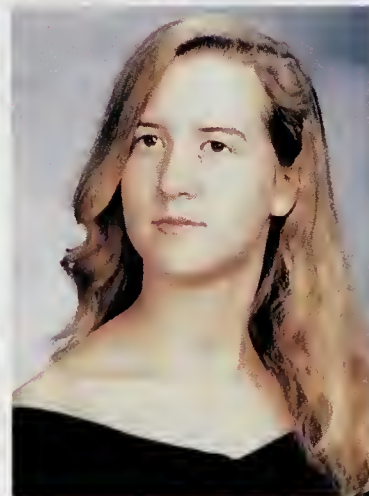




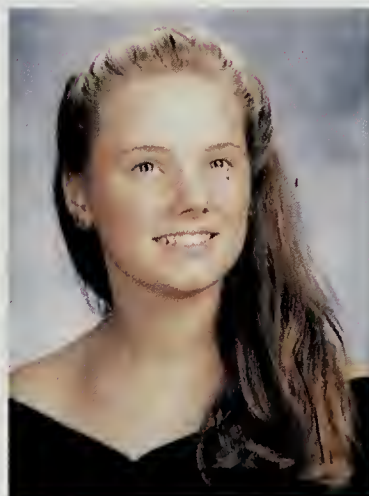
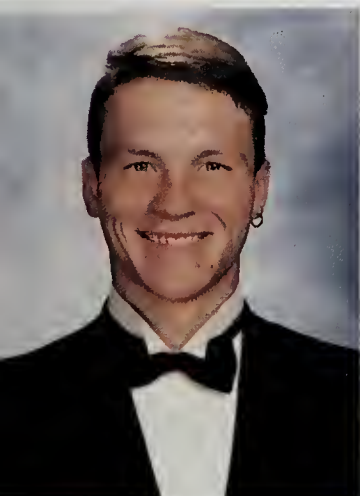
Michael Ballard  
Shay Bange  
Anthony Banks  
James Barnett  
Daniel Barone  
Ryan Bass



Ryan Beauchemin  
Michael Beaven  
Michelle Beaven  
Robert Beck  
Karl Beisel  
Josue Beltran



Tiffany Berardino  
Heidi Betson  
Paula Beverly  
Stacey Bixler  
Aaron Black  
Carla Blackmon



John Boal  
Bruce Borey  
Michael Boyd  
Sheri Bradley  
Amy Bragaw  
Matthew Braun



Michael Brenner  
Teresa Briel  
Timothy Bright  
Tristian Brisbois  
Shantell Brooks  
Amy Brown



# Pssst . . . Take Note

## Secrets That are Told on Paper.

How did they get away with it?" In almost every class someone was found passing notes. Students used notes as a way to communicate with their friends, make plans for the weekend, or just for passing the time. Senior Meghan McGrath used notes to make plans for the weekend. "This year during class I didn't have much time to pass

notes, but it was a good way to find out what was going on when I did."

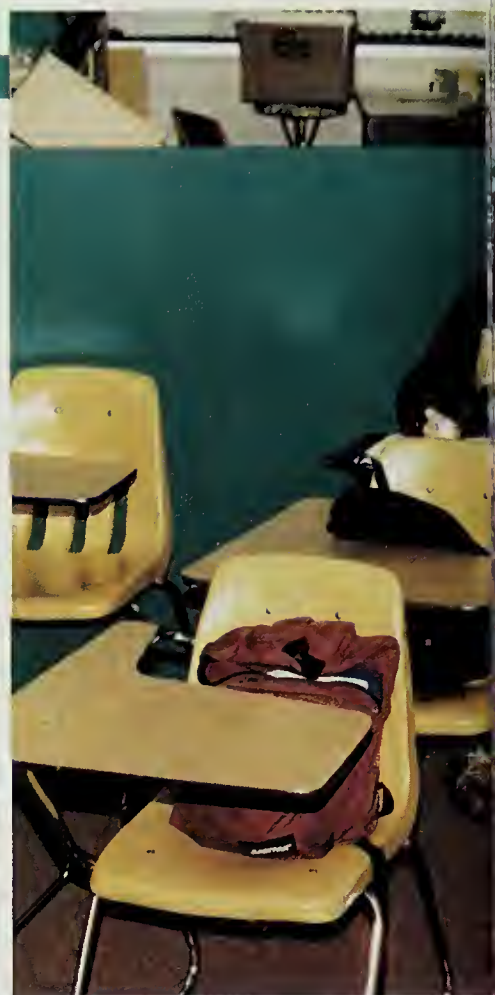
Senior Eric Shildwachter used notes to stay awake in class, "Passing notes relieved some of the boredom of everyday classes."

Senior Shaune Proctor commented, "I like to write notes when I have something on my mind because it's easier

to get my feelings out on paper."

Whatever the reason was, students always seemed to find a way to communicate.

Senior Jim Trimble watches the teacher as he passes a note to senior Marilou Wooton during one of their classes. Students often used notes as a way to communicate with their friends.



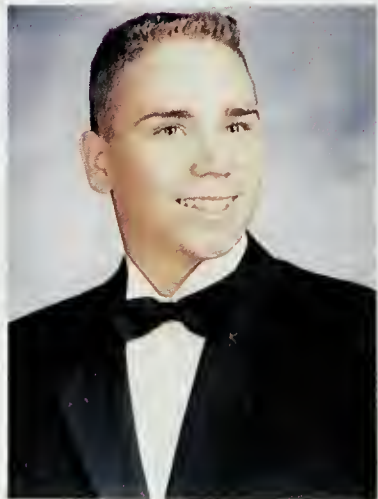
Cecilia Brown  
Patrick Brown  
Robin Brown  
Sharone Brown  
Stephen Bryson  
Thomas Buchanan  
Shannon M. Buck  
Amy Burchell  
Deborah Burnes



Elizabeth Byrnes  
Adam Calhoun  
Elizabeth Callender  
Jorge Cantero  
Patrick Cantolupo  
John Carreiro  
Damian Carter  
James Casey  
Thomas Casey



Keith Cassedy  
Andrew Causey  
Jeremy Causey  
Ashley Ceci  
Tauseef S. Chaudhry  
John Chavis, Jr.  
Kevin Chesley  
Brandon Childers  
Maura Chisholm







## Hidden Truths



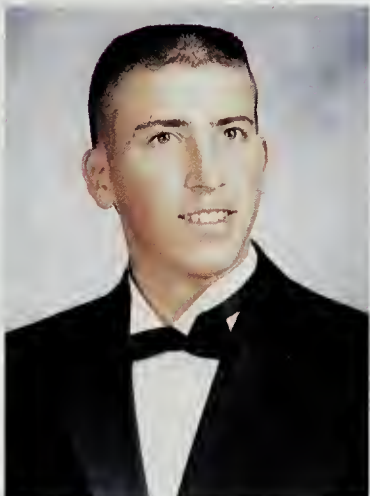
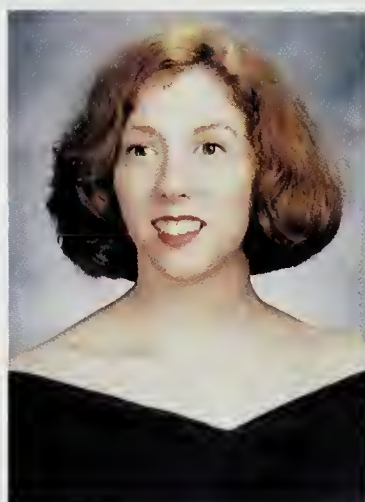
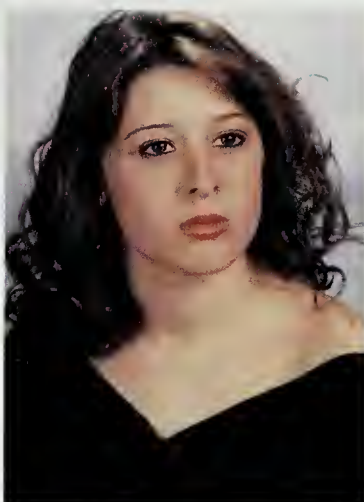
"I usually don't write notes unless I have to take notes for my classes, but if someone writes a note to me first I'll write them back."

Senior Michael Kiely



"I like the risk of passing notes during class because it makes me feel that I can do it without getting into trouble."

Senior Jason Monastra





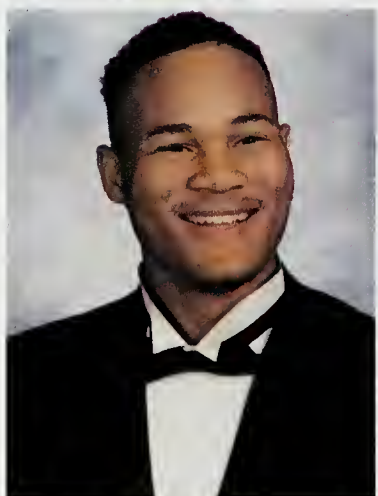
Phillip Civello  
Matthew Clark  
Nancy Clark  
Michelle Clear  
Samuel Clifford  
Darren Clouden



Michael Cole  
Angela M. Collins  
Jessica Collins  
Argelis A. Colon  
Melissa Condon  
Heather Conti



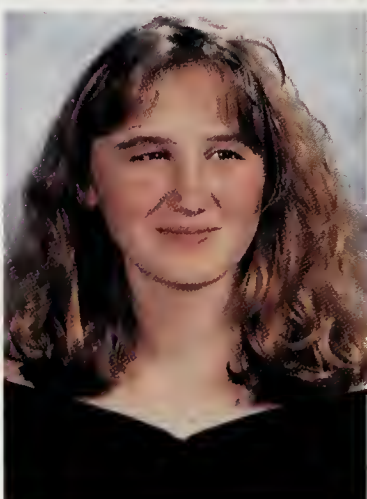
Jeffrey I. Conway  
Vinnette D. Cooper  
Alexandra Corea  
Shannon Couch  
Erik Coulbourne  
Darin Councill



Matthew Cowan  
Audrey Cox  
Daniel Craft  
Andrew Craig  
Jennifer Cramer  
Andrew Crater



Chauntel Cross  
Heather Crow  
Amanda Crowe  
Melissa Crowe  
Melissa Cummings  
Jennifer Cyphers





# The Rush

## Between Classes



With six minutes between classes, seniors managed their time in order to rush to their lockers, go to the bathroom, or gossip in the halls.

There were those who got to class on time and then there were those who were always late. Senior Lynne Gallitz replied, "I barely have enough time to go to the bathroom after pushing my way through the halls."

"The crowded halls make getting to class on time, tough. They should give us more time between classes!" exclaimed senior Andy Crater. With both time and space limited, students didn't risk going anywhere but to class.

With heavy consequences when getting tardies, seniors said six minutes was not enough time to do the necessary things between class. Senior Brian Rand said, "If we had more time there would be less pushing."

As the year progressed, students had other methods of getting to class. Senior Kate Duecy said, "I took short cuts to avoid the crowd."

Parting is such sweet sorrow... senior Andy Crater and senior Michelle McDonald give each other a quick kiss to get them through the next period.



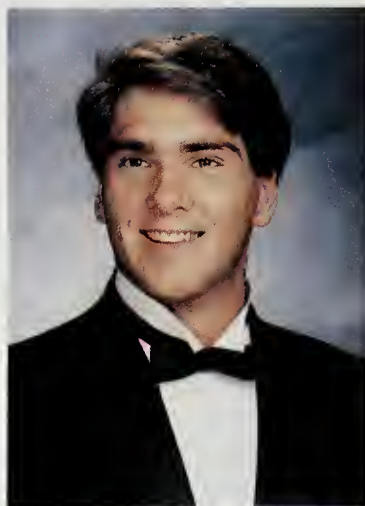
### Hidden Truths

"I don't feel six minutes is an adequate time to journey through the congested hallways."

Senior Danny Schiro



Patrick Czeck  
Michael Darabond  
Jerry DaSilva  
Kenyatta Davis  
Michelle Davis  
Matthew Davison  
Melody Dawes  
Aaron Deadman  
Betina Dean



James Dean  
Tiffany DeBloois  
Crystal Decowski  
David Deel  
Brian Dees  
Jessica DeGrauw  
Sarina DeLeon  
Nicholas Dellermann  
Jeffrey DeMain



Katherine DeMarse  
Christine Destadio  
Karie Destadio  
Laura Dickey  
Matt Dietze  
Marcus Diggs  
Tracy Dionne  
Andrew Dittamo  
Elizabeth Donahue



# The Big Secret

Friends  
Have  
Nothing  
To Hide!

What makes a best friend? Senior Janelle Sweeney said, "A best friend is someone you can tell all of your deep secrets to, and know that they won't run screaming in a different direction!"

Most of the seniors' best friends were people they had known since middle school. Senior Belen Pifel commented, "One of my best friends was also a

friend of mine at Woodbridge Middle."

Although life was usually smooth for best friends, the occasional fight was common. Senior Jen Ivaniszek said, "My best friend, Kate Duecy, and I sometimes get into fist fights."

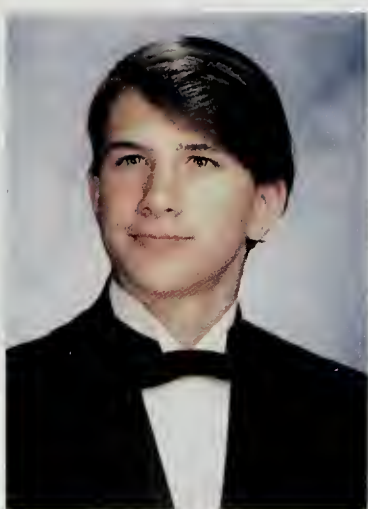
When it came down to it, best friends were people that the seniors could confide in, de-

pend on, and share great experiences with. Best friends were there for support.

Sharing a secret smile, seniors Nathan Hissong and Regina Taylor enjoy each other's company. They, like others, proved that friendship is a part of every boyfriend-girlfriend relationship.







## Hidden Truths



"A best friend is someone you can trust and know that they will never talk behind your back."

Senior Karsten Halusa



"A best friend is someone that I can just hang out with after school. Best friends are people you have a lot in common with."

Senior Tom Casey



# Money Banks

## Pocket Change

My friends think of me as the money bank," said senior Carla Tierney. Others experienced similar situations. At times they were the moochers and at other times, the lenders.

If a visitor walked into the school, he would have seen someone either lending or giving someone money. People saw this every day while either waiting in the

senior Jennifer Ivaniszek and senior Jodie Shoop give Kate Duecy, senior, money for lunch in order to make it through the day in the senior lounge.

lunch or "a la carte" line. Seniors always had money on hand and were always generous, lending it to friends and other students in the lunch line. "I'm the kind of guy who will pick up the tab," said senior Byron Burkett.

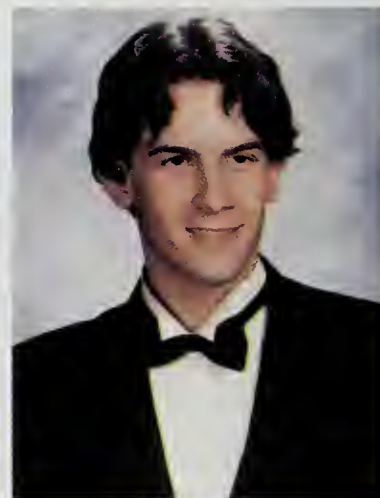
On the other hand, there were seniors like Justin Steverson who said, "Everytime I see more than one dollar in someone's hand, I hear it calling my name."

After being in school for four years, seniors were tired of being seen as a bank. While some seniors were frustrated, others needed money to buy lunch.



### Hidden Truths

"At times when the planets are aligned, I have been known to make my vast estate available to others." Senior Michael Darabond







Khanie Drammeh  
Kathryne Drezek  
Karmin DuBose  
Kate Duecy  
Nicole Dukes  
Lisa Duncan



Nicole Duncan  
Lisa Dunn  
Melody Dunn  
Evie Duvall  
Melissa Eccleston  
Robert Elliott



Christopher Elmore  
James Elsis  
Paula Emerson  
Cheryl Emison  
Marco Enriquez  
Tamisha Esannason



Rafael Espinosa  
Aaron D. Evans  
David Evans  
Alan Faiivae  
Susan Falkenthal  
Mohammad Farhan



Kalonda Farrow  
Karen Faulconer  
Joe Fentress  
Che-Chen Field  
Theodore Fikre  
Michael Fink



# The Unthinkable

Strange

But

Truly

Good

While eating a favorite snack, did anyone ever come up and say "That is disgusting"?

Some seniors had this to say about their unusual snacks.

"My strangest snack would have to be waffles topped with ice cream, chocolate, and cherries," described senior Amy Lozinak.

"My best friend ate some at a Redskin's

game and so I decided to try them," senior Matt Cowan said about his favorite french fries doused in vinegar.

Senior Karie Destadio explained, "I eat olive loaf sandwiches about three times a week."

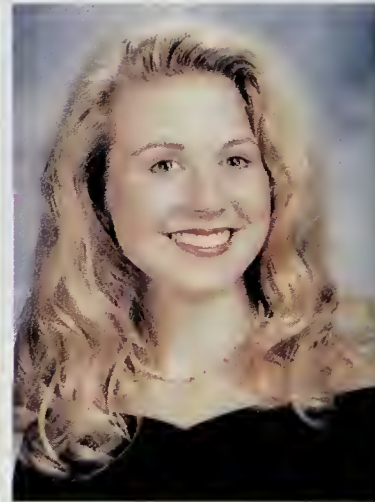
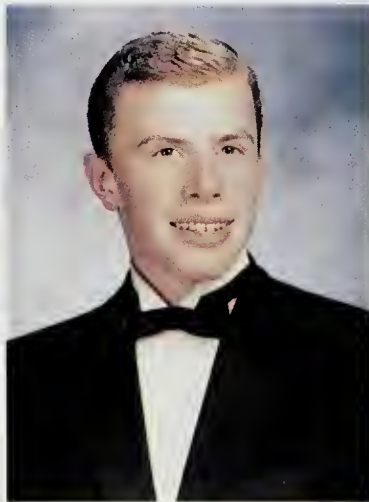
"I eat a banana with peanut butter once in a while. My grandma introduced it to me," senior Tony Hall stated.

Waffles, fries, and sandwiches are typical everyday foods, but the variations made all the difference.

As senior Bill Stevens takes a break from his usual meal to talk to senior Mike Cole, he tries out an unusual food from the taco salad bar.



Troy Fitch  
Brian Flanagan  
Stephanie Flowers  
Michelle Ford  
James Foss  
William Frazier  
Vanessa French  
Jake Fretwell  
Casey Frye



Laura Furlong  
Aaron Furman  
Dalia Gaber  
Jerone Gagliano  
Michael Gaisford  
Lynne Gallitz  
Rebecca Gannon  
Melody Gantt  
Heidy Garcia



Randy Garcia  
Michael Garlick  
Charity Garrett  
Sandra Garza  
James Gattis  
Karen Gavidia  
Edward Gekosky  
Carrie Gentile  
Nicole George







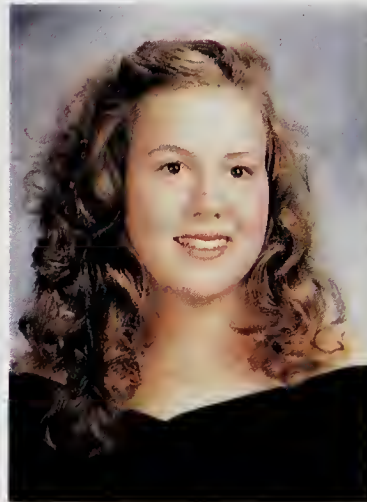
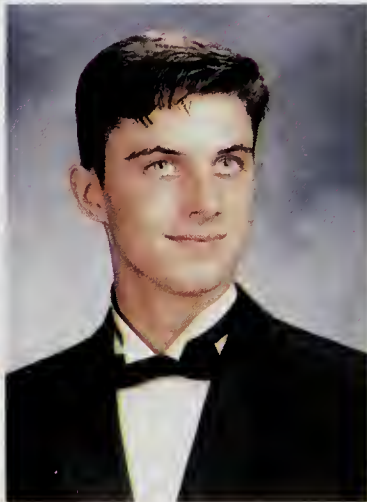
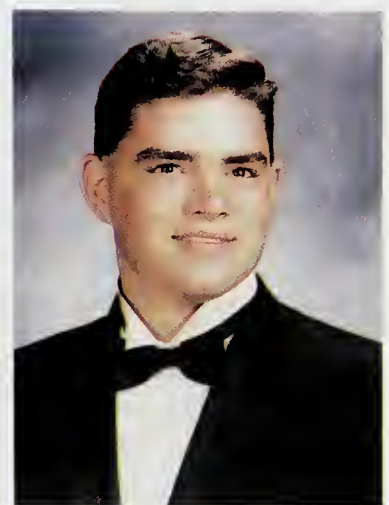
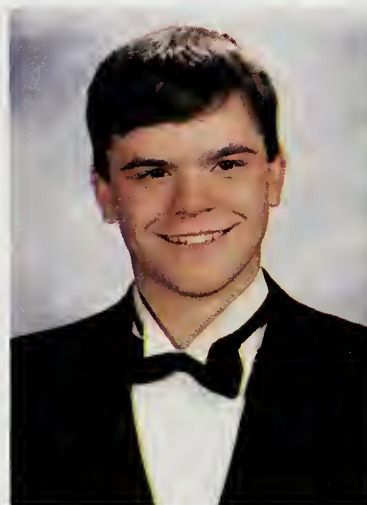
## Hidden Truths



"People always cringe when I tell them that my favorite food is macaroni and tomatoes."  
Senior Shannon Buck

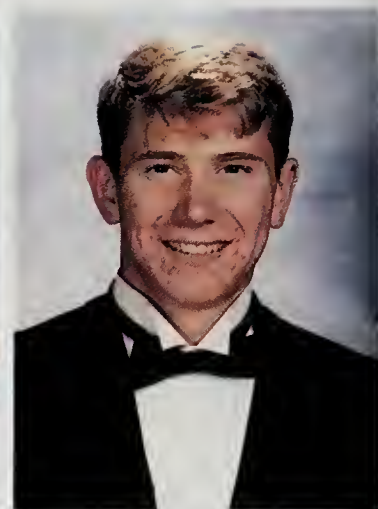
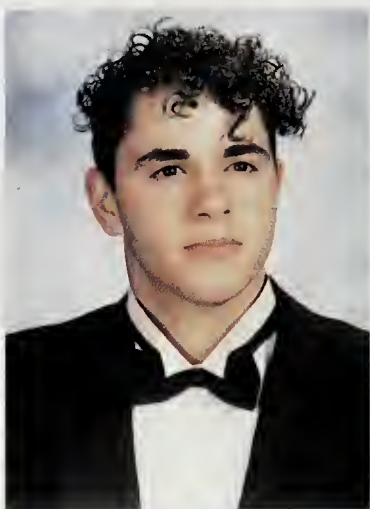


"My strangest food is pickled okra, my friend eats it and wanted me to try it and now I eat it all the time."  
Senior Christine Destadio

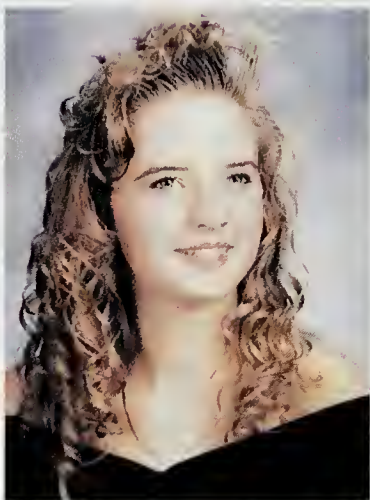
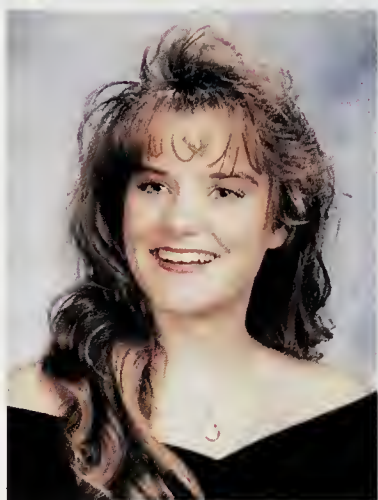




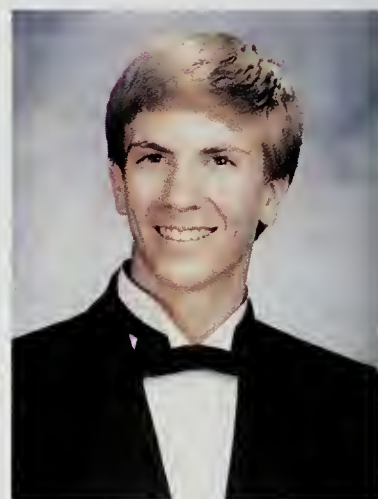
Megan Gethins  
Ben Ghery-Lieb  
Camille Denise Giampa  
Francis Gilhooly  
James Gill  
Amy Gillerlain



Traci Gillespie  
Jennifer Gillette  
Samantha Gilliland  
Janelle Gillis  
Rebecca Gillon  
Justin Girton



Yoshimi Gomibuchi  
Mario Gonzalez  
Kathryn Graham  
Scott Granger  
Jason Gregory  
Barbara Greyson



Kevin Grunden  
Lorena Guerrero  
Stephen Haines  
Denise Haithcock  
Brian Hall  
Michael Hall



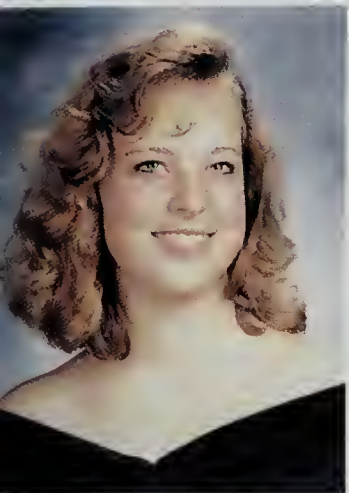
Tony Hall  
Karsten Halusa  
Thomas Hamm  
Lori A. Hamrick  
Joung Han  
Eddie Hansley





# Aiming High

## College Picks



Oh no! It's too thin — I bet I didn't get in!" she fumbled the letter in her hands. "I'm too nervous — I can't open it." Senior students anxiously experienced similar problems when receiving notification from their number one college choice.

Students who couldn't wait until April, the regular notification deadline, applied for early admission to their dream schools. Senior Andrew Austin said, "I'm applying early admission, because if I get in, all of the pressure is off for the rest of the year." Senior Regina Taylor agreed, "I'm applying early to JMU, because I can't wait until spring, and I want to relax sec-

ond semester."

Students had different criteria for choosing their number one school. Location, size, tuition, and student-teacher ratio were just a few that seniors considered. Yet, all students shared in common the same hope that they would be accepted into their "dream schools."

usy at work, Senior Orlando Perez carefully fills out a college application. Seniors soon realized how tedious the process could be.



### Hidden Truths

"My first choice school is in-state because of lower tuition rates, and it's close to home."

Senior Jennie Cyphers

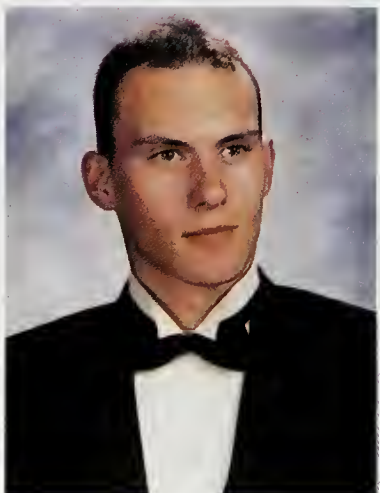
Dream Schools



Suzanne Harper  
LaKenya Harris  
Kelli Hawthorne  
Danielle G. Hayworth  
Joshua Heatherly  
Robyn Hebert  
Holly Hemmerly  
Raymond Henry  
Angela Hernandez



Ralph Hetzel  
Kenneth Hicks  
Kimberly Hiller  
Andrew Hilton  
Nathan Hissong  
Brandon Ho  
Michelle Hobson  
Francisco Hocog  
Matthew Holmes



Trudy Holmes  
Kimberly Hopkins  
Shauna Hotop  
William Houck  
Robert Houser  
Stacy Howard  
Daniel Howell  
Rochelle Huling  
Lisa Humberd



# Lifeless Weeknights

Boring  
Nights of  
Work and  
Study

After three years of the same routine, seniors came to realize that week nights and homework went hand in hand.

Seniors felt that they must keep their grades up in their final year of high school. They spent long and tedious hours doing homework every night. As senior Sheila McLaughlin put it, "I spend close to three

hours a night on homework. I can hardly wait for graduation."

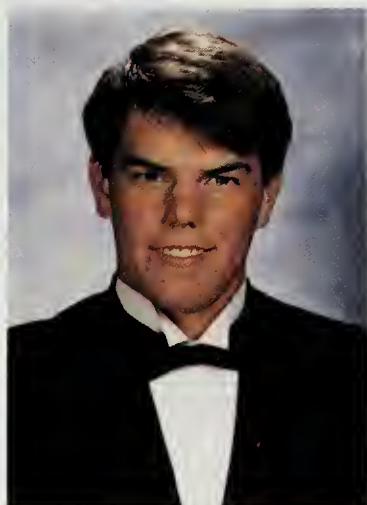
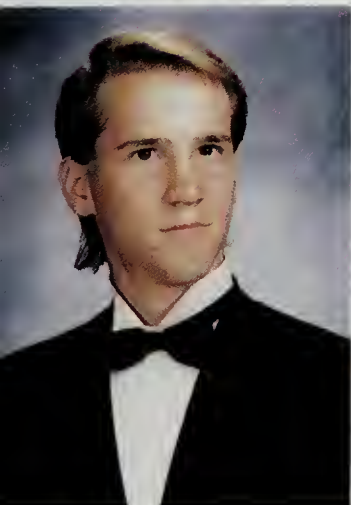
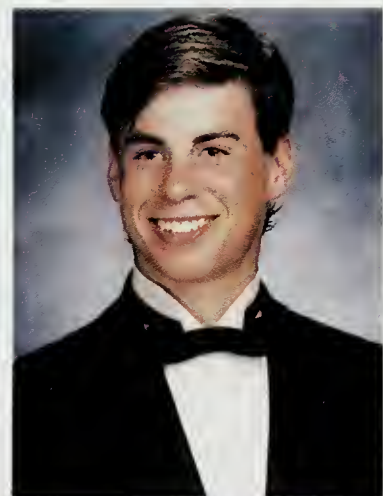
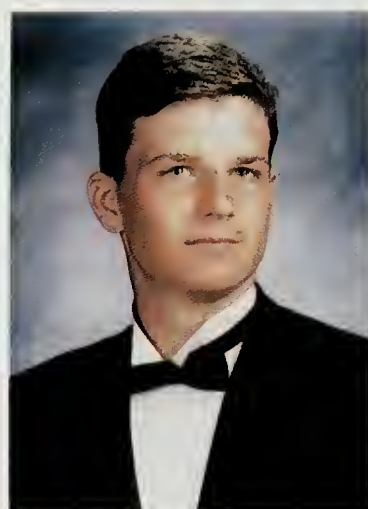
Seniors even had jobs during the week. Juggling between jobs and homework could become very hectic. Senior Andy Dittamo agreed, "My job keeps me so busy, I barely have enough time to work on my homework and keep my grades up to my own standards."

No matter what seniors did during the week, they all had one major objective — survive until the weekend.

Working hard, Senior Amy Brown takes an order from a customer at her job at Dairy Queen. By working during the week, she is able to earn money and spend time on the weekend with friends.







## Hidden Truths



"One day out of the week, I volunteer at the fire station, the rest of the week I hang out with friends and do homework."  
Senior Sandra Garza



"Between crew practice and homework, I don't have much time for anything else. I look forward to every weekend."  
Senior Kara Nelson



# STRESS!

## Getting By

Whether it was school, jobs, or just life in general, students often found themselves stressed out. Many times students felt tension from their personal lives as well as their social lives. Senior Kurtis Bateman said, "My family and school can both bring me down."

How did stress affect students? Senior Ryan Maloney claimed, "Stress makes

heads up! While practicing for the Homecoming game, senior cheerleader Brian Dees expresses his stress over a cheer that he could not grasp.

me moody!" Not only did stress cause emotional changes for students, it also caused physical changes. Students often complained of headaches or fatigue brought on by stress. Though students were not always greatly affected by stress, senior Alex Kersis said, "Stress can make me happy when Friday comes."

Ways of dealing with stress were unique for most students. "When I stress, I hang my head off the edge of my bed," explained senior Stephanie Flowers. No matter how strange, students did whatever they could to relieve stress.



### Hidden Truths

"When I get really stressed, I listen to 'Three Little Birds' by Bob Marley!"  
Senior Kristie Mitchell





Kristina Huntington  
Diane Hyle  
Stacy Hylton  
Kristen Ingram  
Allison Irick  
Jennifer Ivaniszek



Lisa Izaguirre  
Rudolph Jackson  
Trevor Jackson  
Antiwon Jacobs  
Alison Jaquays  
Robert Jellison



Melissa Jenkins  
Clinton Jensen  
Donna Johnson  
Jay Johnson  
Lalani Johnson  
Roger Johnson



Seth Johnson  
Matthew Jolly  
Robert Jolly  
Sean Jones  
Yvette Jordan-Smith  
Tanya Kam



Karen Kapfer  
Emily Keator  
Sean B. Kelly  
Sean R. Kelly  
Charlene Kennedy  
Kristen Ker



# Endless Summer

Seniors  
Soak Up  
Sun, Fun  
and Sleep

unny beaches, a warm bed, a classroom, or going to work every-day. This was just how some seniors spent their last free summer.

June 16th was not the last day of school for senior Katrina Wahus. "I went to Governor's School for Fine Arts and Humanities. I studied dance — ballet, jazz and modern."

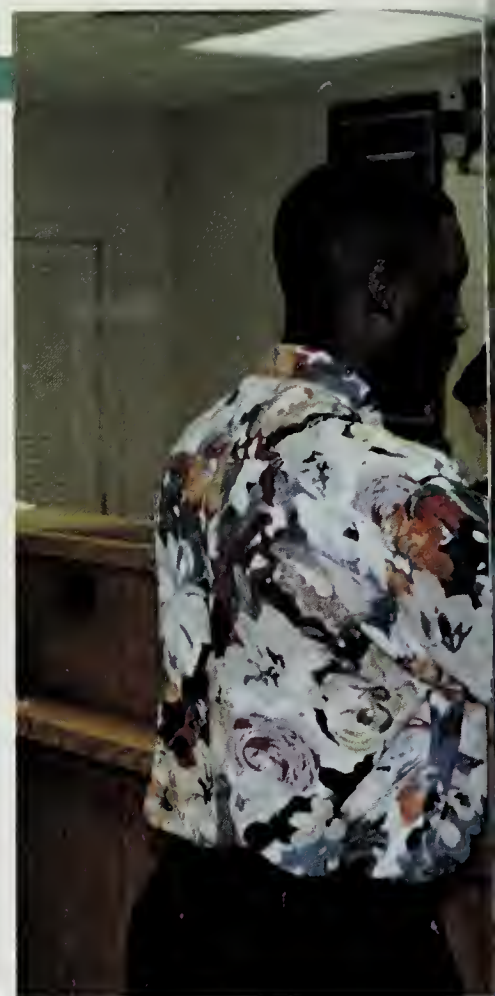
For others, summer

meant three months of relaxation. "I spent my summer sleeping," commented senior John Mustachio.

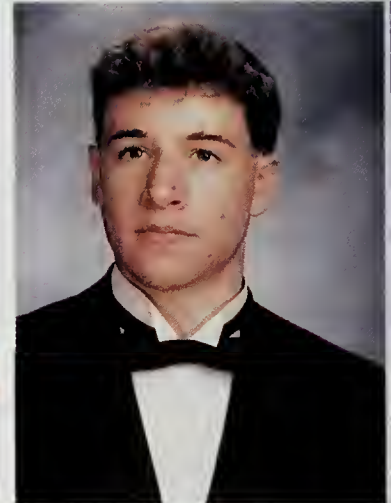
One of the most popular choices was hanging out with friends after a long day at work. Senior Rafe Roman said, "I spent most of my summer at the beach. The rest of my summer was spent working."

No matter what seniors did this summer they all had to return to school, but they were returning as seniors.

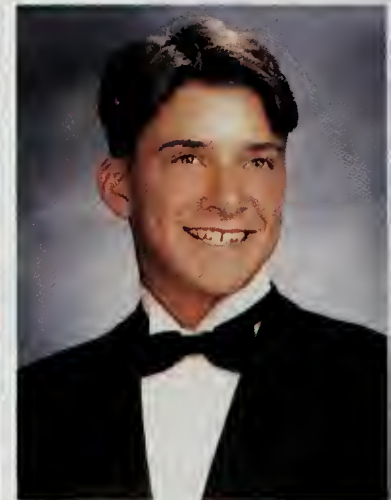
Senior Darin Councill works diligently at his summer job. Working at a bank proved to be exciting when dealing with large amounts of money. Students took on summer jobs to learn new skills.



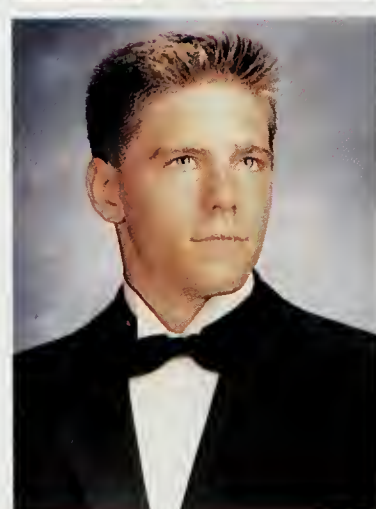
Alexander Kersis  
Kashif Khalique  
Shamila Khalique  
Michael Kiely  
Jennifer Kingrey  
Jessica Kitta  
Shawn Kline  
Lucretia Knopp  
Stacey Kolleda



Matthew Kriegel  
Mark Kuhn  
Amanda Lance  
Grant Lattin Jr.  
Rob J. Laver  
Adam Lee  
Chu Lee  
Hee Lee  
Susan Lee



Christopher Leon  
Richard Leopold Jr.  
Jason Lerch  
Nicole LeRiche  
Christina Leteff  
Michael Libby  
Tanya Licata  
Thomas Lindou  
Matthew Lisack







## Hidden Truths



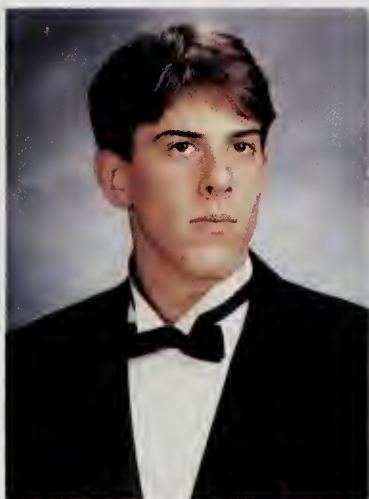
"I spent my summer at Myrtle Beach with my boyfriend. I spent the rest of my summer visiting with old friends."

Senior Michelle Clear



"I spent my summer at Governor's School for Humanities. The rest of my summer was spent in New England."

Senior Kate Drezek

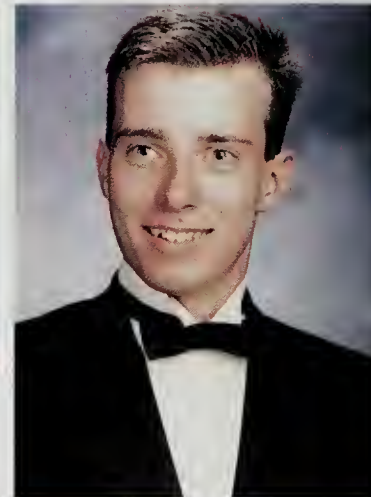




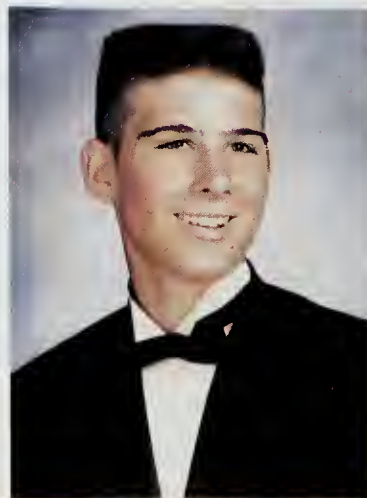
Bethany Lockamy  
Cassandra Lombard  
Vincent Lommen II  
Sandra London  
Courtney Lowery  
Amy Lozinak



Henning Lunde  
Mark Lundgren  
Jennifer Lyon  
William MacKay  
Gregory Maestro  
David Mai



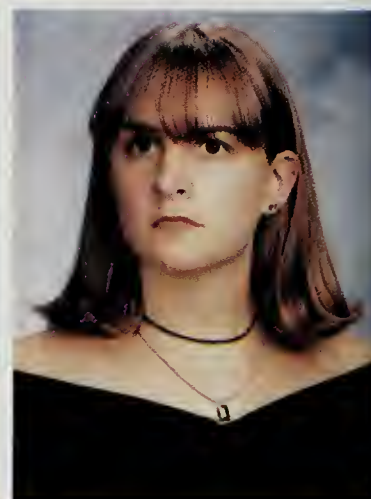
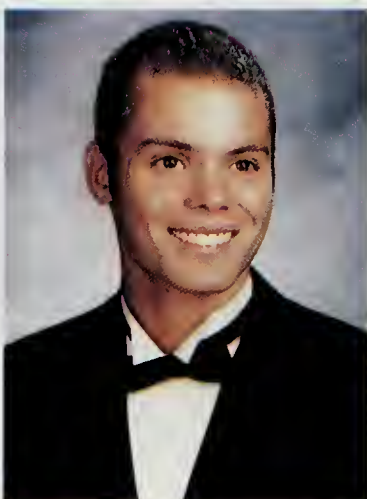
Naheeda Malik  
Joel Malinowski  
Michael Maloney  
Ryan Maloney  
Lee Mangrum  
Jo Ellen Marsh



Jessica Marshall  
Andre Martin  
Jennifer Martin  
Daniel Masching  
Cameron Mays  
Mary Mayzel



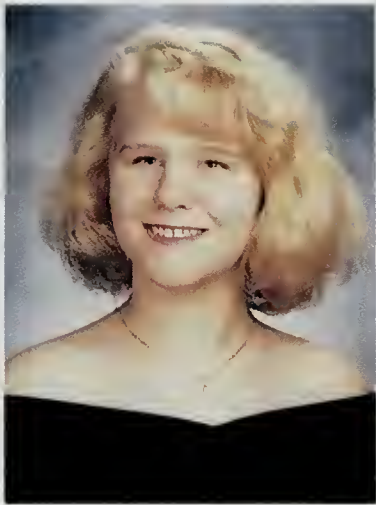
William McAllister  
Daniel McCloskey  
Sandra McConnell  
Cassie McCulloch  
Michelle McDonald  
Meghan McGrath





# Busy Body

## Overachievers



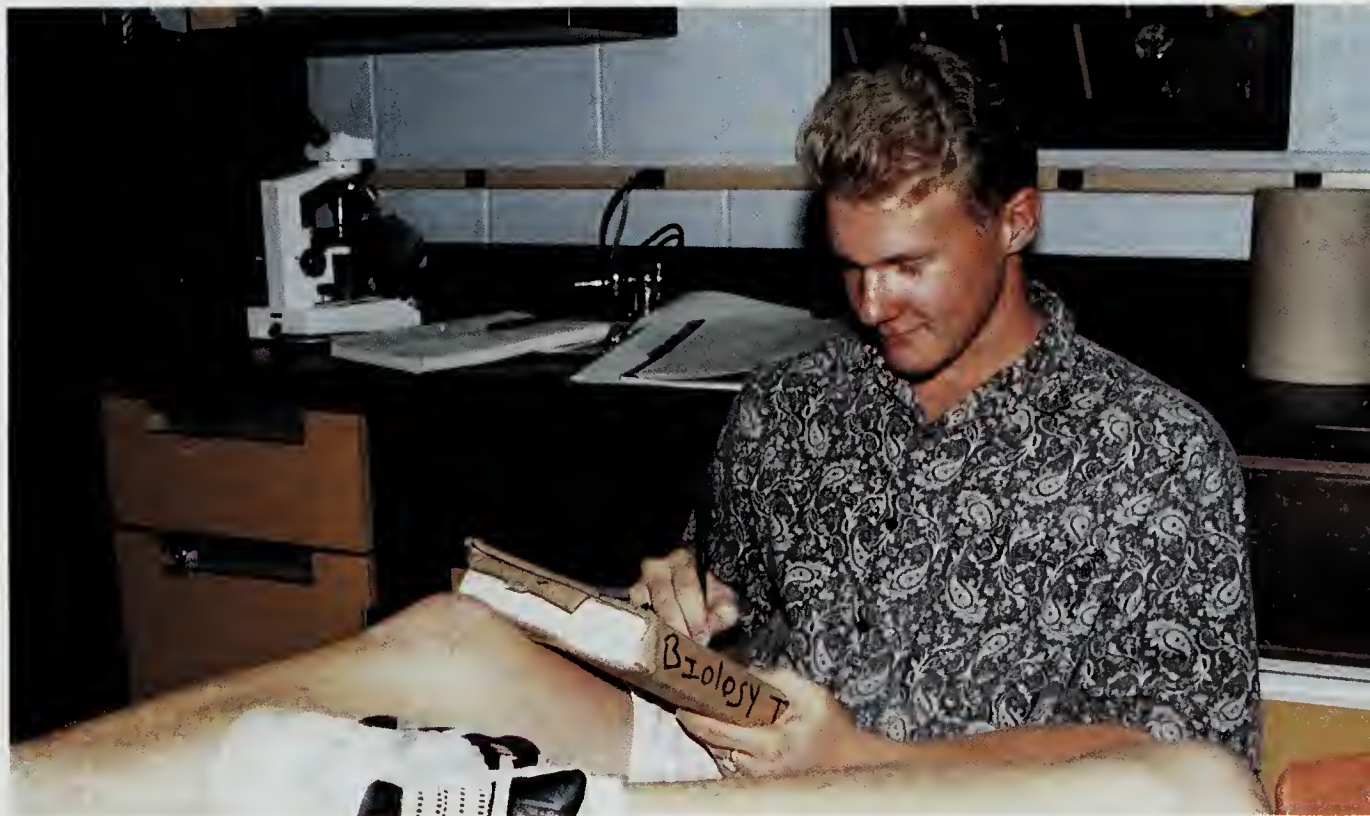
On Monday I have Forensics; Tuesday is soccer practice; Wednesday is NHS; Thursday I have soccer practice again; Friday is the football game." This was a common list of activities for most overachievers. Seniors who did it all usually had very little time for social events, yet were often the most friendly people in school.

"I feel that time goes by too slowly if I'm not doing something," senior Amanda Ohle said. This attitude was shared by all of the overachievers. They felt almost "claustrophobic" if they weren't doing anything. These people didn't worry about their social lives because their

work was their life. They realized that it required hard work to get ahead in life.

"Academics is an important part of my life and I realize that it is important in order to get into a good college," senior Brian Flanagan said. The overachievers sacrificed their free time to make themselves better people.

"I've got to get this done," thinks senior Mark Teetz. Mark had to balance his time between marching band and a heavy academic schedule.



### Hidden Truths



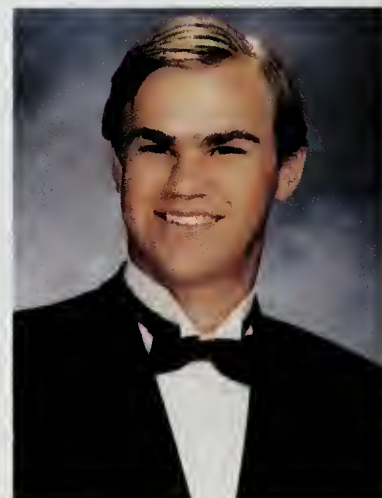
"Sometimes it's hard to balance my time between sports and school, but I know it's worth it." Senior Matt Clark



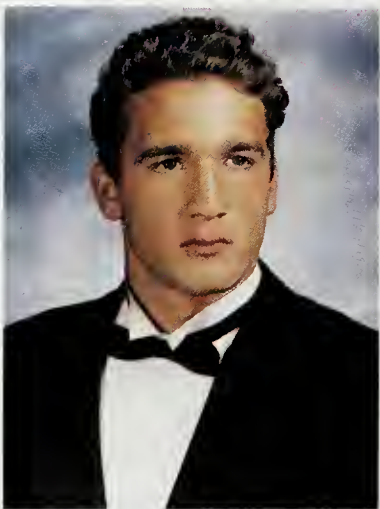
Jennifer McClanahan  
Sheila McLaughlin  
Karen McMillen  
Teya McMillian  
Katherine McNally  
Maureen McNamara  
Ray Melendez  
Matthew Middleton  
Chelsea Mier



Geoffrey Mikel  
Christa Miller  
Donald Miller  
Jason Miller  
Craig Milligan  
Eric Mitchell  
Joshua Mitchell  
Kristie Mitchell  
Dana Molter



Jason Monastra  
Melanie Montanari  
Anne Mooney  
Luis Morales  
Timothy Morgan  
Amber Morra  
Kathryn Morris  
Letrice Mosley  
Gregory Mowery



# Voice of Experience

## Seniors and Their Freshmen Siblings

"I enjoyed having my sister in school with me," said senior Reza Abadi. "It was fun, I got a chance to show her around."

Although some seniors liked having their little sisters and brothers in school with them, others found it to be a strain on their relationship. "We have never been great friends and now I have to drive her

everywhere," stated senior Brian White.

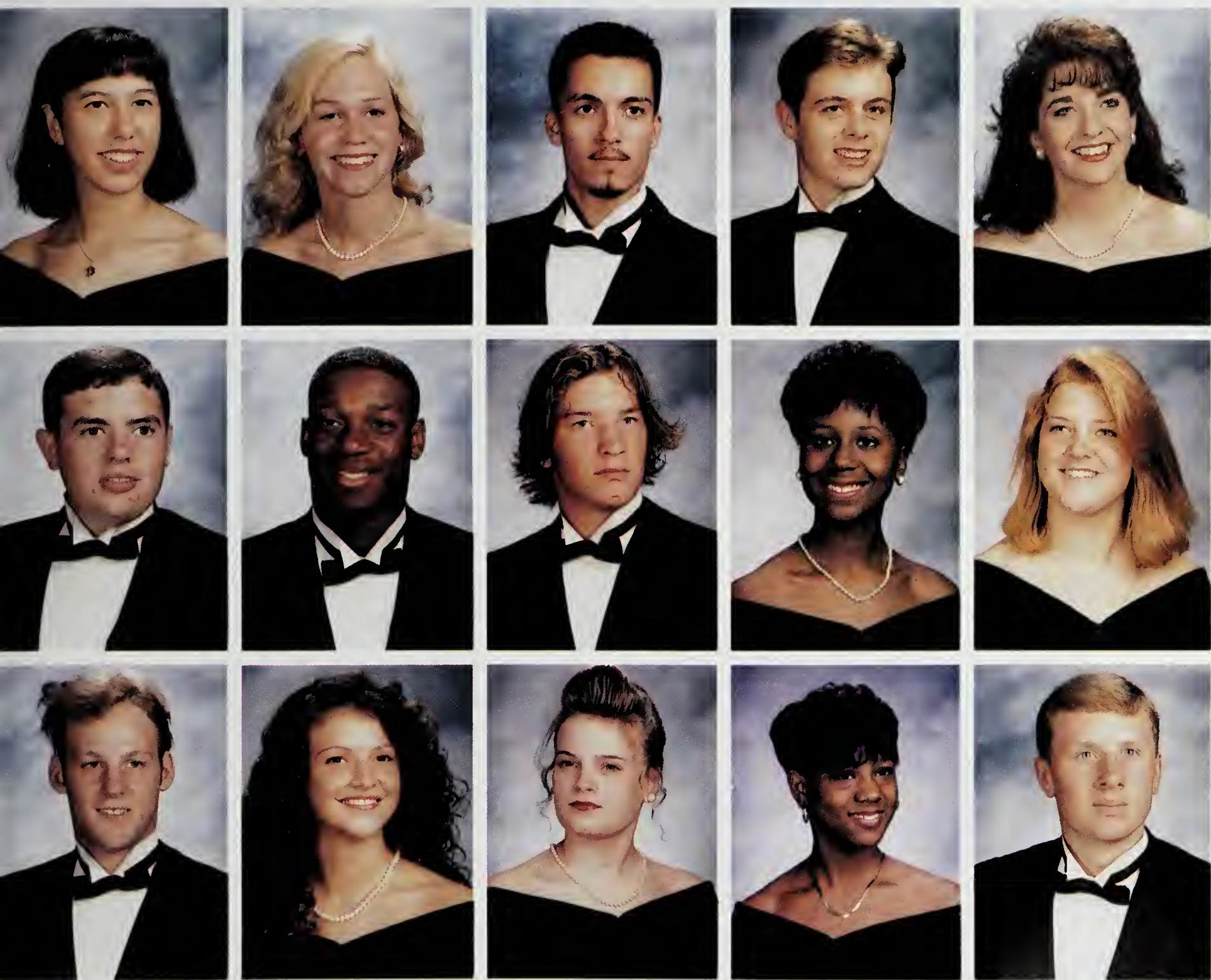
On the other side of the spectrum, the seniors' siblings seemed to enjoy having their older siblings in school with them. "It made the transition from middle school to high school easier," commented freshman Sarah Wilson. "I knew more people in the halls and I never had to ride the bus."

Family togetherness extended beyond the home into school.

pending quality time with her sister, senior Kate Drezek lends a helping hand to her sister, freshman Alexis Drezek. Often seniors helped their siblings during their challenging freshman year.







## Hidden Truths



"Having a freshman brother in school did not have an effect on me because I never had a chance to see him during the day."

Senior John Mustachio



"I liked having my senior brother in school with me because it made my first year of high school easier, and I had a ride every day."

Freshman Joe Mustachio

Seniors With Freshman Siblings



# Age Factor

## Changing Minds

Age. The final frontier. People who looked for something else or something better have tended to look for it in someone younger.

However, dating people younger, did create problems. Senior Jason Phillips said, "Since I'm 18, and she is 16, I have more freedom. I end up following her rules since we're going out." This was the main concern among couples with an age

Senior Raphael Roman visits junior Tennille Brown after school. Being a senior allows more free time to spend with friends.

difference. Usually, the older person in the relationship had a lot more freedom and had to give up some or all of it to make the relationship work.

Another big problem with dating underclassmen was having different friends. Senior Cameron Mays said, "We really aren't friends with the same people, but my friends don't care because they do it too." Senior Jimmy Gattis, sharing the same opinion, commented, "My friends don't really react, because they all have underclassmen girlfriends, too."

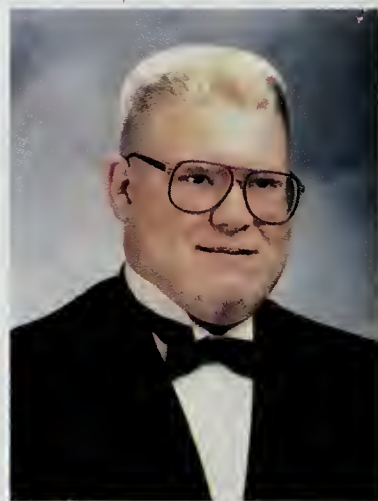
In the end, age was just a number.



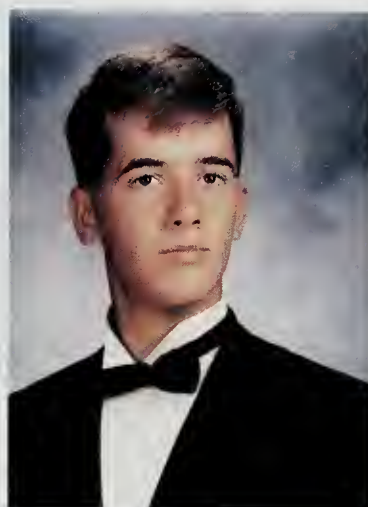
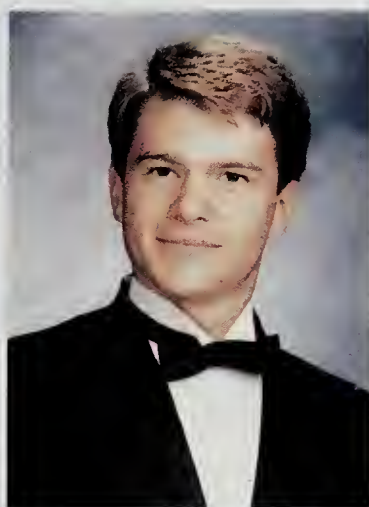
### Hidden Truths

"Seniors who date underclassmen isn't an issue, as long as the two people get along."

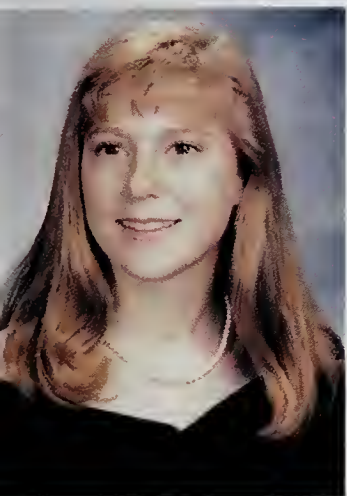
Senior Jennifer Cramer







Michael Moyer  
Stephanie Mullori  
Wenona Murphy  
John Mustachio  
Donald Myers  
Martin Myers



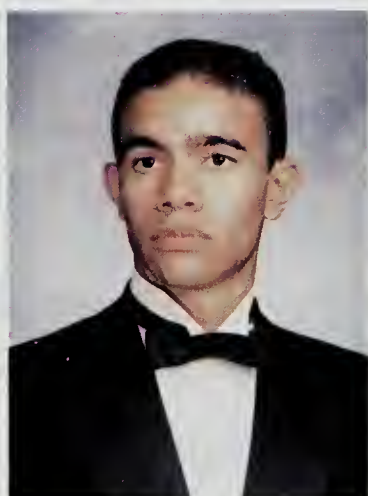
Loris Nartey  
Thevarith Navamal  
Jennifer Nelson  
Katherine Nelson  
Emily Newcomb  
Erik Nowak



Nancy Nurthen  
Meggin O'Geary  
Amanda Ohle  
Kelly O'Neill  
Jason Orr  
Christopher Osburn



LaShonda Owens  
Daniel Pack  
Hee Park  
Jenny Park  
Shane Parker  
Lisa Paternite



Gregory Patterson  
Ross Peabody  
Andre Pelletier  
Ann Pennell  
Orlando Perez  
Ahmara Perkins



# Seniors Holding On

## Die-Hard Childhood Quirks & Habits

o you still have a blankie, watch cartoons, have stuffed animals, or even play Nintendo? Seniors still had some of those old habits.

Senior Kristen Ingram expressed, "I love dolls and bears. I have them all over my room. I also have snow globes."

Most seniors have had these habits since childhood. Senior

Shannon Couch admitted, "I still have my favorite blanket that I have had since I was a child. It was passed down from my late great grandmother." Senior Jennie Cramer explained, "When something is wrong, I still go to my mom and talk to her about it."

Blankie's or Nintendo — the spirit of childhood and the se-

curity of home were memories held by seniors as they headed off to begin a new chapter in their life.

Senior Shannon Couch snuggles up with her blankie while watching TV for the evening. She still relies on her blanket for comfort as she did when she was a child.



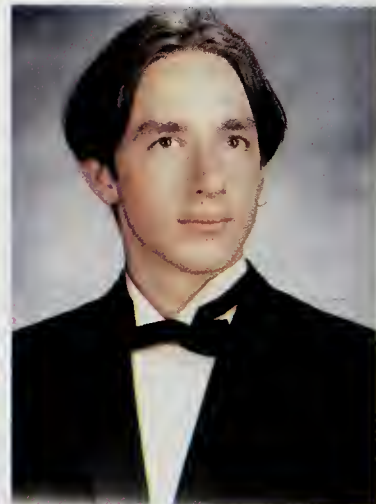
Mark Perry  
Matthew Petrus  
Staci Pettus  
Dirie Phillips  
Nathan Piazza  
Michael Pieloch  
Belen Pifel  
Annisa Pinder  
Joseph Pittman



Jeremy Place  
Louise Pletka  
Tina Poe  
Cloretta Pointer  
Scott Poirier  
Stacy Poling  
Kelly Popp  
James Pratscher  
Keri Pratscher



Regina Price  
Shaune Proctor  
Douglas Quinn  
Kristin Quinn  
Heather Quint  
Rebecca Radcliffe  
Scott Raffensperger  
Sumbal Rafiq  
Brian Rand





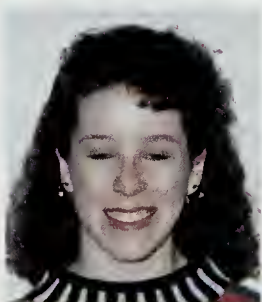


## Hidden Truths



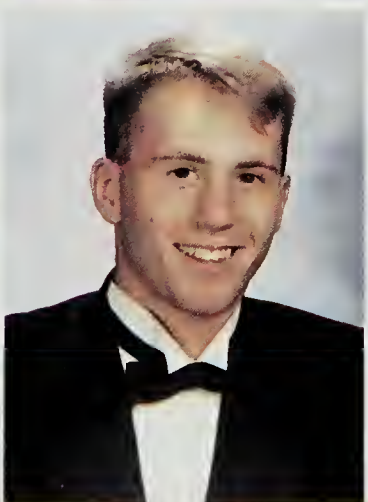
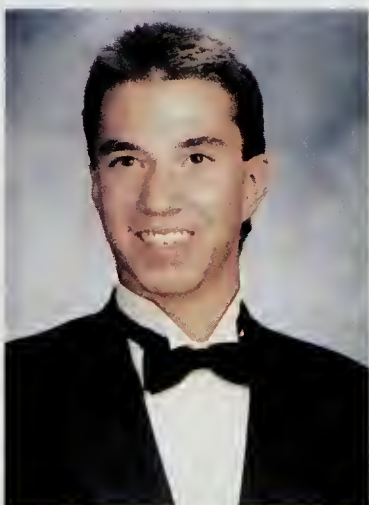
"My old habit is that I still sleep with my teddy bear. I sleep more comfortably with it beside me."

Senior Liz Donahue



"An old habit I still have is that I still wait until the last minute to do everything."

Senior Nancy Clark





Michelle Randolph  
Nathan Rayburn  
Justin Raynor  
Jamie Redfield  
David Reid  
Warren Reid



Kristie Reinhart  
Catherine Reynolds  
Stephanie Ricciuti  
Chad Richardson  
Joseph Richardson  
Kathleen Richardson



Robert Riebe  
Christine Riser  
David Ritchie  
Troy Robb  
Beth Robins  
Shelly Robinson



Tyrone Robinson  
Raphael Roman  
Lee Ross  
Todd Rothlisberger  
Srabanti Roy  
Christine Royston



Rhonda Rucker  
Alex Ruiz  
Geoffrey Russell  
Shayna Sachs  
Soorena Safaie  
Sandra Sales





# Chosen Ones

## A Step Above



ating in the senior lounge, best seats at a pep rally, parking stickers. What else did the seniors have? They had it all. Matt Cowan, one of 643 seniors, said, "I like the senior lounge and the idea of getting out of school early on Fridays if we wear our senior t-shirts."

Why did seniors get privileges? "Seniors got privileges because we're older and we should leave the school with good memories," said Ross Peabody.

"Having the best seats at pep rallies was nice," said Melanie Sevon. Seniors also got parking stickers unconditionally, they had their own senior lounge, and they had their own t-shirts. Two addi-

tional privileges were given to seniors. One was that if they wore their t-shirts on Fridays, they got out early. And if they wore the t-shirts on pep rally days, they went to the pep rally early.

It might seem like seniors had it all, but it took four years to get it.

ating A lunch in the senior lounge, Allison Irick, Melody Dunn, Melissa Williams, and Orlando Perez discuss the new senior t-shirt design.



### Hidden Truths



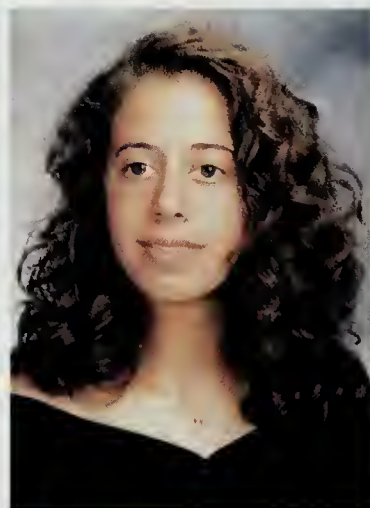
"Seniors deserve as many privileges as possible after four years of high school."

Senior Katie Graham

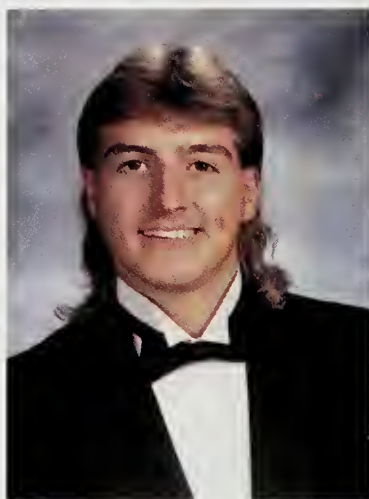
Senior Privileges



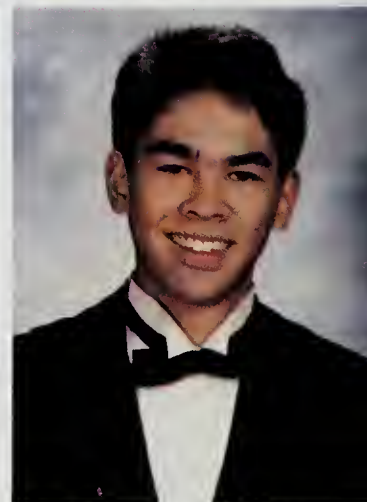
Jose Salinas  
Michele Samuels  
Moraima Santiago  
Raymond Sasmita  
Kathryn Saykhamphone  
Richard J. Scanlan  
Andrea Scherer  
Eric Schildwachter  
Mark Schildwachter



Daniel Schiro  
Matthew Schneider  
Jason Schuller  
Stephan Scott  
Joe Secrist  
Jeanette Seese  
Neil Seitz  
Melanie Sevon  
Cheryl Shannon



Jodie Shoop  
Kathy Short  
David Showers  
Anthony G. Signore  
David Simpson  
Shaun Simpson  
Tracy Sinkovic  
Souryachan Sisouvong  
Christopher Slusser



# Men's Night Out

The  
Things  
Guys  
Do!

asketball, baseball, tennis, football, and hockey. Was that all that guys did when it was their time to bond? Senior Alex Ruiz said, "I watch sports on T.V. with the fellas on guys' night out."

This was not all that guys did. "Some people got together and talked about their problems and frustrations," said senior Rob Laver.

Believe it or not, guys did talk about their problems, just not as openly as girls.

Senior Jason Monastra said, "When I get together with my friends, we play practical jokes on people."

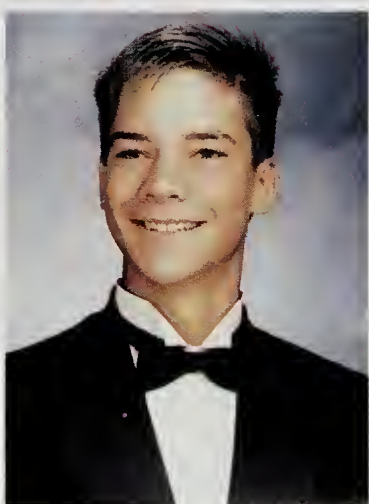
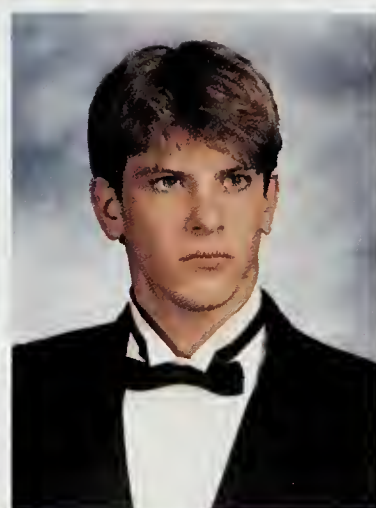
There were a lot of different ways guys spent their time with other guys when it was male bonding night. There was no telling

what guys did when girls were not around.

eniors Darin Council, Mike Kiely, Jamie Fullinwider, Aaron Deadman, and Mark Kuhn relax after a long game of football. Guys often got together to play football in their spare time.







## Hidden Truths



"My friends and I hang out and play soccer or watch football on television on the weekends when there is nothing else better to do."

Senior Kevin Turner



"On guy's night out, the guys and I get together and play our guitars or listen to music. It's a great way to pass the time."

Senior Fred Struckholz



# Drive on . . .

## Chauffeuring

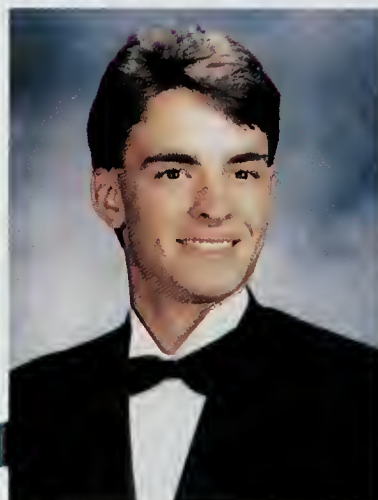
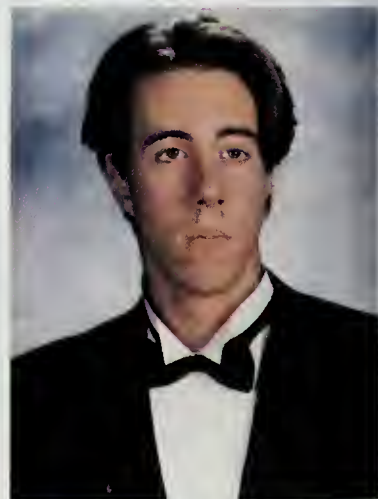
usually drive three people, including my brother's friend Gabe. I don't mind because he lives close by, and I'm not driving all over," said senior Moraima Santiago. Sophomore Gabe Cabellon said, "Moraima saves me a lot of time and energy, I don't have to walk."

There were advantages and disadvantages to chauffeuring. Having to get up earlier in the mornings, not having

friends pay for gas, and the additional time involved were definite disadvantages for most seniors. Senior Tracy Sinkovic said, "Chauffeuring has advantages. It lets you get to know a lot of people and get to know them better."

Chauffeurs usually were chauffeured themselves. Senior Christine Royston said, "It makes up for all the rides I bummed off people as an underclassman. It's pay-back."

he disadvantages of chauffeuring did not keep senior Ryan Bass from driving home senior Brian Rand after a long day at school.



## Hidden Truths

"I think it's a good privilege. I don't have to worry about catching the bus." Senior Teya McMillian





Christian Smith  
Heather Smith  
Kristine Smith  
Heather Snyder  
Jamison Snyder  
Mark Snyder



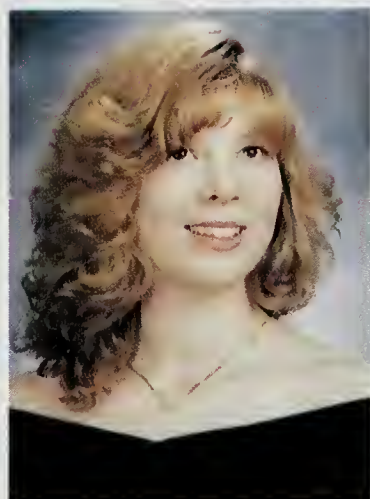
Jose Sosa-Diaz  
Frederick Soto  
Joel Sotomayor  
Ryan Spyker  
Amy Staab  
Wendy Stahl



Inga Steinarsdottir  
Troy Stephens  
William Stevens  
Justin Steverson  
Dennis Stewart  
Todd Stith



Michael Stone  
Frederick Struckholz  
Brian Sullivan  
Danielle Sutton  
Jennifer Sutton  
Kelly Swan



Mark Swearingen  
Janelle Sweeney  
Kellie Sweeney  
Mara Sweet  
Rachel Swithenbank  
Sona Tahmas



# The Great Cash Flow

## Money Goes to Graduation

as it really worth all the money for graduation? The caps, gowns, and announcements? All those things just to graduate!

"I think the amount of money spent is reasonable considering you only graduate once," stated senior Angela Woodcock.

Although it was tradition, was the money spent on graduation

well worth it? "It was worth the money. We could have graduated in jeans, but the ceremony would not have seemed as important as it really is," said senior Sheri Bradley.

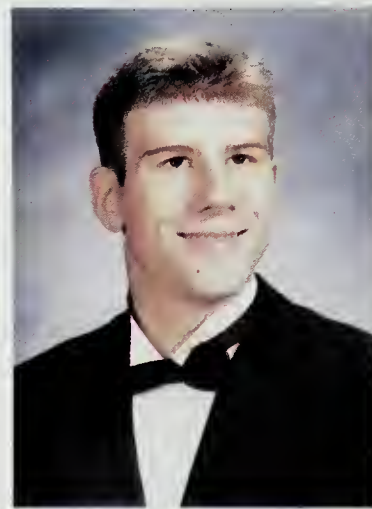
Other seniors thought that the prices were kind of high, as Nicole Duncan did, "There are some things that we have to buy that are overly priced,

but we are only seniors once, and I think it is important to make this graduation special."

eniors Stephanie Mullori and Jennifer Ivaniszek try on caps to get ready for graduation. This is the most fun part of getting ready for the "big event."



Michael Tallman  
Benti Tassew  
Brian Taylor  
Regina Taylor  
Mark Teetz  
Katja Teinila  
Andrew Tergis  
Jermoll Thompson  
John Thorius



Crystal Thurman  
Carla Tierney  
Andy Tinsley  
Amy Trice  
James Trimble  
Michael Trotta  
Shabina Turabi  
Courtney Turnbow  
Kevin Turner



Joshua Turnquist  
Kyle Unger  
Wendy Updyke  
Heidi Urban  
Katherine VanAllen  
Elizabeth Veasey  
Theresa Vick  
Grant Wahlquist  
Katrina Wahus







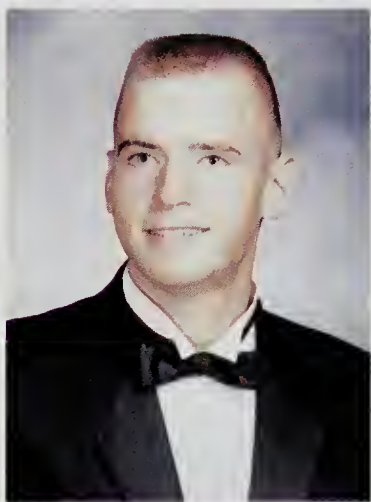
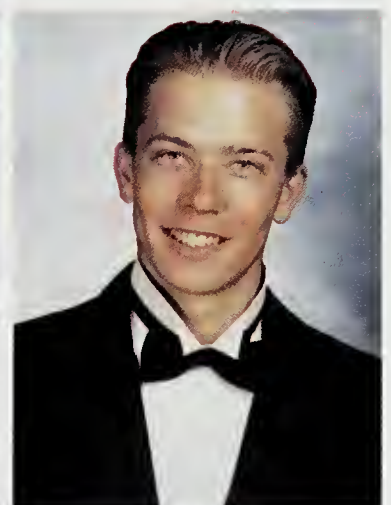
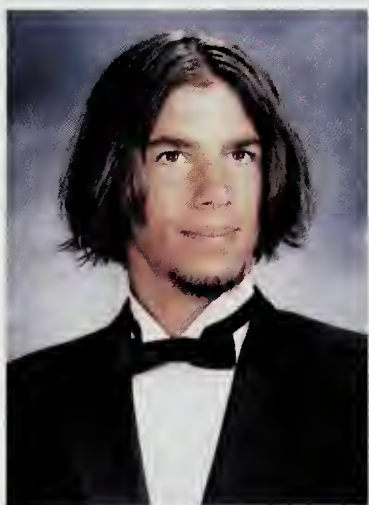
## Hidden Truths



"It was worth the money spent on graduation. If we did not pay money our graduation would not be as nice, the ceremony would look cheap."  
Senior Aaron Deadman



"I do not mind spending money for graduation because after four long years of school it is definitely worth it."  
Senior Amy Bragaw

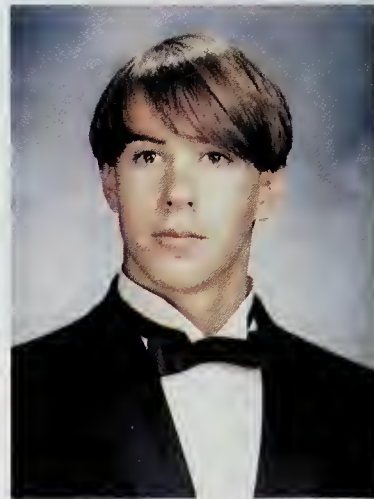
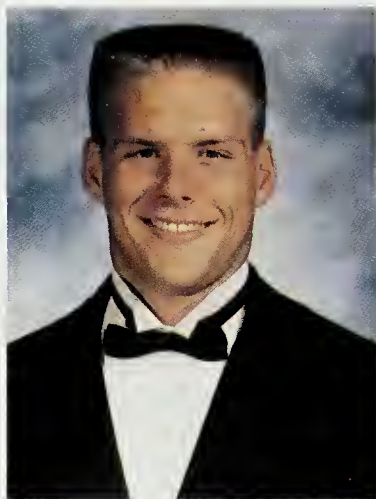




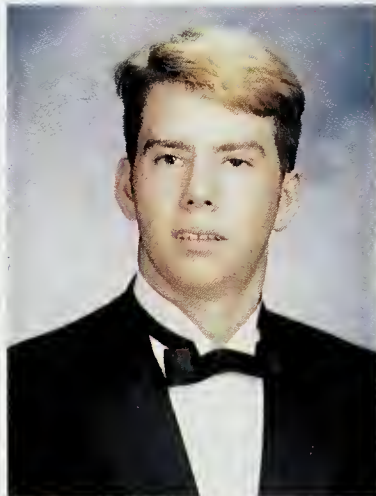
Reisha Walding  
 Jeffrey Walters  
 Rachel Ward  
 Thomas Watson  
 William A. Watson  
 Jennifer Watts



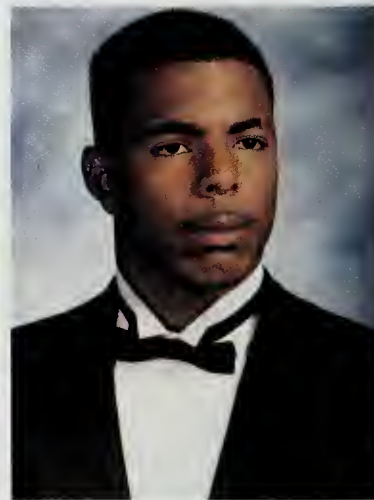
Jason Way  
 Brian Wells  
 Shane Wheeler  
 Brian White  
 David White  
 Reginald Wilcox



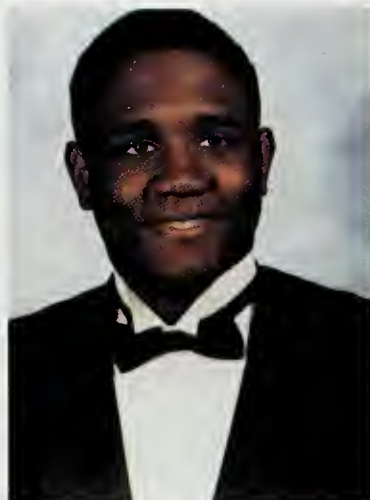
Tyson Wild  
 Timothy Wiley  
 Jessica Wilhelm  
 Heather Wilkerson  
 Melissa Williams  
 Shaaron Williams



Daniel J. Wilshere  
 Benjamin Wilson  
 Heather Wilson  
 John Wilson  
 Keith Wilson  
 Matasha Wilson



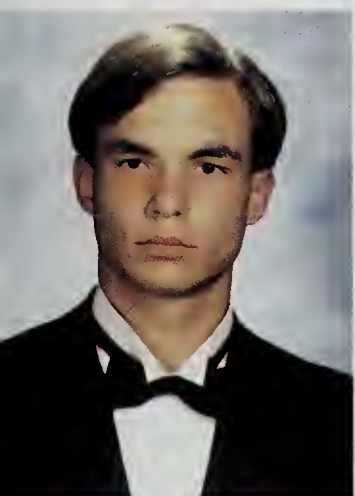
Lauren Wilt  
 Robert Wofford  
 Kevin Woleslagle  
 Nicholas Wong  
 John-Robert Wood  
 Robie Wood





# New Choices

## Changing Tides



each Week represented the epitome of freedom for seniors fresh from the graduation ceremonies. While the majority of seniors traded their caps and gowns for sun glasses and bathing suits, other seniors broke tradition and steered away from the beach.

"For me, the decision was simple. It was either Beach Week or a trip to Disney World. I did not have enough money to go to both. I could always go to the beach later. I chose Disney World," said senior Grant Wahlquist.

"My friends and I are planning to travel from state to state over Beach Week," senior Matasha Wilson said.

Some seniors spent their first week after graduation back at school! "I have to go north that week to my cousin's graduation! Beach Week will be late," said senior Kate Drezek.

Breaking away from the norm created a sense of excitement that was not found by following the others to the shore.

Looking for his trip, senior Grant Wahlquist puts his favorite Disney memorabilia inside his duffle bag. Trips required preparation.



### Hidden Truths



"I am going to move back down to Virginia Beach, so I will always have easy access to the shore."

Senior Lisa Paternite



Angela Woodcock  
Andrea Wooden  
Melody Woodruff



Marilou Wooton  
Anna Zakrzewski  
Erik A. Zambrano



Danielle Zanchetta



# The Pressure's Off

Seniors  
Must Take  
All Final  
Exams

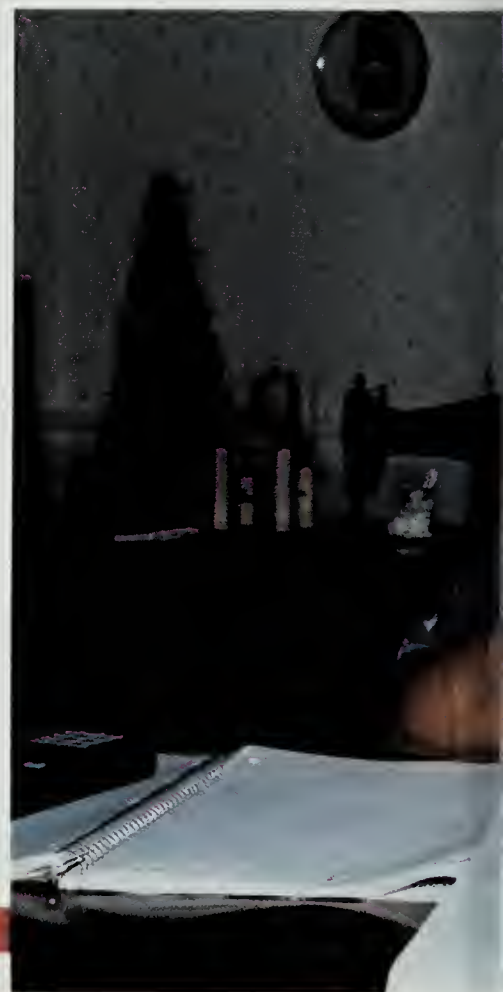
What do you mean even seniors cannot be exempt?" asked senior Vince Lommen when he learned about the new exemption rule. While seniors were getting upset about the rule, senior Mikey Gaisford said, "I never have been exempt on an exam, so I am not upset about it [the rule]." Senior Nancy Clark, exempted in the past,

explained, "The reason I worked so hard was so that I would not have to worry about the finals and now I have no incentive to work for." For the most part, seniors were upset because this rule affected their last year. Senior Michelle Beaven said, "This year I was planning to try harder so when graduation came it was one less thing to

worry about."

The pressure was put on the seniors to study harder in order to get A's on the finals.

Studying hard, senior Jason Monastra crams for Friday's Physics II test. Having five AP classes meant he had to study six extra hours a week so that he was prepared for final exams.







efore senior Brian White starts to study for his math exam, he calls his buddy to get some last minute help before his first period final the next day.

o relieve tension, senior Alison Jaquays bites on her pen while studying at the last minute for the final exam. Seniors were often seen doing many strange tension relievers.



## Hidden Truths



"I did not mind not having exemptions from finals, because I never exempted any of my other exams so the rule had no affect on me."

Senior Rick Agresto



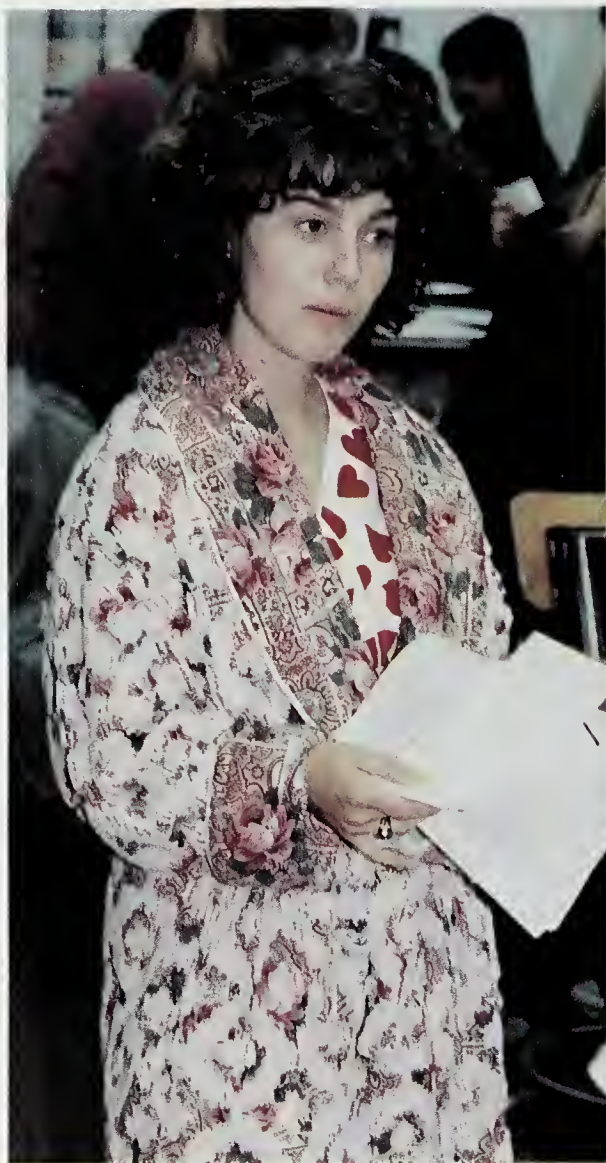
"I thought the new rule was unfair because it was a reward to make straight A's. Now there is nothing to really work for."

Senior Katrina Wahus

No Exemptions



Only one more homework assignment and then I'll be done," sighs senior Amanda Ohle. All dressed up in her pajamas and robe, Amanda is almost ready for her friends to come over for her sleepover.



# For Women Only!

A Night  
Of Special  
Memories  
Shared as  
Friends

Every high school male's dream — a room full of girls in their nightgowns smiling and giggling. With a blanket and pillow in one hand and some food in the other hand, they were all ready for a night of fun and excitement.

Many girls planned a night to be with their friends. Sleepovers were a very popular time to escape from the worries and stress of school. It was a time to forget about guys and focus on friendships. "At sleepovers you don't need to impress anyone," commented senior Amy Staab.

"We danced to *Shag*,

screamed to *Cape Fear*, and cried to *Fried Green Tomatoes*," senior Jenn Sutton stated. The girls watched movies, talked about their latest crushes, ate some delicious snacks, and had a great time.

"We were able to get to know each other better without worrying about the way we looked or acted," said senior Barbara Greyson. "We acted like little girls and still got away with it!" exclaimed senior Heidi Urben. They eagerly waited for these special moments to create lasting memories with friends.







Senior Cheri Shannon talks on the phone as seniors Kelli Hawthorne, Courtney Turnbow, and Sheri Bradley wait for their turns to talk. The phone was an easy way to tell friends about the latest news.



## Hidden Truths

"Sleepovers are a special time to be with friends outside of school and not have to worry about impressing anyone. You can just be yourself!"  
Senior Karie Destadio

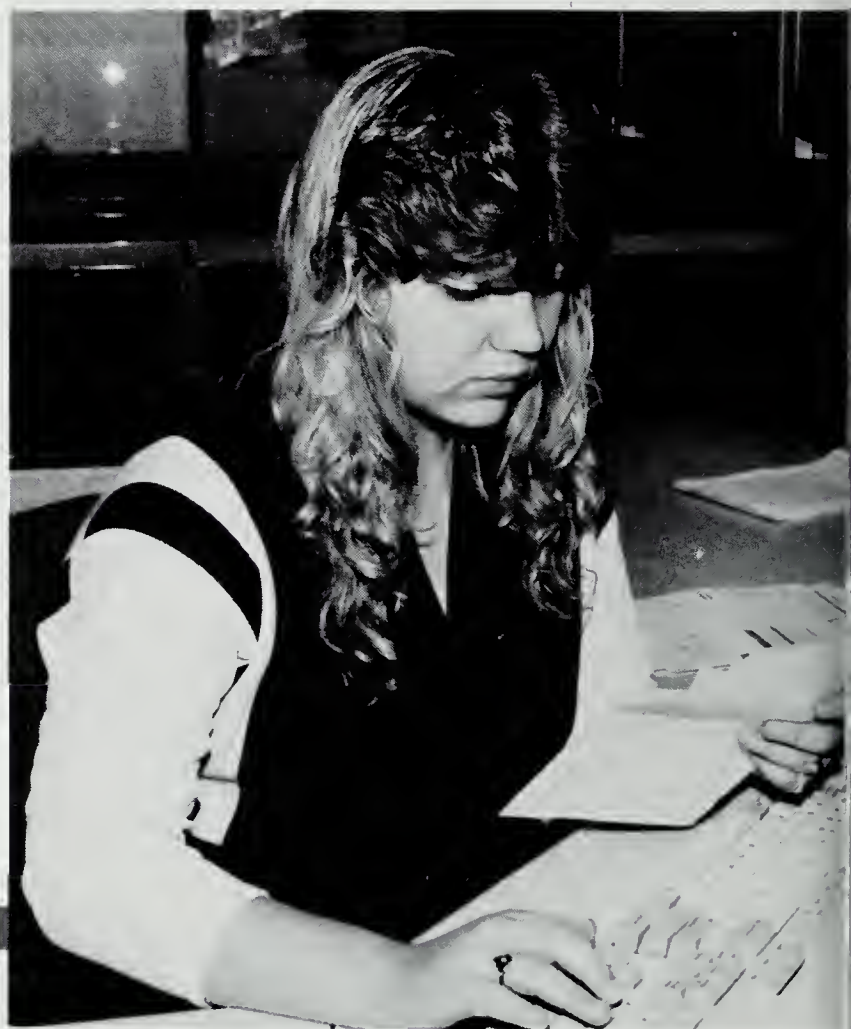


Senior Heather Wilson smiles as she enjoys the movie her friends brought over to watch. Blockbuster Video and Erol's were popular places to rent movies to see at home with friends.

Senior Stephanie Mullori and senior Katie Van Allen relax in their sweats and enjoy a night without boys. Many senior girls made plans to spend a night with their close friends.



Senior Andrew Dittamo works with Mrs. Theresa Davis at Fred Ceepa Incorporated, Accountant. There he not only worked with data entry, but he also began learning accounting.



## Hidden Truths



"Leaving school early on Mondays and Wednesdays to attend an English Composition class at NOVA, I feel, helps me prepare for the real world because it shows me how college is going to be." Senior Stacey Bixler



As senior Farhan Akram changes the oil in one of the cars in auto shop, he begins to understand the workings of a car. Every day something new is learned and students look forward to each day in shop.

After leaving school early, senior Christi Leteff works on the computer at Prince William County Service Authority. Christi was involved in the "Cooperative Office Education" program (COE).





earning skills that will last for a lifetime, senior Patrick Czeck looks on as senior Richie Herald checks the distributor on one of the cars in auto shop.

# Reality Check

Striving  
for  
Survival  
in the  
Real  
World

id you ever wonder what the real world was going to be like? For some, the real world was already here. There were senior students involved in the Vocational Department, the "Industrial Cooperative Training" program (ICT), or the "Cooperative Office Education" program (COE). Most felt that these programs prepared them for life in the real world. Senior Michael-Suzanne Moyer claimed, "I feel COE prepares me for the real world because of the people I am forced to deal with." Senior Troy Fitch expressed that "Auto

helps prepare me for a future in mechanics because of the skills I have acquired."

For some, the real world was already here. Senior Diane Hyle said, "Unlike some of the others in ICT, I work because I have to. I have things like rent and insurance to pay for."

Whether in preparation for the real world, or experiencing it already, the programs provided were a major source of help to seniors who were striving to survive the harsh reality of life in the "real world."



# Busy Bodies

## Seniors Taking Charge

**Jonathan Abelson** Football 1, 2, 3, 4, Orchestra 2, Varsity Club 4, Wrestling 1, 2

**Rick Agresta III** Model UN 2, TV Club 3, 4

**Arshia Ahmadi-Nabi** SCA Rep 1, 4, Executive Council 4, SADD 1, 3, 4, Science Club 2, Leo Club 3, Key Club 4, Pep Club 3, Eddas 3, Teen Counseling 4

**Lilly Alvidrez** Class Officer 4, Secretary, Varsity Choir 1, Viking Chorale 3, Concert Choir 4, Leo Club 2, SADD 2, Key Club 1, 3

**Sarah T. Allen** Varsity Choir 1, Concert Choir 2, 3, 4, Woodbridge Singers 3, 4, Key Club 2, 3, Spanish Honor Society 2, 3, 4, NHS 4, Teen Counseling 3, 4, Young Republicans 4

**Marie Ambragia** Marching Band 1, 2, 3, 4, Section Leader, Varsity Band 1, Concert Band 2, Symphonic Band 3, 4, Key Club 3, Science and Ecology Club 4, Historical Society 3, Orchestra 2, 3

**Noelani Apa** Vixettes 2, 3, 4, ambassador, FBIA 2, SADD 2, 3

**Alisan Archer** Key Club 1, 2, 3, President, Gymnastics 2, Crew 1, Candy Striping 2, 3

**Andrew Austin** Concert Choir 2, 3, 4, Woodbridge Singers 2, 3, 4, All-District Choir 2, 3, 4, Drama Club 1, 2, 3, 4, Thespians 1, 2, 3, 4, Choir Council 4, Teen Counseling 4

**Jennifer Azzarano** SADD 1, 2, 3, DECA 2, VICA 3, 4

**Nycale Bacon** Cosmetology 1

**Justin Baird** J.V. Wrestling 1, 2, Varsity Wrestling 3, 4, J.V. Soccer 1, 2, FBIA 3, Norsemen 3, 4, Treasurer

**Geoffrey Baker** Indoor Track

2, 3, 4, Outdoor Track 2, 3, 4, Cross Country 4

**Justin Baker** Fellowship of Christian Athletes 3, 4, Key Club 4

**Craig Baldwin** SCA Representative 1, 3, 4, Cross Country 4, Swim Team 3, 4, FBIA 3

**Mike Ballard** Track 1, Varsity Basketball 4, Cross Country 1

**James Barnett** Symphonic Band 2, 3, Marching Band 1, 2, 3, Model UN 2, 3, Forensics 4, Student Congress 3, 4, Thespians 3, 4, Drama Club 2, 3, 4, Norsemen 3, 4, Historical Society 2, 3, German Club 1, 2, 3, 4

**Daniel F. Barone** Lacrosse 2, 3, 4, Forensics 2, 3, SADD 2, 3, Varsity Club 2, 3, 4, Teen Counselors 4, EDDAS 3, LEO Club 3, Young Republican 4, FBIA 2, Pep Club 3, 4, Student Congress 2, 3

**Ryan Bass** NHS 3, 4, Spanish Honor Society 2, 3, 4, FBIA 4

**Ryan Beavchemin** Yearbook 3, J.V. Soccer 2, Varsity Soccer 3

**Tiffany Berardina** Drama Club 2, 3, 4, Key Club 1, Leo Club 2, FBIA 2, Young Republicans 2, 3

**Heidi Betson** FBIA 3

**Stacey Bixler** Cheerleading 1, Drama Club 2

**Aaron Black** Crew 1, 2, 3, 4

**Carla Blackman** Vixettes 2, Pep Club 1, 2, 3, 4, Varsity Club 3, 4, Drama Club 4, Varsity Orchestra 1, Concert Orchestra 2, Symphonic Orchestra 3, 4

**Daniel W. Boone Jr.** DECA 3, 4, coop 4, Track 1

**Mike Boyd** Marching Band 2, 3, 4, Wrestling 1, 2, Indoor Drumline 3

**Sheri Lynn Bradley** Freshman Cheerleading 1, J.V. Cheerleading 2, Varsity Choir 1, Women's Concert Choir 2, Viking Chorale 3, Concert Choir 4, SCA Representative 1, 2, 3, Senior Class 4, Treasurer, Varsity Girls Soccer 2, Manager, NHS 4, Indoor Track 4, Young Life 1, 2, 3, 4

**Amy Bragaw** Manager Varsity Football 2, 3, 4, Manager of Varsity Basketball 2, 3, Indoor Track 4, Yearbook 4, FHA/HERO 4, President

**Michael Brenner** Varsity Club 2, 3, 4, Indoor Track 2, 3, 4, Captain, Indoor Track 2, 3, 4, Captain, Cross Country 1, 2, 3, 4, Basketball 1, 2, Teen Counseling 3, Newspaper 3, 4, Editor, SADD 2, 3

**Teresa Briel** FHA/HERO 3, 4, Secretary

**Tristion Brisbois** Volleyball 1, 2

**Beth Byrnes** Marching Band 1, 2, 3, 4, Varsity Band 1, Symphonic Band 2, 3, Concert Band 4, Viking Chorale 3, Concert Choir 4, Woodbridge Singers 4, Jazz Band 2, 3, 4, Indoor Percussion 2, 3, 4, Choir Council 4, Cultural Awareness Club 3, All-County Band 2, 3, 4, All-District Band 2, 3, All-County Chorus 3, 4, All-District Chorus 3, 4, Honors Choir 4, All-County Orchestra 3, Brass Quintet 2, 3, South Pacific 2

**Shantell E. Brooks** Varsity Basketball 1, 2, Captain, SCA Representative 2, Track 1, 2, Black History Club 1, 2, 4, FBIA 3, 4

**Amy Brown** Freshman Volleyball 1, Varsity Choir 1, Women's Concert Choir 2, Viking Chorale 3, FBIA 3, Concert Choir 4

**Patrick Brown** Eddas 3, 4, Technical Manager, Marching Band 1, Computer Club 1, 2, 3, 4



**It's raining, it's pouring!" Leadership abounds at the Homecoming game on Halloween Weekend as**

**senior class President Amanda Ohle and SCA President Jason Way brave the inclement weather.**

**Stephen Brysan** Cross Country 1, 2, Indoor Track 1, 2, Volleyball 2, 3, 4, Swim Team 4

**Jamie Buchanan** TV Club 3, 4

**Amy Burchell** Choir 1, 2, 3, 4

**Shannan Buck** FBIA 3

**Adam Calhoun** FBIA 2, 4

**Elizabeth Ann Callender** Cheerleading 1, 2, 3, 4, Captain, NHS 3, 4, FHS 2, 3, 4, Norsemen 3, Crew 1, Yearbook 3, Sales & Index, SIGNET 1, 2, 3, 4, Teen Counseling 3, 4, Youth Salute 3, Young Republicans 4, SADD 3, SCA class rep. 4

**Patrick Cantalupa** Baseball 2, Key Club 3, Tennis 2, SADD 3

**John Carreiro** FBIA 2

**Tommy Casey** Science Club 1, 2, Vice President, Science & Ecology Club 3, 4

**Keith Cassidy** J.V. Baseball 2, Varsity Baseball 2, 3, 4

**Jeremy Causey** TV Club 4

**Ashley Ceci** Crew 1, 2, 3, 4, Cross Country 3, Track 3, NHS 3, 4, Young Republicans 4

**Tauseef Chaudhry** FBIA 1

**John Chairs** Football 1, 2, 3, Basketball 1, Wrestling 2, 3, Track 1

**Chenfield** Student Government 1, 2, 3, Varsity Softball 1, 2, 3, 4, FBIA 1, 3, 4, NHS 4, Ski Club 1, 2, 3

**Kevin Chesley** Thespian Troupe 3, 4, President, Teen Counseling 3, 4, Drama Club 2, 3, 4, T.V. Club 4, Eddas 2, 3, 4

**Brandon Childers** Football 1, 2, 4, Newspaper 4, FBIA 2, Volleyball 2, Norsemen 3, 4

**Matt Clark** V Baseball 2, 3, 4, V Basketball 3, V Football 3, 4, Indoor

Track 4

**Nancy Michele Clark** Cheerleading 1, Choir 3, Vixettes 2, 3, 4, Captain, Teen Counseling 4, SADD 3, FBIA 2, Young Republicans 4, NHS 3, 4

**Michelle Clear** Varsity Band 1, Symphonic Band 2, 3, 4, All County Band 3, 4, District Band 3, 4, Marching Band 1, 2, 3, 4, Section Leader, FBIA 2, Eddas 2, Orchestra 3, 4, Graduation Band 1, 2, 3, 4

**Greg Clifford** German H.S. 2, 3, 4, German Club 3, 4, J.V. Football 2, Marching Band 3, 4, Jazz Band 3, 4, All County Band 2, All District 3, NHS 3, 4, Teen Counseling 4, Pep Band 2, Symphonic Band 3, 4, Computer Club 3, Young Democrats 4

**Darren Clauden** FBIA 2, 3, 4, Baseball 2, 4, Norsemen 3, 4

**Michael Cole** Football 4, Baseball 1, Choir 1, 2,



3, 4

**Heather M. Crow** Drama Club 3, 4 Thespians: 4, FBIA: 3, 4

1, NHS 3, 4, BETA Club 3, 4, Nat'l Spanish HS 3, 4, Men's Volleyball 2, 3; Young Democrats 4

3, 4, All District Band 3, 4

**Christine Destadia** Key Club 3, Science & Ecology Club 3, NHS 3, 4

**Karie Destadia** JV Cheerleading: 1, 2; Student Council Rep: 1, Environmental Club 2, Science & Ecology Club 3, 4, Key Club 3, NHS 3, 4

**Laura Dickey** Vikes: 1, Science & Ecology Club 3, choirperson; Volleyball manager: 2; DECA: 3, 4 officer of promotions

**Matt Dietze** Boys Volleyball 2, 3, NHS 3, 4, BETA Club 3, 4, Art Club: 3; Computer Club: 3

**Marcus Diggs** V Basketball 2, 3, 4, V Football 4, Yearbook 1; JV Baseball 1; V Track 1, 3, Newsletter Staff 1, Freshmen Basketball 1 captain, Freshmen Football 1 captain

**Tracy Dianne** FHA 4

**Elizabeth Danahue** Winter Guard 1; Vikes: 2, 3, 4 captain; BETA Club: 3, 4, NHS: 3, 4 French HS: 3, 4, Signet 3, Teen Counseling 4, SADD: 2, 3, Varsity Club: 3, 4

**Khanie Drammen** EDDAS: 1, FBIA 1, Science & Ecology Club: 1

**Amanda Crowe** Student Gov't 1 Vice-President, Teen Counseling: 3, 4, French Honor Society: 2, 3, 4, FBIA: 2, 3 Vice President, SADD: 1, 2; Executive Council: 3, SCA Representative: 1, 2; Yearbook 3

**Tiffany DeBlaais** Varsity Choir 1, Concert Choir 2, 3, 4 Woodbridge Singers: 3, 4, All County Choir: 3, 4, Choir Council: 4 representative

**Crystal Decawski** Color guard 2, 3, FHA: 2, VICA: 3, 4 secretary

**David A. Deel** Marching Band 1, 2, 3, 4 section leader; Jazz Band 1, 2, 3, 4; Varsity Band: 1; Symphonic Band: 2, 3, 4

**Brian Dees** Swim Club: 2, Key Club: 3

**Jessica DeGrow** Freshmen Volleyball: 1, Indoor Track: 1, 3, Outdoor Track: 1, 2, Cross Country: 3, FBIA 2, SADD: 2

**Jeffrey Robert DeMain** Symphonic Band: 1, 2, Marching Band: 1, 2, Policy Debate: 2, 3, Golf 4, Spanish HS 2, 3, 4, FBIA 2, Teen Counseling 3; Crew 1, 2

**Katherine DeMorse** Varsity Band 1, Concert Band 2, Adv. Band 3, 4, Marching Band 1, 2, 3 section leader, 4 section leader; Indoor Drumline: 3, All County Band 2,

**Melissa I. Crowe** Basketball: 1, 2, Softball: 1; Volleyball: 1, FBIA: 1, 2; Key Club: 3, 4, Teen Counseling: 4, SCA 2, 3, 4, SADD: 2, 3, Norseman: 4

**Melissa Cummings** Chair: 1, 2, 3, 4, Cosmetology: 3, 4, Art I: 2; VICA: 4

**Jennifer Cyphers** Drama: 1, Class Officer 1 Vice President, Beta Club: 3, 4, NHS: 3, 4, French Honor Society: 3, 4, Teen Counseling: 4, Class Officer: 3 Secretary; Newspaper: 4 Feature Editor

**Michael Daraband** Wrestling 1, 2, 3; O.W.I. V.F.D. 1, 2, 3, 4

**Kenyatta Davis** FBIA 1

**Michelle Yvonne Davis** Cultural Awareness Club: 2, treasurer, TSA: 3 Vice President, 4 treasurer, NHS: 3, 4, Latin Club 1, 2, 3

**Aaron Deadman** JV Soccer

**Jessica Callins** J.V. Softball: 1 Manager; SADD: 1; FBIA 2, 4, NHS 3, 4, Beta Club: 3, 4, J.V. Basketball 2; Academic Mentor: 4

**Heather Conti** Crew: 1, 2, 3, Debate: 2, SADD: 3, 4, Key Club: 3, Varsity Club 4

**Shannon C. Cauch** Vikes: 1, 2, 3, 4 Captain; NHS: 3, 4, German H.S. 2, 3, 4; German Club: 1, 2, 3, 4, Drama Club: 1; Varsity Club: 3; Teen Counseling 4

**Erik Caullourne** FBIA: 3; NHS: 3, 4; J.V. Baseball: 1

**Matthew Caulan** German Club: 3, 4, Drama Club: 2, 3, 4, Thespians: 4; Teen Counseling 4, Edas: 4, T.V. Club: 4; SCA Rep.: 4

**Andy Craig** Woodbridge Singers: 3, 4, Concert Choir: 2, 3, 4, Pep Club: 3

**Jennifer A. Cramer** Vikes: 1, 2, 3, 4 Captain, FBIA 3; Teen Counseling 3, 4, Beta Club: 3, 4, Honor Society: 3, 4

**Andy Crater** Golf 2, FBIA 1

**Chautel Crass** FBIA: 1



ey you wascally wabbit!" Senior class treasurer Sheri Bradley shows her class spirit by participating in the Halloween Costume Day during Spirit Week.



hat's the answer to number twelve?" Hitting the books, seniors Andy Crater and Amber Morra found that working

together made the work easier and less monotonous. Many seniors formed study groups to help with A.P. classes.

**Kathryne Drezek** Forensics 2, 3, 4, Crew: 1, 2, 4, NHS: 3, 4, Teen Counseling: 3, 4, NCTE: 3, Girl's State: 3, Governor's School: 3, Yearbook: 3, 4 People Editor, Band 1

**Karmin DuBase** Cheerleading 2, Key Club: 3; FBIA: 3, SADD: 3; Crew: 3, 4, Field Hockey: 3

**Kate Duecy** Crew 1, 3, 4, Field Hockey: 2, 3, 4, Norsemen 3, 4, Yearbook 3

**Melady Dunn** FBIA 3, 4 Secretary, Vice-President, Key Club: 2, 3, Secretary; NHS: 3, 4, Beta Club 4, Science and Ecology 4, Lea Club: 4, Teen Counseling 4, NJHS 1

**Lisa Marie Dunn** Basketball 1, Pep Club 2, 3, Art Club 3, 4, NHS 3, 4, Teen Counseling: 4

**Evie Duvall** Science & Ecology Club 3, 4 Candy Striper 3, 4

**Melissa Eccleston** FBIA 2, 4, Marching Band 2, Saul to Saul 2

**Christopher Elmore** Newspaper 3, 4 Co-Ad Manager, SCA: 4 Historian, Varsity Lacrosse: 3, 4, Young Democrats 4 Vice President, Teen Counseling 3, 4, Varsity Club: 4, Pep Club: 2, Crew 1

**Paula Emerson** Eddas 1, 2 VICA 3, 4

**Cherly Emison** BETA Club: 4

**Tamisha Esannason** Tennis 2, 3, 4, FBIA 3; Varsity Chair 1 Teen Counseling 4 Spanish NHS 2, 3, 4

**Dave Evans** Science Club 2

**Susan Falkenthal** Girls Track 1, Girls Volleyball 1, Sign Language Club 1, NHS 3, Key Club 4

**Mohammad Farhan** Freshman Football 1

**Michael Fink** Football 3, 4



Brian Flanagan Beta 3, 4  
NHS 3, 4 French Honor Society 3 Key Club 2, 3, 4 SADD 2, Academic Team 2, 3, 4, Governor's School 3

Stephanie Flowers Cheerleading 1, 2, 3, 4, Teen Counseling 4, Chorus 2, 3, 4 All County Chorus 4

Michelle Ford Vikesettes 2, 3, 4 Captain, SADD 3, Beta 3, 4, NHS 3, 4, Teen Counselor 4 Jr Class Prom Princess 4

James Foss Baseball 2, FBIA 3, SADD 2

Paul Frazier Varsity Football 3, 4

Vanessa French Debate 3, Drama 3, FBIA 2 Historian Club 3 Historian, Key Club 3, Science and Ecology Club 4, Teen Counseling 3, SCA Exec Council 3, EDDAS 4 Business Manager

Aaron Furman Crew 1, 2

3, 4, Cross Country 4, Computer Club 1, NHS 3, 4

Dalia Gaber DECA 3, FBIA 4

Jerome M. Gagliano NHS 3, 4, Beta 3, 4, Spanish Honor Society 3, 4, Signet 2, Crew 2, 3, 4, Cross Country 4, German Club 3, Track 1, Gymnastics 1, Wrestling 1, Amigos de los Americas 3

Melody Gantt FHA/HERO 3, 4 President

Charity Garrett Drama Club 2, 4, JCL 3, Chorus 2, 3, 4

James Gattis Basketball 1, 2, Soccer 1, 2 Jr Class Exec Council 3, Young Democrats 4, Yearbook 3, 4

Karen J. Gavidia DECA 2, Spanish Honor Society 2, 3, 4, Teen Counselor 4, Mediator 3

Carrie A. Gentile Eddas 2, 3, 4 Editor, Key Club 2, NCTE 3, VHSL Award, poetry 3, JMU summer art 2

Nicole George Marching Band 1, Key Club 4, Leo Club 4, Ecology Club 4, French Honor Society 3, 4, NHS 3, 4, Beta 3, 4

Denise Giampa Eddas 4, Varsity Choir 2, Women's Concert Choir 3, Concert Choir 4, Woodbridge Singers 4

Frank Gilhooly Varsity Club 2, 3, 4, Cross Country 1, 2, 3, 4, Indoor Track 1, 2, 3, 4, Outdoor Track 1, 2, 3, 4

Tracy Gillespie Volleyball 1, VICA 4

Samantha Gilliland Key Club 3, Wrestling 4 Manager

Megan Jo Gethins Eddas 4 Art Editor, Drama 3, 4

Michelle Gillis Soccer 1, 2, Drama 1, 2, Black History Club 1, 2

Rebecca Gillon Orchestra 1, 2

Justin Girtton Art Club 2

Scott Granger Swimming 1, Soccer 1, FBIA 1

Jason Gregory Marching Band 2, 3, 4, Crew 1, 2; SADD 1, All District 3, 4, All County 1

Barbara Greyson Crew/Varsity 1, 2, Track 1, 3, 4, Gymnastics 2, FBIA 1, Forensics 2, Science Club 4, Teen Counseling 4, Concert Choir 3, 4; Science Fair 1, 3; Career Club 3

Stephen Haines Marching Band 1, 2, 3, 4

Mike Hall Varsity Lacrosse 1, 2, 3, 4 president, Teen Counselor 4, J.V. Football 2

Karsten Halusa Marching Band 1, 2, 3, 4, All County Band 1, 3, 4, District Band 3, 4, Varsity Band 1; Concert Band 2, Symphonic Band 3, 4, Flute Choir 1, 2, 3, 4, Solo-Ensemble 1, 2, 3, 4, Youth Symphony Orchestra 2, 3, 4

Thomas Hamm IASA 3, President; Football 1, 2, 4, SCA 3, 4, GPA 4, Eng-

lish Club 4

Lori Hamrick Eddas 1, Field Colorguard 2, 3, Indoor Colorguard 2, 3

Julie Harris Basketball 1, Swim Team 2, Field Hockey 3, Spanish Honor Society 2, 3, 4, Vice-President, NHS 3, 4, SADD 1, 2, 3, 4, Teen Counseling 3, 4, Chorus 1, 2, 3, 4

Holly Hemmerly FBIA 3, 4, Historian, Treasurer, Science and Ecology Club 3, Drama Club 4, EDDAS 4

Raymond (Hank) Henry J.V. Soccer 1, Varsity Soccer 2, 3, 4, FBIA 2, French Honor Society 3, 4, EDDAS 3, NHS 3, 4

Steve Hetzer Cross Country 2, 3, 4, Captain, Gymnastics Coaching 3, 4, TV Productions 4

Kimberly Hiller Science and Ecology Club 3, 4, Leo Club 4, Key Club 3, EDDAS 4, Nonfiction Editor

Nathan Hissang Crew 1, 2, 3, 4, Cross Country 3, NHS 3, 4, Beta Club 3, 4, Teen Counseling 3, 4, Varsity Club 3, 4, Key Club 3, Nat'l Art Honor Society 4

Michelle Hobson Tennis Team 1, 2, 3, 4, Captain, Science and Ecology Club 3, FBIA 3, 4, French Honor Society 3, 4, NHS 3, 4

Frank Hocog VICA Club 2

Matt Holmes Marching Band 1, 2; Jazz Band 1, 2, 3, Nat Honor Society 1, 2, Spanish Nat'l Honor Society 1, 2, 3

Lisa Humberd FBIA 1, 2, 4; Teen Counseling 3, 4, Mediation 4, SADD 2, 3

Shauna Hotop Volleyball 1, 2; Varsity 3, Crew 1, 2

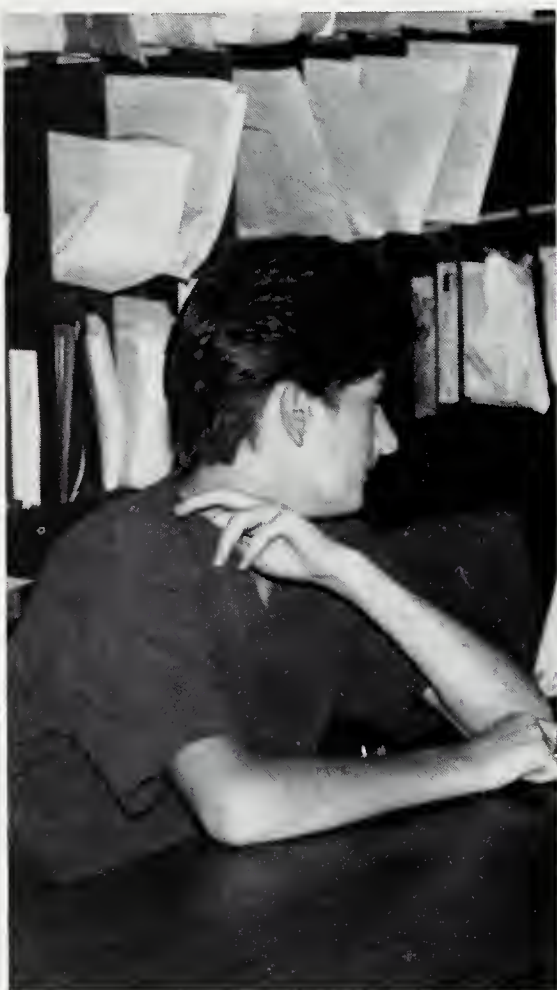
Robert Houser NHS 3, 4, Beta Club 3, 4; Crew 2, 3, 4, Cross Country 3, German Club 2, 3; Math Honor Society 3, 4

Stacy Howard SADD 1; FBIA 4, Key Club 3; Gymnastics 4, Manager

Rochelle Huling Gymnastics 1, 2; Track 1, Volleyball 1, 2, 3, 4



toast . . . " Senior Ashley Ceci raises his cup in appreciation of all the delicious dishes of food at Mrs. Drake's annual Renaissance Dinner.



oday's a good day for a day dream!" Taking a break from her labors on the yearbook staff, senior Marilou Wooton allows her thoughts to wander.

Kristina Huntington Crew 2, 3, 4, Swim Team 2, 3, 4, Teen Counseling 3, 4, NHS 3, 4

Stacy Lee Hylton FHA/HERO 3, Historian, 4, Recording Secretary, SCA Rep. 1

Kristen Ingram Key Club 4, National Honor Society 4, Beta Club 4, Students Against Drunk Driving 4, Future Business Leaders of America 4

Allison Irick FBIA 3, 4 Historian; NHS 3, 4, Beta Club 3, 4, Academic Mentor 4, Shakespeare Troupe 2; Key Club 3, JV Volleyball 1

Jen Ivaniszek Field Hockey 2, 3, 4 Captain; Crew 1, 3; NHS 3, 4, Choir 1, Yearbook 3, 4, Key Club 3

Lisa Izaguirre FHA/HERO 3 Treasurer, Crew 4

Jay E. Johnson Marching Band 1, 2, 3, 4 Section Leader, Symphonic Band 2, 3, 4, Orchestra 1, 2, 3, "South Pacific" 2, Eddas 3, 4, SADD 3, Art Club 3; Science Club 2; Indoor Drumleader 2; Cultural Affairs Club 3, 4

Matt Jolly Marching Band 1, 2, 3, 4

Robert Jolly Crew 1, 2; Key Club 3, 4

Sean Jones Marching Band 1, 2, 3, 4, Varsity Band 1; Concert Band 2, 3; Symphonic Band 4

Melissa Marie Jenkins Marching Band 1, 2, 3; Winter Guard 2, 3; Science/Ecology Club 3; Key Club 3, DECA 3, 4, Model UN 1

Tanya Kam Art Club 4; Vikesettes 1, 2, 3; Orchestra 1, 2, 3, 4

Emily Keator Band 1, 2, 3; Varsity Band 1; Concert Band 2, 3; Soccer 1, 2, 3, 4, Tennis 4, S.A.D.D. 4; Class President 1, F.C.A. 4, Orchestra 3

Randy Keffer VICA 2

Sean B. Kelly Football 1, 2; Lacrosse 3, 4, Art Club 4 President

Sean R. Kelly Swimming 3, 4, Cross Country 1, 2, 3, Crew 3, 4, Track 1

Kristen Ker Latin Club 1, FBIA 3, 4, NHS 3, 4



Festival Orchestra, Symphonic Band 1, 2, 3, 4, Marching Band 1, 2, 3, 4, Drum Major

Alex Kersis Debate 1, FBLA 2, Teen Counseling 3, 4, SCA Rep. 3

Michael Kiely Wrestling 1, Art Club 3, Teen Counselor 4

Jessica L. Kitta Freshman Volleyball: 1, JV Softball 1, 2; DECA 4, SADD 4

Nicole Kofalt Crew 1, 2, 3, 4, Swimming 2, 3, 4, FBLA 2, 3, SADD 2, 3

Stacey Kallada TV Club 3, Art Club 4

Mark Kuhn JV Wrestling 1, Varsity Wrestling 2, 3, Freshman JV Football 2; I.A.S.A. 2, 3, Vice-President

Amanda Lance Varsity Soccer: 1, 2, 3, 4, Basketball: 1, 2, 3, 4, Field Hockey 2; Cross Country 1, Chorus 1, 2, 3, 4; Norsemen 3, 4, Student Government 2, 3; SADD 2, 3; Teen Counselor 4

Grant Lattin California Scholastic Federation 1, 2 Treasurer, J.V. Basketball 1; Varsity Soccer 2 Captain; Varsity Golf 2; NHS 3, 4; Beta Club 3, 4, ASB Representative 2; Sophomore Class President 2

Rob Laver Football 1, 2, 3, 4, Wrestling 2, 3, 4, Track 2

Hee Sun Lee Key Club 2, 3; Leo Club 3; Viking Buddy 2

Susan Lee Orchestra 1, 2, 3, 4, Orchestra Boosters 1, 2, 3, 4 President, NHS 3, 4, Beta Club 3, 4 Secretary, French Honor Society 3, 4 Secretary; Pep Club 3; All County Orchestra 1, 2, 3, 4

Rich Leopold Newspaper 2, 3 staff writer, 4 co-editor-in-chief, Varsity Baseball 3, 4; JV Baseball 1, 2, Teen Counseling 3, 4, German Club 3, 4; Football 1; Track 1, Junior Band 1

Nicole LeRiche Drama Club 3, 4 Treasurer, Thespians 4, FBLA 4

Mike Libby Cross Country 3

Tanya Licata DECA 2

Benjamin Lieb Baseball 1,

2; Soccer 1, 2, 3, Foreign Language Club 2, 3, Science and Ecology Club 3, 4, Student Tutoring 2, 3, Academic Decathlon 3

Matt Lisack Basketball 1, 2, Tennis 1, 2, 3, Band 1, 2, 3, 4, Football 1, 2, 3

Bethany Lockamy FBLA 1, FHA 1

Vincent Lommen Football 3, Volleyball Club 3, Meditation 1; Teen Counseling 1

Sandra London FBLA 2, 3

Amy Beth Lozinak Orchestra 1, 2, 3, 4, Newspaper 3, 4, NHS 3

Michael Lucas Marching Band 1, 2, 3, 4, Symphonic Band 3, 4, Concert Band 2, 3, Varsity Band 1

Henning Lunde Hockey 1, 2, 3, 4, Soccer 1, 2, 3, 4; Wrestling 4, Pupil Council 1, 2; Handball 1, 2

Mark A. Lundgren Crew 1, 2, 3, 4, Mediator 4, Archery 1, 2, 3, 4, Rifle 1, 2, 3, 4, Senior Teaching 4

Jennifer Y. Lyon SCA 2, 3

Greg Maestro Varsity Football 3; Eddas 3

David Mai FBLA 4

Naheeda Malik FBLA 1, Key Club 1

Joel Malinowski Tennis 2; SADD 1, 2, 3

Michael T. Maloney SADD 4; Art Club 4, Science Club 1; FBLA 4

Ryan Maloney Basketball 1, 2, 3, 4; FBLA 3, NHS 3, 4

JoEllen Melissa Marsh Orchestra 1, 2, 3, 4; FBLA 3, Pep Club 3

Andre Martin FBLA 4, Key Club 3 Treasurer; Key Club 3, Track 4; Football 3

Jennifer Kay Martin FBLA 4, Color Guard 2, 3, Indoor Guard 3

Cameron Mays Baseball 1, 2, 3, 4, Basketball 1, 2, 3, 4, Football 4, Latin Club 3, FBLA 2; Norsemen 4, NHS 3, 4, Varsity Club 2, 3, Cultural Affairs 2, 3, DE-

CA 2

Mary Mayzel SAGA 1, Drama 1, SADD 2, 3, 4, Womens Choir 2, Viking Chorale 3, Concert Choir 4

William Charles McAllister Key Club 4, Debate 2, 3; NHS 3, 4

Jennifer McClanahan FBLA 4

Danny McClokey Norsemen 2 vice pres., Football 1, Wrestling 2

Michelle McDonald V Cheerleading 3, 4, captain; Newspaper Staff 4 Style Editor, FBLA 2; DECA 3, 4

Sheila McLaughlen Marching Band 1, 2, 3, 4, Winter Drumline 2, Varsity Band 1, Concert Band 2; Symphonic Band 3, 4

Maureen McNamara Varsity Softball 2; JV Basketball 2; Varsity Volleyball 2, 3, 4 Captain, Varsity Club 3, 4, JV Volleyball 1; JV Softball 1, Freshman Class Secretary

Ray Melendez Basketball 1, Concert Choir 4

Matthew Middleton FCA 1, Sophomore Class President, NHS 3, 4; Beta Club 3, 4, Basketball 1, 2; HOBY 2, French Honor Society 2; Governors School 3, Youth Salute 3

Jason Miller Concert Band 2, 3, 4, Varsity Band 1

Joshua Mitchell Wrestling 1, 2, 3; Norsemen 4, VICA 2

Kristie Mitchell Newspaper 2, 4 Co-Editor, Latin Club 2, 3; Varsity Band 1; Beta Club 3, 4; Forensics 2, 3, NHS 3, 4

Craig Milligan Marching Band 1, 2, 3, 4, Winter Drumline 2, 3, Captain, Varsity Band 1; Symphonic Band 2, 3, 4, Young Democrats 4, President, Teen Counseling 4, Jazz Band 4

Jason Monastra Basketball 1, 2; Football 3, 4, Track 3, 4; Wrestling 3, 4, Varsity Club 4

Anne Mooney Volleyball 2, Basketball 1, 2, Softball 1, 2; DECA 4, SADD 4



Passing on his wisdom to the "next generation", senior Freddie Soto talks to freshmen Steve Jones over C.D.'s and tapes at Square

Circle in Potomac Mills Mall. Relaxing on the weekends for most seniors meant forgetting school!

Amber Marra Soccer 1, Tennis 1, 2, FBLA 2

Kat Morris DECA 2, SADD 2; SAGA 1

Letrice Masley FBLA 3, 4, COE 4

Stephanie Mullari LEO 2, 3, Yearbook 4 Student Life Editor; Teen Counseling 3, 4

John Mustachio Choir 1, 2, 3, 4, Soccer 1, 2; SADD 3, FBLA 3, Teen Counseling 4, Senior

Don Myers Football 1; Crew 1, 2; Key Club 3, 4, SADD 4

Laris Nartey FBLA 4

Thevarith Navamal FBLA 2 Parliamentarian, Career Club 1; Young Democrats 1, SADD 1

Jennifer Nelson Track — Outdoor 1, 3, 4, Track — Indoor 4, Cross Country 4; Yearbook 1, Alpine Club 1, Science Club 3; Literary Magazine 1, Young Republicans 4, Computer Club 3, NHS 2, 3, 4, Beta Club 4

Kara Nelson Key Club 3, 4, Drama Club 2, Swimming 2, 3, 4, Crew 1, 2, 3, 4, Teen Counseling 4

Emily Newcomb Crew 2, 3

Trevor J. Newsham Crew 4

Erik Nowak Nat'l Art Honor Society 3, 4, EDDAS 4

Nancy Nurthen Modern Lang. Club 1, 2; Spanish Honor Society 2, 3, 4, Spanish Club 3, SADD 4, Varsity Soccer 1, 2, Varsity Basketball 1, 2, 3, 4, Varsity Softball 1, 2, 3; Tennis 4, Viking buddy 4

Amanda M. Ohle SADD 1, Key Club 3, Aloha Committee 2, HSSC 2 Chairperson; SCA Representative 2, 3, Girls State 3, Young Republicans 4, Senior Class 4 President, Yearbook 4 Copy Editor

Chris Osburn Swimteam 2, 3, Marching Band 1, 2, 3, 4, Symphonic Band 2, 3, 4, Jazz Band 4, Young Democrats 4 Treasurer

LaShonda Owens Cultural Affairs 4, Literary Club 4, FBLA 2, SADD 2

Daniel Pack Football 1, 2, 3, 4, VICA 1

Hee Bin Pack Key Club 2, 3, SADD 3, Leo Club 3, 4 Secretary

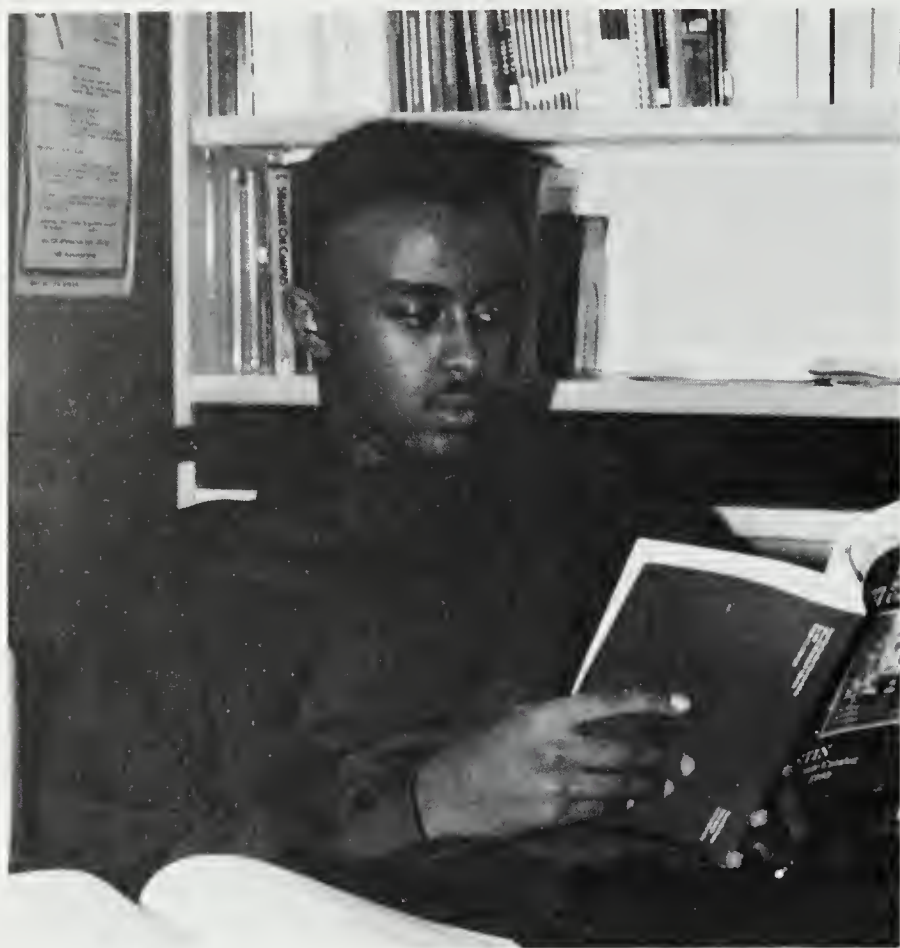
Jenny Park SADD 3, 4 Sergeant at Arms; Key Club 3, TSA 3, 4 Vice President; Debate 3, 4, Leo Club 4, NHS 4

Shane Parker FCA 3, 4 President, VICA 3, 4

Gregory Patterson Outdoor Track 1, 2, 3, 4, Indoor Track 2, 3, 4, Cross Country 4, FBLA 2, 3, 4, BETA 3, 4, NHS 3, 4, French Honor Society 2, 3, 4, National Art Honor Society 4, Art Club 2, 3, 4, Cultural Affairs 4, Gymnastic Manager 3, 4 Varsity Club 4

Ross Peabody Drama Club 2, 3, 4 President Thespians 3, 4, Boy's State 3, Eddas 3, 4 Nat Merit Commended Student 3, Cultural Affairs Club 3, 4





hecking the Career Center for information about college, senior Ben Tassew flips through the North Carolina State University

Course Catalogue. The Career Center was the "Hot Spot" for seniors searching for a college.

Andre Pelletier Football 1, 2, 3, 4 Lacrosse 4 Track 3, 4

Ann Pennell Marching Band 1, Spanish Honor Society 1, 2, 3, 4, Field Hockey 2, 3, NHS 3, 4, BETA 3, 4, EDDAS 3, 4

Orlanda Perez FBIA 2, 3, 4, Ecology Club 4

Mark Perry Varsity Choir 1, Concert Choir 2, 3, 4, Woodbridge Singers 4, FBIA 3, NHS 3, 4

Matt Petrus FBIA 2; SADD 3, 4, Soccer 1, 2, 3, 4, Journalism 3

Dirie Phillips Track 1, 2, 3, Choir 1, 2, 3, 4

Nathan Piazza Marching Band 1, 3, 4 Section Captain, Young Democrats 3, 4, Lincoln Douglas Debate 2, 3, Student Congress 2, 3, 4 Jazz Band 1, 2, 4 Boy's State 3

Belen A. Pifel Drama Club 1, 2, 3, 4 Secretary, Thespian Society 2, 3, 4 Treasurer, Norsemen 3, 4 S.C.A. 4 Secretary, Concert Choir 2,

3, Woodbridge Singers 3, 4

Annisa Pinder Softball 1, 3, COE 4

Jeremy Place Crew 2, FBIA 1, 3, 4, FCA 3, 4 Vice President/President, Concert Choir 3, 4, Woodbridge Singers 4, District Choir 4

Louise Pletka Key Club 4

Scott Pairier Soccer 1, 2, 3, 4

Kelly Suzanne Papp Marching Band 1, 2, 3, 4 Guard Captain, Candy Striping 1, 2, 3, 4, Indoor Winter Guard 1, 2, 3 Captain, All-District Band 3; All-County Band 3; Spanish National Honor Society 1, 2, 3, NHS 3, 4, FBIA 1

Keri Pratscher Volleyball 1, 2, 3, 4, Basketball 1, 2, Softball 1, 2, 3, 4, FBIA 3, Key Club 3, SADD 3

Regina G. Price Crew 2, 3, 4, Field Hockey 3, FBIA 3; Teen Counseling 3, 4, Key Club 4

Shaune Proctor Tennis 1, 2, FHA/HERO 3, Key Club 3, VICA 4

Daug Quinn VICA 3, 4

Kristen Quinn Concert Choir 2, 3, 4 Woodbridge Singers 4, Drama Club 3, 4, Thespians 4, South Pacific 2, Makin It 3, The Birds 3, Dracula Crew 4

Heather Quint Science and Ecology Club 1, 3, 4, SADD 2, Key Club 1, 2; Pep Club 2, Career Club 2

Rebecca L. Radcliffe Swim Team 2, 3, 4, Orchestra 1, 2, 3, 4, Key Club 3; NHS 3, 4

Scott Raffensberger SADD 1, 2

Brian Rand FBIA 2, 3; Leo Club 4, Wrestling 4

Nathan Rayburn Cross Country 1, 2, 3, Track 1, 2, 3, Wrestling 1

Justin Raynar Baseball 1, 2, 3, 4, NHS 3, 4, Beta Club 3, 4, Basketball 1

David W. Reid Crew 1, 2, 3, 4

Kristie Reinhart Marching Band 1, 2, 3, 4, Girls State 3, Beta Club 3, 4, NHS 3, 4, Spanish Honor Society 3, 4, FBIA 3, Teen-Counseling 3, 4, Young Democrats 4, District Band 3, 4, Solo and Ensemble 1, 2, 3, 4, Symphonic Band 2, 3, 4

Cathy Reynolds NHS 2, Tri-M 1, 2 Chorus 1, 2, 3

Stephanie Ricciuti Volleyball 1

Chad Richardson Football 1, Lacrosse 2, 3, 4, Teen-Counseling 4, Pep Club 3, Senior Cheerleading 4, JCL 3

Paul Richardson Baseball 1, FBIA 2

Christine L. Riser Student Govt 1, Treasurer 2, VP 3, Pres 3, SCA 2, 3, 4, Teen-Counseling 3, 4, SADD 3, 4, Symphonic Band 2, 3, Marching Band 1, 2; French Honor Society 3, 4, Prom Court 3, Girls State 3, Prince William Youth Symphony 3

David Ritchie Crew 1, 2, Varsity Club 2

Troy Rabb Baseball 2, 3, 4

Beth Robins Gymnastics 1, DECA 4, Cheerleading 2, 3, 4, SADD 4, Mediator 4

Shelly Robinson Crew 1, Drama 2, Choir 1, 2, 3, 4, Eddas 2, 3

Lee Ross Tennis 2, Golf 1, Debate 4, TV 2; Newspaper 1

Todd Rathlisberger Golf 2, 3, 4, FBIA 2, NHS 3, 4, Math Honor 3, 4, Spanish Honor Society 3, 4

Christine Rayston Beta Club 3, 4, NHS 3, 4, Teen-Counseling 3, 4, Varsity Club 2, 3, 4, secretary; Cross Country 2, 3, 4, Track 1, 2, 3, 4; Japanese Language Academy 3

Rhonda Caryl Rucker Marching Band 1, 2, 3, Crew 1, 2, Viking Volunteers 4, Mediation 4, Science and Ecology Club 4, Science Olympiad 3

Alex Ruiz Football 1, 2, 3, 4, Wrestling 3, 4

Shayna Sachs FBIA 4

Saarena Safaie FBIA 2, SADD 3, 4 Secretary, Key Club 4

Maraima Santiago Cross Country 1, 2, 3, 4 Co-captain, Indoor Track 3, 4, Outdoor Track 3, 4, National Honor Society 3, 4, Beta Club 3, 4, National Honor Society 3, 4, Beta Club 3, 4, National Spanish Honor Society 3, 4, Varsity Club 4, Basketball 1

Raymond Sasmita Band 1, 2, 3, 4 FBIA 3, Ecology 4, Marching Band 1, 2

Kathy Saykhamphone FBIA 2

Richard Scanlan EDDAS 1, 2, 3, Drama 1, 2, 4, Thespian 4

Andrea Scherer Leo 1, 2, 4, FBIA 3, 4, Varsity Band 1, 4, Concert Band 2, 3

Eric Schildwachter Band 1, Sr Cheerleading 4, Wrestling 1

Daniel Schira Basketball 1, Norsemen 3, 4, FBIA 2, 3

Jason Schuller Football 1, 2, 3, 4 Varsity Club 2, 3, 4, Junior Civilians 1, 2

Sheila M. Sebastian Marching Band 1, 2, Varsity Band 1, Concert Band 1, Volleyball 1, SADD 3, 4, Leo Club 4

Jeanette Seese Child Care Occupations 3; FHA 3

Neil Seitz Wrestling 2, Crew 1, 2, 3, 4

Justin Seversen Basketball 1, 2, Football 1, 3, Track 1, 2, 3, 4, Varsity Club 4

Melanie Jean Sevan Signet 1, 3, 4, Drama Club 1; National Honor Society 4, Spanish Honor Society 2, 3, 4, Debate 2, 3, 4, Choir 3, 4, FCA 3, 4, Woodbridge Singers 4, Women's Concert Choir 2

Cheri Shannon Junior Class 3 Treasurer, Senior Class 4 Vice President, SADD 2, 3; Leo Club 2, 3, Varsity Club 2, 3, Vikeettes 1, 2, FBIA 2, 3 Reporter, 4 President, Regional Historian; Who's Who 1, 2, 3

Jadie Shaap Crew 1, 2, 3, 4, Field Hockey 3, 4

Kathy Short Concert Choir 1, Womens Choir 2; Viking Choral Choir 3

David Showers Soccer 1, 2, 4, Varsity Club 3, 4, SADD 3

Anthony Sigyare Baseball 3, Volleyball 4, Cross Country 2; Soccer 1

Dave Simpson FBIA 3

Shawn Simpson Soccer 1, Volleyball 4

Tracy Sinkovic Beta Club 3, 4, National Honor Society 3, 4, Varsity Club 4, Volleyball 1, 2 Co-Captain, 3, 4, Track 3, FBIA 3, All District Choir 2

Chris Slusser Football 1, 2, 3, 4, Wrestling 1, 2, 3, Varsity Club 3, 4

Christian Smith Orchestra 1, 2, 3, 4, Science Club 2

Heather Smith Marching Band 1, 2

Kristine Smith Drama Club 1, 2, 3, 4 Thespians 2, 3, 4 Secretary

Mark Snyder Swimming 2, Lacrosse 2

Jose A. Sasa VICA 3; Auto Mechanics 3, 4, English Club 4

Frederick E. Sata Football 1, 2, 3, Outdoor Track 3, Cross Country 4, Indoor Track 4; Outdoor Track 4, Varsity Club 4

Ryan C. Spyker Band 1, 2, 3, 4, Orchestra 2, 3, 4, T.V. Club 4

Amy Rackwaad Staab Tennis 1, 2, 3, Basketball 1; Crew 1, 2, 3, 4, Swimming 2, 3, 4, Debate 1, 2; NHS 3, 4 President, French Honor Society 2, 3, 4, Beta Club 3, 4, Yearbook 3

Dennis Stewart Band 2, Model U.N. 2; Debate 3; SCA 4 representative; Key Club 4

Todd Stith Football 1, FBIA 4

Brian Sullivan FBIA 2, SADD 2

Jennifer Elizabeth Sutton Basketball 1, 2 captain, 3; National Honor Society 3, 4 Secretary





reen, Gold, Green, Gold!" Senior cheerleader Beth Robins consults her notes before beginning the next set of cheers at a pep rally.

Club 4, NHS 3, 4

2

3, 4, Varsity Club 3

3 4 Beta Club 3 4

**Heidi Ann Urban** Forensics: 1, 2, 3, 4, Drama 1, 2, NHS 3, 4, Beta Club 3, 4, Spanish Honor Society 2, 3, 4, President, Young Republicans 2, 3, 4, President; Student Council 1, 4, Representative, Treasurer, Pep Club 2; Junior Class Exec. Council: 3, Senior Class Exec. Council: 4, Yearbook 4, Asst. Copy Editor, Teen Counseling: 3, Girls State 3, Spanish Governor's School: 3, Youth Salute: 3

**Grant Wahlquist** Drama Club 4, Thespians 4, Woodbridge Singers 4, Concert Choir 4, Boys Track 1, Senior Teaching 4

**Katrina Wahus** Cheerleading 2, 3, 4, French Honor Society 2, 3, 4, Treasurer, President, National Honor Society 3, 4, Secretary, BETA 3, 4, SADD 3, 4, Drama 1, 2; Core Club 2; Yearbook 4, Teen Counseling 4, Young Republicans Club 4, Varsity Choir 1, Choir Council Member, Women's Concert Choir 2; Concert Choir 3, 4, Governor's School 4, Condy Striping 1, 2, 3, 4

**Reisha Wolding** FBIA 1, 2; HOSA 4; Secretary

**Ray Walker** Football 1, VICA 3, 4

**Jerry Wallace** EDDAS 1, 2, 3, 4, Art Club 4, Drama Club 4

**Jeff Walters** Basketball 3; Football 4

**Rachel Melinda Ward** Cross Country: 1, 2, Indoor Track 1, 2; Outdoor Track 1, Drama Club 4, SIGNET 1, 2, 3, 4, Varsity Bond 1

**Tommy Watson** JV Soccer 2, FBIA 2, 3, 4, Young Republicans Club 4, Secretary, WHS 4, Teen Counseling 4, Spanish Honor Society 2, 3, 4

**Jennifer Watts** Key Club 2, 3, Pep Club 3, National Honor Society 3, 4, EDDAS 3, 4, SADD 4

**Jason Way** Football 1, 2, 3, 4, Captain, Outdoor Track 1, 2, 3, 4, Pep Club 1, 2, 3; SCA 1, 2, 3, 4, President, Varsity Club 1, 2, 3, 4, President; Junior Class 3, Vice President, German Club 1, 2, 3; Indoor Track 2, 3, FBIA

**Brian Wells** FBIA 3

**Shane Wheeler** Football 1, 4

**Reggie Wilcox** DECA 4

**Jessico Lynn Wilhelm** Forensics: 2; Science & Ecology Club 3, Newspaper 4, Spanish National Honor Society 3, 4, National Honor Society 4, Art National Honor Society 4, Drama 3, SIGNET 1, 2, 3, 4

**Melissa Williams** FBIA 4

**Shaa'ron Williams II** Cross Country: 1, 3, 4, Basketball 1, Outdoor Track 1, 3, 4, Indoor Track 3, 4, FBIA 1

**Daniel Wilshe** Crew 2, 4

**Ben Wilson** Wrestling 4, Marching Band 1, 3, Varsity Band 1; Concert Band 2, 3, 4

**Heather Leigh Wilson** JV Cheerleading 1, Student Congress 2; Yearbook 3, 4, Editor-In-Chief, Teen Counseling 4, Young Democrats 4

**Matasha Wilson** Indoor Track 4, FBIA 2, 4, Teen Counseling 4

**V. Keith Wilson** Varsity Bond 1, Section Leader, Marching Band 1, 2, 3, 4, Section Leader, Symphonic Band 2, 3, 4, Section Leader, Teen Counseling 3, Mediator 4, SCA 4

**Lauren Wilt** National Art Honor Society 4

**Robert Wofford** Woodbridge Singers 4, Choir Council 4, Drama Club 2

**Nick L. Wong** SCA 4, Vice President, Class Officer 2, Secretary, Norsemen 3, 4, Fire Marshal, JV Wrestling 1, 2, Captain, Varsity Wrestling 3, 4, JV Football 1, 2, Crew 1, 2, Varsity Club 3, 4; Teen Counseling 3, 4, National Honor Society 3, 4, SCA 3

**John-Robert N. Wood** VICA 3, 4, Marching Band 1

**Robie Wood** Varsity Baseball 2, 3, 4, Co-Captain, JV Baseball 1; National Honor Society 3, 4, BETA Club 3, 4, Teen Counselor 4, Newspaper Illustrator 3, 4, Varsity Club 3

**Angela Nancy Woodcock** Varsity Cross Country 1, Varsity Track & Field 1, 2, 3, Varsity Field Hockey 4, BETA Club 3, 4, President, National Honor Society 3, 4, Spanish National Honor Society 3, 4, Governor's School 3, Teen Counseling 4, Concert Choir 2, 3, 4, Woodbridge Singers 4, Orchestra 1; SIGNET 1, 2, 3, 4, Virginia State Honors Choir 4

**Marilou Wooton** Volleyball 1, 2; Volleyball Manager 3, 4, National Honor Society 3, 4, Yearbook 4, Marketing Editor, Teen Counseling 4, Mediator 3

**Katherine VanAllen** Cheerleading 1, 2, Varsity Choir 2, Concert Choir 3, Beta Club 3, 4, NHS 3, 4, Spanish NHS 3, 4, Drama Club 3, 4

**Elizabeth Veasey** EDDAS 4, Fiction Editor, NHS 1

**Theresa S. Vick** Varsity Bond 1, Key Club 3, NHS 3, 4, Spanish Honor Society 2, 3, 4, FBIA 2, 3

**Anna Zakrzewski** Soccer 1, Orchestra Ensemble 1, 2, 3, FBIA 1

**Salvador Zambrano** DECA 2

**Danielle Zanchetta** Drama 3, Swim Classes 1, 2, 3, Art 2, 3, Foreign Language 1, 2, 3

**Mark Swearingen** COE 4, FBIA 3, 4, Ecology Club 3

**Kellie Ann Sweeney** Key Club 2, 3; French Honor Society 2, 3, 4, National Honor Society 3, 4, Beta Club 3, 4, Teen Counseling 4, Young Republicans 4

**Janelle Maxine Marie Sweeney** Marching Band 1, 2; Field Hockey 3, 4, Environmental Committee 1; SADD 3; Crew 3

**Jesse Taylor** VICA 4

**Andy Tergis** Freshmen Football 1, Volleyball 3, JV, Varsity Football 2

**Carla Tierney** FBIA 3, 4, NHS 3, 4

**Tracy Tomlinson** Crew 3

**Amy Trice** Marching Band 1, 2, 3, 4, Symphonic Band 3, 4, All-County Band 1, 3, 4, All-District Band 3, 4, NHS 3, 4, Varsity Softball 1, 2, Pep Band 2

**Jim Trimble** Cross Country 2, 3, 4, Indoor Track 2, 3, 4, Outdoor Track 1, 2, 3, 4, Varsity Club 3, 4

Beta Club 3, 4, NHS 3, 4, Yearbook Male Sports Editor 3, 4, Signet 3, 4, Youth Salute 3, All County Cross Country 4, All Regional Cross Country 4

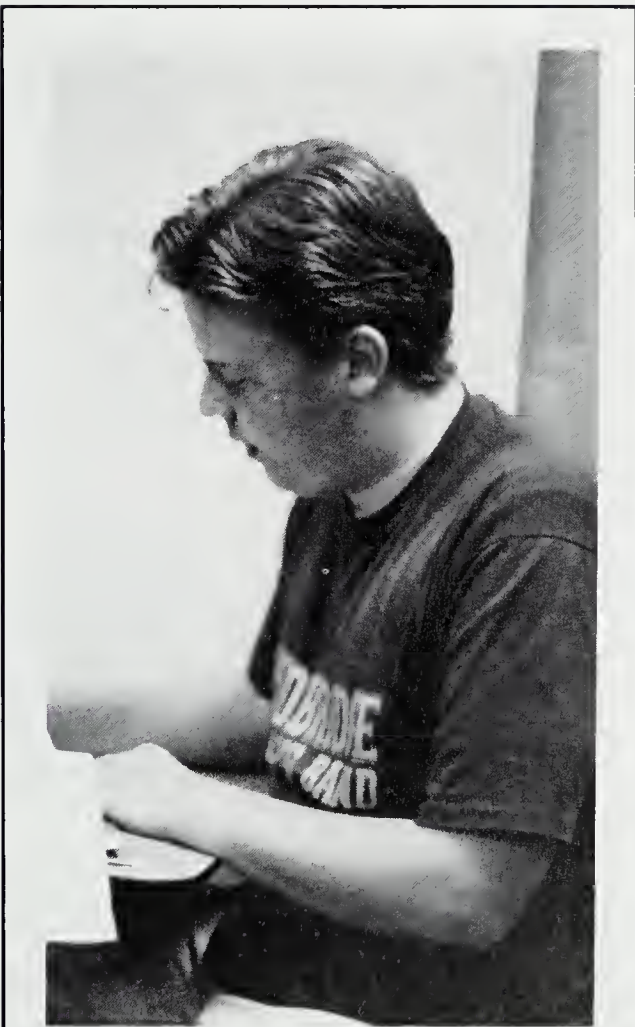
**Shabina Turabi** Debate 1; Latin Honor Society 1, Field Hockey 2, 3; Student Congress 1; Science and Ecology Club 4, SADD 3, Pep Club 2, 3, Teen Counseling 3

**Courtney Lauren Turnbow** Varsity Crew 1, 2, 3, 4, Student Congress 3; Forensics 2; Choir 1, 2, 3, 4, FCA 3, 4; Indoor Track 2

**Kevin Turner** Varsity Soccer 1, 2, 3, 4; FBIA 2; Class Representative 2, JV Soccer 1, Mediation

**John Turnquist** Signet Student Advisory Board 1; Men's Volleyball 3, Signet 4, Young Democrats secretary 1; Turning Points Shelter for Battered Women 2, South Pacific Pit Orchestra 1, 12th Grade Rep, Shelter Pal

**Wendy Updyke** Softball 2, 3, 4, Crew 1, FBIA 3, Key Club 3; Varsity



he cosine of 90 multiplied by the tangent of 180 over sine squared is?" Senior Karsten Halusa finishes his math homework in class so he'll be free after school.



Radney Aomold  
Jon Adkins  
Dakeeh Al-Otoibi  
Larry Alexonder  
Azeem Ali  
Michael Allord  
Stonley Allen  
Tiffany Almand  
Louren Almquist  
Stoci Allomare



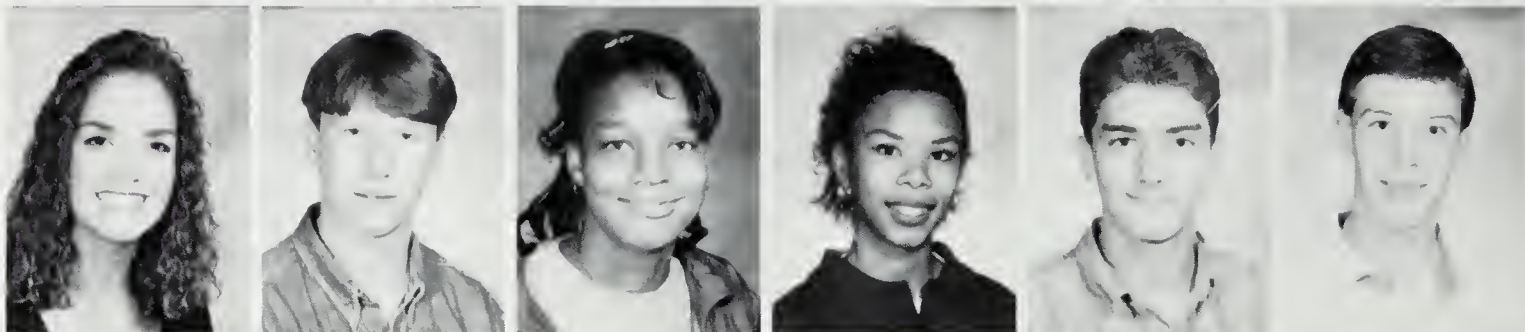
Anousheh Amini  
Lari Anderson  
Mork Anderson  
Lesley Andorful  
Tommy Anthony  
Giselo Aponte  
Matthew Arden  
Julie Arend  
John Arledge  
Jennifer Arnold



Tammy Arnald  
Yosaman Ayati  
Michael Boin  
James Louis Baker II  
Jill Boker  
Micah Boker  
Brad Bonks  
Charles Borchuk  
Fred Barfield  
Vicky Barane



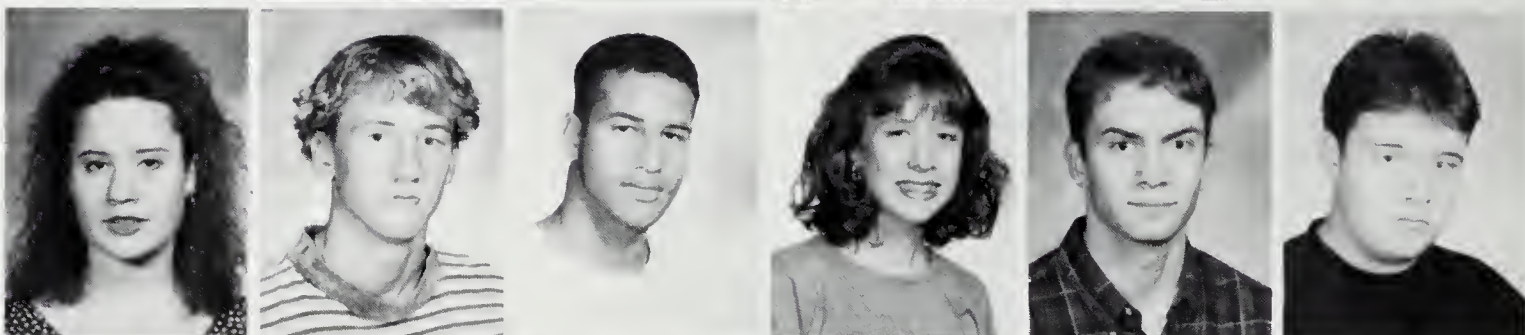
Shonnon Borrett  
Brent Barribeau  
Toni Borton  
Nicale Bates  
Chris Bausermon  
James Beall  
Emily Bearden  
Mott Bedford  
Karlina Beisel  
Jessico Berkebile



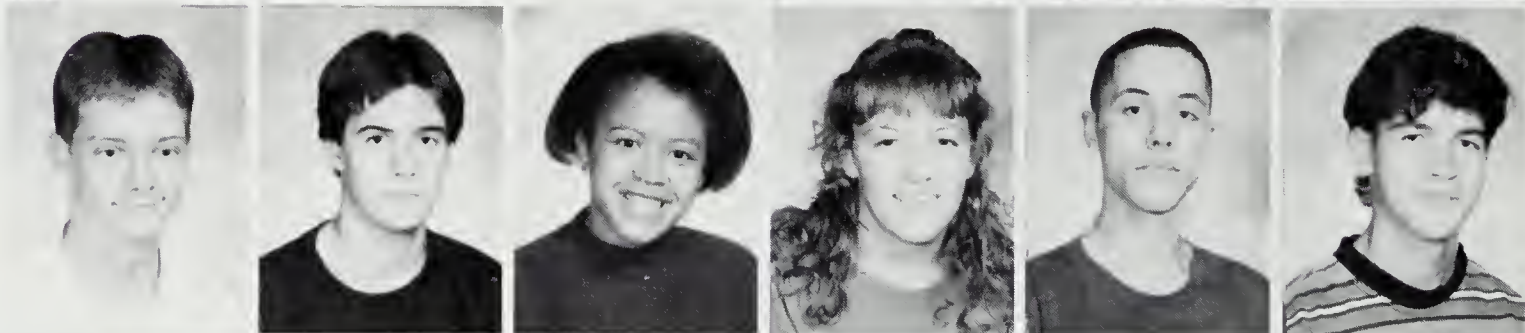
Darien Berkawitz  
Steve Bidwell  
Nicale Billmon  
Carrie Blackburn  
James Blond  
Samantha Bladgett  
Audrey Blak  
Eric Bambick  
John Banich  
Elsy Banillo



Corrie Baaker  
Mike Barecky  
Freddie Barros  
Lauro Bouchord  
Steve Baycaurt  
Travis Boyd  
Coro Brodie  
Chod Brandenburg  
Cyndi Briere  
Jennifer Brittoin



Brondan Brown  
Dustin Brawn  
Shonnon Brawn  
Tennille Brawn  
Pablo Brugueros  
Justin Buchonan  
Mory Buchonon  
Nancy Bullock  
Stuort Burchett  
Lincoln Burke



Cindy Burns  
Jessico Burns  
Steve Calayog  
Alon Compbell  
Yahree Cannon  
Jeffrey Copell  
Lewis Capolupa  
Sig Copalupo  
Brandon Carter  
Teri Corter







# Favorites?

## Teachers' Pets

Brown nosers, kiss ups, teacher's pets . . . These were all names given to the many students who were aides to teachers and administrators instead of having a study hall.

Aides did many things to help out their teachers. "Sometimes I grade papers, call roll and run errands, but most of the time I just sit there and talk to the kids or do my homework," said junior Cara Bradie.

To some teacher's aides their aide period was like having a free period. Junior Kevin Tabor said "I think that being an aide is a little like having a free period, if you have the right teacher. It gives you a chance to do anything you want."

When asked why he de-

cided to be an aide junior Stephen Rossi said, "I was originally in study hall and that was real boring. Being a teacher's aide, I have more fun and still get my homework done. Also, my teacher is funny so I never have a dull seventh period."

Junior Brion Dunlap was asked if he considered himself a teacher's pet for being an aide. "No, I don't consider myself a teacher's pet. Why do you have to be a teacher's pet if all you're doing is giving a helping hand? I wouldn't call myself a teacher's pet if all you're trying to do is be polite, if that makes me a teacher's pet then so be it."



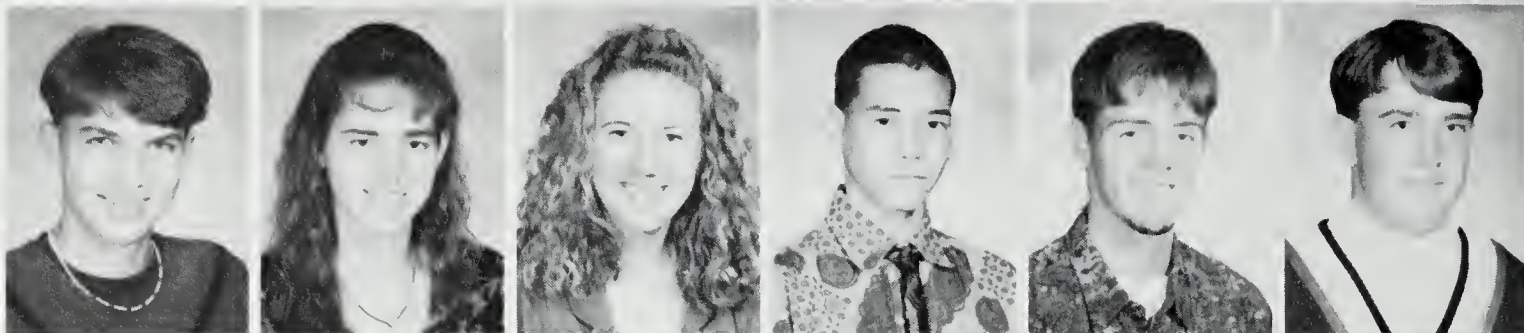
Teacher's aides did many things to help out their teachers. Junior Cara Bradie works to finish grading papers before the end of the period. Teacher's aides often did things such as grade papers, call roll or run errands for their teachers.



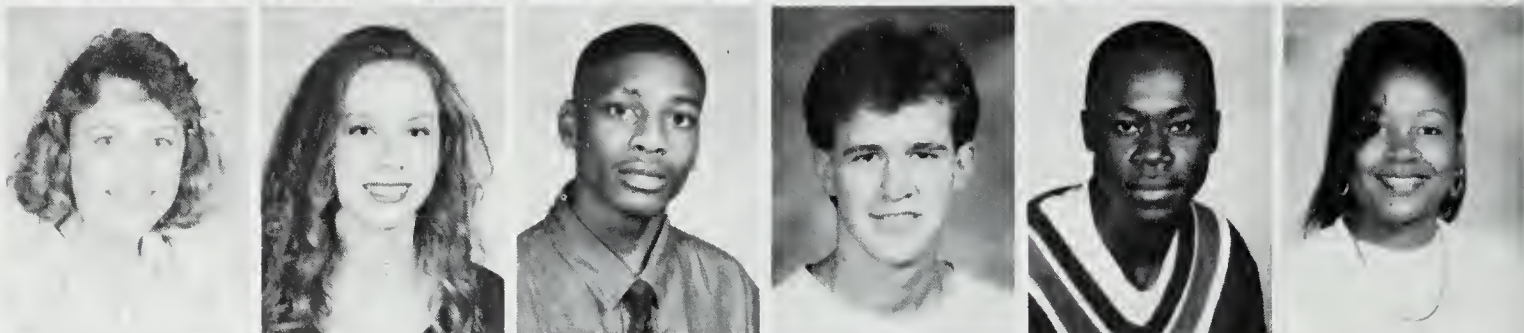
Michelle Casey  
Jassen Ceci  
Theresa Cerra  
Danielle Chalaux  
Jamie Chang  
Jason Chapin  
Tyrane Chisalm  
Elizabeth Chack  
Valerie Christy



Andrew Clark  
Hilary Clark  
Karie Clearwater  
Keith Clement  
David Clayed  
Brian Caffey  
Rachel Collins  
David Cank  
Chris Cannors



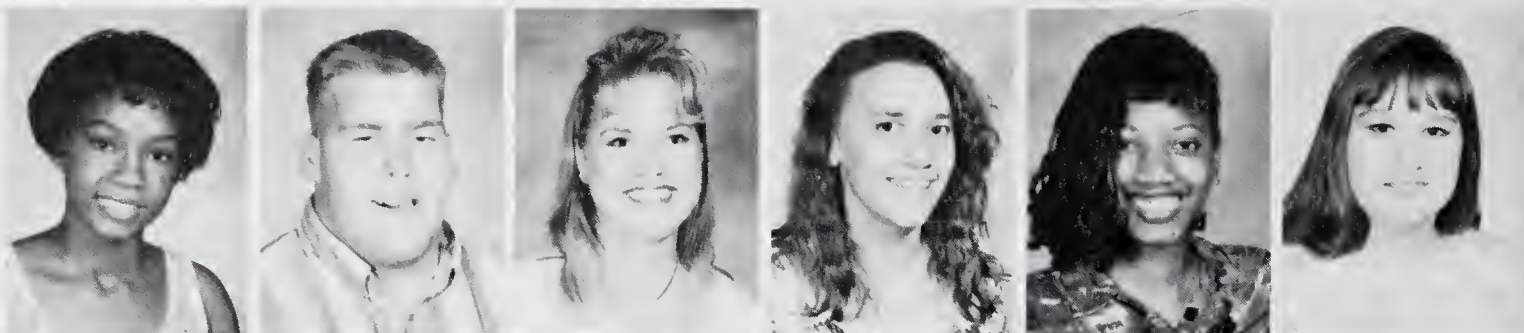
Kelly Cannisan  
Tara Canrad  
Richard Constantine  
Andy Caaper  
Bunting Caaper  
LaTanya Caaper  
Paul Catttan  
Jill Cauleman  
Laura Cowell



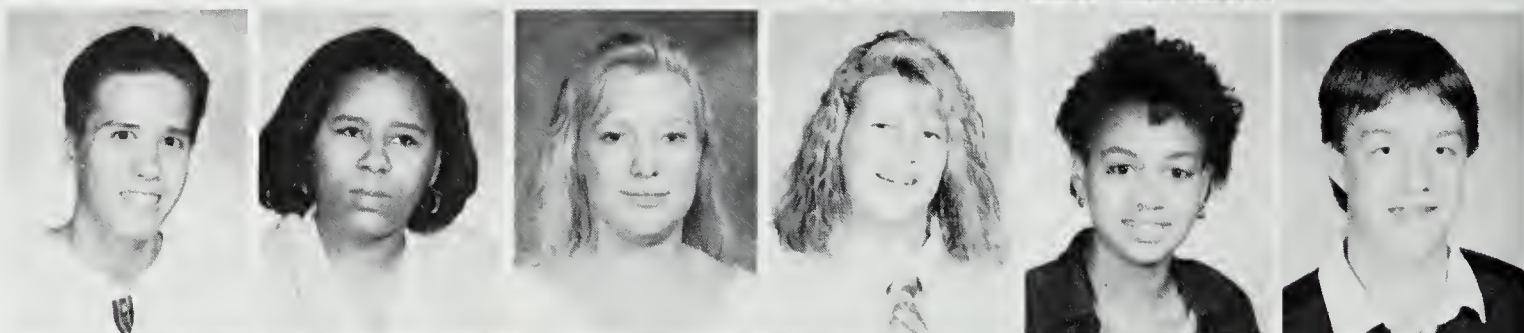
Samantha Cazart  
Timathy Craig  
Paul Crassley  
Candy Culp  
Christy Cunningham  
Philip Cunningham  
David Danieli  
Tracy Daniels  
Kathleen Daraband



Tina Davenport  
James Davis  
Michelle Davis  
Mary Dawes  
Jay Dawson  
Linda Day  
Stephen DeLean  
Pedra Delcid  
Jason Demary



David Devight  
Yvette Diaz  
Amanda Dickenson  
Kris Diehl  
Nael Dillard  
Peter Dittama  
Tikeisha Dix  
Phuang Da  
Rebecca Damigan



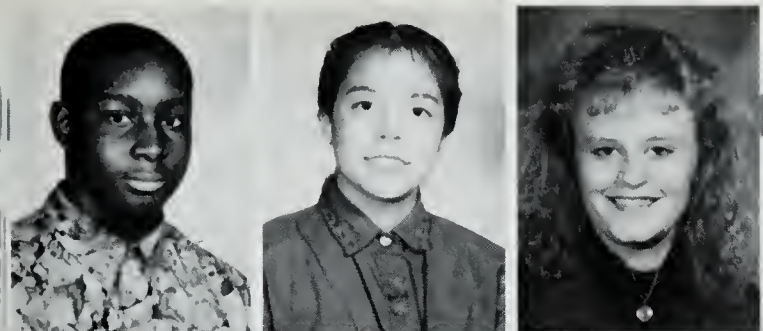
Kellie Daalan  
Kim D'Sauza  
Christine Duckwarth  
Brian Dunlap  
Amirah Cauntee  
Stacy Durden  
Blythe Duttan  
Patrick Dwyer  
Ashley Eades



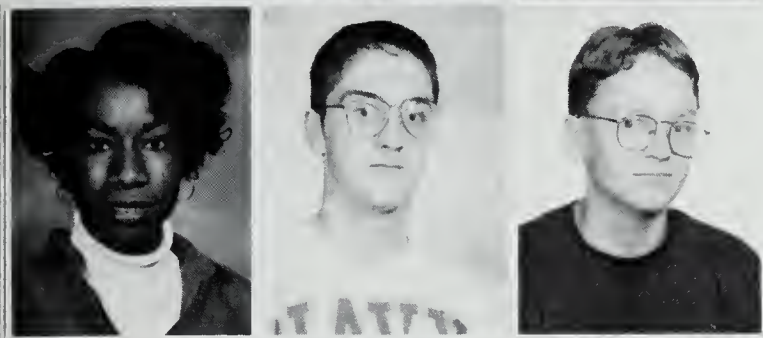
April Edwards  
Luma El-Aker  
Nadia El-Najjar  
Tameka Elder  
Frajille Ellis  
Karen Ellis  
Tarsha Ellis  
Richard Emisan  
Haward Englund







# Paving the Way



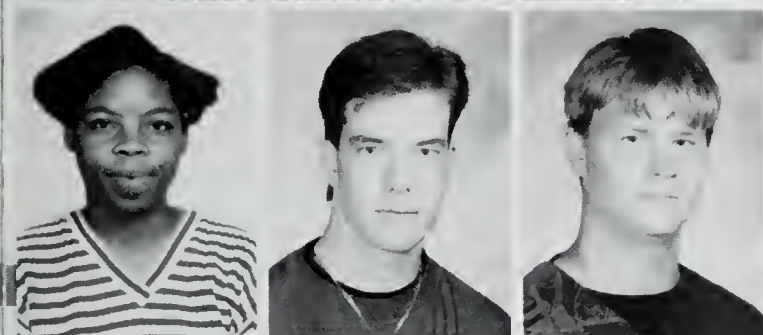
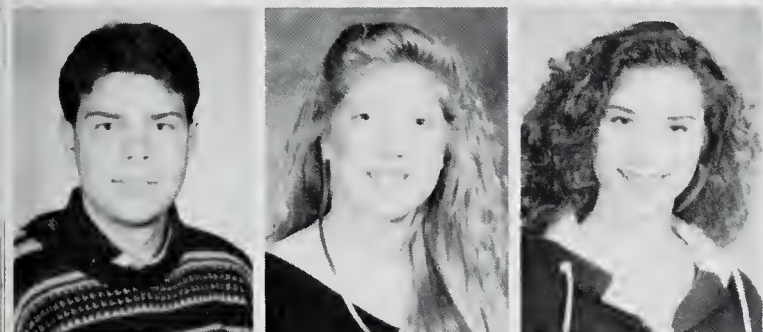
"I never realized how much work and time went into planning this year's activities," said junior class treasurer Tim Leventahl. The officers and executive council worked hard to make everything they did a success.

The class officers spent numerous hours making plans and coming up with new ideas. President Yolanda Simpson, Vice-President Mark Hauser, Secretary Matt Arden, Treasurer Tim Leventahl and Historian Bill Foote realized the importance of what they were expected to do. "We work well together. Everything we wanted to get done, we did and we all played an equal role," said Matt Arden.

This year the junior class involved many more people. The Executive

Council came to all of the class meetings and were included in all of the decisions. On the council were: Cindy Burns, Jamie Chang, Mike Moser, Sarah Nardotti, Mary Ragsdale, Jason Robertson, Andy Stephenson, and Heather Worth. "The council has played an important part by adding new and different ideas to those of the officers," said Andy Stephenson.

"This year we tried to have more organization and meet more often. We made a point of getting everything done on time," stated President Yolanda Simpson. Between Homecoming and Prom the junior class officers and council faced many challenges but made their year a success.



Cindy Burns and Andy Stephenson discuss the different prom decorations with Matt Arden, Tim Leventahl and Mark Hauser. At these meetings many people came to be an active participant in their class. This helped the junior class meet all of their deadlines.

Officers and Executive Council



# Keep Sakes

## Juniors Keep The Memories Alive

From legos to Disney, from cows to slinkies, the junior class had collections of almost everything. Even though some juniors did not realize they collected anything, it seemed like almost everyone had a collection. Junior Steve DeLeon said, "Whenever my family goes on trips I always take the soap from the hotels."

Some students could even remember the first thing they received that started their collection. Junior Leah Severance said, "I got my first teddy-bear in the seventh grade. It was a white bear in a sailor suit. I named him Snoocs."

Favorites ranged from those with sentimental value to firsts. "My favorite

baseball card is my oldest one. It is a Lou Gherig that used to belong to my dad," said junior James Bland.

Junior Ashley Klimkiewicz said, "my favorite pig is the first Miss Piggy doll I got a long time ago."

For some, there were special reasons behind their collections. Junior Jen Reznick said, "Since my birthday is between Valentine's Day and Easter the stores are always full of bunnies so people have always bought them for me."

Collections of bunnies and pigs, became a pastime for some and a hobby for other juniors. Whereas each collection had it's own special reasons, all were of value to it's owner.



Junior Betsy Kenney arranges her collection of dolls from all over the world. Her collection started when her dad brought back dolls from each country he visited. She has 50 dolls that ranged from Europe to Central America to the Orient.







Michael Enas  
Nellamar Enriquez  
Jae Errera  
Karen Esterline  
Heather Fahnestack  
Kelley Farley  
Lataya Farrell  
John Faucette  
Jeff Fedak  
Kelly Finnegan

Angi Finney  
Shannon Fitzsimmons  
Melissa Fleming  
Scott Flickinger  
Tanya Faistner  
Raymond Falks  
Thomas Fang  
Christine Fanseca-Lewis  
Bill Faate  
Stephanie Forest

Michael Fax  
Siman Franca  
Valerie French  
George Friend  
Brian Fuhrman  
Michelle Fujisaki  
Brittany Galbraith  
Hector Galvez  
Matt Garing  
Dave Garn

Marc Genest  
Christa Geragasian  
Joe Gibbs  
Julie Gibsan  
David Gignilliat  
Tammy Gimble  
Vanessa Ganzalez-Lara  
Megan Gattlieb  
Chrishana Graves  
Chris Gray

Elizabeth Gray  
Peter Gray  
Mike Greta  
Rabin Griffin  
Donald Griseta  
David Graves  
Franklin Guerrero Jr.  
Jeff Guerrina  
Paul Gyurcsanszky  
Anthony Hairstan

William Hale  
Charles Hamilton  
Kris Handman  
Chris Harman  
Kenya Harris  
Sheryl Harris  
Brittney Hart  
Ameer Harvey  
Mark Hauser  
Jamie Heffernan

Amy Helberg  
Kristen Heller  
Matt Herzog  
Milan Hewlett  
Brian Hicks  
Jash Hicks  
Jeanne Hilaria  
Scott Hildebrand  
Jessica Hactar  
William Hodge

Yalanda Hedges  
Kelly Hagan  
Sheletha Halden  
Melissa Halawecki  
Travis Hatap  
Shelley Hudgens  
Anthony Hughes  
Mark Hughes  
David Hunter  
Robin Hurtle



# Looking Forward

"You will have a minimum of 30 pages of reading a night and you will have to read three books outside of class." This is what students heard on the first day of their Advanced Placement class.

"I think A.P. History is preparing me for college because of the workload they give us and what they expect from us," said junior Melinda Neer.

"I think it is harder than what I imagined but that is to be expected from an A.P. course," said junior LeeAnn Reaser.

When signing up for an A.P. course, students had different expectations. "I expected it to be harder, but we do read a lot and have fewer assignments which can hurt you if you

don't get good grades on them," said junior Nicole Billman.

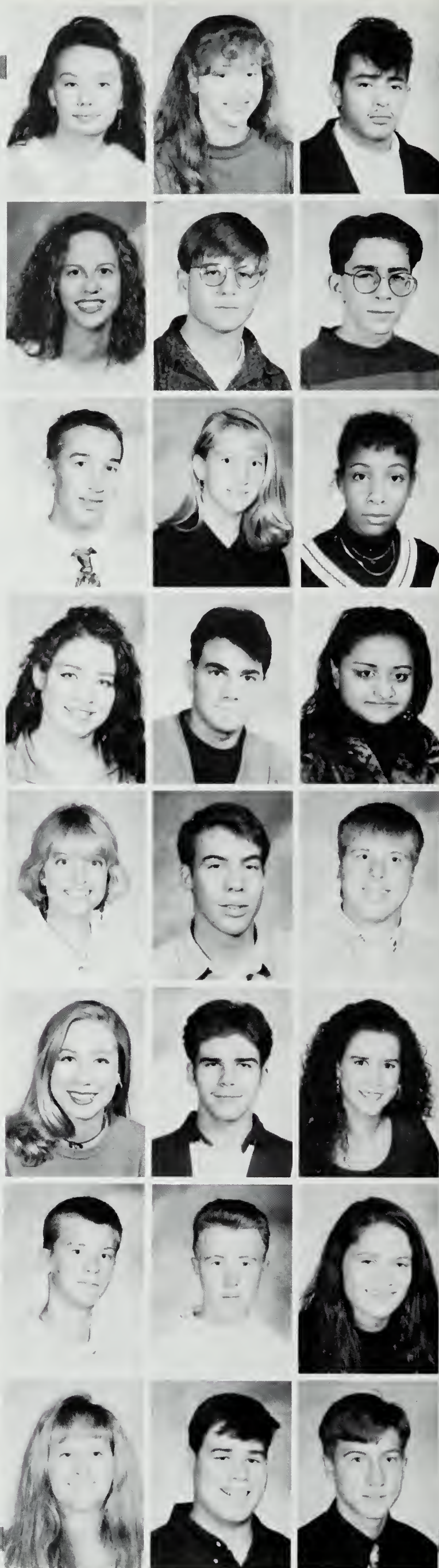
"I don't think an Advanced Placement course and a college course are alike because the teachers in high school remind you all the time of things that are due and even except late work, which I don't think a professor in college will do," said junior Alex Lennon.

"I knew A.P. History would be a challenge when I signed up, but I didn't expect the enormous amount of reading required," said junior Melissa Holowecki.

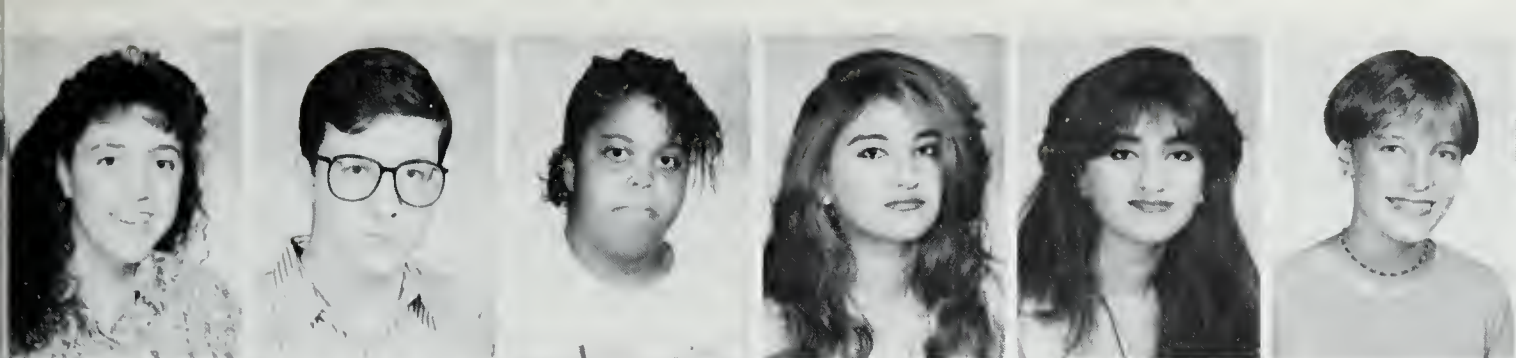
As the year progressed Advanced Placement classes exceeded expectations. Students adjusted to the workload given, and became used to the amount of reading.



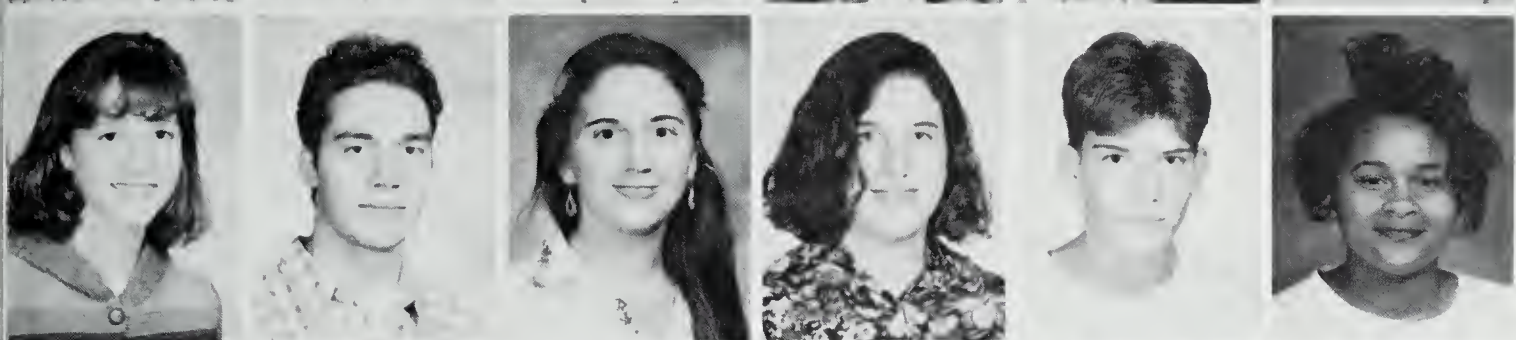
Junior Tina Davenport tries to help explain last night's AP History homework to junior Hilary Clark before the class begins. Juniors took AP classes to help them prepare for college. The workload given often left juniors with homework to be completed in the morning.



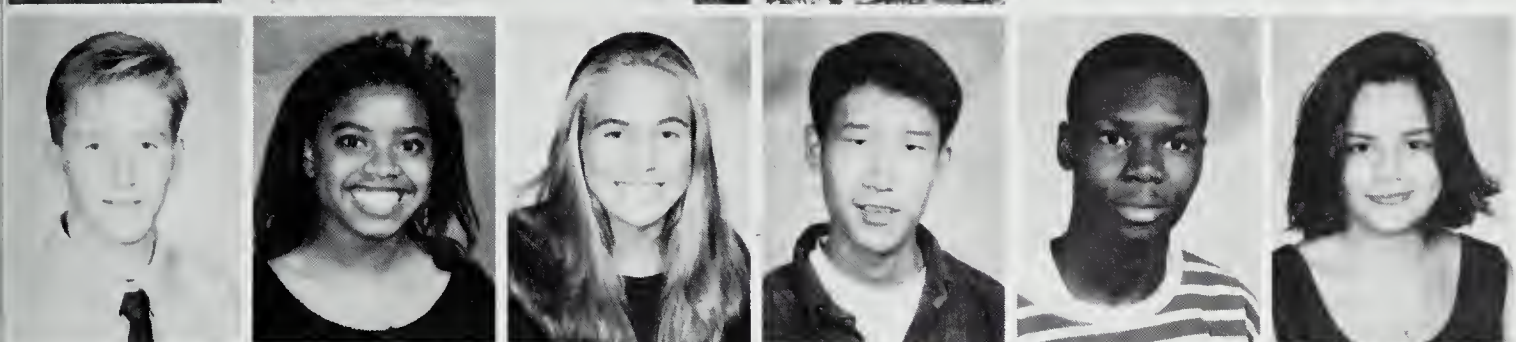




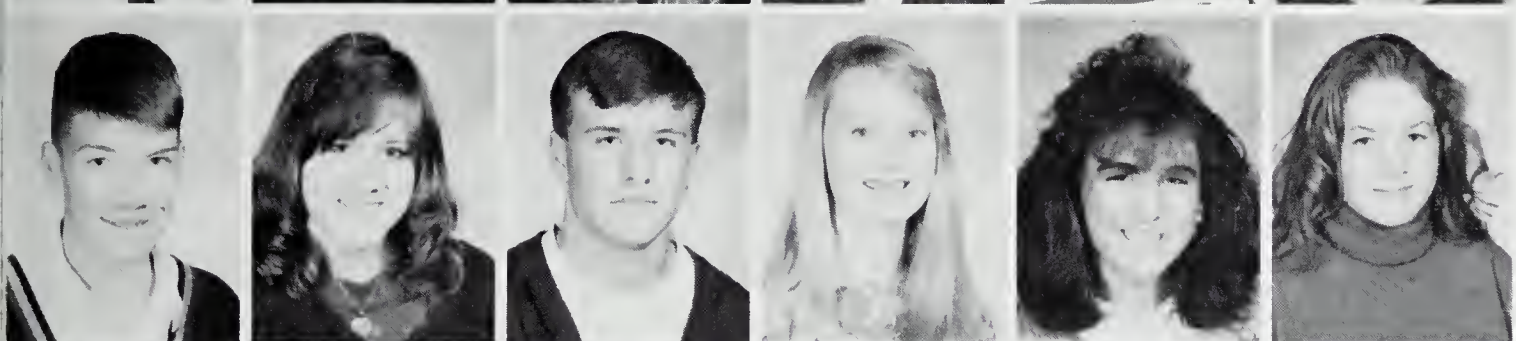
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Amy Izza  
Michael Jackness  
Angela Jackson  
Flecia Jalala  
Samra Jalala  
Jessica Jankowski



Lindy Jankura  
Marc Jahannsen  
Christopher Jahnsan  
Hally Jahnsan  
Kevin Jahnsan  
Marlene Jahnsan  
Mary Jahnsan  
Scott Janely  
Cindy Janes



Dani Janes  
Kim Janes  
Rebecca Janes  
Ryan Janes  
Tiffany Janes  
Elizabeth Jordan  
Pat Junvisetsak  
Geoffrey Kamanda  
Pattie Kans



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Kanwal Kazmi  
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Scott Kennedy  
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Kate Kidder



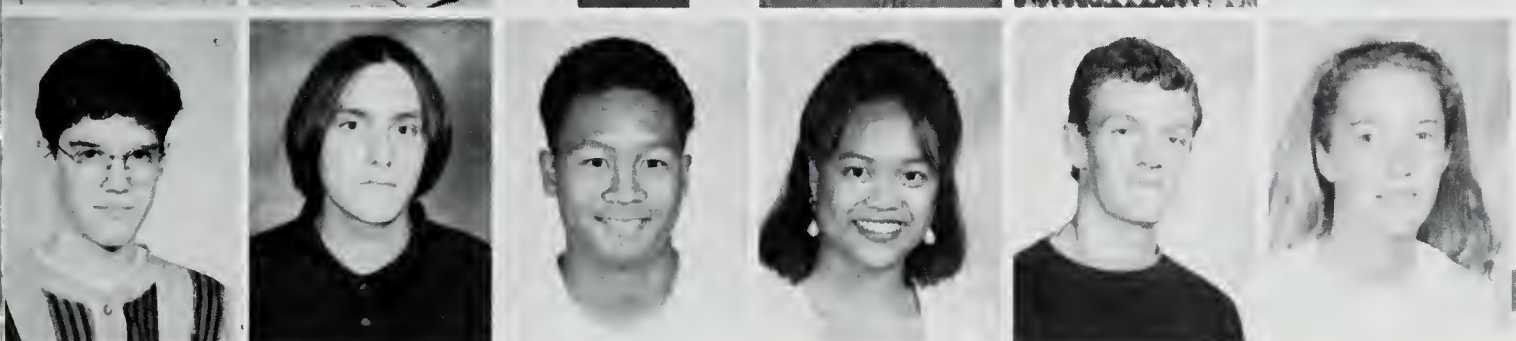
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Chris Kreutzer  
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Adrienne Larsen



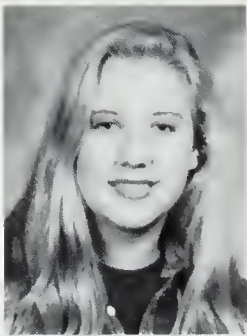
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Daniel Lee  
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Shane Legana  
Jill Lehman  
Pattie Leith



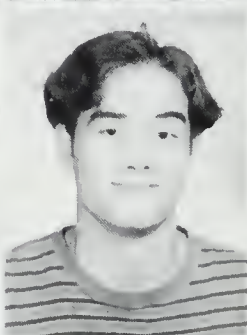
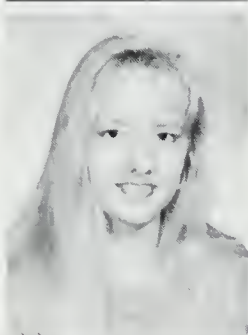
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Brett Lewis  
Michael Lewis  
Shannon Lilley  
Michael Linderman  
Tawni-Jean Linderman  
Chris Lindschau  
Rebecca Lisack



Nick Loodholtes  
Heather Lang  
Niconar Lapez  
Paul Lasier  
Kori Lawery  
Jason Ludwig  
Chris Luley  
Georgio Lundie  
Amie Luseni  
Cormen Lynn



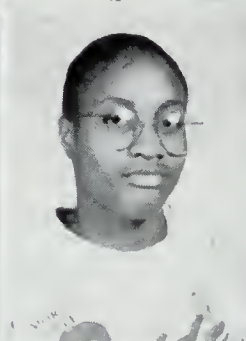
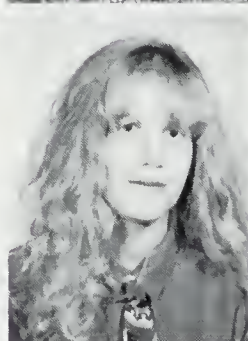
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Alicio Monotod  
Dobeth Manns  
Moureen Maples  
Rob Maples



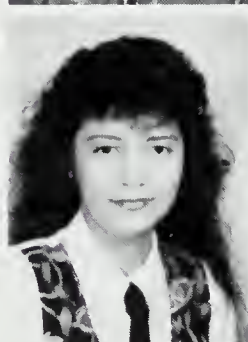
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Meredith Mortin  
Leray Masan  
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Melissa Maxwell  
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Gioncorlo McAllister  
Cyndee McCool



Molly McEwan  
Amy McGorry  
Matthew McKinney  
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Teronce McQuode  
Ashley McVeigh  
Rochel Medeiros  
Jasan Meermons



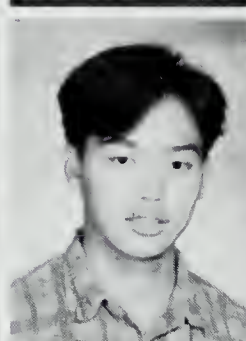
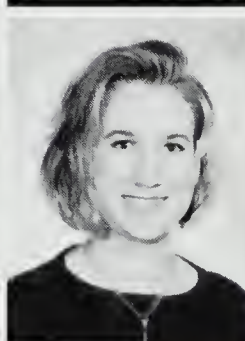
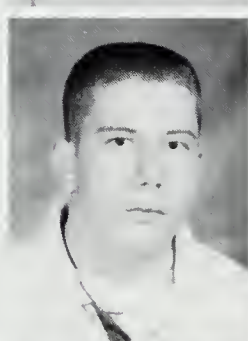
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John Miller  
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Thomas Mitchell  
Mike Mitchem  
Heather Mizell  
Gilberta Malina



Corry Malter  
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David Maaney  
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Heather Mayher



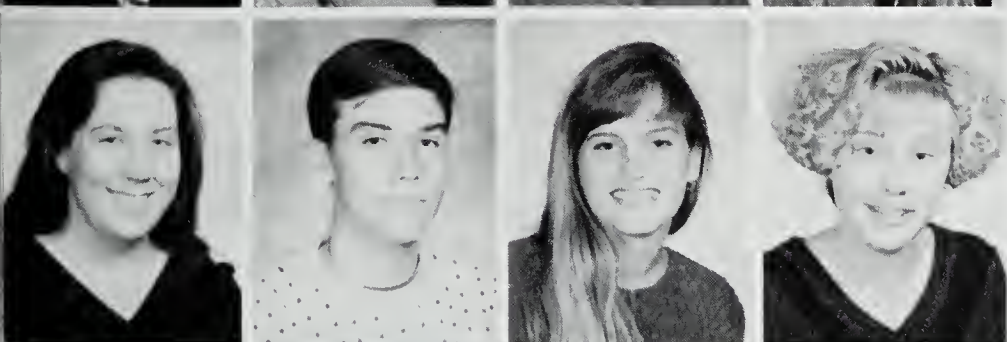
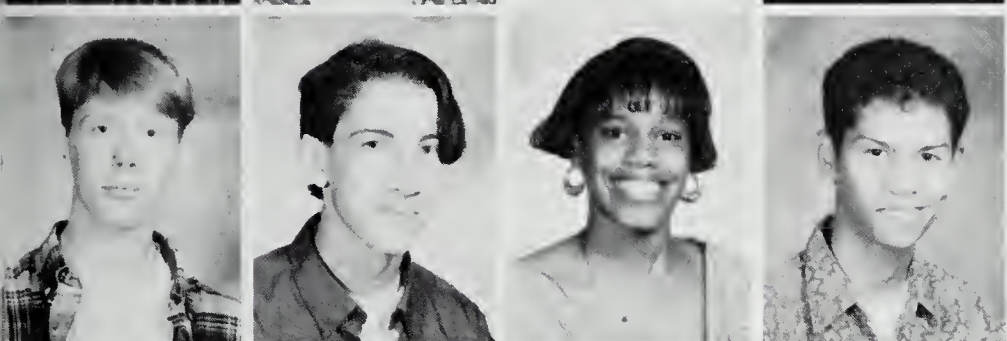
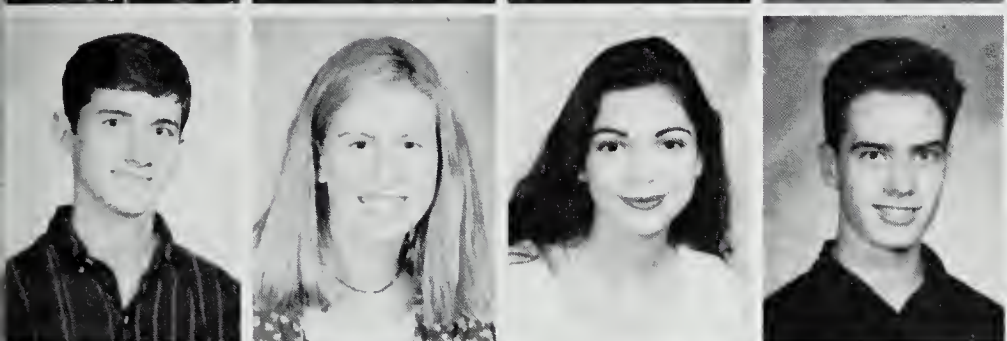
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Che Myers  
Jill Myers  
Jinarang Noddee  
Soroh Nardatti  
Melinda Neer  
John Neher  
Christine Nelson  
Melissa Nelson



Huy Nguyen  
Erin Nieuwsmo  
Sirirrot Ningcharaen  
Kihuha Njuguna  
Christopher O'Brien  
Hwi-Jung Oh  
Ju Eun Oh  
Laurie Olson  
Brian Olszyk  
Gary Poir







# Luck & Lies

## Fluorescent Stickers

It was a Wednesday afternoon in the lower lobby by Mr. Watt's office door, and a mile-long line had formed. Students sometimes waited as long as an hour after school to buy a prized parking sticker.

Seniors were usually the only ones with parking stickers, but juniors were allowed to purchase stickers due to the small size of the senior class. Junior Kristen Heller said, "I'm glad that there were extra spots because I didn't have an activity after school, but I was still able to buy a sticker."

Other students resorted to devious means to get one of those fluorescent stickers. "I had a friend of mine, who was a senior, buy the sticker for me,"

said junior Lincoln Burke.

Some students came up with legitimate excuses for getting a parking spot. Junior Stephen Rossi said, "I was allowed to get my sticker because I live out of the boundaries, and I have to drive to school." After-school activities including sports and clubs were also reasons for a spot in the parking lot. "I play on the varsity basketball team. I am always here after school because I have to practice so I am allowed a sticker," said junior Spencer Mallard.

Whether they had luck or they had an irrational excuse, driving students always found a way to obtain a spot in the school parking lot.



"Where should I put it?" Junior Kristen Heller tries to decide where her new school parking sticker should be placed on her car. Most driving students put their stickers on the back of their rear-view mirrors or at the bottom of their windshields.

Parking Stickers



Jonothon Pama  
Amy Papenfuhs  
Stocey Park  
Stephonie Potterson  
Seon Peirce  
Neri Perdomo  
Omar Perdomo  
Melody Pete  
Heather Peters



Heather Phelps  
Joson Phillips  
Lone Pickell  
Autumn Pittman  
Ronnie Poindexter  
Brian Poirier  
Moriello Ponce  
Michael Pond  
Joson Powell



Paul Powers  
Dennis Presley  
Christy Prewitt  
Kelly Publicover  
Shannon Publicover  
Todd Pulsifer  
Melissa Puttre  
Stocie Radcliffe  
Mary Ragsdole



Sha-Ronda Randolph  
Lee Ann Reaser  
John Reid  
Heather Reifsnyder  
Brock Relyea  
Odaly Reyes  
Jennifer Reznick  
Caroline Rhynerson  
Kristina Richards



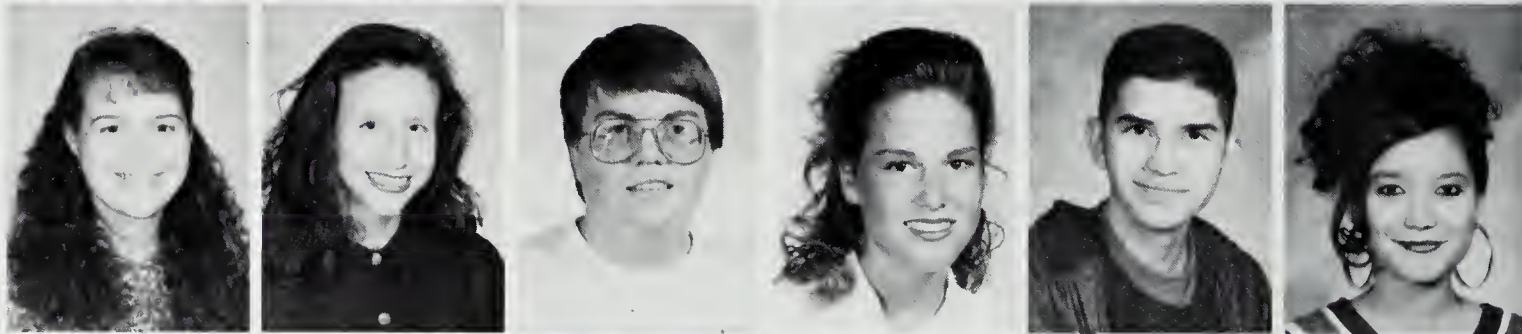
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Jason Rigney  
Kristyn Rivellese  
Marie Rivera  
Roselyn Roach  
Melonie Robbins  
Sean Roberts  
Jason Robertson



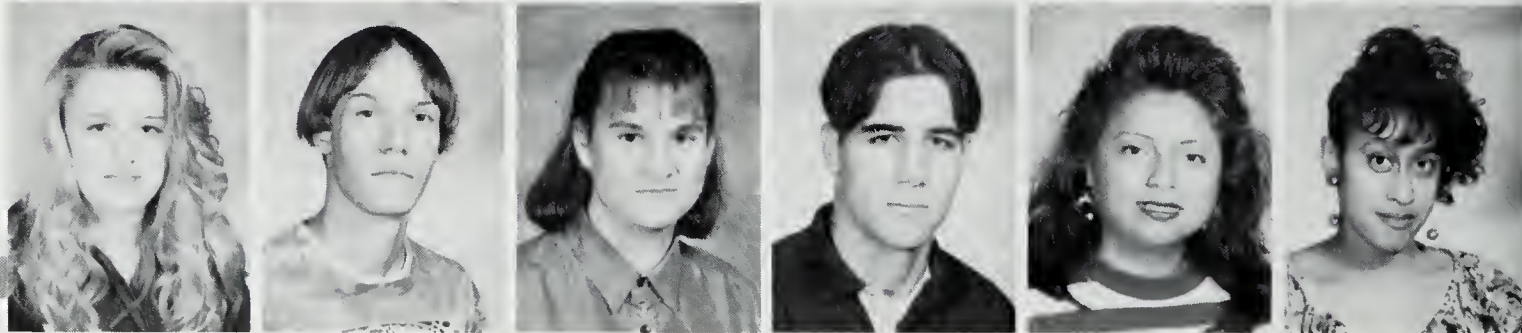
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April Rodgers  
Dovin Rodriguez  
Eriko Rodriguez  
Susan Rodriguez  
Andreo Root  
Jessica Roscio  
Bryan Ross  
Stephen Rossi



Erica Rosynek  
Cheryl Rothlein  
Anthony Royer  
Lindsoy Ruff  
Pablo Ruiz  
Pam Ruiz  
Amonda Sachs  
Jim Salley  
Chris Sakai



Soroh Salisbury  
Roy Sammis  
Tereso Sams  
Kevin Sonderson  
Yessenia Sones  
Angela Sargent  
Carolyn Sowyer  
Jeremy Scalph  
Brion Schneickert







# Ways To Study

"Your midterm will be in one week. We will review for two days and the rest is up to you." Moans and groans echoed through the classroom as this was said.

"I do my homework, pay attention in class but never feel the need to study," said junior Shannon Barrett. Students who felt they met the requirements for homework and classwork, did not find a need to study.

However, there were students who felt the need to study in a group so they could better prepare themselves. "I study in groups, especially around exam time because then we can pull our information together, and it makes a big difference on the exam," said junior Jessica Roscio.

As the year went on, classes got easier and juniors studied with friends

to make it more fun. "Usually I study alone, but my classes have gotten easier so I have found it more effective to study in groups," said junior Jessica Inskeep.

Students had different approaches to studying, and these ways helped them prepare for tests. "There are times when studying alone is best, but then again studying in a group is more fun and you get a lot done," said junior Carmen Lynn.

Whether studying in a group, alone or not at all, students found ways to help them prepare for their tests and exams which ever way they felt most comfortable with. Students who studied in groups pulled their information together to achieve success.



Juniors Jeanne Ward, Heather Peters and Jason Robertson review their math notes for their Functions/Trig test tomorrow. Juniors often got together to study for tests because then they would be able to pull their information together and studying would be fun.



# Say What?

## Strange Names Attract Attention

"What's in a name?" "I remember in second grade, the teacher put smurfs and smurfettes on the wall with our names on them. I went to find mine and it was on the girl's side," said junior Jan Sipes, (pronounced "yawn".)

This was just one of the instances of confusion and embarrassment that students with unusual names faced. Not only were unusual names confusing, but they also attracted classmates' attention. Junior Joe Gibbs said, "When the teacher calls roll on the first day of school, everyone looks around. Joe Gibbs? It feels weird, but I am used to it by now."

The classroom was often the place where students ran into obstacles with their

name. Skye Fleming remembers, "One year my math teacher pronounced my name, "ski", and it turned into a big joke. He called me Ski for the rest of the year."

Yet having an unusual name wasn't always the basis for a pleasant memory or a good laugh. After 16 or 17 years of questions about their name, students found the routine tiring. "The biggest thing that annoys me is my mom's friends call me Atlanta, and they think it's funny," said Georgia Lundie.

Students agreed on one positive aspect about having a catchy name; they didn't worry about someone else having the same one.



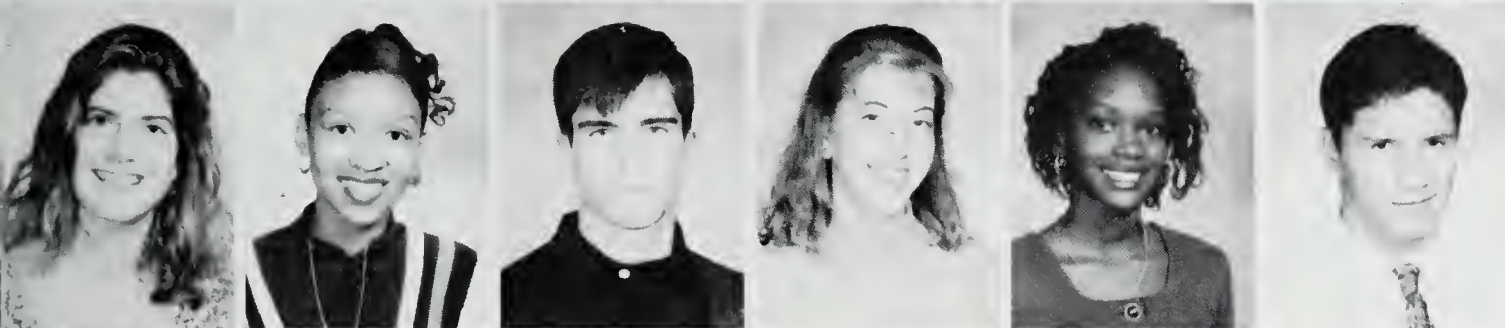
"Is that sheet music sitting in front of you?" No, it is actually a grammar book, but for junior Ben E. King the two could easily be confused. He is of no relation to the famous musician, but he gets plenty of comments from peers and teachers about his name.



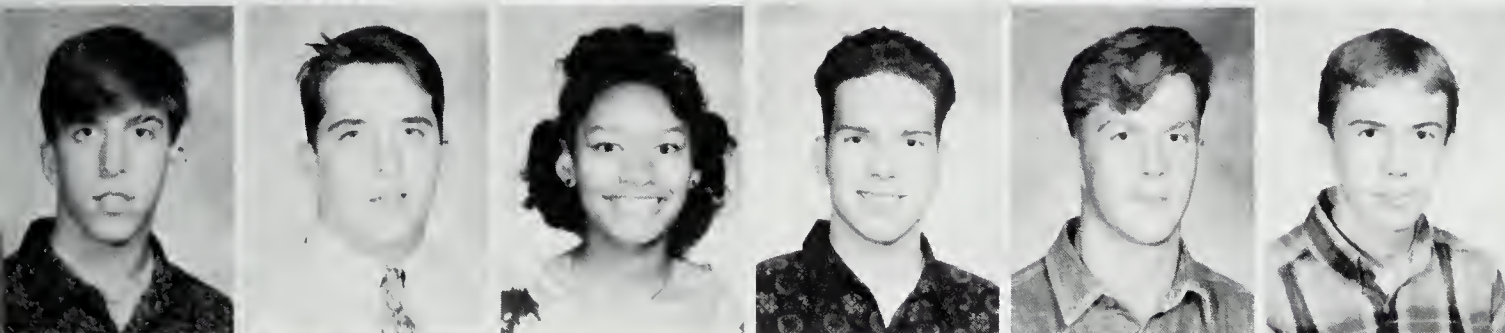




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Caralyn Seibert  
Michele Sellers  
Cris Severance  
Leah Severance  
Daymond Sewell  
Dawn Sharp  
Chantel Sheffey  
Rebecca Sheppard  
Andy Sherman



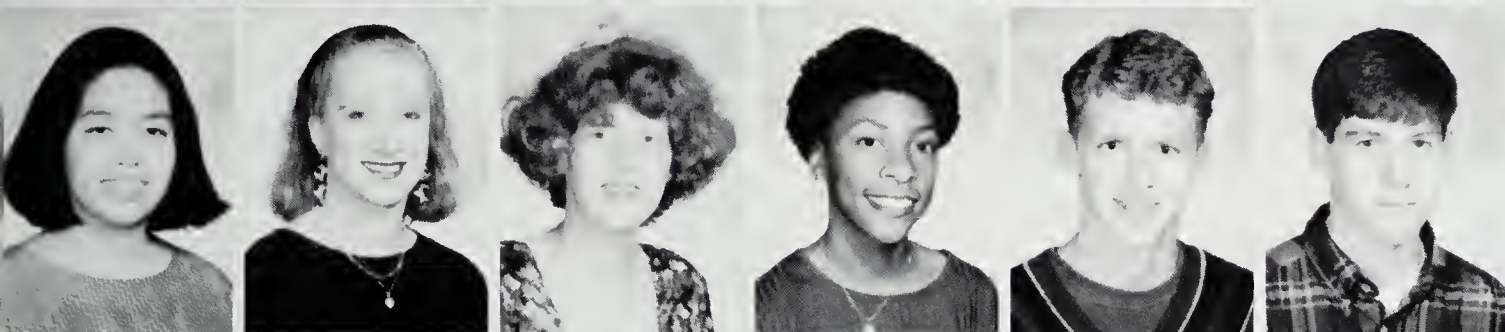
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Cheryl Simms  
Christine Simms  
Jodi Simprini  
Yalanda Simpsan  
Jan Sipes  
Mally Smith  
Sulisa Smith  
Juan Satela



Deborah Spayd  
Jashua Staats  
LeeAnn Stantan  
Julie Stephens  
Adam Stephenson  
Andy Stephenson  
Veralga Steversan  
Chris Stewart  
Ryan Stewart  
Carl Stane



Nhatisha Sturgis  
Michael Sullivan  
Albert Taber  
Kevin Tabar  
Stefanie Taylor  
Stephen Tefft  
Tanya Terriberry  
Amelia Thomas  
Shawn Tierney  
Bryan Todd



Lisa Talin  
Jason Traylor  
Megan Tremper  
Stewart Trenchard  
Raquel Trinidad  
Razanna Trass  
Susan Trussell  
Adrienne Tunstall  
Bryan Van Winkle  
Jahn Varrieur



Wydelis Vazquez  
Mervin Viceda  
Jeff Vincente  
Whitney Vick  
Chea Vickers  
Lejandra Villanueva  
Edward Walawender  
Phillip Walker  
Eric Wallace  
Russell Waller



Scatt Wanta  
Jeanne Ward  
Melissa Ward  
Jessica Wariner  
Jamie Watson  
Thea Watson  
Todd Watson  
David Watts  
William Weappa  
Janathan Weaver



Leslie Wehmeyer  
Keith Wells  
Chad Westgate  
Will Weyer  
Jeff White  
Suzanne White  
Celeste Whitehead  
Danny Whyte  
Ashlee Wilcox  
Theresa Scatt



# Get Personal

License plates — for some students they are just a combination of numbers and letters, for others they are used to express their individuality. Creating the perfect license plate was challenging as well as time consuming, but the results brought personal satisfaction.

License plates proved to fit the personality of the driver. Junior Matt Garring said, "O WLL means oh, well. I put that on my license plate because it's my favorite saying."

Junior Matt Arden said, "I'm going to get MATMBLE (Matt Mobile) because it sounds like Bat Mobile."

Each personalized license plate has it's own special meaning. Junior

Christine Nelson said, "I liked the idea of a personalized license plate not only because it has a special meaning, but also because people can identify who you are when you are driving down the road."

Junior Kristyn Rivellese said, "I think having a personalized license plate is neat because it's not just meaningless letters and numbers, it has a "hidden" meaning to it."

Not everyone decided to get a personalized license plate. Junior Lincoln Burke said, "I could not think of anything to say on my plates."

Personalized license plates add character to a teenager's most prized possession.



"Each letter on our license plate stands for each member of my family," said Junior Kristyn Rivellese. Many families incorporated their names into the license plate. Often other drivers were left confused when trying to find the hidden meaning.







Marva Wilcox  
Denta Williams  
O'Neal Williams  
Tamara Williams  
Tony Williams  
Amy Wills  
Manica Winters  
Ali Witheridge  
Heather Woodcock

Rigel Woodside  
Heather Warth  
Jason Wright  
Mandy Yamada  
Lucia Yanez  
Brian Yeager  
Rachel Yants  
Brian Yurkus  
Michael Zaika

Mike Zakrajsek  
Lara Zbarafsky  
Jessica Zelickman  
Shannan Zena  
Nathan Zezula  
Jill Zizza



Junior Matt Garing proudly shows off his personalized license plate. Many students felt that by personalizing their license plates, they added a sense of personality to their car. Out on the road driver's could be easily spotted.

"I decided to get a personalized license plate because my initials are unique and it makes my car have more character," said Junior Melissa Moore. Personalized license plates could be found throughout the student parking lot.



Andria Abdussabour  
Dan Abe  
Julie Ackerman  
Harvey Acusto  
Kathy Alexander  
Gabriel Ali  
Azhar Allak  
Daniel Allen  
Dirron Allen  
Katie Allen



Guyisha Alstan  
Korin Alvarez  
Bernie Amirez  
Phakhapho Anantawang  
Keithly Anderson  
Marc Angula  
Skip Aniteye  
Orlando Anthony  
Kris Apa  
Ed Apante



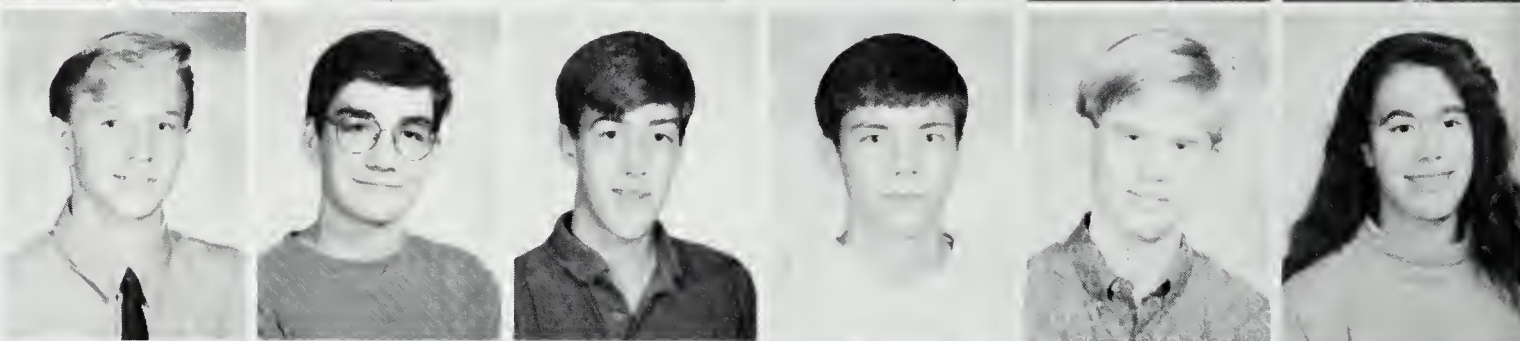
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Kotie Ashtan  
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Lauren Bailey  
Charles Baird  
Leander Baker



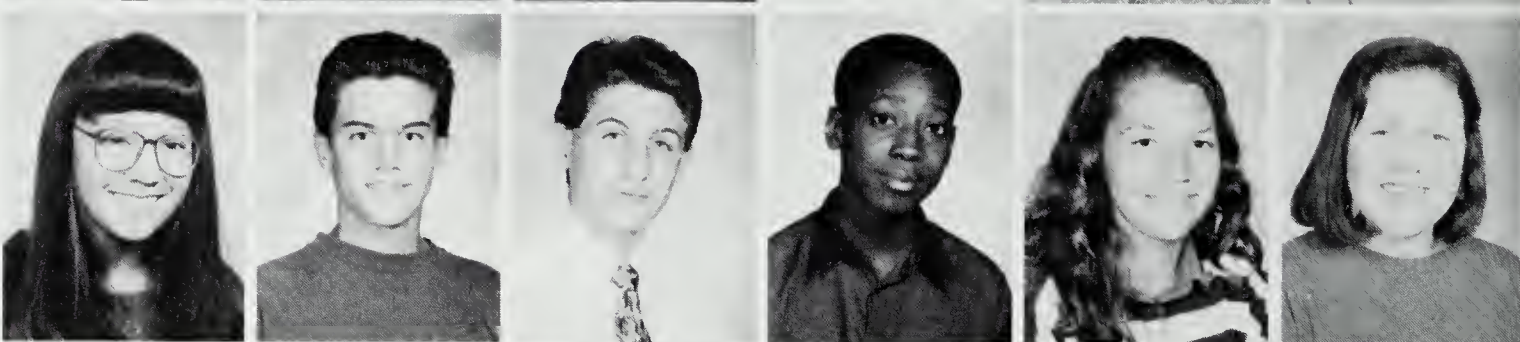
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Subo Bannister  
Kevin Barbier  
Nothoniell Lee Bareford  
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Rass Barger  
Stephen Barnes  
Livie Barr



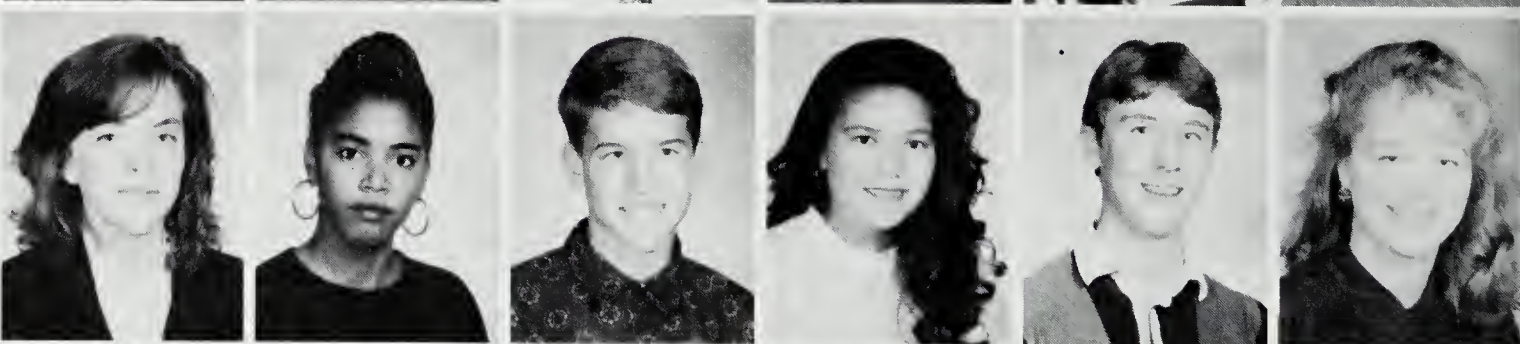
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Cavan Berryman  
Jimmy Bevans  
Kelly Bevins



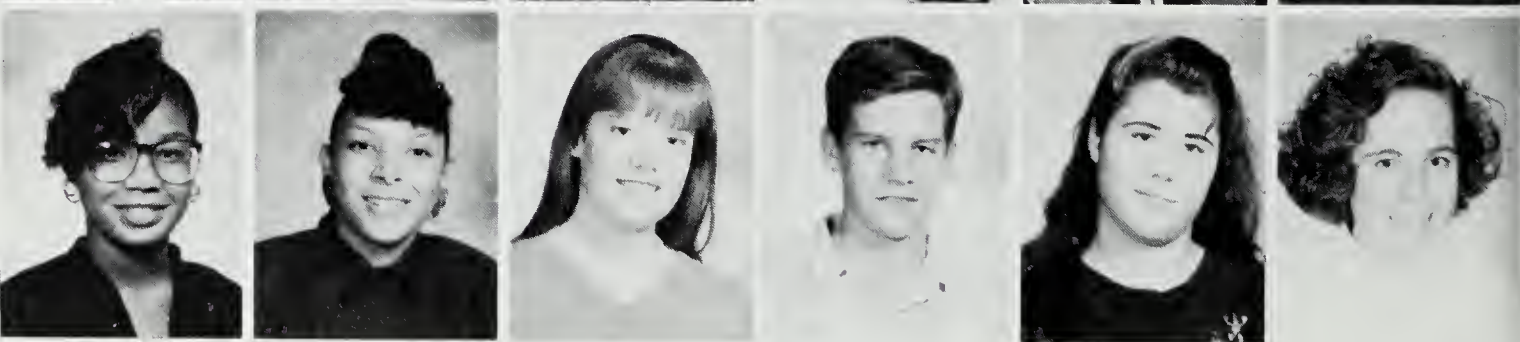
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Stephonie Baska  
Craig Boulter



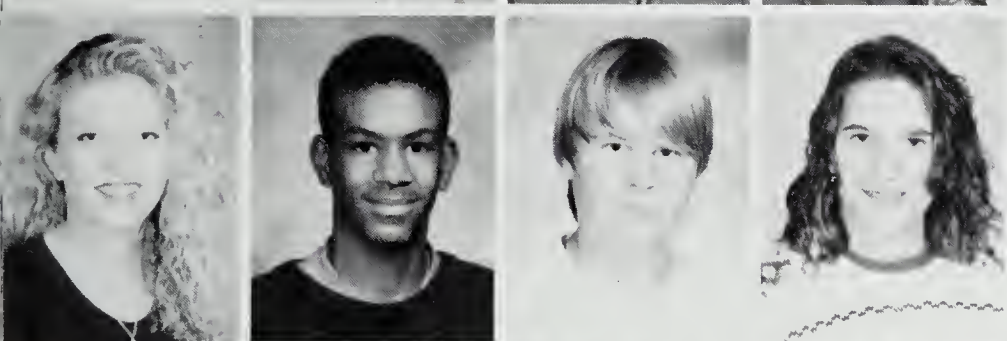
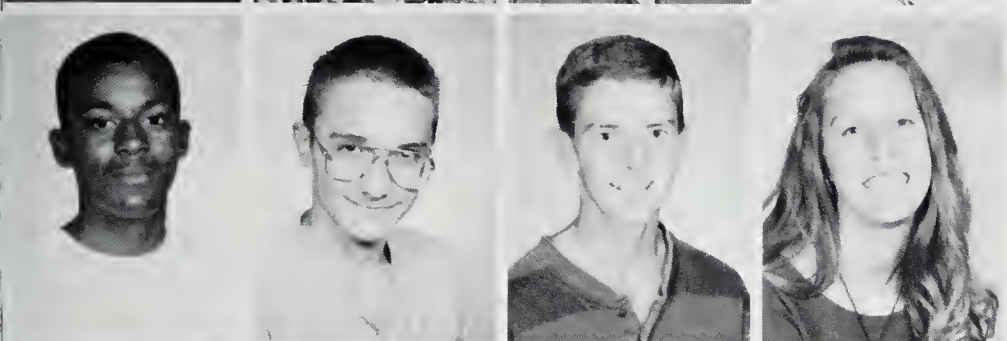
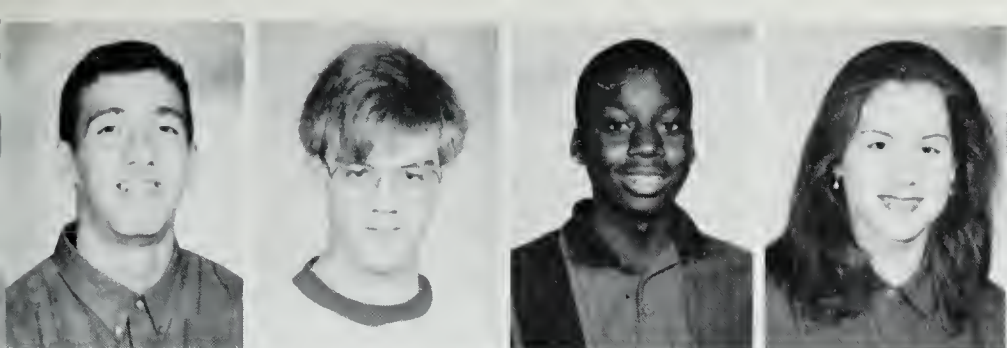
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Christy Brittan  
Ben Brletic  
Wendy Braadus



Sherrell Bragden  
Shashonnah Braaks  
Melissa Broome  
Blair Brown  
Christina Brown  
Christina Brawn  
Daniel Brawn  
Tayia Brown  
Angela Bruck  
Erika Brummett







# Sophomores

## The Woodbridge Upper-lower Class

"Your not old enough," is a phrase that echoed over and over again in the minds of teenagers. Sophomore Jessica Cunningham commented, "It's hard because you're older than the freshmen and have more responsibilities but don't have all of the responsibilities you want, like driving. Parents seem to have become less lenient now that the excuse of being "only a freshman" was lost. "I can no longer use the excuse that I am just a freshman. My parents no longer consider me young, so I can't really get away with as much as I used to," said sophomore Beth Portell.

The big sixteenth birthday was the main attraction during tenth grade.

Getting a driver's license meant freedom for many sophomores, who in the past had to count on other people for rides. "I can't wait to get my license — it's awful having to wait so long!" exclaimed sophomore Tina Orr. Students began to drive to school for the first time and could learn the art of cruising.

The sophomore year was found to be more demanding by sophomore Krista Ludwig, "It's a lot harder than last year. It's more demanding with more responsibilities." The excuse of only being a freshman was lost, but no new excuse could be made. The sophomore year was a "waiting year" for responsibilities.



Bring on the links! Sophomores Janel Labus and Nikki Dietze carry out the spirit rings for the sophomores. The links allowed the in-between grade to express their school spirit. Sophomores did not have many chances to get recognition from the other classes.

## The In-Between Year



# Leadership

## Sophomores Changed Their Ways

During the sophomore year, the class was only responsible for their part in Homecoming. But the officers and committee chairmen had other ideas in mind. They wanted to bring together one of the largest classes at Woodbridge and increase involvement.

The sophomore class officers, President Charlie Kodatt, Vice-President Jeff Hummel, Secretary Allison Melton, and Treasurer Janel Labus, worked diligently all year to innovate ideas for the sophomore class. "Overall our main objective was to raise enough money to provide for next years prom and Homecoming," said President Charlie Kodatt.

Along with the officers,

the class was led by three committee chairmen, Ann Marie Phillips, Brian Carino, and Betsy Perkins. They led different projects and helped get more involvement from their class. One project that the class participated in was the candy sale. It raised money for future projects. "The officers and chairmen had many large projects they wanted to participate in but they decided to focus on small projects and making them successful," said advisor Mr. Zographos.

Janel Labus said, "We have accomplished a sense of unity between the class and officers. That made everything we did worthwhile."



Sophomores Jennifer Schwartz and Mary Lowney talk with sophomore class treasurer Janel Labus about their next class meeting. The sophomores made a point of making sure that everyone in the class was informed about what was going on.



Sophomores





Robert Bryce  
Kiera Bryson  
Bill Buck  
Jennifer Bugg  
Anthony Buige  
Daniel Burchell  
Brandon Burke  
Amy Burns  
Krystal Bushlow 2-10-76 to 8-13-92  
Allison Butler

Tara Butler  
Gabe Cabellon  
Moriceo Cabrera  
Liz Cockowski  
Bernord Callands  
Christine Colloway  
Kristopher Colvert  
Brian Campbell  
Taylor Campbell  
Vonesso Contove

Chris Copell  
April Copps  
Joel Caradine  
Brian Carino  
Chris Carlsen  
Jim Corney  
Tany Corpia  
Larry Carter  
Chris Coshioli  
Kenneth Casosso

Jomie Castle  
Jose Castro  
Juan Castro  
Carlyle Cholmers  
David Chambers  
James Chombers  
Rhonda Champ  
Levonte Chavis  
Alex Chemerys  
Shonda Cisneros

Sheroz Choudry  
Devon Clark  
Shannon Clouden  
Loretto Claytor  
Doniel Cleory  
Mork Clifton  
Dennis Coates  
Karie Coddington  
Michael Cody  
Alex Cogswell

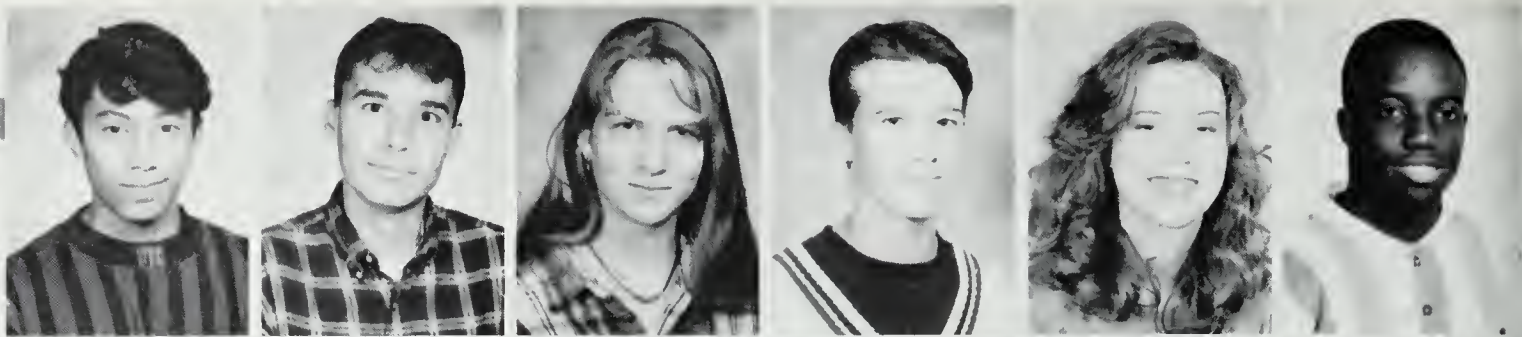
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Ja'Von Cowon

Reggie Croft  
Catherine Croig  
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Larry Cummings  
Molly Cundy  
Brian Cunningham  
Jessica Cunningham  
John Curron

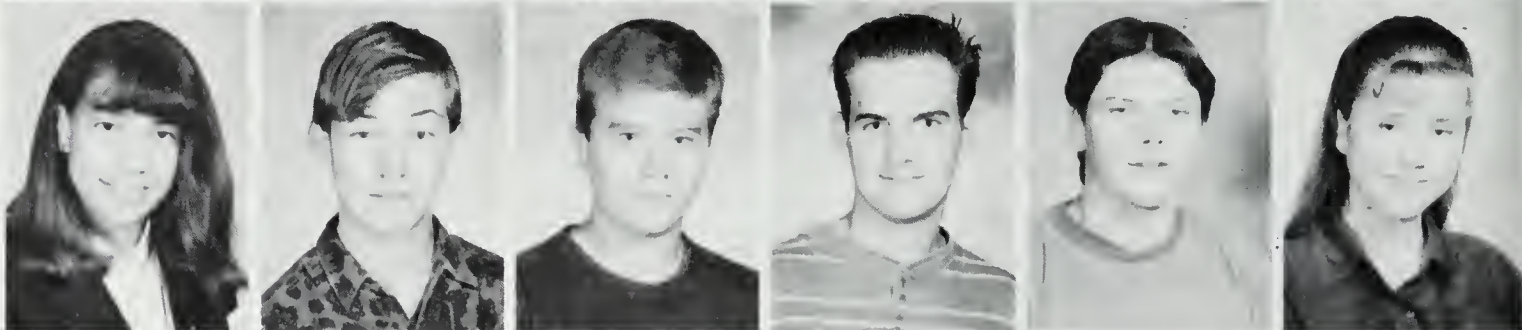
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Catherine Deadmon  
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Theresa Debban  
Jimmy De-Genova



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Jenny DePaz  
Kathryn Diaz  
Nikki Dietze  
Andrew Dillan



Rasangela Dimanta  
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Lori Dawling  
Dana Drew  
Tasha Dudley



Jamie Dugan  
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Apryl Dunkle  
Sean Dunnegan  
Jeanne Dunning  
Tara Duvall  
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Rashal Edwards  
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Otta Escobar  
Alexandra Etsell  
Eusi Evans



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Jahn Finger



Jim Fink  
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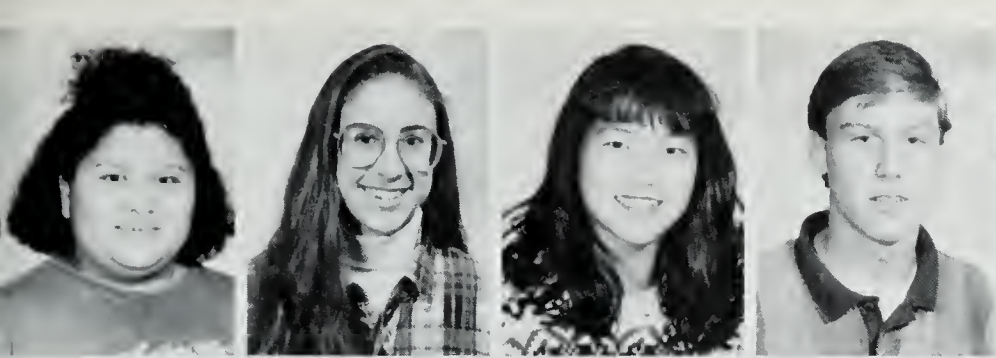
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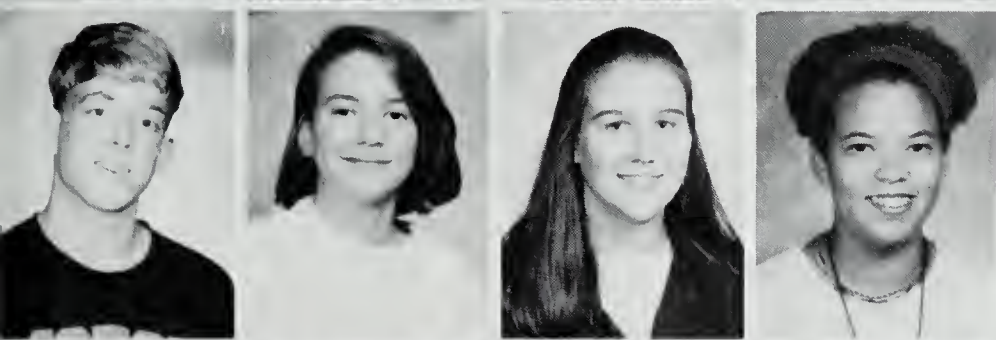






# Eye Believe

## Four Eyes Are Better Than Two



What did Benjamin Franklin, John Lennon, and Malcolm X all have in common? They all wore glasses. Many prominent people throughout history wore them. Glasses had grown to become a symbol of intelligence and prestige. Sophomores who wore glasses had mixed emotions about wearing them.

face? To fill up his glasses," said sophomore Mads Hansen.

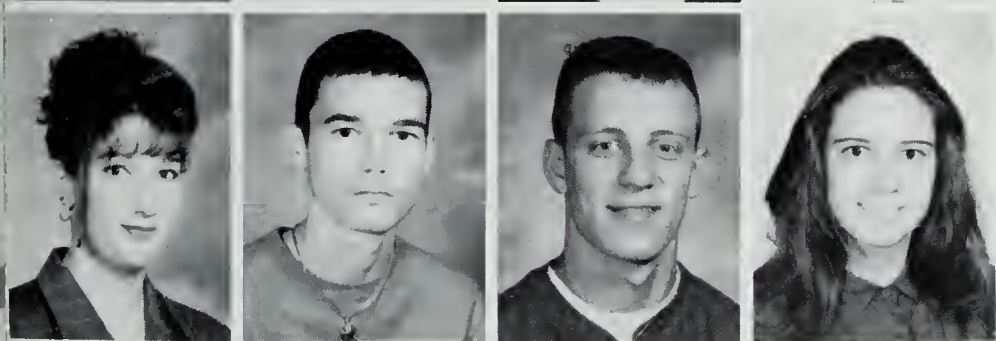
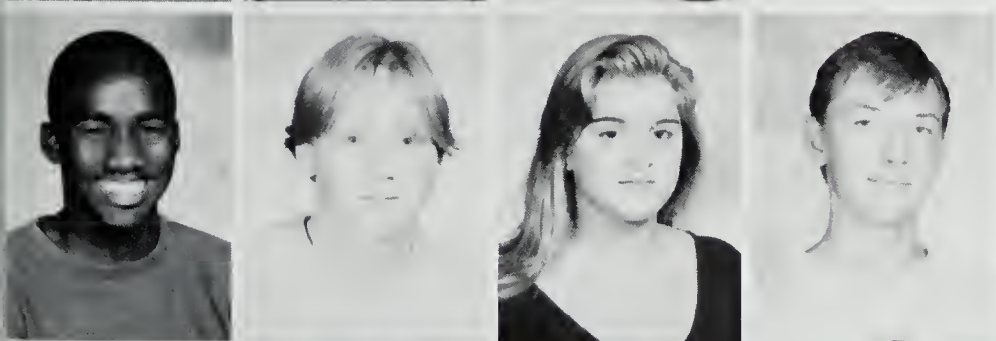
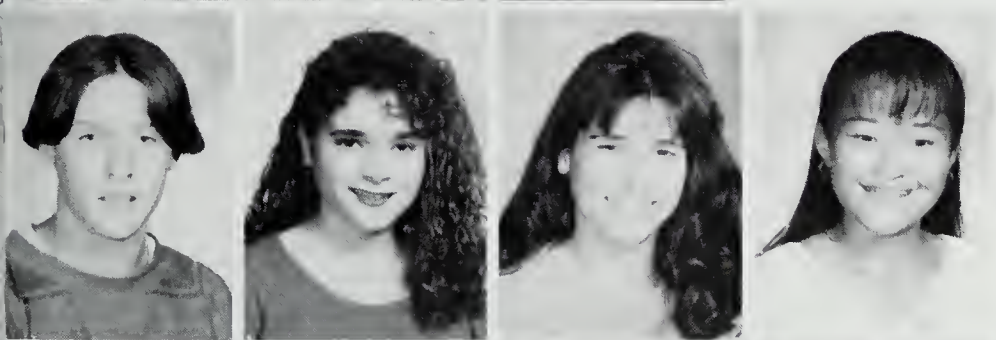
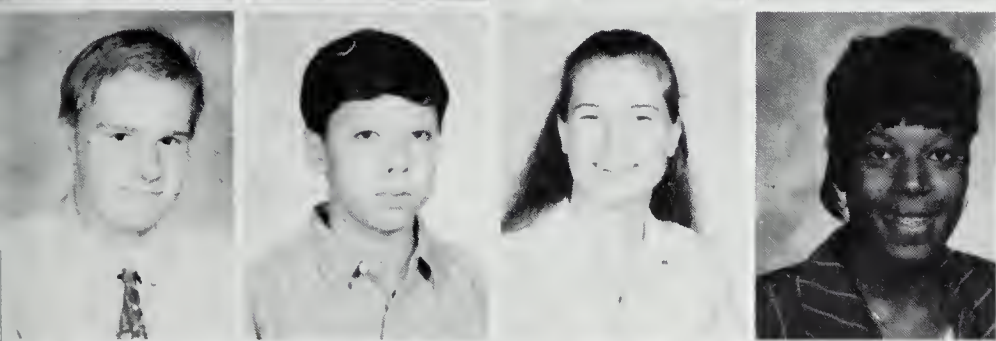
Learning to accept wearing glasses on a normal basis did not bother some sophomores. Sophomore Matt Gundy said, "I don't mind wearing my glasses. I have to wear them. I really need them to play golf."

Many sophomores took advantage of the fact that they had to wear glasses. Sophomore Jeff Hummel said, "I used to feel insecure about wearing glasses, but then my friends told me my glasses made me look intelligent and sensitive."

Not all students who needed glasses wore them all the time. "I hate wearing my glasses. But I have to wear them in order to read," said sophomore Ben Brletic. Whether it was to read a book or to see the chalkboard, students had to put them on.

The spectacled sophomores also had to learn to put up with and humor bad jokes. "Why did the waiter pour water in his customer's

Wearing glasses was a task that could only be avoided by good eyesight or contact lenses. Vision was not to be taken for granted.



"My friends used to say that I was born with glasses on," said sophomore James Long as he joked around with sophomore Krista Ludwig. James never worried about being made fun of because of his glasses. It was necessary for students who wore glasses to be good sports.

Sophomores with Glasses



# Workin' Out

## Staying in shape — A top priority

Through all the hassles and stress of the daily routine of school, many sophomores turned to working-out not only to stay in shape and fit, but to also relieve stress. Sophomore Sean Healy said "After a long day of school I normally take the time to exercise. It makes me feel better and relieves stress."

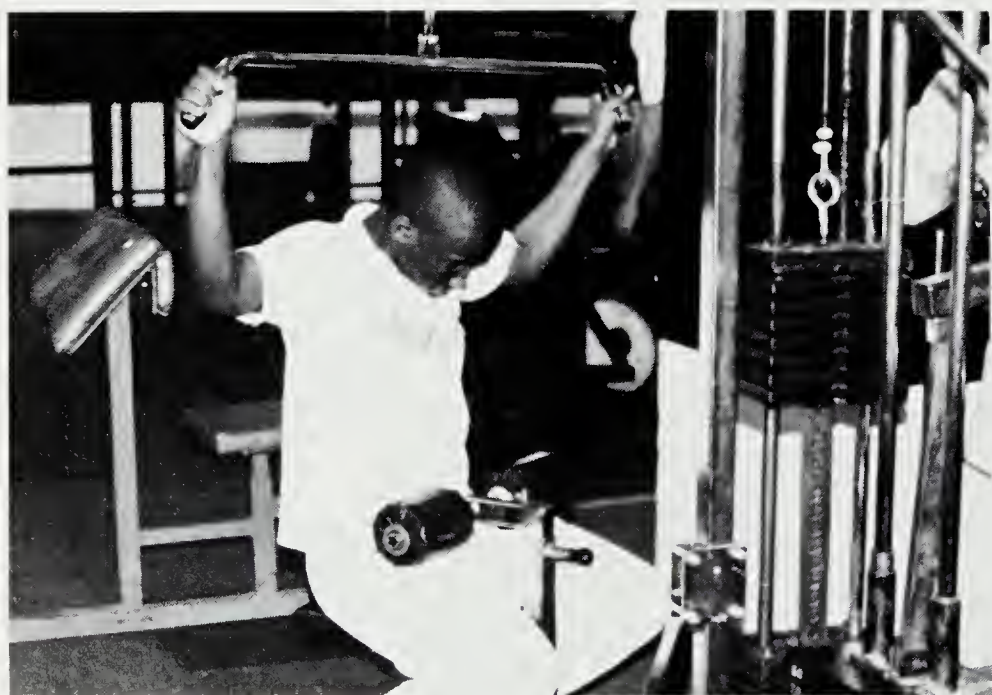
The numerous health clubs gave students a variety to choose from. "I prefer working-out at Chinn-Aquatics because it is close to where I live, and not only can I work-out for a lost cost, but afterwards I can go swimming," said sophomore Jenny Kodatt.

Another favorite place or working-out was Devil's reach Sport and Health Center. "Working-out is

not one of my favorite things, but it's something that I feel I have to do. Going to Devil's Reach makes time go by faster because you can watch T.V. while working-out," said sophomore Brian Carino.

Not only did sophomores work-out for fun but also to stay in shape for a sport. Sophomore Krista Ludwig said, "I work-out to stay fit and in shape for cheerleading."

Many found themselves working hard to stay in shape during the off-season of their sports. Sophomore Charlie Kodatt said "Lifting weights is an important part to being a good athlete because to be the best your goals and your desires must be high."



"Weightlifting is a good off-season conditioning in order to keep me in shape and to achieve certain goals towards baseball," said sophomore Marcus Gadson. Weightlifting was an important part to a successful and victorious season.







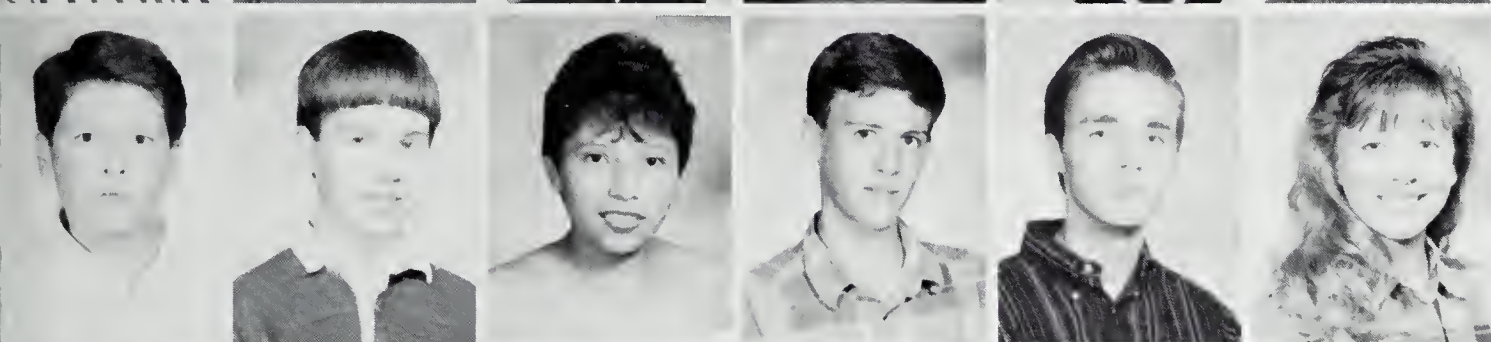
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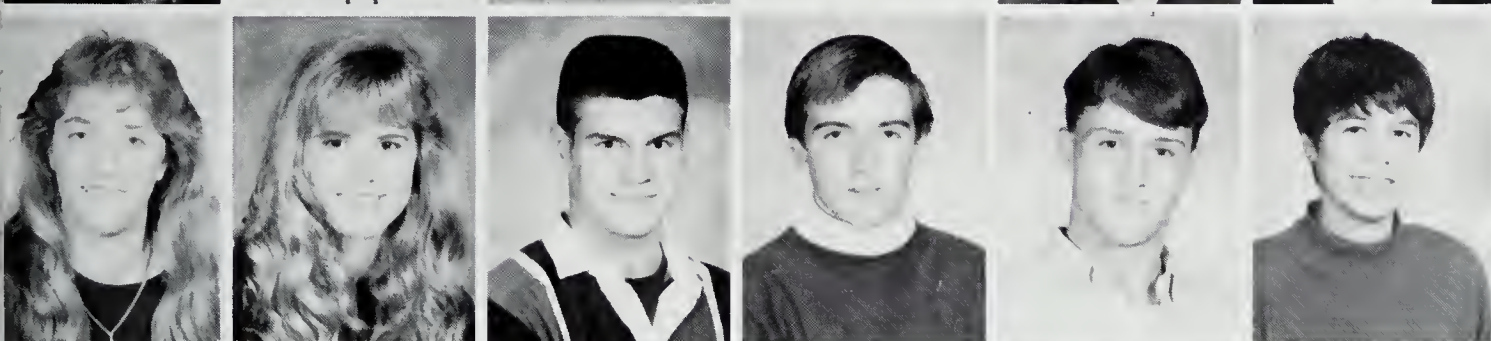
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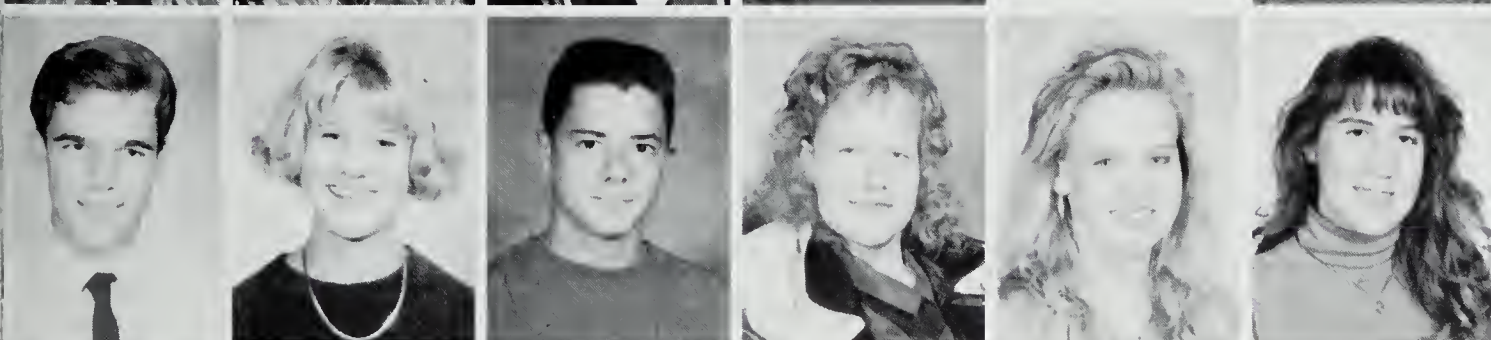
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Kelly Hall



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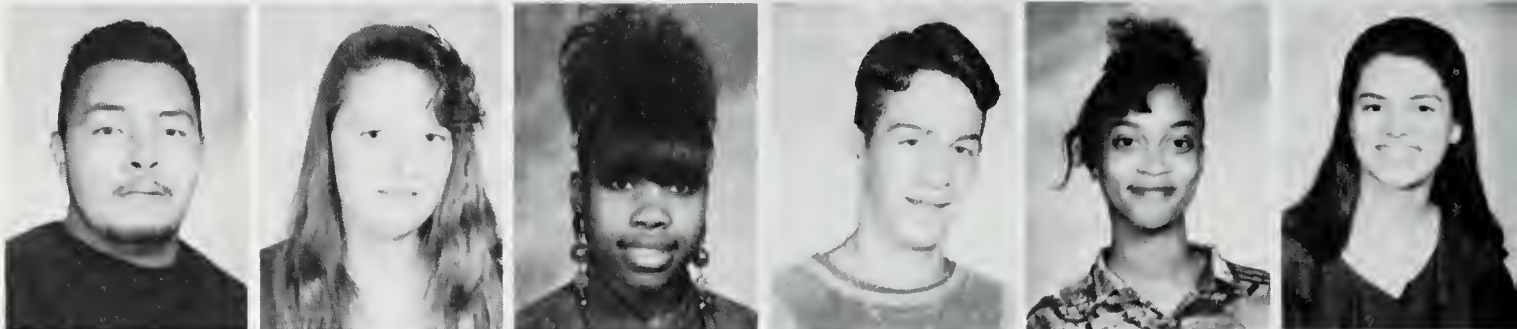
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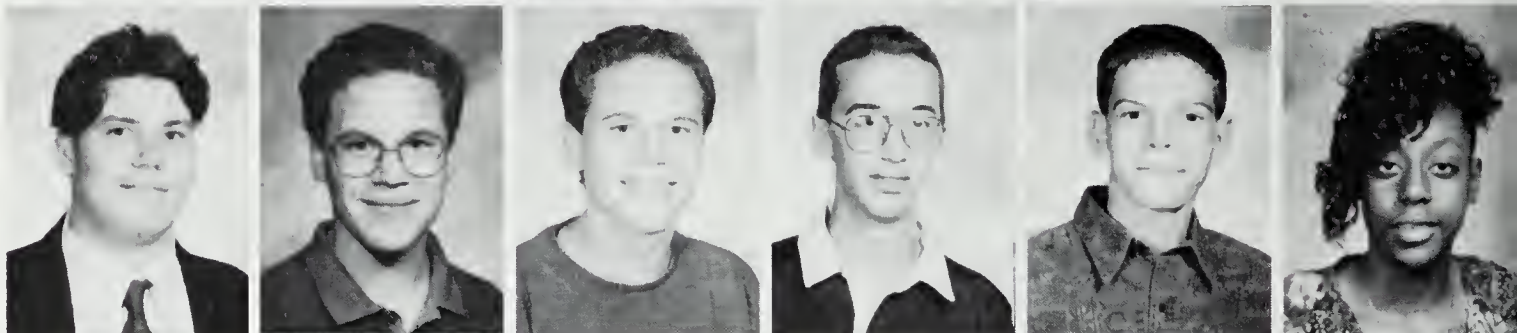
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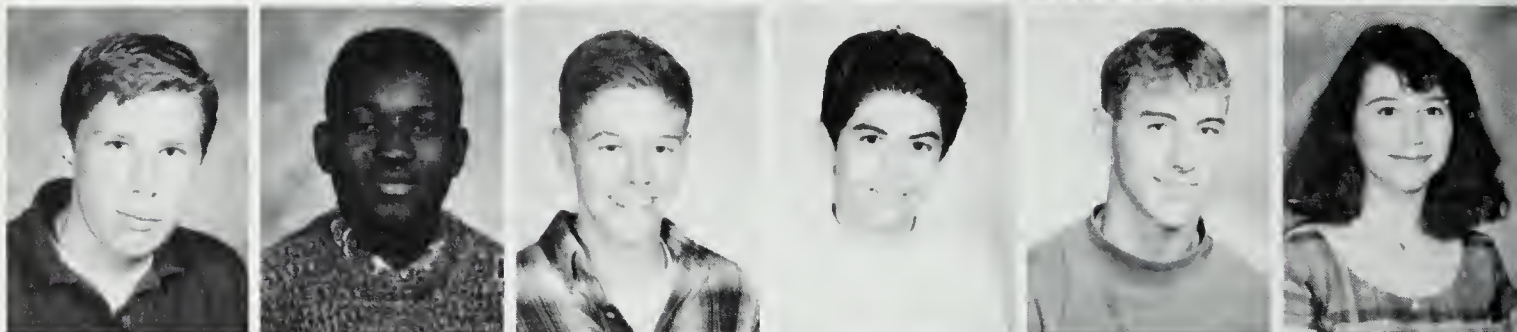
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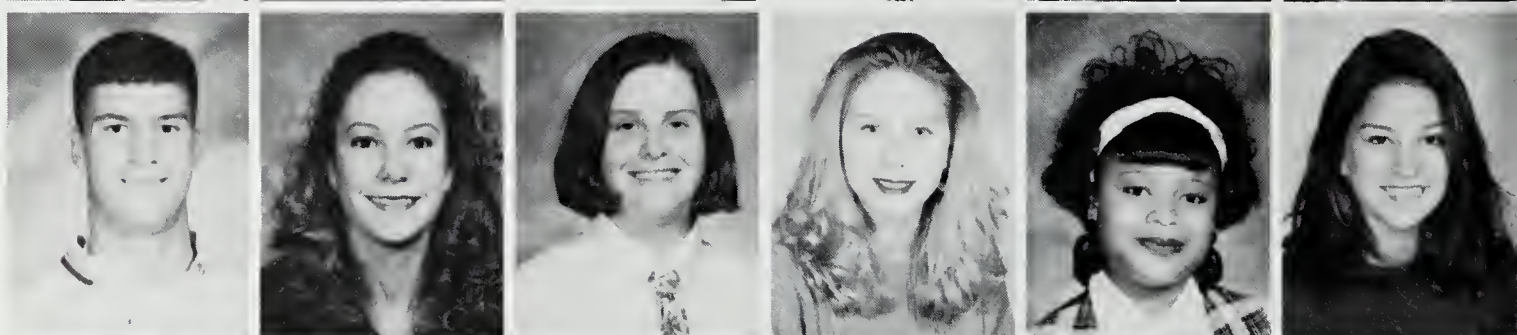
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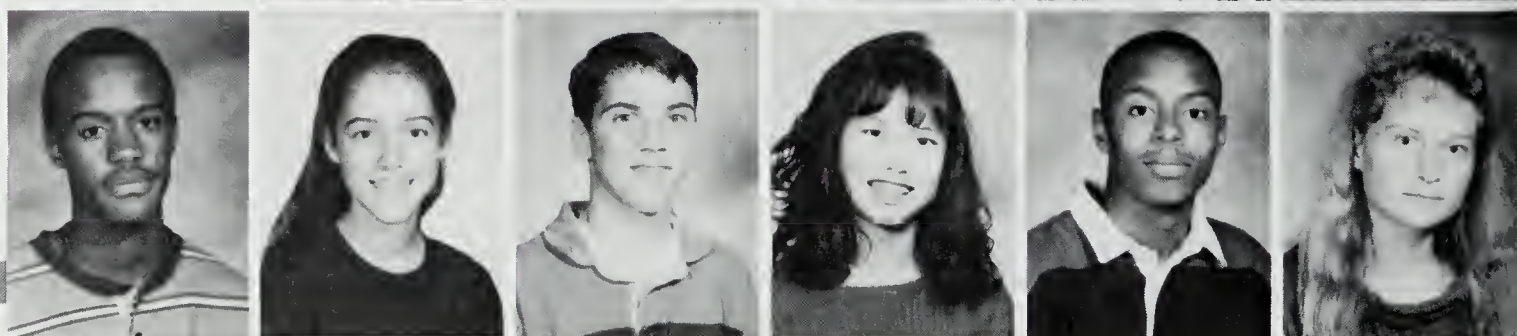
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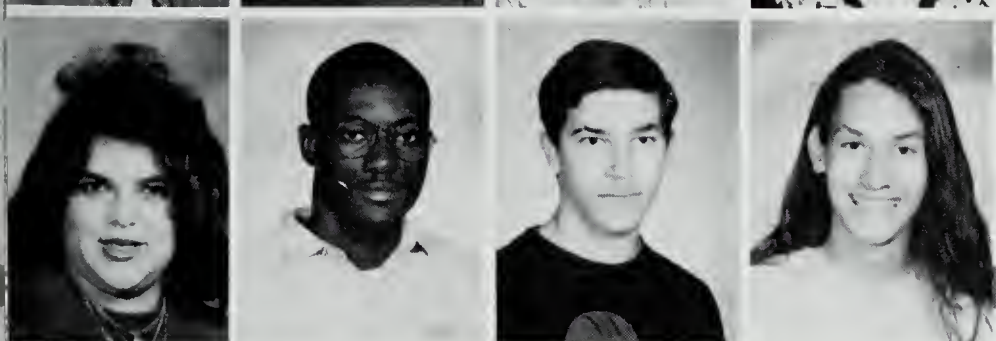
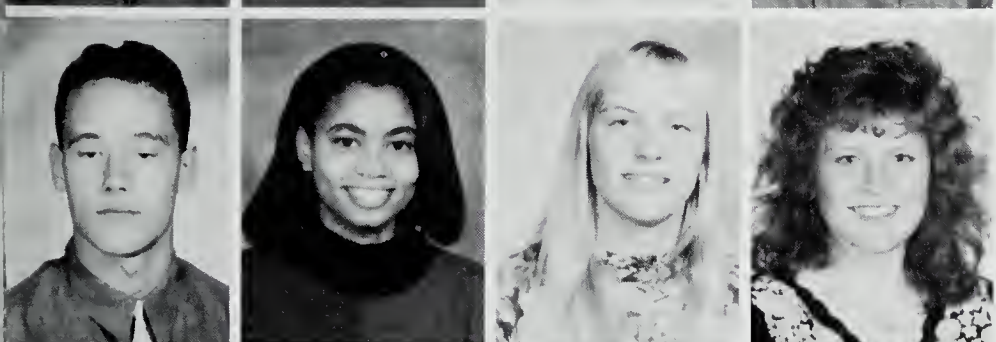
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Charity Lane



James Lane  
Heidi Lattin  
Steve Leahy  
Caritta Lee  
Dwayne Lee  
Shari Lemley  
Gaudy Lemus  
Marty Lewis  
Brian Libby  
Kevin Lichty







# Stop It!

## Sophomores Annoyed by . . .

The room was pitch quiet while all of the students were taking an exam. All they could hear was the sound of a foot tapping on the ground and someone's pencil constantly hitting the desk. Sound familiar?

There were many different kinds of pet peeves that sophomores had, that ranged from quiet stares to playing with hair to someone sniffing.

Sophomore Mike Small said, "One of my pet peeves is when people in class make distracting noises, which are extremely annoying, such as whistling, or the tapping of pencils."

"I hate being in class with someone who is always blowing their noses!" said Sophomore Tanya

Warren.

Sophomore Earl Ercoline said, "I can't stand it when people crack their nuckles, or any part of their body. Especially when they're sitting right next to you so you can hear it really well. That really gets on my nerves."

Most of the sophomores' pet peeves happened in class, however some incidents did happen outside of the classroom, such as in the hall. Sophomore Theresa Debban said, "What's really annoying is when you get stuck in the hall behind a really slow person, especially when you are late and in a hurry."

Sophomores had all kinds of different pet peeves, that ranged from picky to realistic.



"Stop playing with your hair!" While taking a break from doing her homework, sophomore Christy Britton searches for split ends. Long hair made it easier for students to find them. Split ends was one of many different kinds of pet peeves sophomores had.



# Hanging Out

## Chillin': Friends vs. Homework

"Where do you want to meet?" This was the typical question sophomores asked their friends before going to class. Meeting places ranged from the lobby and hallways to outside the lockerooms and pods.

Students usually established a meeting place with their friends. This made it easier than trying to find each other. Sophomore Krista Ludwig said, "We hang out in the lobby close to the girls locker room because it is an easy place to meet between classes and afterschool."

The lobby was the "major" hang out place for students. Sophomore Cerina Wanzer said, "My friends and I usually hang out in the lobby because everyone is

out there and you get to talk to and see everyone." If a student needed to find a friend, the obvious place to be found was in the lobby.

Students also hung out in the halls or in front of pods. This was where students usually caught up on unfinished homework from the night before. Sophomore Rodney Wilson said, "I usually have homework to finish in the morning, so my friends and I hang out in the halls or in front of a pod, it's easier to concentrate because it's quiet."

Hanging out was a big part of a student's social life. Before school, after school, and between classes was the only "free time" to talk, so they took advantage of it.



Hanging in the hall after lunch, sophomore Stephanie Glad catches up on the latest gossip with sophomore Daniel Harrison. After lunch students hung out in the halls waiting for the bell to ring to go to their next class.







Sarah Lieb  
Jae Lighthill  
Robert Lipp  
Jahn Lahr  
Ray Lambard  
Danielle Lanergan  
James Lang  
Ryan Lang  
Justin Lard  
Chris Laucks

Mary Lawney  
Mike Lazier  
Krista Ludwig  
Janathan Luedke  
Katie Lyng  
Angela Macarthy  
Heather MacDonald  
Anna Maria Macias  
Quadir Mahdi  
Christopher Maher

Jadi Malinowski  
Brent Malaney  
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Travis McGee  
Tynesha McKie

Gena McKinney  
Heidi McKnight  
Jeremy McLaughlin  
Mike McNamara  
Christy McQuade  
Anthony Medaglia  
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Kingsley Mensah  
Jason Meredith

Larielle Meriweather  
Rob Meyersan  
George Meza  
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Reshma Mirchandani  
Mahammed Mirza  
Daman Mitchell  
Kelly Manrae

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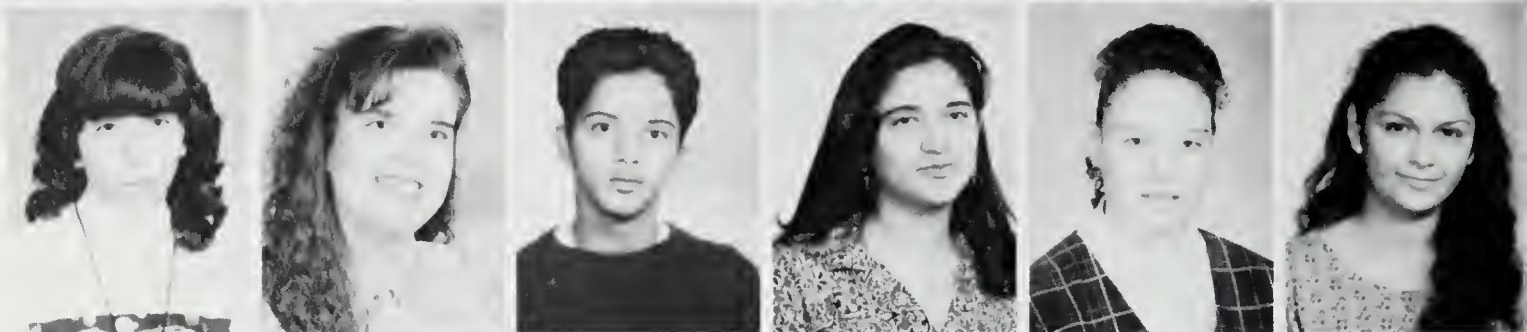
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Matt Myskowski  
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Kendalynn Newsham  
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James Nichols  
John Nichols



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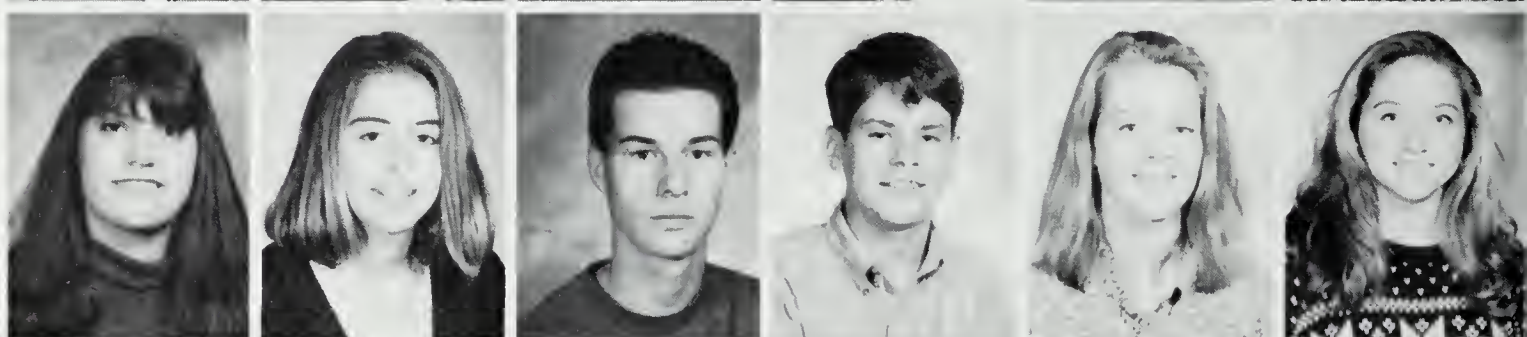
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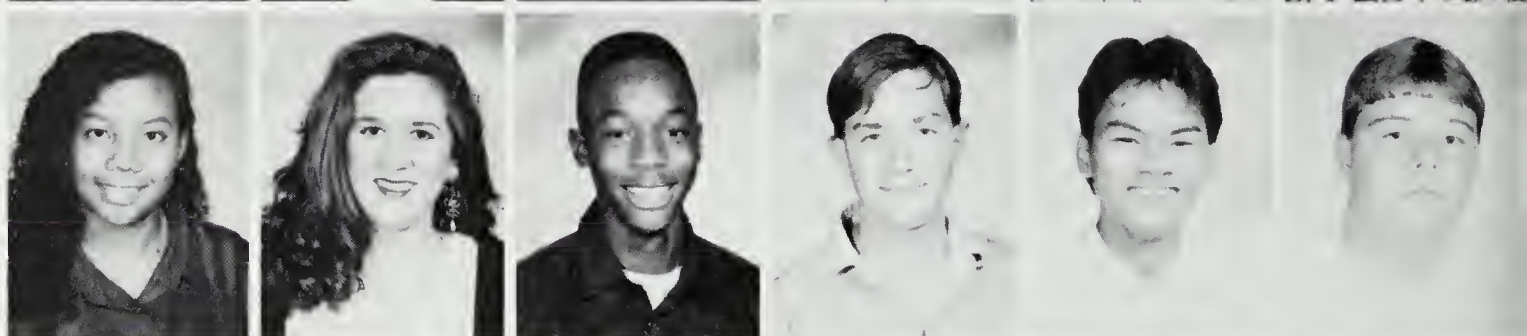
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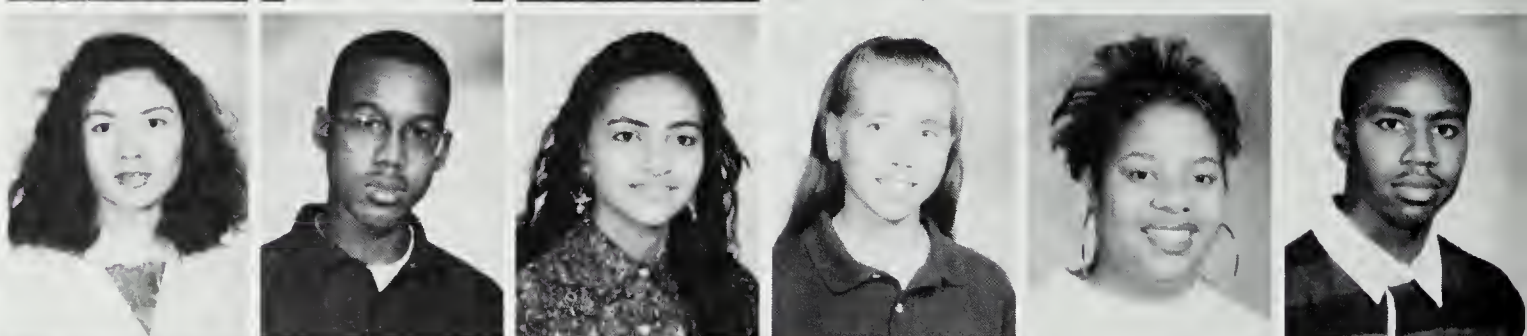
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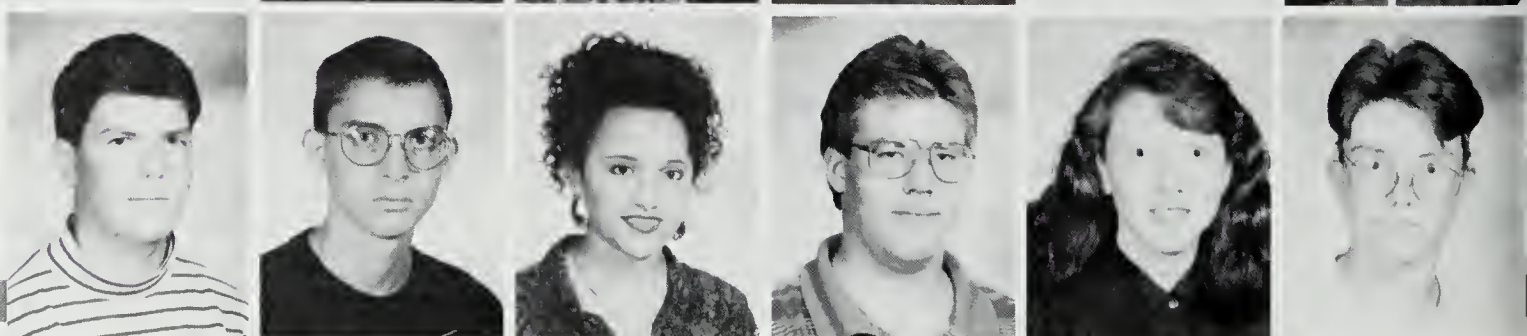
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Sabeen Razmi  
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Tani Reinhart



Chris Remer  
Ray Rexrade  
Jenny Reyes  
Mathew Rice  
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Jehramy Richardsan  
Mike Richardsan  
Patrick Richardson  
Suzanne Ritchie  
Debbie Rivera







# Hat Tricks

## The Necessary Accessory

Baseball caps, rastafari-an hats, berets, stocking caps, sunhats, and cowboy hats all portrayed personalities of the sophomore class. Students wore hats to show off a personal style.

Sophomore Jenny Brisbois said, "I like wearing hats, they serve many purposes. They can cover your hair on a bad hair day or make an outfit complete."

Hats could not be worn in school and often students complained. Sophomore Joe Herman said, "I think we should be able to wear hats in school, they are no different than any other article of clothing and cause no threat."

During each spirit week there was a hat day that students took advantage of.

Sophomore Amy Torre said, "I love wearing hats. Hat day enables me to be spirited yet stylish because its rare we get to wear hats in school."

Different hats often showed each individual's sense of style. Hats could show a student's favorite team, brand name, or even the style of the hat said something about their personality.

Sophomore Mads Hansen said, "I always wear baseball caps when I go out. It is the most comfortable way to go out and each hat says a little something about yourself."

Students collected hats from different places they visited and showed them off in school.



After school sophomores Brent Maloney, Kelly Couch, and Jodi Malinowski get together at Brent's house to try on hats to wear the next day on Hat Day, during spirit week. Students enjoyed showing off their own style during hat day.

Sophomores with Hats



# Schwiiiing!

Do you know your slang words?

Dis', gank, psych, not, yo, shafted . . . which words were fresh in slang, and which ones are yesterday's news? Year by year slang words changed and became replaced with new, up-to-date versions. "The word 'dis' used to be used by everyone to say that someone was dumped or ditched, but now they use the word 'shafted' instead," said sophomore Neil Vaughn.

Other slang words went out of style and never became replaced. Sophomore Stacy Erwin said, "The words 'psych' and 'not' are never said anymore. People are thought of as really out of it if they use those words."

Often groups of friends had special words that were only used by them. "My friends and I use the

word 'sponge' instead of saying borrow or bum," said sophomore Livie Barr. Secret slang words sometimes helped students remember practical jokes of funny events.

Popular movies or TV characters were mimicked by students. Lines from Pauley Shore and "Wayne's World" were often heard through the hallways. Sophomore Brian Cunningham said, "The movie 'Wayne's World' went out as soon as it came in. Anything that has to do with it is definitely out of style, especially the word 'schwiiing'."

Whether borrowed or original, students showed their creativity and personality by the slang words they used between their friends.



"Oh my! I can't believe she got shafted!" Sophomore Kim Eckert and sophomore Laura Williams catch up on the latest gossip while using the most popular slang words. The upper lobby was a place where students often showed off their usage of words.



Sophomores





Melanie Rabersan  
Callie Robinsan  
Jasan Rache  
Dayana Radriguez  
Rafael Radriguez  
Danny Raap  
Bryant Raque  
Michael Rase  
Mike Raseta  
Charlethia Rass

Linda Rass  
Misty Rass  
Leslie Raystan  
Tannie Runaldue  
Jamie Sabia  
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Henry Sanchez  
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Maria Santas  
Nancy Santas  
Amy Saunders  
Mike Saure  
Sal Sawaneh  
Stephanie Schmidt  
Tammy Schaepler  
Jash Schaan  
Jennifer Schwarz

Tiffany Schwentner  
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Sydney Sentman  
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Keri Shaw

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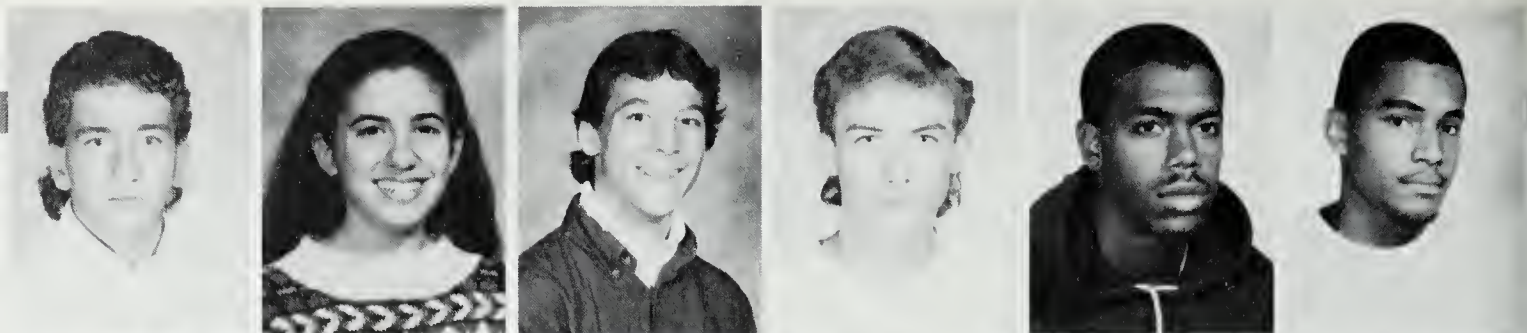
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Jesse Sullivan  
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Amy Swann  
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Lisa Swanson  
Jeremy Sykes  
Ivan Tabb  
Ricky Tague  
Freba Tahmas



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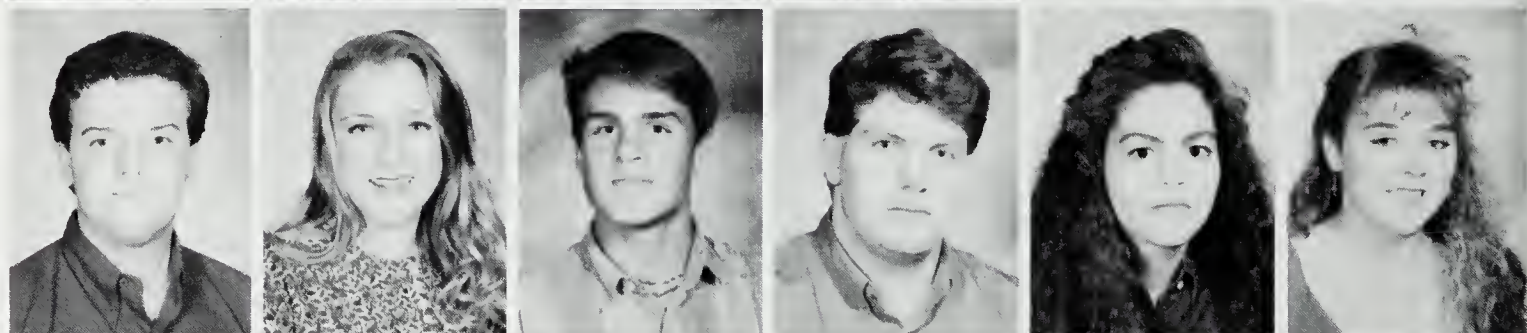
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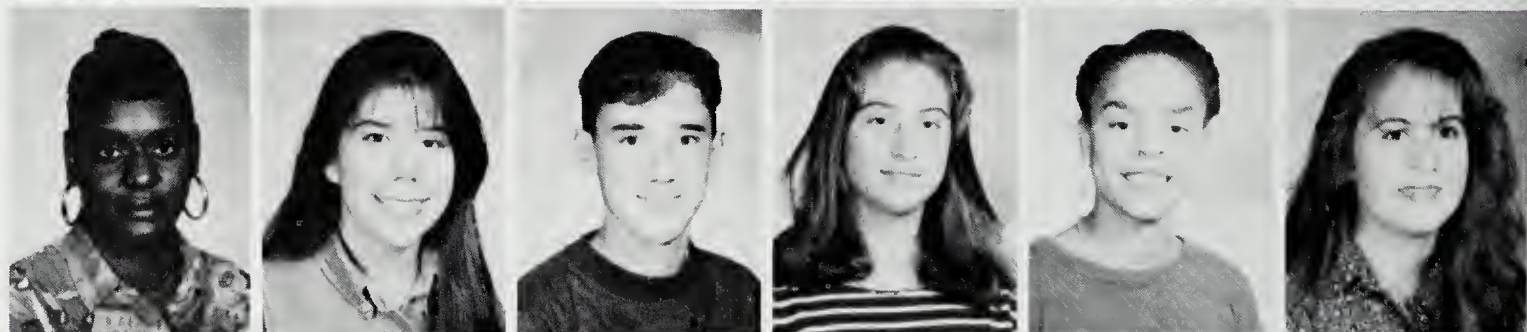
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 Jae Yatska  
 Pilar Yelicie



Ryan Yaha  
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 Sara Young  
 Audrey Zamara  
 Raquel Zelaya  
 Kristen Zerkaw







# Butterflies

Sweaty Palms, Butterflies, Oh No

Talking in front of the class, delivering an oral report meant one thing NERVOUSNESS. Although students could give speeches throughout their high-school career, most started in their sophomore year.

"This was my first year of having to give an oral report. I hated every minute of it. I felt like every eye was on me, and everyone was waiting for me to mess up," stated sophomore Courtney Jones.

Most students gave reports in English, however some gave them in Social Studies and Science. "This year in English I had to give a report about a classic book I read. Reading the book wasn't the hard part even though it was long and difficult to read. Talking about it was," said sophomore Stephanie Cur-

ton.

"Whenever I was about to give an oral report I always checked to make sure my zipper was up, and I had nothing in my teeth," said Andrew Newhouse. Most students got nervous and terrified before they had to give a report, but there were the few who did not mind.

"I did not mind delivering a report. I just got up, said what I needed to and sat down," stated sophomore Laura Williams.

"If I could choose between an oral or written report, I definitely would choose the written report because I hated getting up in front of the class with butterflies in my stomach, sweaty palms, and a very nervous voice," said sophomore Linda Ross.



Sophomore Heather James practiced an Oral Report she had to give for a book she read in English. For sophomores this was the year they had to start giving oral reports, speeches, and talks in front of their classes. For Heather it was a piece of cake.

Oral Reports



# Phonophobia

## Fear of Life Without A Call

Brrring! Alison ran eagerly towards the phone. She grabbed the receiver and breathlessly answered, "Hello!" Was it big news? Was it an emergency? Actually, it was just a friend calling to talk. Why such excitement? Sophomores found the phone vital to survival. Making plans, sharing homework, or just chatting were only some of the reasons sophomores spent their time on the phone. Sophomore Rasheed Quash said, "The phone is important to me because it lets me keep up with gossip."

No matter the reason, students often spent much of their free time on the phone. Many students even tried to do homework while they were on the

phone so they could talk longer. Some parents often felt that students were spending too much time on the phone and put restrictions on phone time. Sophomore Barry Gauch said, "I usually spend about an hour and a half on the phone, but I can't stay on too long, my parents get mad."

How would sophomores cope without the use of the telephone? Sophomores agreed that life would definitely be different. No late-night talks, no gossip, no homework hotline with the telephone. Sophomore Krista Ludwig said, "If I didn't make my weekend plans in school I'd be watching *Full House* every Friday night."



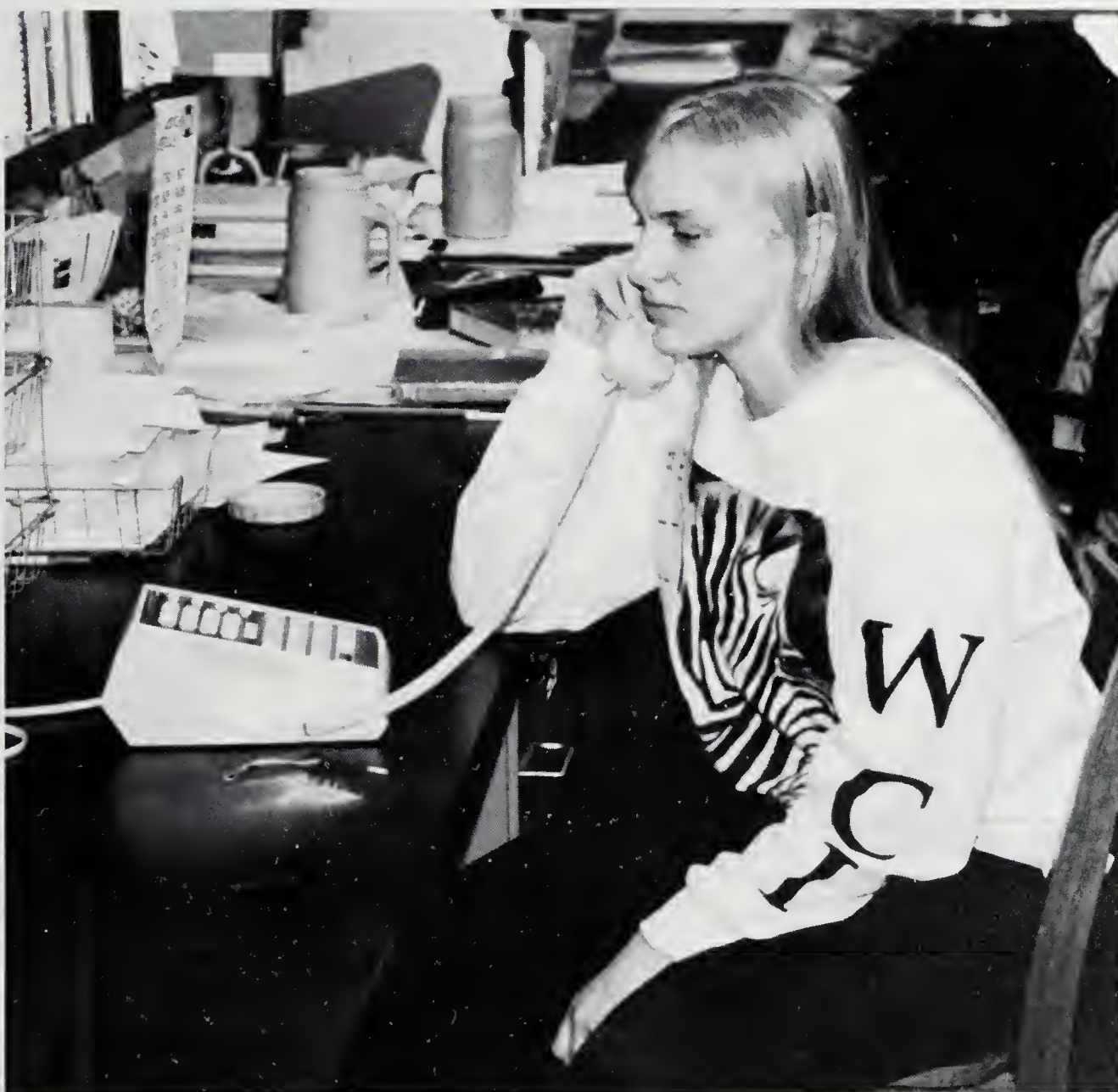
Sophomore Neil Vaughn exchanges phone numbers with junior Lauren Almquist. Students often shared telephone numbers to check their homework assignments, make special weekend plans, or just to compare good gossip.







"Hey, what's up?" Sophomore John Sellers makes weekend plans with a friend. Without the telephone, many students would be left with nothing to do on Friday nights. The telephone allowed sophomores to make plans and find rides.



Worried about a sick, homebound, friend, sophomore Danielle Dumas uses the pay phone to check up on her. Many students needed the pay phone to make personal telephone calls during the school day or after school.

Sophomore Talia Lake uses a telephone in the office to call her mother. Students often used the phones in the office to call home sick, remind parents of after-school activities or get rides home from sports.



Ali Abadi  
Nadia Abadir  
Pedra Adams  
Rebecca Adams  
Dzifa Adapae  
Robert Albrecht  
Carey Albright  
Jamie Albright  
Eddie Alexander  
Nathan Allen



Diana Alvarez  
Kelly Ames  
Brian Anderson  
Rass Anderson  
Sara Anderson  
Tracee Anderson  
Luisa Andrade  
Fatima Aniteye  
Michaelle Anthony  
Rex Archer



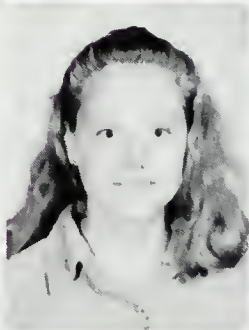
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Michael Avenick  
Karen Babb  
Tanu Bah  
Heather Bailey  
Jamie Bailey  
Jaanne Bailey  
Shannon Bailey



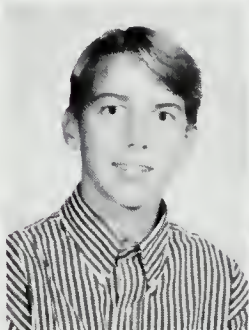
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Eliat Bareford  
Michael Barnett  
Marc Barriteau  
Tariq Bates  
Hamer Bauserman  
Kara Belcher



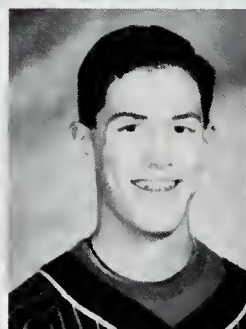
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Simon Berrias  
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Gerard Blackshear  
Jase Blackshear



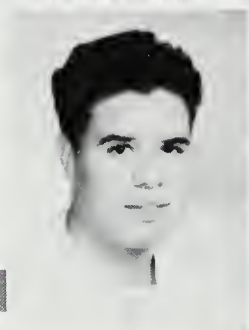
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Rose Banetti  
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Dan Bowersan  
Stephen Bowman  
Lakisha Braxtan



Jennifer Briere  
Daniel Brack  
Jenny Brandyk  
Jennifer Braaks  
Michael Braaks  
Meredith Brathertan  
Alicia Brawn  
Duane Brawn  
Karen Brawn  
Kathryn Brawn



Robert Brawn  
Stephanie Bryant  
Daug Bryce  
Matt Buckley  
Bryce Buggs  
Jessica Buhidar  
Kevin Bull  
Jimmy Burgess  
Lili Burgos  
Mary Burke







# V.I.K.E.S.

## Change: For Better or For Worse

"We came back from Christmas vacation to find out that the next day we'd have all new classes, lunch shifts, and new people in our classes. It wasn't fun! I wasn't with my friends anymore," said freshman Kristina Welch. The change of pace was an inconvenience for most freshmen on the "V" and "I" teams, who experienced these schedule changes.

However, these alterations benefited some. Freshman Bryan Stewart said, "The schedule change let us meet new people, so we weren't with the same people, class after class, day after day. Teaming also gave us time to participate in seminars with the blocked schedule."

Freshmen were not the

only ones who had to adjust to teaming. Flexibility in classes was a positive change for teachers involved with teaming. "With teaming, I had excellent support from the other teachers when I needed the expanded schedule for special labs," said Mrs. Dorsey.

"It was similar to the teaming we had in middle school. That made the transition to high school easier and more comfortable. Knowing everyone in your classes was another area of security," said freshman Amy Majewski. It took some getting used to, but in the end, the V.I.K.E.S. teaming proved to be a positive experience for everyone.



While new friendships were developed, old ones continued to flourish. Freshmen Colleen Karnas and Lori Kam, members of the "V" team, use their lunch period to help each other prepare for a French quiz. Overall, freshmen gave teaming two thumbs up!



Erik Burton  
Desmond Byrd  
Robert Callender  
Kurt Comealy  
Billy Camuti  
Jaey Card  
Shanna Carpenter  
Jessica Carr  
Manica Carr



Chris Carrall  
J.D. Carrall  
Bridget Carter  
Ne'Twaun Carter  
Rachel Carter  
Jae Carwell  
Jasan Casazza  
Michael Chance  
Sam Chandler



Ben Chapman  
Qasim Cheema  
Erin Chiarelli  
Angie Christman  
Stacey Christopher  
Daniel Clark  
Beth Clifton  
Kristy Clase  
Cary Coates



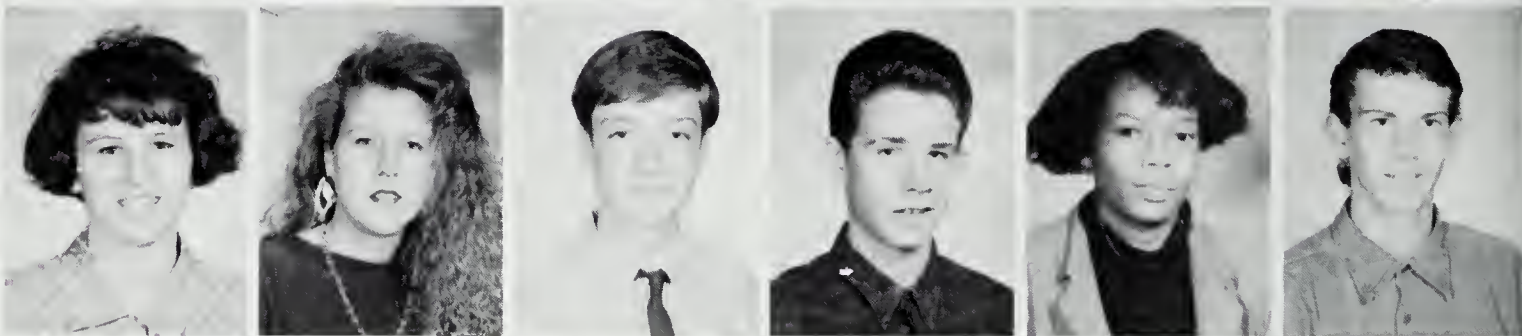
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Daniel Collinsworth  
Spencer Camstack  
Nicole Candan  
Jerry Candrey  
Albert Canley



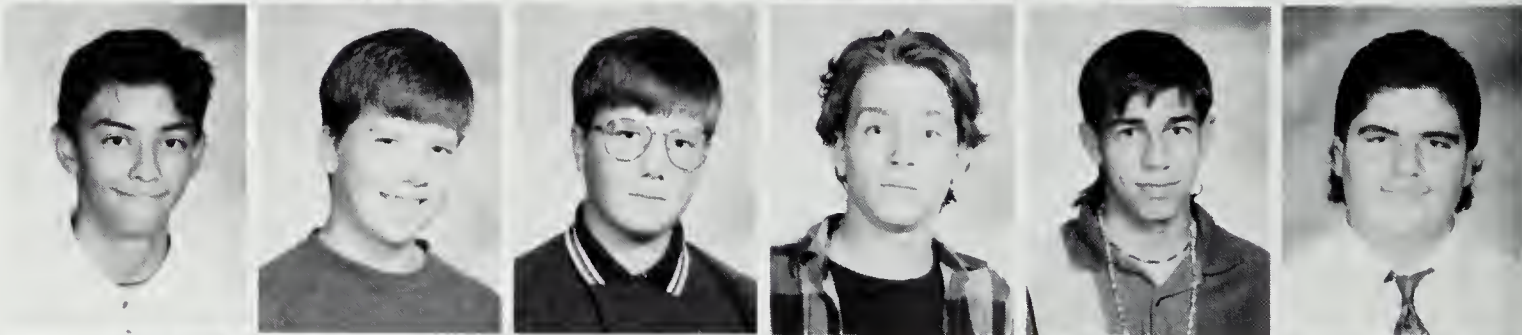
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Lindsay Canrad  
Bannie Canstable  
Aneesah Caaper  
Kenya Caaper  
Alan Capeland  
Dawn Carnell  
Allison Cawan  
Elizabeth Cawardin



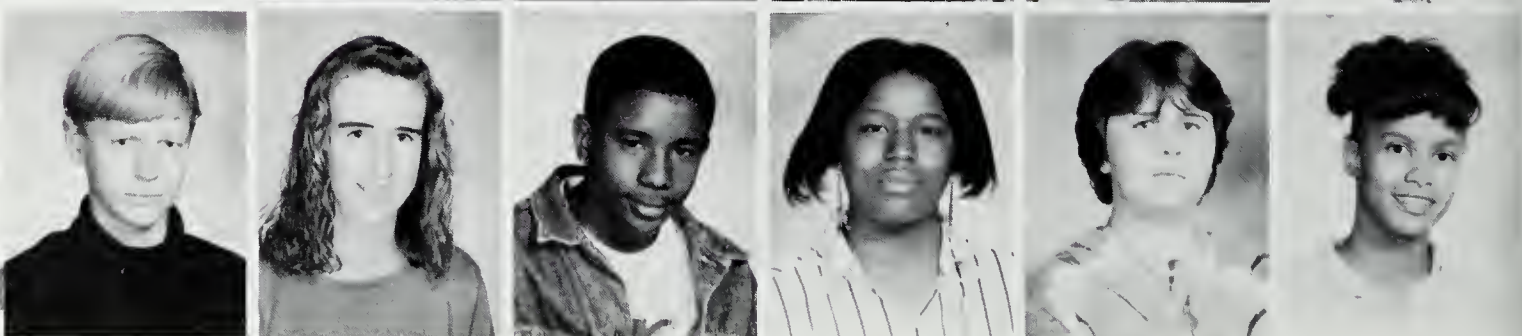
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Beth Craig  
Matt Crane  
Wayne Crane  
LaCresha Crenshaw  
Jasan Crevar  
Jared Crow  
Sherry Crummett  
Nery Cruz



Rufina Cubias  
Jacob Dakan  
Jashua Dakan  
Chris Damanda  
Peter Danieli  
Jasan Daniels  
Ange Davis  
Billy Davis  
Reggie Davis



Phil Dawson  
Cameron Day  
Caulbert DeBase  
Cyneithia DeBase  
Brandy Deem  
Olga DeJesus  
Francy Delcid  
Aaran Demary  
Andrew Dennis





# Frosh Leaders

Freshmen have had to deal with many adjustments to high school life through the years. Walking through crowded halls, dealing with jammed lockers, and studying longer than ever before were just a few on a long list. That's why it was so hard to imagine being a leader in a freshman class on top of everything else.

The freshman class of 1996, its officers and its executive council, didn't waste any time getting to work. Students campaigned for office in the fall, and later the members of the executive council were determined.

Mrs. Thora Davis, freshman class sponsor, said, "The executive council consisted of students who originally

ran for office, but were unsuccessful. Prior to the election, we told all students who campaigned that they were encouraged to attend all SCA and class meetings. We wanted them to know they had an important role, even if they didn't win."

Freshman Class President, Corey Albright said, "One of the reasons that I ran for office is that I wanted to work with a group of people to make a difference. The officers and council are great."

Secretary Amanda Kelly agreed, "The reason why Homecoming was such a success was because the officers and council pulled together to get the job done."



Freshman Class Secretary Nick Zizzo talks about the recent council meeting with fellow freshmen Alphonso Williams, Mike Washington, and Adam Peterson. Spreading the news about upcoming events was vital to communication among freshmen.

Officers and Executive Council



# Is it True?

## Distinguishing the Myths

"Elevator passes on sale for five dollars!"

An elevator pass was a common myth the freshmen heard about high school.

The most famous myth of all was that there was a pool on the roof. This myth was easy to believe, "The roof is so big and we do have a swim team," said freshman Heather Megnia.

Being jammed into a locker was also popular. This myth could be believable before lockers were assigned, but after, freshmen could see this was impossible with the dividers.

Some myths were extremely outrageous. "I heard that on the first day of school, upperclassmen would put a big 'F' on your

forehead and you would have to walk around all day with it," said freshman Melanie Park.

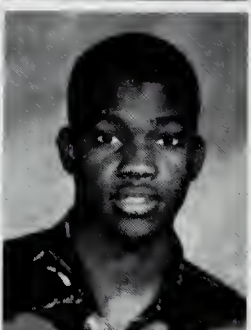
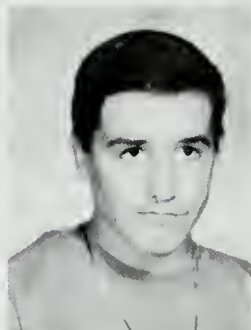
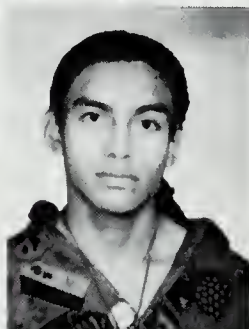
Other myths dealt with holidays for the freshmen. "I heard there was a Freshmen Day, where all of the seniors get the freshmen by putting their heads in the toilet and flushing it," said freshman Billy Coniuti.

Whatever they were, numerous myths were floating amongst the freshmen throughout the year. Fortunately, by the end of the year, the freshmen were able to distinguish the myths from the facts and were ready to pass the stories down to the next class.



"Oh come on, did you really think that there was a pool on the third floor?"

While eating lunch, Freshmen Rachel Hudson, Liz Hiesey, and Alison Leckrone discuss the various myths and stories they heard about high school before they began their freshman year.



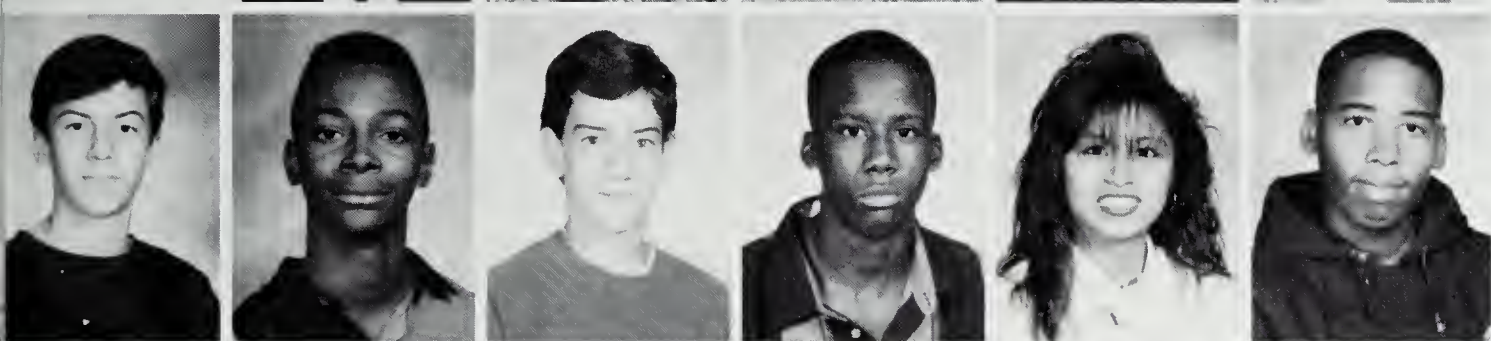




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Kevin Dise  
Carnelius Dixan  
Matt Dadsan  
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Shannan Dake  
Reggie Dalan



Jahn Daaley  
Mike Daanis  
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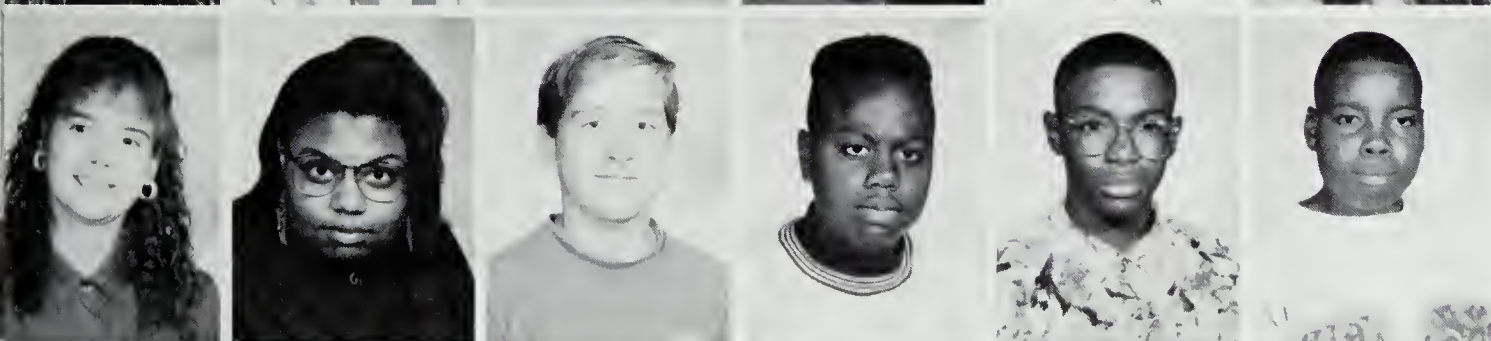
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Davin Entzminger



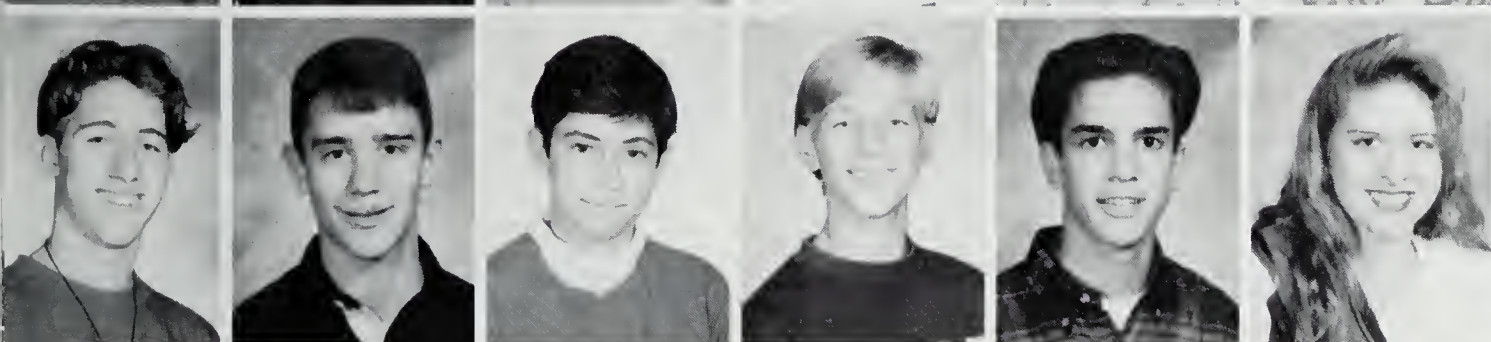
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Stephanie Feindt



Yamil Felicie  
Chris Ferguson  
Jerry Feuchtwanger  
Steve Finney  
Megan Fitzpatrick  
Kevin Flanagan  
Kevin Fleet  
Wendy Flares  
Denise Fluitt  
Heather Falks



Jennifer Fang  
Claire Fantenat  
Chris Fard  
Brack Farkey  
Teresa Franklin  
Carol Frazier  
Jeremy Frazier  
Michael Frazier  
Kenny Frederick  
Carl Fudge



Karla Fuentes  
Michelle Fujia  
Timothy Fuller  
Keyla Gale  
Sam Gamman  
Bryan Gauch  
Joseph Gautreau  
Nicolas Genest  
Jeff Giassan  
Angela Gibbs



Jeremy Gillespie  
Jasen Gleatan  
Adria Galdsmith  
Chris Gaadchild  
Taly Gaade  
Jeff Gatherman  
Peter Graham  
Karl Grandt  
Richard Granger  
Rebecca Greenberg



# The Class that Doesn't Hide One IN The Crowd

In the halls, the laughter and shouts of filling every crevice, nearly three thousand students pushed their way to their next class with the ring of a bell of the enormous herd trampling through the school, eight hundred and thirteen freshmen tried to push their way through.

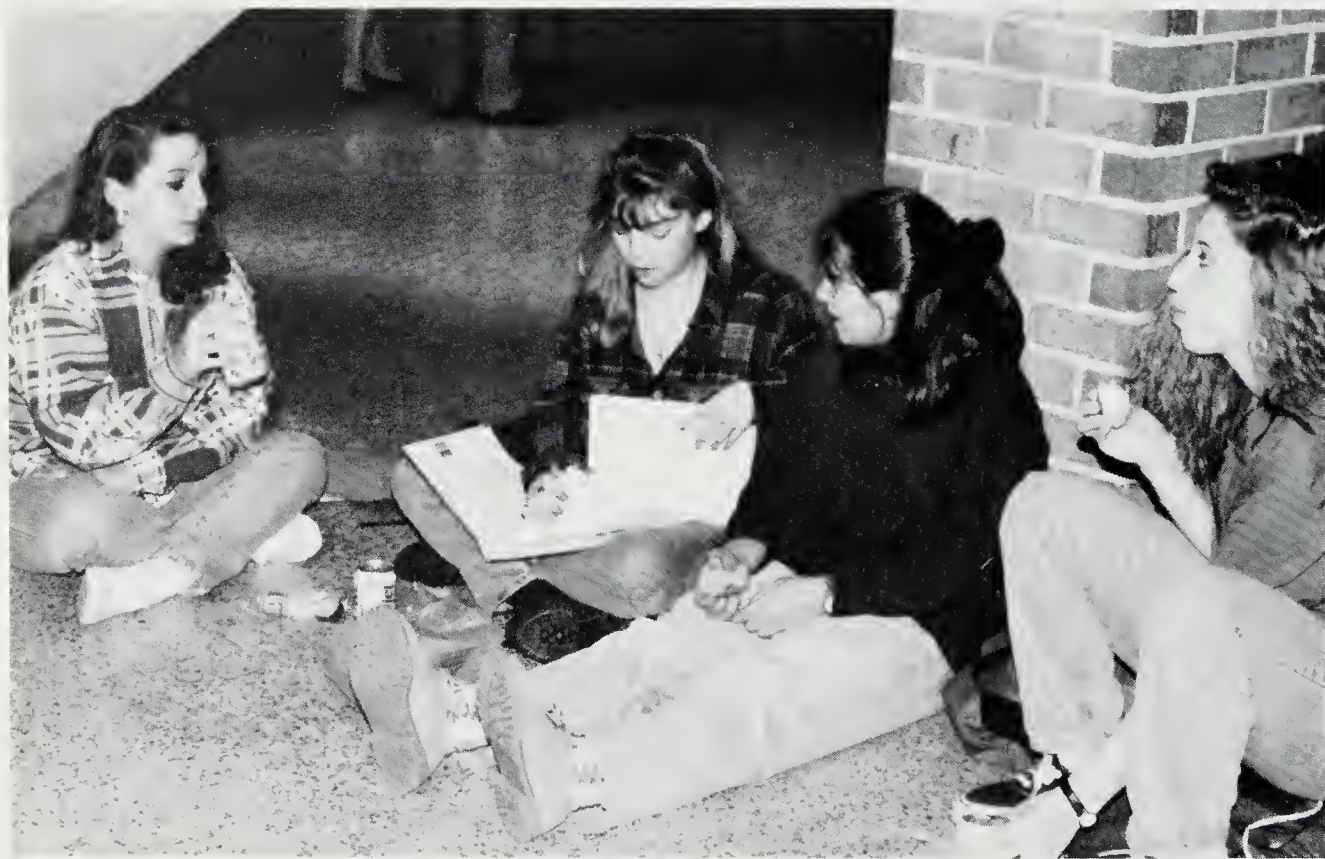
As members of the largest and youngest class, freshmen had to learn how to throw hefty weight around. "I like our class. At pep rallies, our size makes it easy for us to show our school spirit in the shouting competitions," said freshmen Theo Ingram.

Others disagreed. Patricia Ricuitti said, "We may have the numbers, but we have not earned a chance in the spot light yet. We're still too

young. That's saved for the upperclassmen."

Freshmen also had to find various methods to preserve their individuality. In a class that large, it became difficult trying to be more than a face in the crowd. The security of a big group, however, was comforting to some. Freshmen Caroline Irick said, "in a class as big as ours, it's easy to get lost. At the same time, though, I like the idea that there is not just one person that is seen as the leader of the class of 1996. The entire class has a leadership role."

What the class lacked in experience was made up for by sheer force of numbers.



As Sarah Wilson, Merideth Weaver, Evelyn Kennedy, sit to eat their lunch they realize that they always have a friend to be with. Sitting downstairs in a circle, these girls take time to finish homework, talk and eat some nutritious food to last them the rest of the day.







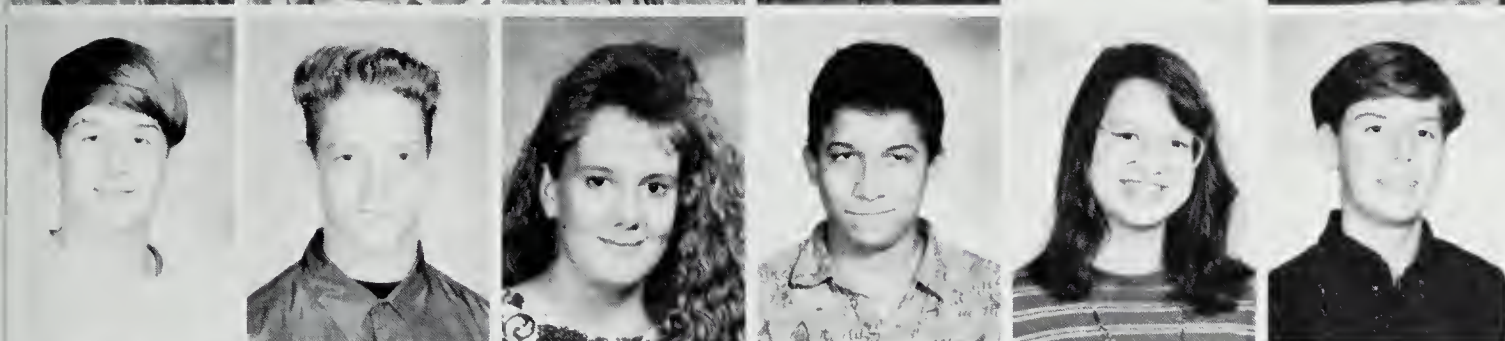
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Jim Grube  
Jady Guerrero  
Vicenta Guevara  
Yusaf Gul  
Bryan Gulli



Amit Gupta  
Erika Gutierrez  
Yennis Guzman  
Asher Haines  
Mike Hamilton  
Tasha Hamlet  
Ryan Hansan  
Marcus Hardie  
Sean Harrington



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Sherry Harris  
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Farzane Hashemi  
Chris Hatcher  
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Jasan Heil



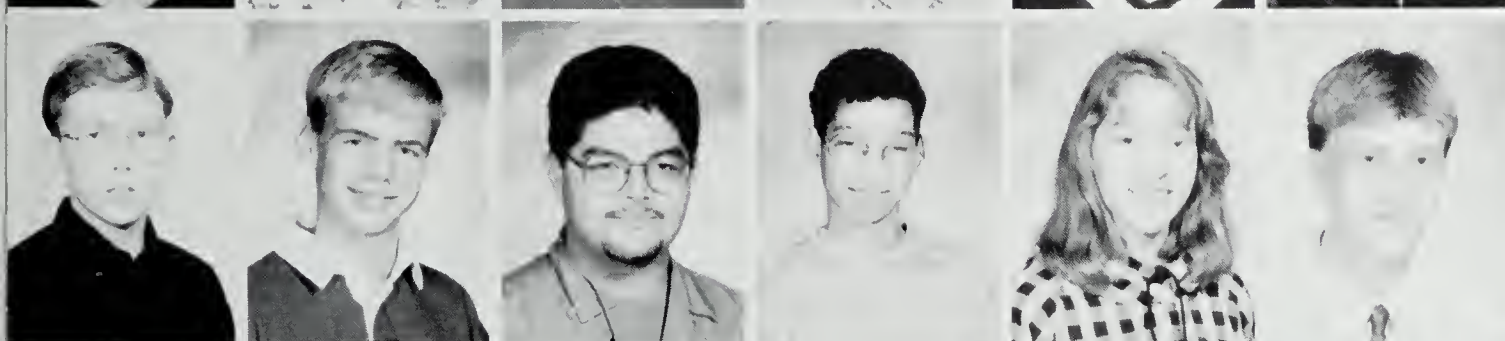
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James Hewitt



Jamie Hibbard  
Matt Hicks  
Matt Hicks  
Jervenna Hill  
Terry Hinkle  
Jaaquina Hacag  
Brandy Haffman  
Nathan Halmes  
Charles Halsinger



Carol Haad  
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Scatt Harneber  
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Tami Howard  
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Crystal Hudgins  
Rachel Hudson



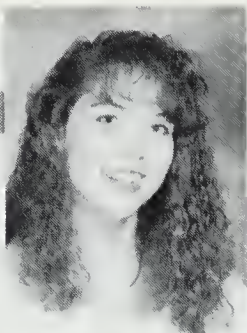
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Theadore Ingram  
Caraline Irick  
Tim Irian



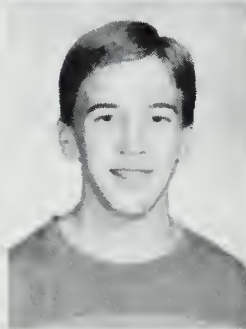
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Manica Jennings



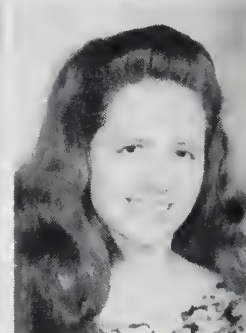
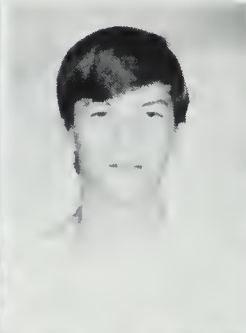
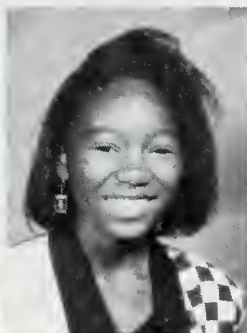
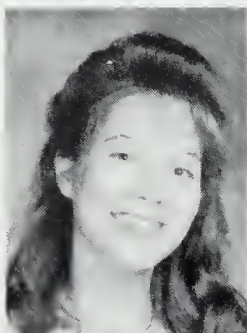
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Thomas Jahns  
Christian Jahnsan  
Jillian Jahnsan  
Kenneth Johnson  
Kimberly Johnson  
Rusty Johnson



Tanesho Johnsan  
Alli Jahnston  
Amy Janes  
Chris Janes  
Steve Janes  
Luke Kahng  
Lari Kam  
Cecilia Kans  
Kelly Korden  
Calleen Kornos



Susan Katzbeck  
Karen Keatan  
Jeremy Keatar  
Alisan Keeham  
Ryan Kelley  
Amanda Kelly  
David Kelly  
Eric Kennedy  
Evelyn Kennedy  
Horry Kerns



Sheri Kiefer  
Jeremy Kiehl  
Michelle Killik  
Gordenia King  
Mike Kline  
Shaun Knepper  
Jasan Knox  
Max Kruschka  
Jamie Kutchmon  
Andrea Ladner



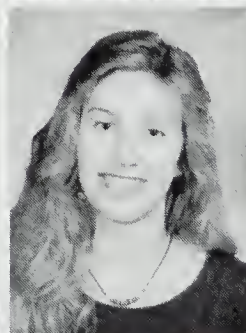
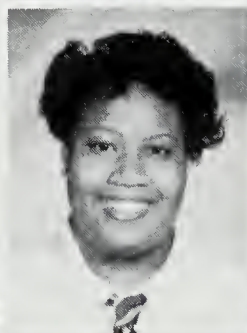
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Leslie Lenyi



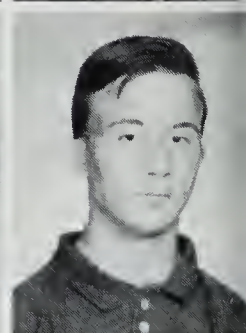
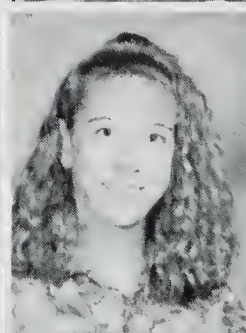
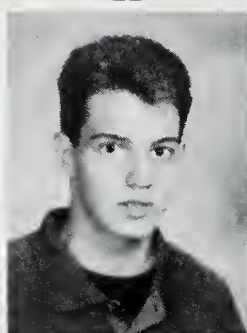
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Cindy Lizono



Bloir Lockomy  
Cordi Lockamy  
Jahn Logan  
Michelle Laoney  
David Lavell  
Andrea Lazinak  
Donielle Luberecki  
Lorry Lucas  
Susan Lutes  
Sara Lyng



Diomond Lynch  
John MacNeil  
Jessica Maddox  
Jae Moiney  
Amy Majewski  
Phillip Majars  
Dawn Malepe  
Maria Manderson  
Kakisha Manuel  
Brodie Marraw







# Dining In

## "Doing Lunch" Around the School

The bell rang at 10:52 a.m. "A" lunch began. The search was on for freshmen to find a place to eat lunch. New to freshmen, high school lunch rules allowed students to eat in either the upstairs or downstairs cafeterias, hallways, the lobby, or when the weather was good, outside. Freshman Tami Howard used this new opportunity to her advantage. She said, "I eat lunch in the halls because I think eating in the cafeteria is boring."

Lunchtime was also one time during the day when students were allowed to meet and talk to friends. "I eat with my friends because it is a good opportunity to socialize," said freshman Jody Guerro.

In middle school, the choice of where to eat

lunch was limited to just the cafeteria. "I eat in a different place every day because in middle school I had no choice," said freshman Matt Trotta.

Others agreed about the new advantages of lunch at high school. Longer lunch periods, more places to eat, and more places to buy food so it was possible to avoid the long lines in the upstairs and downstairs cafeterias. Freshman John Mumley said, "The options in high school give us more freedom."

Freshmen were faced with new challenges and opportunities with the beginning of high school. A change from strict middle school lunch rules was just one new privilege provided to the freshmen class.



Taking a break from the daily grind of school, freshmen Missy Baker and Susan Lutes enjoy a delicious lunch and the company of friends in front of the freshmen lockers. The lockers were a common place for "dining".



Kate Mars  
Steve Morsholl  
David Martin  
Jase Martinez  
Nnamdi Martin  
Dwoine Mason  
Lashundra Mason  
Michelle Matthews  
Lamorr Mayfield



Andrew McCary  
Kristina McCay  
James McCormick  
Gino McClanahan  
Jennifer McCray  
Morvin McGraw  
Telly McGriggs  
Brion McGuire  
Ashley McKelvy



Scott McKeown  
Lamar McLean  
Megon McQuade  
Samantha McQuade  
Pot McWilliams  
Chris Meadows  
Donny Medino  
Kotie Meeks  
Heather Megnia



Billy Meikle  
Melissa Meraz  
Harnet Meresie  
Steven Merrix  
Janice Metz  
Beth Mickey  
Shoron Migliaccio  
Sarah Mims  
Morie Minge



Erin Mitchell  
Lisa Mitchem  
Marc Maalond  
Adrienne Mantanori  
Dole Mantgomery  
Jillian Moore  
Manique Maare  
Lamea Morris  
Tony Marris



Elizabeth Martensen  
Kimani Marton  
Williom Morvel  
Josan Moss  
Miriam Moss  
Mory Moton  
Angelo Mullins  
Jahn Mumley  
Patrick Murroy



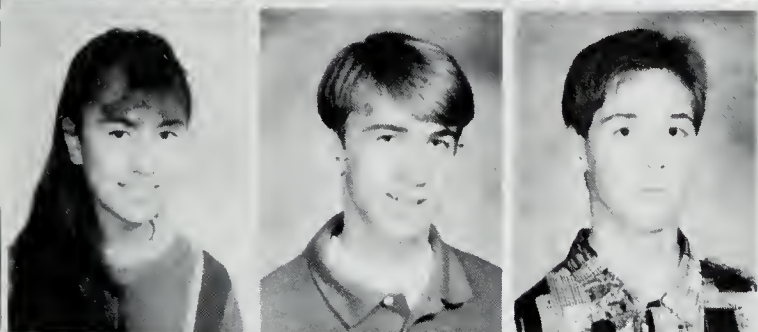
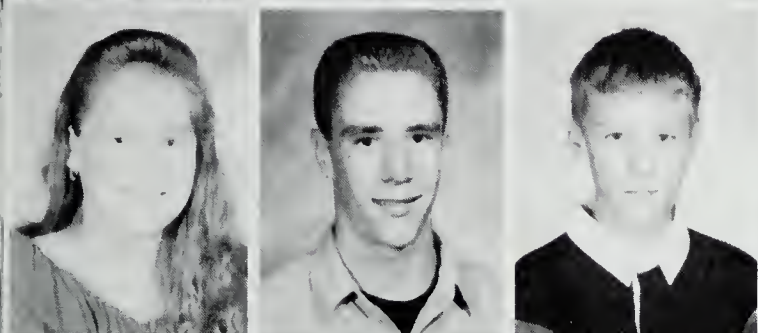
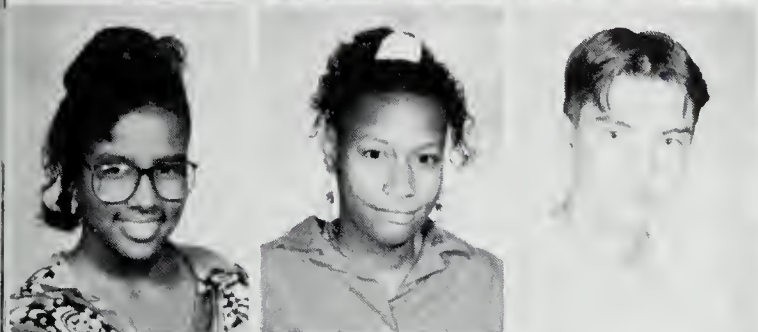
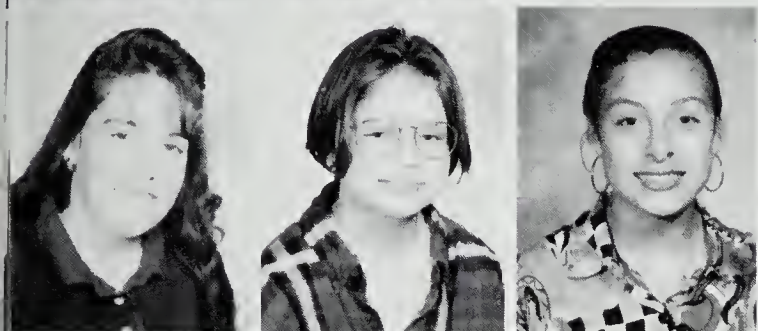
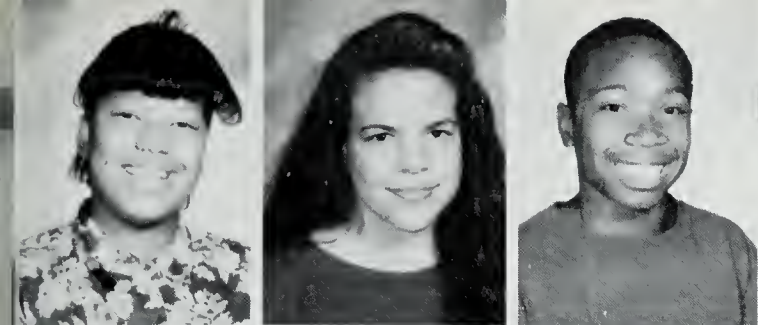
Joe Mustachia  
Natalie Myers  
Jockie Myhrer  
Theresa Mylechroine  
Mark Noegle  
Veronica Nojjum  
Rochel Nakomuro  
Brad Nance  
Sean Naydock



Kim Neel  
Jessica Nees  
Elizabeth Nelson  
Rodney Nelson  
Jason Nevitt  
Adam Newcomer  
Audrey Newcam  
Jeffrey Nielsen  
Jared Nishimata







■ Exams: *New for freshmen*

# What's the word?

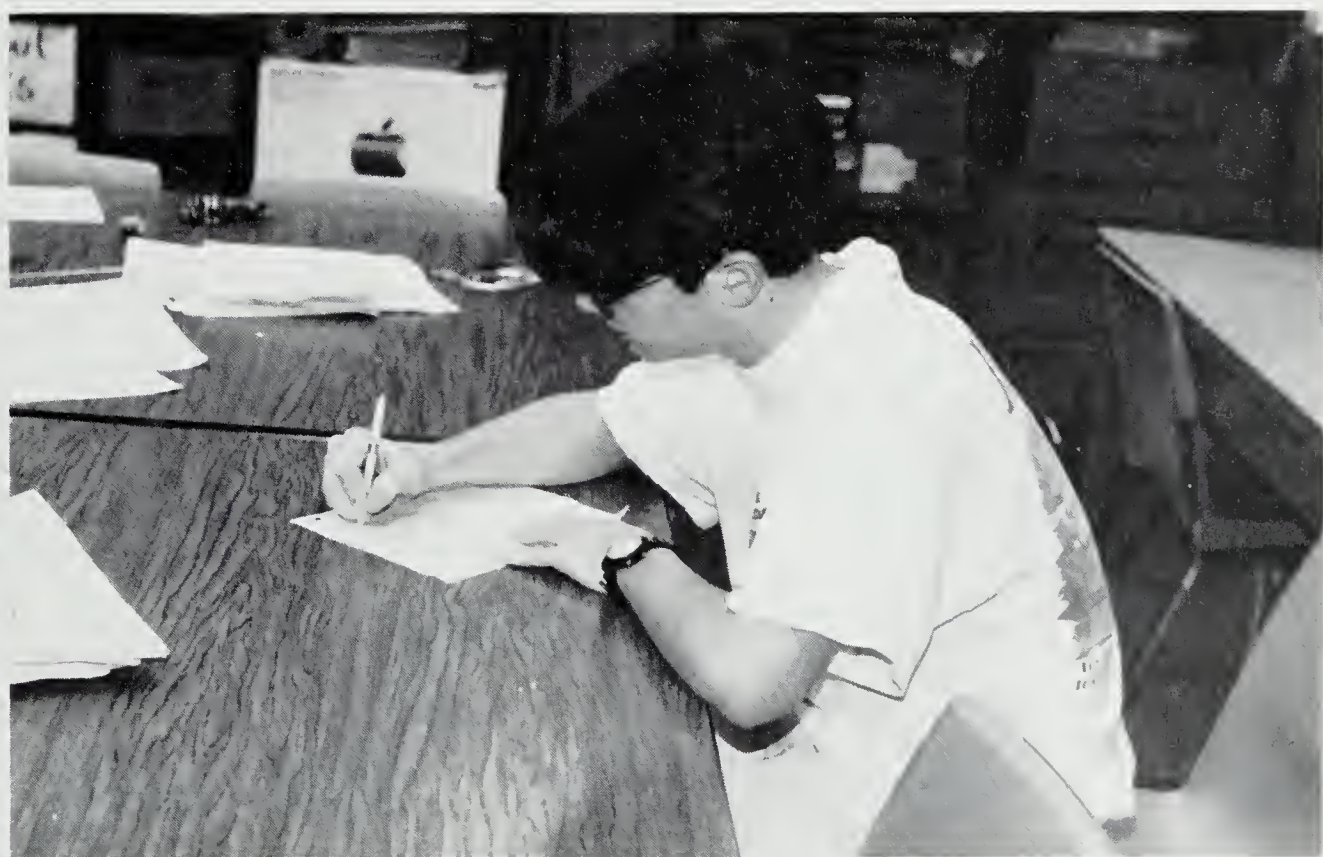
“Take out a cover sheet, a clean piece of paper, two number two pencils, and a blue or black ink pen. Get ready for the exam.”

Such directions, delivered by teachers on a daily basis, were the cause of the collective groans that escaped from the vocal cords of students. While each individual teacher's style was unique, the upperclassmen most often had the opportunity to “practice” taking tests and writing essays in their previous years of high school. For freshmen, however, this was the first year that they were exposed to such rigorous testing manners.

“I was surprised by the amount of information included on tests at first,”

said freshman Alexis Drezek. “Before, I only needed to study enough to remember things for the next day. Now, I have to remember information I studied in September. It makes me nervous to know that one test contributes so much to your entire grade.”

Freshmen Kirstin Sipes agreed. “In middle school, the tests we took were more a check to make sure that we had done our homework. Now, the same method is used to determine whether or not we have been paying attention for an entire semester. It puts a lot of pressure on students. I know it's to help us prepare for college, but some people don't test well.”



While sitting writing his test Chris Wilson, is trying to remember everything which his teacher is looking for. Having essay exams always gave students a way to demonstrate their writing styles, skills, grammar, and to keep sentence structure a flow.

Tests & Exams



# A New Trend

## Favorite Team Starter Jackets

When looking around the halls the main thing that seems to stick out was all the starter jackets. More and more people had started to purchase them with their favorite profootball team on the back.

But where were they getting them? Freshman Quincy Conner said, "I got my Miami starter jacket at Pro Image, where most people seemed to be getting them."

Was it for the comfort or fashion that people were starting to buy them? Freshman Duane Brown said, "I think it is for the fashion because once one person starts, everyone else does. It's a trend."

When summer comes, what will happen to the starter jackets? Were they still going to be in style next winter? Freshman Jimmy Burgess said, "I think they are becoming less and less popular already." Not every freshman agreed with this statement.

"People paid a lot of money for them, I think they'll stay in style," said freshman Theresa Wiseman.

Which came to the last questions, which one seemed to be the most popular? Freshman Jeff Giasson said, "I think the Bulls starter jackets are worn the most, they seem to be the most kind I see."



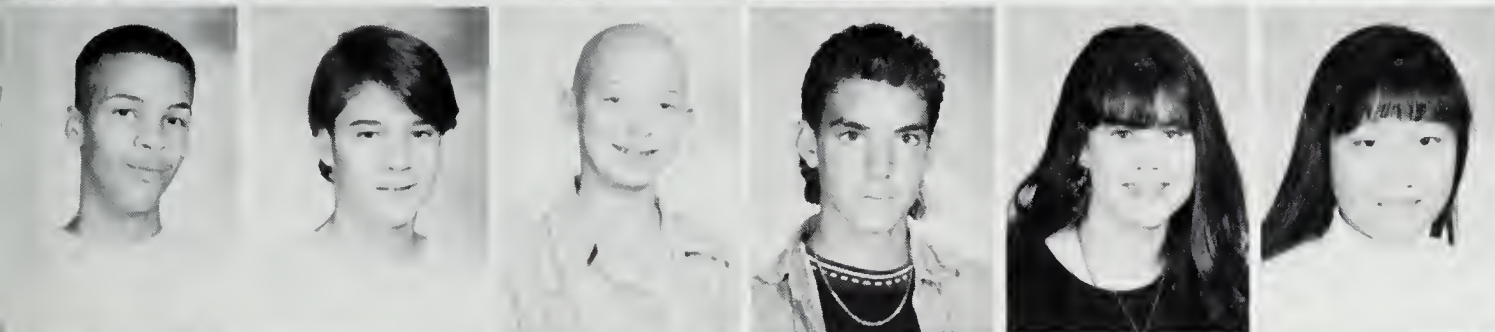
Freshman Brain Roy talks to Jerry Stablier and Alex Anzueto about their friend's new Bulls starter jackets. The Bull's seemed to be the starter jacket that was catching people's eye. It was the jacket said to start the whole trend.







Danavon Navatnik  
Jeremy Nowak  
Herberth Nuarez  
Joson Nugent  
Kathleen Nurthen  
Heidi Obanda  
Kevin O'Brien  
Lynn Odie  
Song Oh  
Jasan Ohs



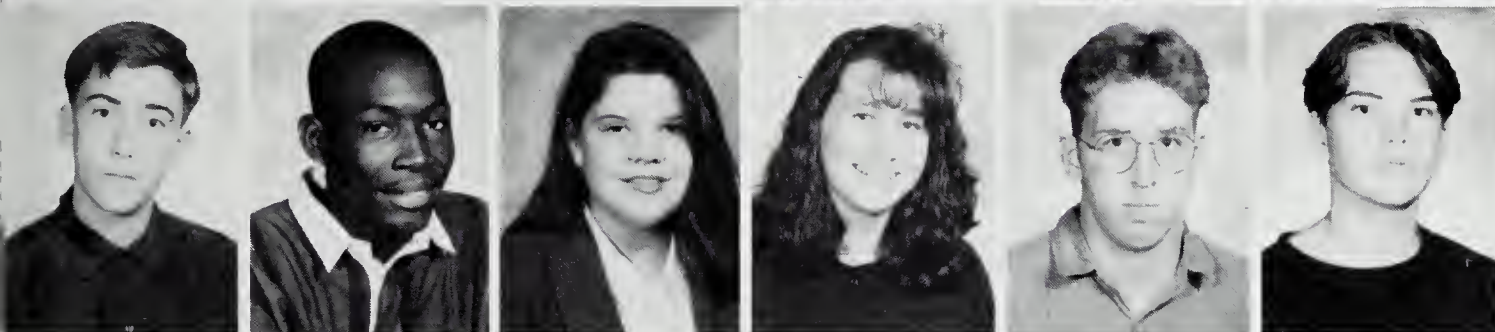
Darren Ohle  
Janathan Olin  
Jonothon Olszyk  
Jessico Orndorff  
Luis Ortiz  
Morgon Poce  
Ann Palmer  
Tom Ponepinto  
Stephonie Pardo  
Melanie Park



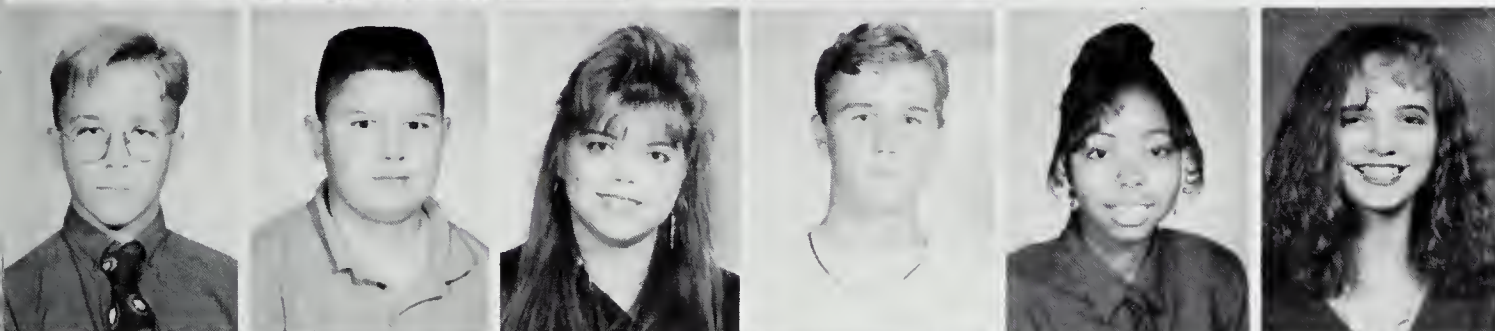
Donielle Parker  
Erico Porker  
Andrea Payne  
Candice Payne  
Marleah Peabody  
Jonine Peacock  
Rebecca Peovyhouse  
Sarah Peckham  
Yema Pekanyande  
Alton Perkins



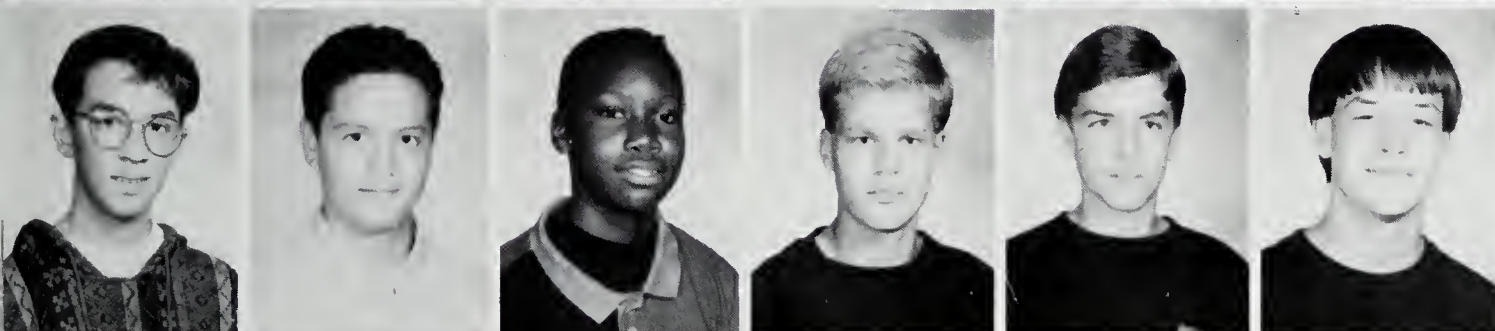
Courtney Perks  
Brent Perry  
Korry Perry  
Marcus Perticori  
Susan Peters  
Adom Petersen  
Davin Peterson  
Eric Pfister  
Corolyn Phillips  
Angelo Pi



Gabe Picord  
Maggie Piczok  
Adom Piety  
Andy Pillifont  
Calin Pinkston  
John Pitts  
Rani Plote  
Dawn Plauche  
Chris Plummer  
Jeff Poertner



Sherry Poling  
Kara Pope  
Gerardo Portelo  
Mocy Price  
Kenny Prochazko  
Janathon Publicover  
Deannah Pugh  
Shonnon Pyktel  
Monique Quarles  
Jennifer Quick



Brett Quinlin  
Joson Romas  
Jennifer Romsey  
Shelby Rondall  
Kit Rosh  
Croig Rechkemmer  
Daniel Reed  
Joy Reedy  
Justin Reedy  
Broin Reese



Danny Reese  
Rudy Redonna  
Sabrina Reeves  
Adam Reinhart  
Aaran Reise  
Soroh Reynolds  
Allen Rhades  
Patricio Ricciuti  
Brion Richards  
Marlene Richords



I can't wait till I can drive! ■

# Who's Driving

"Mom, can I get a ride to the movies?" "Sure, but what movie are you going to, who is going with you, when are you coming back, and who is bringing you home?" Freshmen always ran into this kind of torture when they asked their parents for a ride somewhere. "I usually asked my brother for a ride first because he usually says 'yes', and does not ask questions or get suspicious," said freshman Tracy Watson.

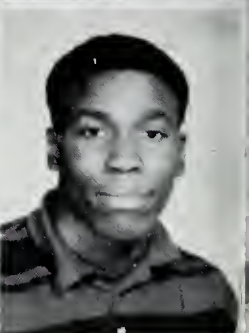
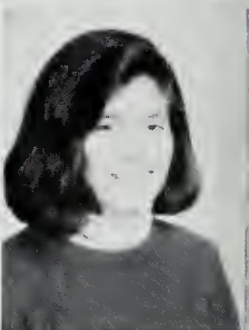
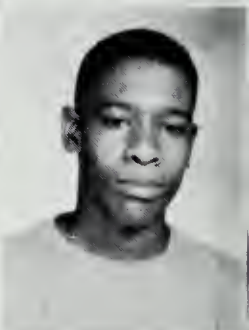
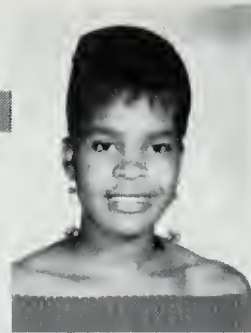
Some freshmen wished there was a Metro or a bus to get from place to place, like in the big cities. Freshman Tamorre Simpson said "If there was a bus or metro train around Woodbridge I would ride it. It would make it easier and more convenient to get from place to place."

Freshman Carl Fudge said, "It is hard to get my parents to take me to parties. They ask too many questions so I lie to them and have them drop me off a street before the one the party is on." Freshmen often wanted to go to a party but did not have a ride so they lied to their parents so they would take them there.

Freshmen that had friends who drove often lucked out and had the burden taken off their shoulders of wondering how they were going to get there. Freshman Steve Jones summed it up best when he said "My friends do not really mind giving me rides to places when it really comes right down to it." Sometimes freshmen missed out because they did not get a ride.



Sometimes freshmen had to do favors for the person that gave them a ride to school. Christian Johnson unlocks his sister's car and warms it up while she sat inside and did last minute things before school.

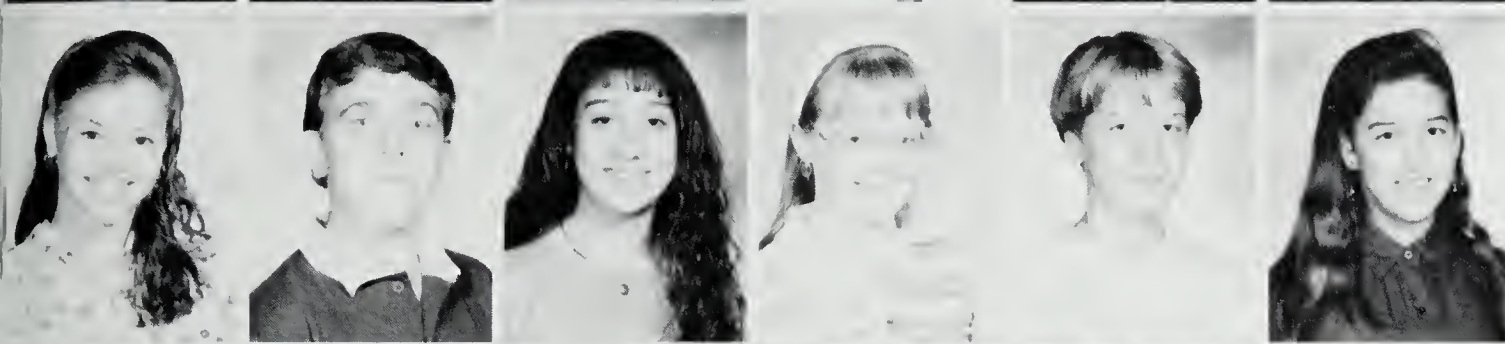


Freshmen

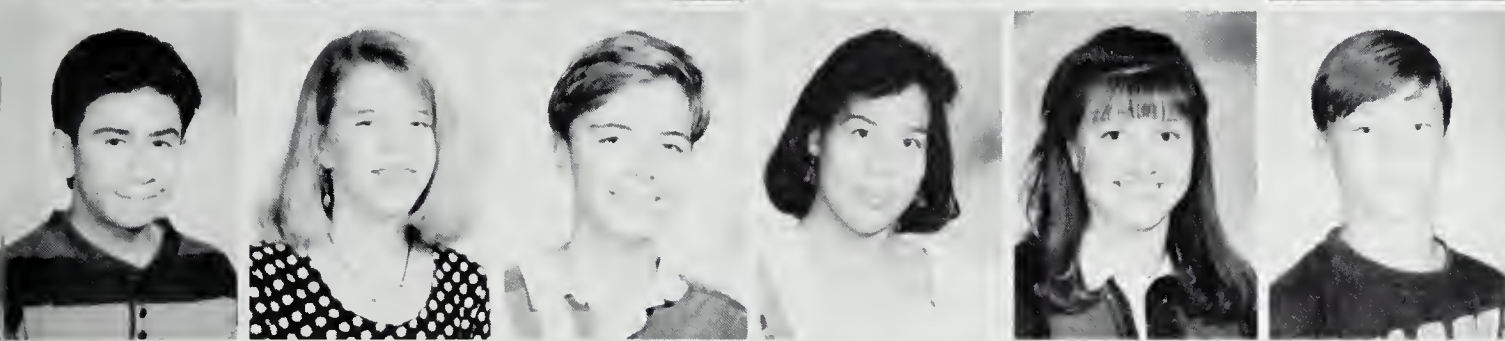




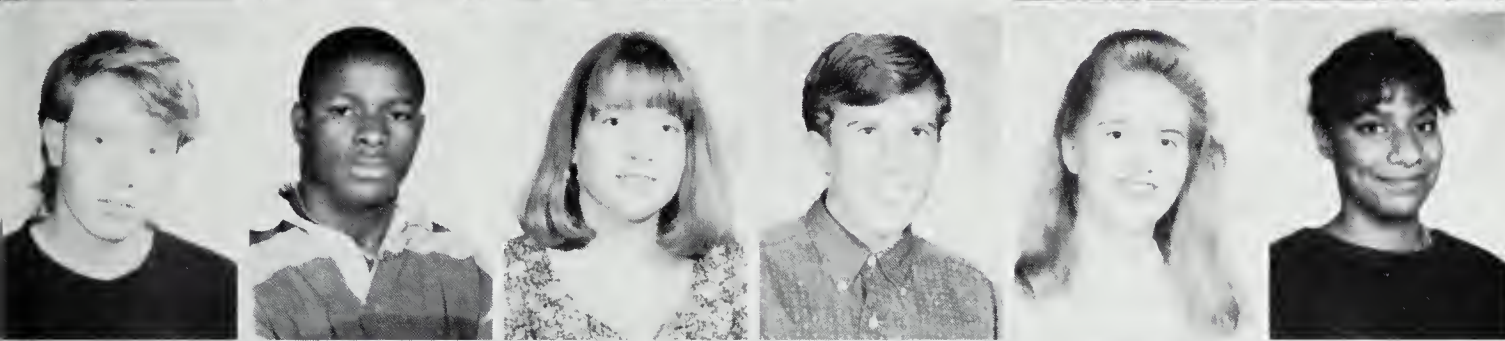
Kyeisha Richardsan  
Eric Riddle  
Tavarres Riley  
Ashley Rinehart  
Sania Rivas  
Karen Rodriguez  
Aaran Ragazinski  
Kristin Ramana  
Laticha Ramea



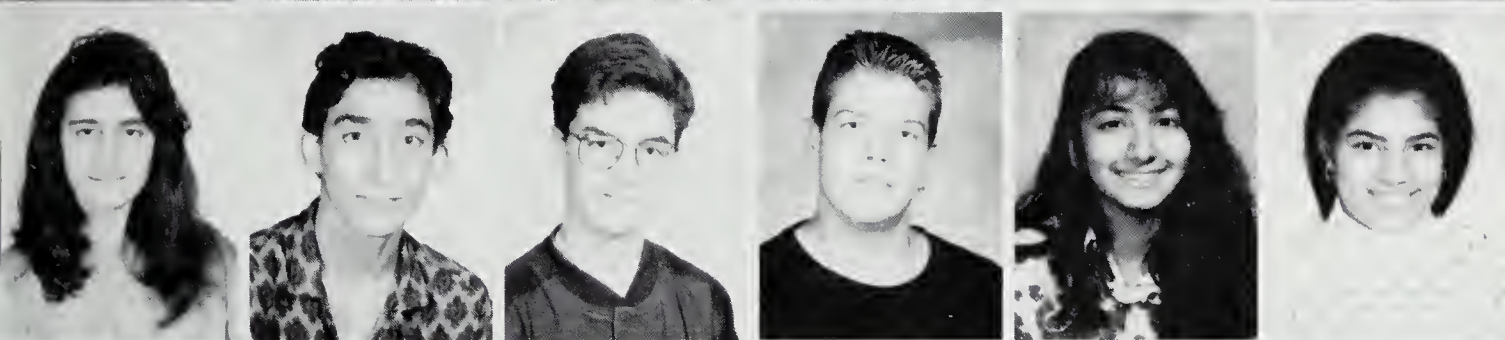
Stackin Rasaria  
Kari Rase  
Megan Rassi  
Laura Rasynek  
Brian Ray  
Michelle Ruch  
Sabrina Rude  
Patrick Sachs  
Kelly Sakai



Jaime Saldana  
Mary Saldana  
David Salisbury  
Jase Erick Salmeran  
Melissa Salzer  
David Samuhel  
Alissa Sanchez  
Krystal Sanchez  
Michael Sands



Angela Santiago  
Juana Santos  
Geoffrey Sarmac  
Tam Saucerman  
Mai Sawaneh  
Tirzah Schaefer  
Ryan Schnurr  
Jennifer Schuller  
Manika Scott



Aisha Scriber  
Carmen Scriva  
Gary Seeley  
Hamida Shafiq  
Inayatullah Shafiq  
Leighton Shank  
Mike Shanks  
Kamal Sharma  
Shubh Sharma



Jash Sharp  
Andy Shaw  
Damien Shaw  
Janathan Sheppard  
Sandra Shumard  
Chrissy Sieg  
Ryan Simpson  
T. Simpson  
Brian Sipes



Kirstin Sipes  
Sauky Sisauvang  
Jennie Sittnick  
Angela Smigel  
Angelique Smith  
Chrissy Smith  
Danielle Smith  
Duncan Smith  
Perry Smith



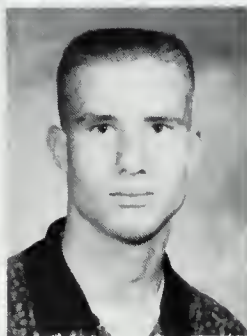
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Matt Smith  
Tim Smith  
Yvette Smith  
Jay Snell  
Adam Saas  
Rabin Sata  
Shelly Sauter  
Na Sauvanaratana



Matt Sava  
Alisha Sawells  
Billy Spicer  
Victoria Spriggs  
Matt Staats  
Rab Stanford  
Cheryl Stedman  
Charlie Steen  
Bryan Steward  
Matt Stillwell



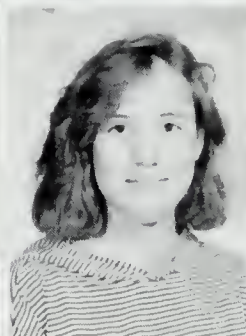
Shannan Stacks  
Shawn Stagner  
Thabit Strange  
Cannie Strength  
Caryn Straup  
Elizabeth Studebaker  
April Suchland  
Matt Sweesy  
Mark Swindell-Green  
Tameika Sykes



Tauja Sykes  
Darrel Taber  
Stephanie Tackett  
Mirwais Taj  
Veronica Tayca  
Jay Taylor  
Chris Thai  
Siriparn Thayaprasat  
Amber Thomas  
Daneeka Thomas



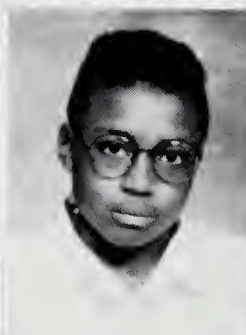
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Teddra Thomas  
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Kirsten Thampsan  
Latina Denise Thampsan  
Megan Tierney  
Pat Tierney  
Tanya Tilgner  
Alicia Tisdale  
April Tittle



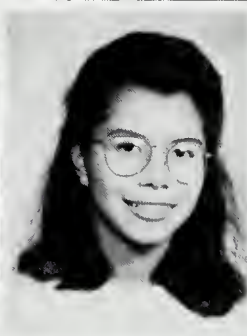
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Kristen Tannesen  
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Janice Tassas  
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Sean Tracy  
Tara Tremblay  
Amy Tratt



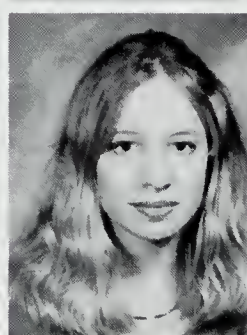
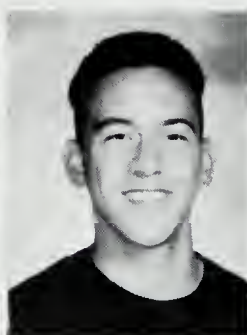
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Kim Tupper  
Charles E. Turner  
Mystee Turner  
Abegael Untalan  
Prashant Uppin  
Sean Urban  
Vatsant Vajirapinya  
James Vance



Suzan Vanaver  
Claudia Vargas  
Chad Varga  
Mary Varrieur  
George M. Velarda  
Maria Velez  
Lyzander Vereen  
Dee Vernem  
Amy Vincent  
Timothy Vincent



Russell Virgilia  
Dan Vitug  
Christina Vogel  
Jennifer Walawender  
Martin Waldan  
Netina Wallace  
Katherine Walters  
Laura Waltan  
Erin Wargos  
Jennifer Warnasch







# Jammed Shut

## Cram and Jam of Sharing a Locker

As he twists the last number in his combination and opens it, his locker partner's shoes, books and gym shorts tumble out of the locker.

"There's not enough room for my junk. My locker is always full of my clothes and books," said freshman Billy Green. Because of the enormous size of the freshman class, 813, they were forced to share lockers.

"I don't think that you should have to share a locker with someone you don't know. We didn't have to last year in middle school," said freshman Ann Palmer. Sharing lockers was a change freshmen went through. They either disliked their lack of priva-

cy and space or enjoyed the companionship of having a locker partner.

"The locker is too small, but I really like my locker partner so I don't mind having no room," said freshman Shelly Souther. Freshmen had a good time while sharing lockers. They normally chose a friend or acquaintance in their first period class as a locker partner.

"I think that sharing a locker is a lot of fun if you have a cool locker partner. If I didn't like my partner, I wouldn't like sharing a locker," said freshman Aaron Rogozinski.

Enjoyable or not, sharing lockers was one of the many new experiences that freshmen had to adjust to.



As freshman Alison Keehan takes her books from her side of the locker, freshman Tedra Thomas is shocked at the messy condition of her locker partner's shelf. While sharing lockers, freshmen often had to adjust to the neatness or messiness of their partner.

Sharing Lockers



Edward Worr  
Josh Worren  
Evongeline Washington  
Mike Woshington  
April Watkins  
Lee Watkins  
Tracey Watson  
John Weoppo  
Jason Weover



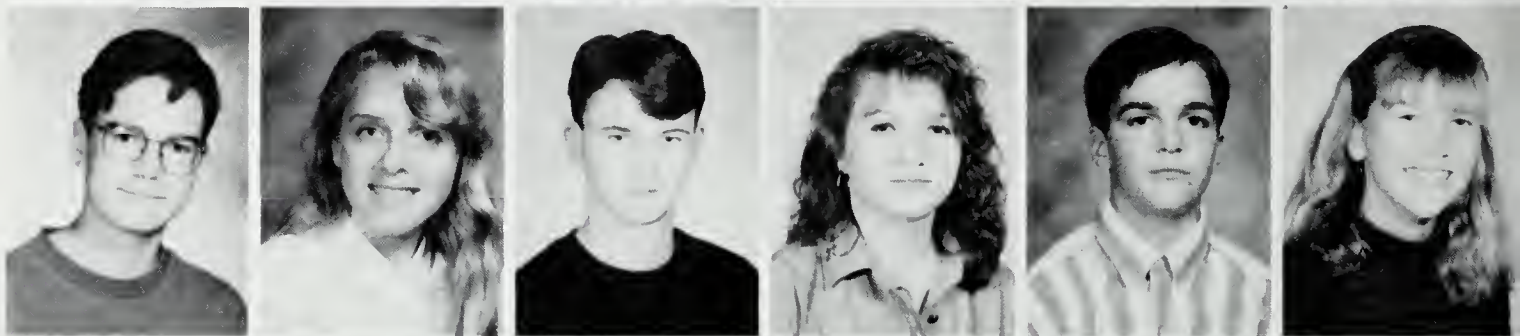
John Weover  
Meredith Weaver  
Jason Weddington  
Kristino Welch  
Chris Wells  
Brandee White  
Darlene White  
Kym White  
Megan White



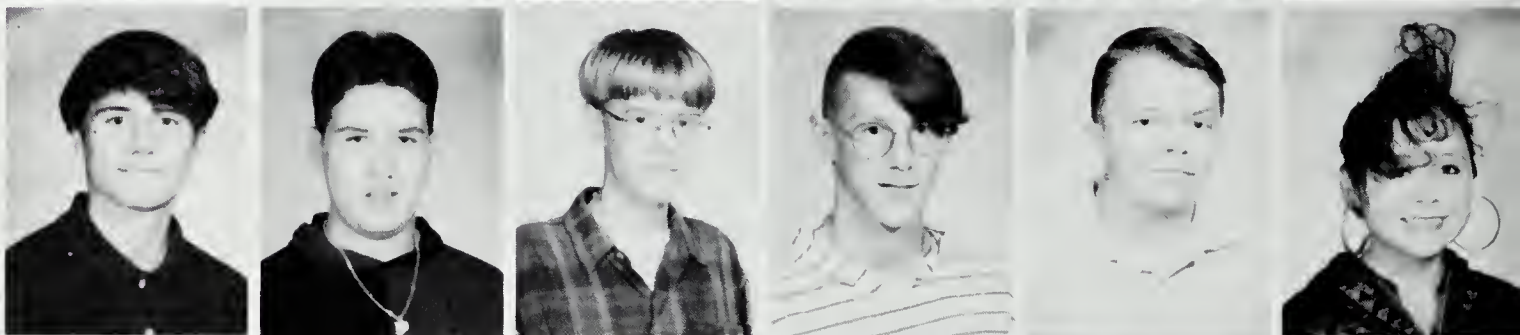
Kim Whitlock  
Brian Whitmer  
Joson Wild  
Joson Wilder  
Natasha A. Williams  
Normeko Williams  
Robert Williams  
Shameko Williams  
Alfonso Wilson



Chris Wilson  
Diono Wilson  
James Wilson  
Sarah Wilson  
Will Wimbish  
Thereso Wiseman  
Brandy Witt  
Lauren Woodcock  
Ebony Waaden



Joseph Lawrence Woods  
Christopher Woodward  
Bryan Waalard  
Eric Waalfenden  
Greg Wright  
Maria Wylie  
Nicole Xonten  
Jeremy Yomodo  
Kattie Yark



Colleen Young  
Jeremy Young  
Wondo Young  
Christina Youngblood  
Tam Youngbluth  
Huma Zaidi  
Danovon Zapoto  
Jonothon Zorkouskas  
Sondra Zepedo



Allon Zezula  
Nicholas Zizza  
Jamie Zoeller







It's Off to Work They Go

# Hi Ho! Hi Ho!

Beware — Frosh at Work! Freshman students may not have been able to obtain a work permit, yet it did not stop them from earning money.

There was definitely a place for freshman in the workplace. There was a great deal of diversity in the jobs, and money was always a welcomed reward. Students mowed lawns, delivered papers, babysat for younger siblings or other families, walked dogs, and even did chores around the house. "I mow lawns because it is a good way to get extra money. Then I can buy the things I want without having to get my parents' approval," freshman Robert Callender said.

Money was not the only benefit of having a job. Freshman Bryan Woo-

lard said, "I deliver the *Potomac News*. It's an easy way to make money, but it's also good exercise." There were also other reasons for having a job.

Freshman Andi Doran said, "I babysit because I love taking care of children and playing with them, especially babies."

Not everyone agreed that a job was necessary their freshman year. Freshman Danny Vitug said, "My mom gives me money so I don't need to work now. Why should I? I will be working for the rest of my life! I'm relaxing right now!"

Whether they were in it for the money, the exercise, or the satisfaction, the working freshman got the job done.



Freshman Robert Callender earns some extra spending money by mowing his backyard. His dad agreed to pay him a few dollars for his hard work. He also mowed other lawns in the neighborhood during the spring and summer months.

Frosh Jobs

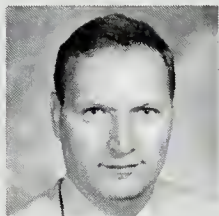


"Excuse me, ma'am, do you have your hall pass?" Officer Varvaro teases Dr. Carla Yock as they stand guard in the halls between classes, walkie talkies in hand.

## The Administration



Ms. Pamela White  
Principal



Mr. Eddie  
Campbell



Mr. Alan  
Ross



Mrs. Delores  
Roy



Dr. Carla  
Yock



Ms. Laura  
Zybrick

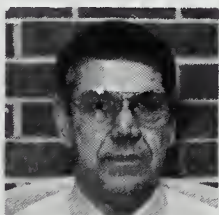


Mr. Will  
Robinson



Mr. Don  
Brown  
Activities Director

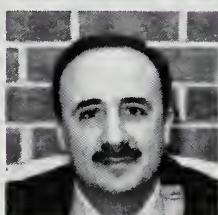
## the Security Team



Mr. Jackie  
Watts



Mr. John  
Rinkenberg



Officer  
Varvaro







Mrs. Margaret Adcock Guidance, Teen Counseling, Senior Newsletter  
 Mrs. Dee Allen Alg I Part II, Cons Math, Var Cheerleaders, Sr Class Sponsor  
 Mrs. Sandy Allen Secretary  
 Ms. Nancy Alvis Keyboarding App, Office Sp I Shorthand  
 Mrs. Linda Bell P E 10, Dr Ed, Sr Class Sponsor  
 Mr. Rob Benson Var, Concert, Symph Orchestra, Piano, Boys Bball, Girls Soccer, Musical

Mrs. Kathy Bergmann Accounting, Keyboarding App., FBIA  
 Mrs. Susan Bonacquisti P E, Dr Ed, Gymnastics, Varsity Club  
 Mrs. Cheryl Bonat Alg II, App Alg, Sr Class Sponsor  
 Miss Nicole Bryan Marketing I, Adv, Fashion Merchandising, JV Cheerleading, DECA  
 Mrs. L. Bryant-Kline Relationships, Foods  
 Mrs. Nancy Brugh Ind Living, Relationships

Mrs. Susan Burdett Spanish  
 Mrs. Sue Burns Special Education  
 Mrs. Deborah Cahill English and Drama  
 Mrs. Elizabeth Catron English, Gifted Ed  
 Mrs. Maureen Canny Chem I and Consumer Chem  
 Mrs. Carol Carpenter English A P 12, 9, Nat'l Honor Society, Beta Club

Mr. William Carreiro Guidance  
 Mr. Tom Cindric Geom, Alg II, Prob. and Stats, JV Softball Coach  
 Mrs. Carole Clark Guidance, Leo Club  
 Ms. Susanne Cleary Life Mgt, Co-op, Childcare I, II  
 Miss Pamela Coan World Studies I, Villettes  
 Mrs. Ginger Collier Biology

# Central Control

## aretakers of Thousands

The business of managing the nearly three-thousand student population and approximately three hundred faculty and staff was entrusted to one principal and ten Admin-

Slaving away, A.P. Administrator Delores Roy sits at her desk at the front of the school in a muddle of paper work. For administrators, it was often difficult to leave the office.

istrators, Administrative Aides, and Security Officials. Between the more unfortunate problems of tardiness and conflicts, to the "fun" of basketball games and play performances, the administration invested time and energy unequalled by others.

"I would say that the main 'problem' we deal with on a regular basis here is an excessive num-

ber of tardies," said principal Pamela White. "With nearly three-thousand students driving and walking and riding the bus on any day, seven days a week, there are lots of opportunities for tardies with an unlimited amount of consequences."

"I would say that, on the average, I am here sixty-five to seventy-hours per week, sometimes up

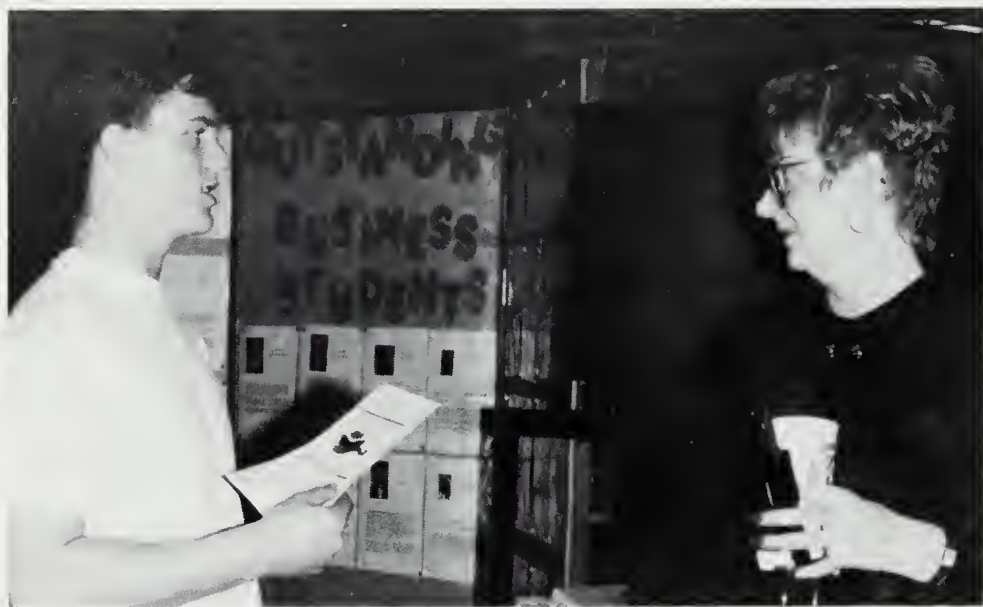
to eighty or ninety," said Mr. Alan Ross. "On Saturdays, I am here from seven a.m. to one p.m. to monitor the students at Saturday detention and at the make-up sessions. I don't know of any week that I am here for less than fifty-five hours a week!"

The Administration



"Mom, can I ask you a question?" Junior Jeff White stops his mother, Principal Pamela White, in the crowded hall. Trying to catch his mother at a free moment became difficult as she fulfilled the needs of the school.

Khanie Drammeh and her mother, English teacher Carol Drammeh check over papers together. This mother-daughter team not only worked together at home but enjoyed each other's company at school. Khanie was Mrs. Drammeh's aide.



## Mrs. Mom?!?

### Home Away from Home

"It's kind of strange. When I leave home, I say 'Good-bye' to my mom, knowing that I'll see her at school," said senior Amanda Ohle. "Because our schedules are so packed, they often conflict, so we both drive in separately. I am guaranteed to see my mom at least forty-five minutes out of each day. She's my Spanish teacher! I can assure everyone, though, that she is incredibly hard on me grade-wise; she treats me just like everyone else!"

For some students and teachers, the day included leaving home and bringing

a bit of it with them. The question of "Mom" or "Dad" versus "Mrs." or "Mr." created some confusion.

There were advantages though. "If I ever need something from her or if I need to talk to her about something, all I have to do is walk across the hall," said junior Brian Hicks.

Mrs. Carol Drammeh, whose daughter, Khanie, attended school with her said, "I keep her schedule on me during the day at all times because you never can tell when you'll need to see your kid!"







Ms. Sherry Colman Librarian  
 Ms. Susan Cunningham English 9 & 12  
 Mr. Jeff Custer HPE 10, Cross Country  
 Indoor Track, Outdoor Track  
 Mrs. Thora Davis Resource, Freshman  
 Class Sponsor

Mr. Ed DeLeonardis Alg. Crew, Swim  
 Team  
 Ms. Tory Derricksan World Studies I  
 Ms. Gwendolyn Di Croce Art  
 Mrs. Valerie Dobbs Guidance Secretary

Ms. Jan Doble Substance Abuse  
 Counselor  
 Ms. Linda Darsey Biology and Earth  
 Science  
 Ms. Susan Doyle Librarian  
 Mrs. Edwina Drake English

Mrs. S. Drake Alg, Geometry, Math  
 Tutorial  
 Ms. Carol Drammeh English 10 and 12  
 Mr. Jim Edwards App. Alg. and Cons  
 Math, Varsity Softball and JV Basketball  
 Mrs. Pamela Emert Child Development,  
 Relationships, FHA

Mr. Bob Everton ICT I and II, VICA  
 Ms. Angela Fahnestock Parent/Rel  
 Specialist  
 Mrs. Gail Farmer English 12, Senior  
 Class  
 Mrs. Sue Farris English 11, Gifted Ed.

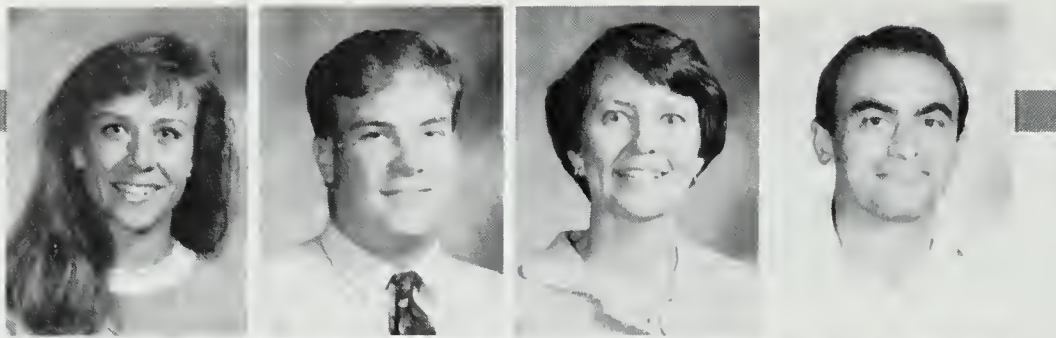
Mr. Lewis E. Forrest Special Ed. Tennis,  
 and Freshman Girls Basketball  
 Mr. Fred Gale Geometry and Funct/Trig  
 Miss Mary J. Gaines American Studies I  
 Mrs. Karen Garon Spanish, Spanish  
 Honor Society

Ms. Linda Gattis American Studies I, Viking  
 Volunteers  
 Mrs. Glorine Gholson Key. App. Office  
 Systems, FBIA  
 Ms. Jeanne Gibson Custodian  
 Mrs. Eva Goade English 10

Mrs. Ellen Guillen C O E., Business Dept  
 Chair, FBIA  
 Mrs. Cathy Hailey English 11, Creative  
 Writing, Eddas  
 Mr. Kenneth Hailey Art, Freshmen Class  
 Eddas  
 Mrs. Mary Ann Hardebeck Reading  
 Specialist, Jr. Class Sponsor



Miss Debra Harrelson HPE 9, Adv. PE,  
Athletic Training  
Mr. Timothy Healey ENG 11, ENG 10  
Mrs. Julie Hicks ALG III/Trig, ALG I GEO.  
Mr. A. Hilius Government, VWSI



Mr. Bill Hurst HPE  
Mrs. Pattie Hutchinson Receptionist,  
Switchboard  
Mrs. A. R. Jackson Data Processing,  
Keyboarding FBLA, Cultural Awareness  
Club  
Mrs. Barbara Jackson ENG 9



Mr. Darin Jensen TV Production.  
Mrs. Dawn Jones HPE 9, Adv. HPE,  
Varsity Volleyball  
Mrs. Patti Kemp Funct./Analytic GEO, AP  
Computer Science I and II.  
Mr. Mike Kenney Social Work



Mrs. Lil Keys Guidance, Key Club,  
Scholarship Coordinator  
Mrs. Danna King Secretary.  
Ms. Judy Kyle SPAN II, French II, Jun.  
Class Sponsor  
Mrs. Latham SPAN I, Span Nat'l Honor  
Society



Mrs. Rose Lee Life Management Skills,  
Housing/Interior Design, FHA  
Mr. Herb Levin ESL.  
Mr. Ed Linz Physics I, AP Physics  
Mrs. Nancy Livengood Secretary.



Mr. Larry Livingston Auto Mechanics I and  
II, Faculty Senate Chairperson.  
Ms. Jean Lusardi CHEM I, Jun. Class  
Sponsor  
Mr. Dan Maeyer Electronics.  
Mr. J. Madama ALG I.



Mr. H. W. McAllister Power and  
Transportation Tech, Comm Tech, Tech  
Students Assoc.  
Mrs. Zayda McCorkle Span I and II.  
Mrs. Ann McDaw French I, II and IV.  
Mrs. T. MacFarland Art.



Dr. Karen McPherson AP Gov't, ASII  
Mr. S. Medare HPE.  
Mrs. Majarie Meyerle ENG 10, ENG 11  
Honors.







"Miss Speakes, are you moving?" Miss Kalyn Speakes "roves" with her materials from one classroom to another. She spent her day floating in and out of classrooms vacated by teachers during their planning and supervisory periods.

"Let's see, did I remember to pick up my favorite pen?" Mrs. Karen Garon rifles through her bags for materials. Mrs. Garon chose to keep her belongings in a carry bag rather than on a cart because the halls were too crowded to get through.



## Drifters

### Teachers Who Float

"Excuse me, please. Let me through," a teacher said as she maneuvered a rolling cart around clusters of students in the hall. Was she making an early escape from her classroom? No, she was switching classrooms, just as her students did every period.

Floating teachers, a common phenomenon at Woodbridge, were the result of an overcrowded building without the proper number of classrooms to accommodate its students and teachers. Floating teachers switched classrooms, occupying those that were vacated by other teachers during their planning or supervisory periods.

"For me, it is inconvenient because I like to arrange the desks in a circle. Since I switch classrooms each period, I have to "fix" the desks before I leave each room to meet the needs of the room's original teacher. However, all the teachers I share rooms with are very cooperative, so it makes my transitions easier," said Mrs. Patricia Grimes.

"My French teacher, Mrs. Barbara Swenson, teaches at three middle schools before coming to my class sixth period," said senior Amy Trice. "It's difficult to find her for help. She may be the 'ultimate' floating teacher."



"You're not the mommy!" Mrs. Carol Carpenter playfully scolds a student who has spoken out of turn. "You'll be stuck up the proverbial tributary without means of locomotion," her reminder to get assignments completed.

"OK cats, put those paws up!" Mrs. Cathy Turner reminds her students to be polite as everyone deserves respect when speaking. She often gave speaking "killer diller" assignments to her tenth grade "Lambikins."



# Say What?

## Teachers Pet Phrases

"Can we quote you on that?" Inadvertently, most teachers over the years developed quotable quotes and coined a few phrases unique to their classes and conversations.

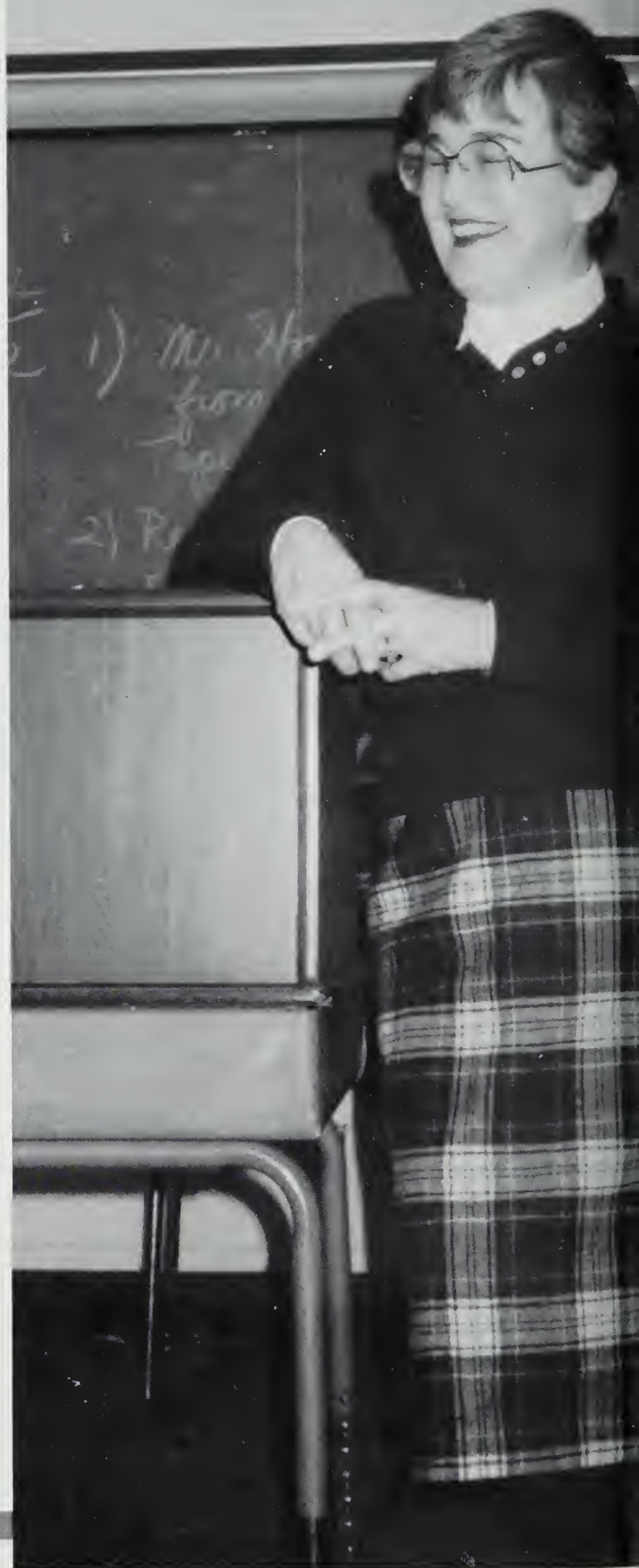
"Before I give a quiz or a test, I always say to my class, 'Guys, it's all in your book for your studying enjoyment!'" said Mrs. Karen Garon, a Spanish teacher.

"'Quick like bunnies' is the quote that I'm famous for," said English teacher and Department chair Cathy Turner.

"Mrs. Turner had tons of timeless quotes that nearly

all her students can remember," said junior Melissa Moore. "Each year, she also adds new twists and different dimensions to each word. She keeps increasing her already very powerful vocabulary simply by making some new words and phrases up as she goes along! It made her class, a very *hard* class, a little easier to swallow. Her words broke the tension."

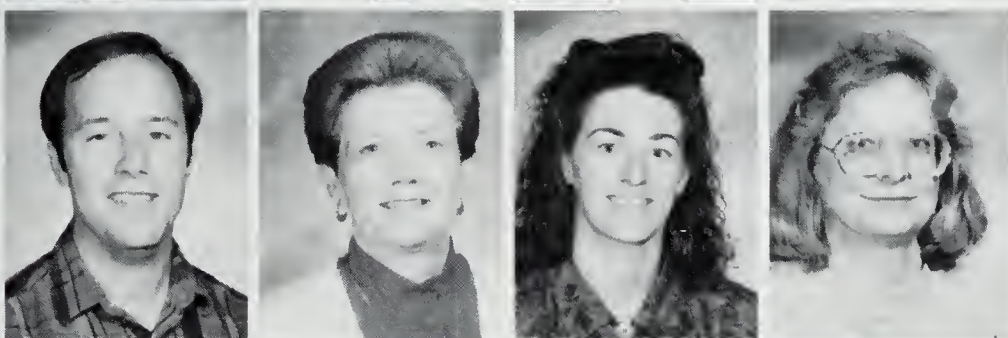
Whether famous for one phrase or enough phrases to fill an entire dictionary, teachers left their mark by improving the English language.



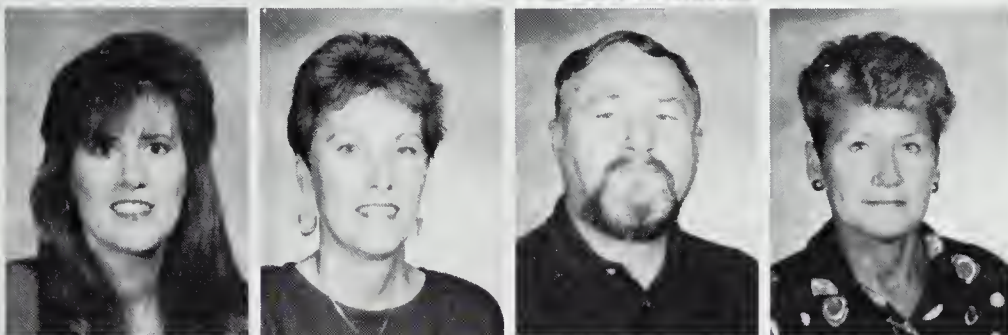




Mrs. Mary Miles AP Am History  
Mr. Don T. Miller HPE 10, Ass Football  
Coach.  
Mrs. Vivion Mitchell Eng 10, Eng 11  
Mrs. Dawn L. Moulen Eng 11,  
Photojournalism, Yearbook Sponsor



Mr. Thomas Moulen Small Engine Repair I  
& II, Men's Lightweight Crew Coach  
Ms. Mountjoy Chemistry I.  
Mrs. Debra Myles Cosmetology I & II,  
VICA.  
Ms. Dorothy Nelson Nurse.



Ms. Lori O'Forrell Bio I, Earth Science, JR  
Class Sponsor.  
Mrs. Phyllis K. O'Toole Guidance Director  
Mr. Jon Porham Am Studies I  
Mrs. Elaine B. Parker Spanish I & IV, JR  
Class Sponsor



Mrs. Sue Porker Data Processing I & II  
Mrs. Joan Pennline Earth Science,  
Oceanography, JR Class Sponsor.  
Mr. Richard J. Pennline Physics I, Earth  
Science, Golf Coach.  
Ms. Kim Perkins Keyboarding Appl, Intro  
to Bus, FBIA Sponsor



Mr. W. Piepke Art  
Mr. Doug J. Pinion Bio II, Cons Chem., JV  
Soccer Coach, SR Class Sponsor.  
Mrs. Horriet Pinckard Guidance Director,  
KEY Club Sponsor.  
Mr. Joe Potente Eng 11 & 12.



Mr. James S. Poythress WS I, Am Stu II.  
Ms. Alison Prevost Special Ed — Hearing  
Imp., Dept Choir.  
Mrs. Greta T. Raines Eng 9  
Mrs. Cheryl Robinson Career Adviser



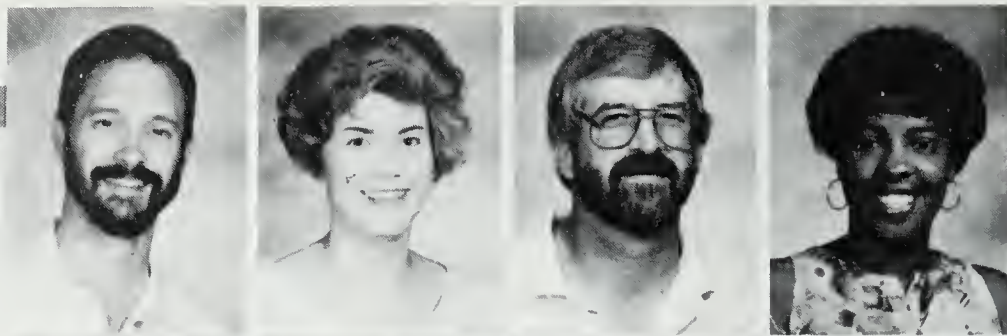
Mr. Art Rodgers Drivers Ed, Cross Country,  
Indoor, Outdoor Track  
Mr. J. Rose German, German HS  
Mrs. Lindo Ross School Psychologist  
Mrs. Cheryl Saggars Art I & II, Art Club



Mrs. Virginia Schoegler Sociology,  
Vikettes.  
Mrs. Sue Scortia French I & II, SR Class  
Sponsor, French HS  
Mrs. Cathy G. Scott Alg I Applied Alg.  
Geo.  
Mrs. Rhonda Show ESL HV



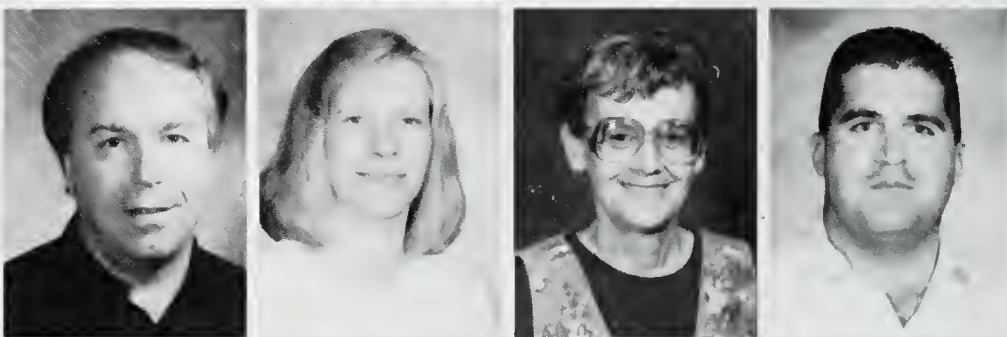
Mr. Albert Smith Speech/Drama I, II,  
Theater Productions, Drama Club,  
Thespians  
Ms. Kalyn Speakes English  
Mr. James Sarrell Driver Education  
Mrs. Bonita Spears Business



Mrs. Pamela Spellman Resource Aide  
Mrs. Anne Marie Sprague Biology I, Earth  
Science, Freshman Cheerleaders, Class  
Sponsor  
Mr. Charles Stauntan Spanish I, II  
Mr. James Stegner Varsity Band,  
Symphonic Band, Music Theory I, II,  
Marching Band.



Mr. Rick Stackdale Guidance  
Ms. Ello Stone Math.  
Mrs. Becky Sundberg Copy Center  
Mr. Kevin Surber Construction,  
Manufacturing



Mrs. Gretchen Surber Amer. Stud. I & II  
Mrs. Barbara Swenson French I and V  
Ms. Lisa Tinsley ESL Aide  
Mrs. Cathy Turner English 10, Student  
Congress, English Dept. Chair.



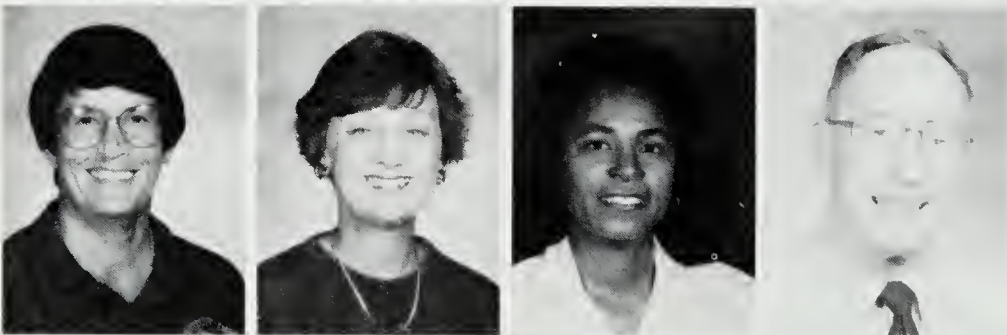
Ms. A. Uhler Cosmetology I  
Ms. Kathryn Vaehl Consumer and  
Chemistry I, Jr. Class Sponsor  
Mrs. Nancy Vogt Alg I, Geom, Funct/Trig,  
Norsemen.  
Mrs. Josephine Valzer French II, III, III  
Honors, Jr. Class.



Ms. Teresa Word Earth Science.  
Mrs. Jeanne Warner English 9 and 10,  
Sr. Class.  
Mrs. Anne Webster English 10, Journalism  
1, 2, 3, Newspaper — the Valkyrie  
Mrs. Betty Weiters Library Secretary.



Mrs. Cynthia Wild HPE 10, Freshmen  
Class.  
Mrs. Clara Wittmann Business.  
Mrs. Elsie Woodland Alg I, Alg III/Trig  
Dr. Jim Young Chem I Earth Science



Mr. Tony Zographos Learning Strategies,  
Soph. Class  
Ms. M. Zuniga Appl. Alg, Appl  
Geometry  
Mr. Nick Zurka Alg III/Trig, Appl  
Algebra, Computer Math







"Woodbridge Senior High School, the Bridge, the Best. May I help you?" Mrs. Donna King, Mr. Campbell's secretary answers the phone while verifying an absence against the absentee list.

"Mrs. Dobbs, I need to schedule an appointment with my counselor." Mrs. Valerie Dobbs, a guidance secretary, takes time out from mailing college applications and transcripts to help another student.



# The Healers

## Secretaries Take Charge

"I need a tardy to school pass!"

"I have an early dismissal."

"My daughter forgot her house keys, can you send for her?"

"I need to speak with Mrs. White."

"Would you tell me how I get to see my son's counselor?"

"I want someone to get my child's homework."

"I need an elevator key."

"I need your help."

These statements were the requests thrown at each secretary during the course of each day. The secretaries became the "healers" of the school, fixing everyone's problems.

"I mainly deal with parents over the telephone. Very few parents ever come in," said Mrs. Patti Smith, who was located in the back office.

"I have been able to come in contact with students when they come to me with tardies or discipline reports. Half the time I put the names with the faces and the other half I know the names of students by putting them on paper," said Mrs. Barbara Cardinale.

"I am involved with the school by helping injured students, working with absentees, and working with text book rentals," said Mrs. Susie Natale.



As he concentrates on the hill ahead, freshman Steve Jones passes a Fauquier runner at the cross country state meet. The team won their twelfth straight District title and finished sixth in the state meet at the UVA course.



Senior Kara Nelson and junior Christine Nelson prepare to launch at crew practice. Rowers had to strap their feet into the boat or they would not be able to push off with their oars. Rowing required a lot of leg power.



Nothing to Hide



# HIDE

## and seek

Facing a year of unparalleled change in the District, teams moved ahead, raising scores and hopes.

"Get the ball, get the ball!" Junior Spencer Mallard fights with the Potomac player for possession of the ball. Next to scoring, rebounding was the most important skill in basketball.

Basketball won the District title and finished regular season with a 20-1 record. It was an emotional season also. The lights and smoke show helped to pump up the crowd at the home games.

Even with the emotions running high at the Potomac game, the team fought for the lead. It changed hands numerous times, but we held onto the lead to win the District title.

Nothing but the best — athletics at Woodbridge balanced the arts of competition, physical performance, and sportsmanship, bringing home well-earned victories and hard-fought defeats. ♦

The traditional Woodbridge-Gar-Field rivalry was limited to regional play as the original District IX was dissected. The district split could not quell the Viking spirit, though, as the "Miss Gar-Field" contest continued, senior Antoine Jacobs claiming the crown. ♦ With the split, the boys' varsity basketball team exceeded all expectations, ranking *number one* in the entire state of Virginia, slipping only in their second encounter with the Gar-Field Indians. ♦ Coaches, athletes, and die-hard fans proved no matter the score, Woodbridge had *nothing to hide*. ♦

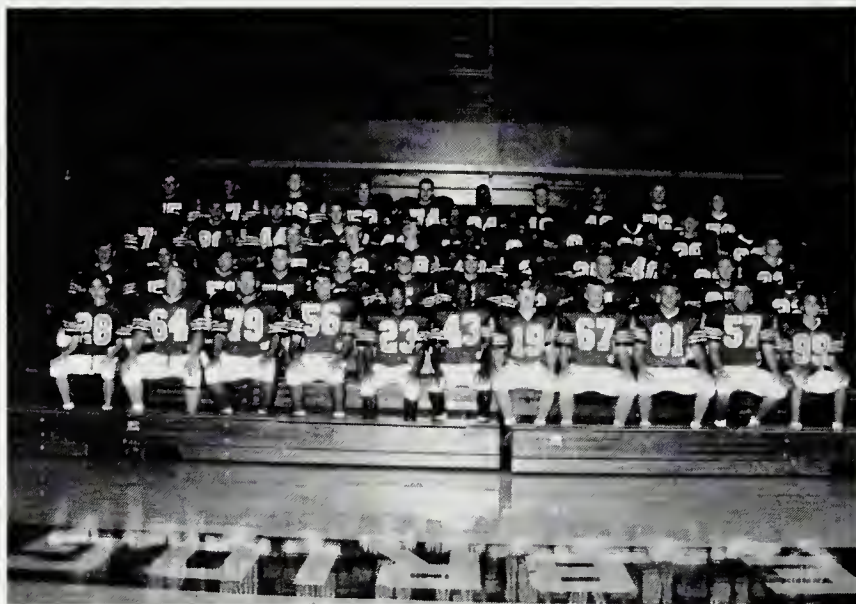


Senior Jason Way and senior Cameron Mays discuss what happened to his shoulder. Because of Jason's injury he could not play the rest of the game.

Junior Brion Dunlap discusses with his teammates, which offensive plays will be used, while some discuss which man they will be blocking. The offense scored an average of twenty-four points a game.



W		○
38	HD Woodson	16
34	Osborn Park	0
7	N. Stafford	35
47	Potomac	7
21	Hylton	7
20	Fauquier	40
21	TC Williams	7
58	Stafford	16
14	Stonewall	16
37	Gar-Field	13
7	Season Record	3



**First Row:** Sean Ramsey, Daniel Pack, Jeremy Scalp, John Abelson, Freddy Borras, Rudy Jackson, Greg Mowrey, Chris Slusser, Jason Way, Andre Pelletier, John Boal; **Second Row:** Ryan Stewart, Mike Fink, Andrew Hilton, Jeremy Hebert, Jason Monastra, Rob Laver, Alex Ruiz, Cameron Mays, Berry Gouch, Larry Lucas, Brandon Childers, Eric Mitchell; **Third Row:** Tyrone Robinson, Farham Akram, Mike Zaiko, Mike Cole, Howard Engoune, John Wilson, Stephen Scott, Marty Lewis, Tim Harde- man, Paul Frazier, Tommy Hamm; **Fourth Row:** Witney Vick, Jeff Vincent, Jason Grazioplene, Richard Constantine, Brion Dunlop, Dennis Coates, Marcus Diggs, Ronnie Poindexter, Brett Lewis, Troy Anthony; **Back Row:** Tim Morgan, Jeff White, Jason Schuller, James Davis, Jason Weeks, Akuba Rattler, Danny Whyte, Kevin Sanderson, Kevin Woleslagle, Vincent Lamman



# Unstoppable

It is the Pride that keeps on  
going on and on and on ...  
It never stops win nor lose.

Ready! Set! Hike! These are a few words heard in the stands while fans are watching and yelling for a Viking touchdown. Although the mighty Vikings suffered three losses in their season, they still only allowed an average of twelve points a game.

After a loss players would come back Monday not looking forward to practice, but waiting for Friday to make a comeback. Senior Matt Clark said, "Practices were tough and sometimes it felt like you wouldn't make it, but now I look back and I'm glad I stuck to it."

Every Friday the team had a specific routine they would follow. After suiting up, the players would walk down to the field holding hands. "This showed that we were

a team and we stuck together as one," said senior Andre Pelletier. After the game the team would walk back up with their heads held high and holding hands to symbolize their unity.

Many of the team members were named second team district. Senior Mike Fink, who was one member who received an award for second team defense said, "Everyone who was named second team defense really deserved it, there was so much unity and that is why I think we did so good." Senior Andre Pelletier was named first team district, regional, and state guard.

Win or lose, the Vikings' motto will always be "Viking pride."



Sitting out for a few plays, senior John-Michael Wilson keeps an eye on which plays are being used during the North Stafford game. Although the Vikings came up short, it did not stop them, the Vikings won the next five games.

After a touchdown against HD Woodson, junior Brion Dunlap holds the ball so that senior Jeff White can kick the extra point for Woodbridge. The Vikings ended with one of their first home victories with a score of 34-6.

Varsity Football



Time out. Coach Bonacquisti walks out onto the field to give some strategic help. The use of time-outs came in handy when plays were not being received, or something new had to be done to overcome the opposing team's plays.

1-2-3-one. Steve Marshall stretches out his muscles before the start of the game. Being physically and mentally prepared is an essential factor, not only for success in the game but also for the safety and welfare of the team.



# *Hit and Run*

A season of touchdowns and tackles led the teams up to the final Gar-Field game.

Rivals. The traditional Gar-Field vs. Woodbridge game was a new experience for the freshman and J.V. players. Being at a new school, the freshman players, led by coach Bonacquisti, met the Indians for the first time. The team ended their season with a 14-6 loss, making their record 4-5 for the year.

The J.V. team's experience was different. The team consisting of juniors and sophomores was familiar with the rivalry, but the rivalry wasn't what was unique. The team faced their final game in unusual circumstances. "It was pouring rain and freezing. The weather made it difficult to see, because of the rain in your eyes," said soph-

omore Joe Lighthill, but the weather didn't stop the players' ambition.

"Despite the field conditions and the slippery footing, our running game was still successful," said sophomore Sean Healey. The Vikings led the game 6-0 until the last minute of play. The Indians obtained the ball and in the final seconds scored to tie the game.

Coach Healey commented "If it was a dry field, I believe that we would have won. But even with the tie, the season record of 7-1-1 was a team J.V. record in the past four years of my coaching." Mr. Bonacquisti and Mr. Healey both agreed that a good foundation was laid for not only next year, but for the years to come.







J.V.		
W		O
23	Osborn Park	5
7	N. Stafford	0
34	Potomac	0
19	Hylton	7
3	Faquier	0
17	TC Williams	12
31	Stafford	0
0	Stonewall	6
6	Gar-Field	6
7	Season Record	1
	One Tie	



**Front Row:** Maurice Holbert, Aaron Barrett, Eric Gray, Duane Brown, Ed Aponte, Chris Keefe, Marcus Gadson, John Price, Jared Stroup, Aaron Roginski. **Second Row:** Rob Berger, Larry Dennis, Vaughn Fuller, Dong Kim, Lance Breedon, Quincy Conner, Mike Lafon, Troy Bishop, Keith Anderson, Tanu Ban. **Third Row:** Joe Lighthill, Sean Healy, Robert Lipp, Lee Thompson, Chris Remer, Jeff Bass, Mike Dodson, Justin Lord, Anthony Buige. **Back Row:** Nathan Phillips, Coli Deaso, John Husar, Eric Weatherholtz, Jon Luedke, Rob Meyerson, Tom Schoegler, Scott Kines, Jacob Wheaton, Jevon Howard

Frosh		
W		O
7	Osborn Park	0
14	N. Stafford	7
7	Potomac	14
7	Hylton	0
0	TC Williams	21
6	Gar-Field	14
6	Stafford	14
21	Stonewall	0
6	Gar-Field	14
4	Season Record	5



**Front Row:** A. Roginski, J. Epperly, M. McCombs, G. Picard, S. Fiendt, M. Washington, J. Portner, J. Fraiser, T. Hinkle; **Second Row:** E. Gupta, R. Schnurr, S. Baker, R. Byrd, C. Umo, J.D. Carol, E. Belle, N. Martyn, Y. Islam, C. Wilson; **Third Row:** J. Guerrero, S. Finney, A.P. Perkins, A. Dennis, A. McCary, T. Dubois, S. Pyktel, T. Lancaster, M. Chance, J. Egeland; **Fourth Row:** P. McWilliams, C. Plummer, D. Dorsey, J. Lind, A. Conely, B. Guilli, B. Steward, S. Rosario, S. Gress; **Fifth Row:** Coach Little, N. Allen, M. Sands, B. Camuti, S. Maricks, T. Simpson, B. Cole, E. Pfister, J. Lightbill, C. Timm, Coach Bonacquisti.

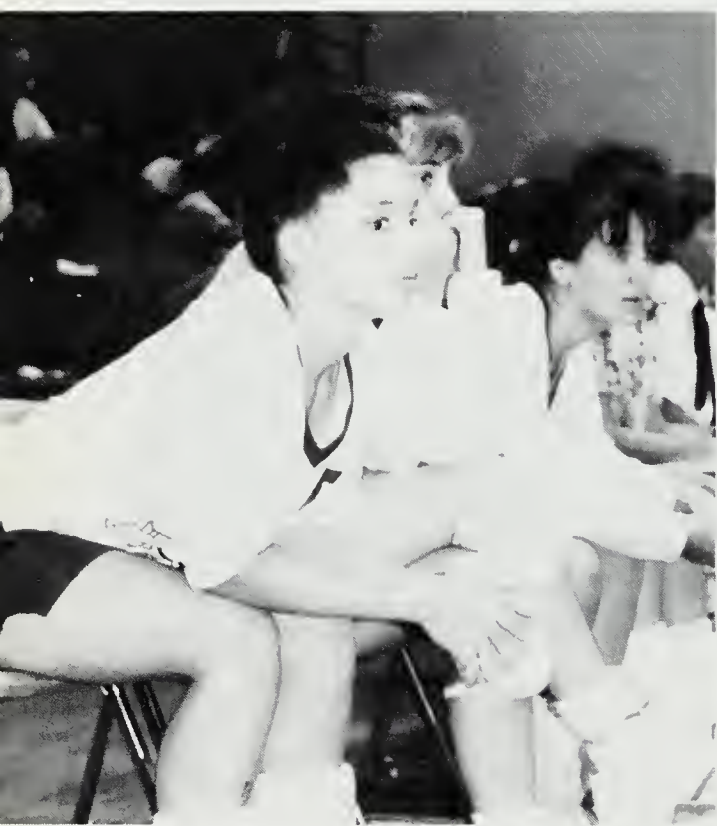


Freshman Steve Finney tries to stop himself from falling at the end of an offensive play. Key blocking on offense or defense often meant winning or losing a game. Steve's key block allowed the only touchdown against Gar-Field.



Sophomore Jennifer Scott hopes for an ace as she steps up to the line. As Jennifer knew, a strong, solid serve could many times make or break a point in crucial games.

Sophomore Cerina Wanzer intently focuses on the opposing team. Knowing the strategies of the opposing team was always helpful in preparing one's defense.



W		O
2	James Wood	1
1	Osborn Park	2
0	Hylton	2
2	Gar-Field	0
2	Stonewall	0
0	Hylton	2
2	Potomac	0
2	Stonewall	1
2	Gar-Field	0
0	James Wood	2
0	Osborn Park	2
1	Hylton	2
2	Potomac	1
2	Stonewall	0
2	Gar-Field	1
2	Potomac	1
12	Season Record	6



*Front Row:* Maureen McNamara, Tracy Sinkovic, Rochelle Huling, Keri Pratscher. *Second Row:* Kellie Couch, Debbie Ward, Cerina Wanzer, Julie Ackerman, Tarrah Holly. *Back Row:* Coach Dawn Jones, Azish Filabi, Jena Moorleghen, Jennifer Scott, Hilary Clark, Beth Portell.



# Over the Top

Coordination was the key, as the Lady Vikes Volleyball team captured the District title.

Dig. Spike. Side-out. Ace. Bump. Set. Serve. Volleyball lingo. It echoed throughout Woodbridge's gymnasium on September 15, the season opener versus James Wood. Although Woodbridge won the first match, 15-7, they fell to James Wood in the second. With the crowd at its feet and determination in the players' eyes, the Lady Vikes rebounded to win, 15-7. Perseverance paid off for the Vikes.

Senior Keri Pratscher said, "The big key to our success today was keeping the team together with a lot of enthusiasm, especially during the big plays."

This kind of attitude propelled the team to a 12-6 regular season record and the Commonwealth District title. Also, it casted away

any doubts that the team was too young to win the District Championship. With only four seniors, some were skeptical.

"Although our team is young, we don't think of ourselves as seniors, juniors, sophomores. We're all a team," said senior Tracy Sinkovic.

Coach Dawn Jones agreed. "Although we have a very young team, every player contributes to a total team effort. Unlike past teams, this one in particular is well-coordinated."

Coordination, team unity, and a complete focus on one goal made the Lady Vikes Volleyball team unbeatable. They showed they had nothing to hide along their path to victory.



Sophomore Jennifer Scott spikes the ball with some assistance from junior Hilary Clark and seniors Maureen McNamara and Keri Pratscher. The extra effort put forth by the Lady Vikes won the point.

Crouching down on her knees, sophomore Beth Portell sets the ball for senior Maureen McNamara and sophomore Jennifer Scott. Communication among teammates was vital in such a fast-paced game as volleyball.

Varsity Volleyball



Sophomores Claire Fontenot and sophomore Julie Ackerman get ready to return the ball back over the net. The JV volleyball team showed their skills for teamwork and they came together and helped each other.

Sophomore Julie Ackerman prepares to bump the ball over to the other side during a JV volleyball game. The JV volleyball team practiced after school so that they could improve their skills and win games.



# Bump Set Kill

Diving on the floor or spiking a ball in your opponents face — the thrills of volleyball.

New experiences, working together as a team and improving your skills in volleyball were things that the JV and freshman teams learned this year.

"Our team made great improvements and we beat the people who beat us, which showed our improvements. The girls played hard and learned to develop their skills to play varsity next year," said Coach Richard Hilleary.

The JV team had trouble during their first three games, but they overcame this and won their next ten games. As sophomore Linda Gautreau said, "After the first three weeks of practice, we came together and couldn't be beat." The JV team lost their last game and finished with a 10-4 record.

The freshman volleyball team

had a good season considering they had a first year coach, Mrs. Gretchen Surber. The freshman team worked well together even though their season record was 5-7. "It was a real positive experience and I enjoyed playing with everyone," said freshmen Candice Payne.

The team consisted of freshmen who had never worked together, but improved their skills everyday. "Our team worked together to pull off a lot of wins," said freshman Allison Cowan.

Three freshmen made the JV volleyball team this year, Caroline Irick, Claire Fontenot and Michelle Matthews. A new coach and new team players were things that made the JV and freshman teams "the best they could be."





JV		
W		O
0	James Wood	2
0	Osborn Park	2
0	Hylton	2
2	Fauquier	1
3	Potomac	0
3	Stonewall	0
2	Garfield	0
2	James Wood	0
2	Osborn Park	0
2	Hylton	0
2	Fauquier	1
2	Potomac	1
2	Stonewall	1
0	Garfield	2
10	Season Record	4



*Front Row:* Linda Gautreau, Tyra Dayonan, *Second Row:* Caroline Irich, Cloire Fretenot, Michelle Matthews, Kristin Zerkow. *Back Row:* Cooch Hilleary, Stephanie Schmidt, Stefanie McCloskey, Jolee McMott, Troci King, Amy Sutton.

Frosh		
W		O
1	James Wood	2
0	Osborn Park	2
0	Hylton	2
2	Potomac	0
2	Stonewall	1
1	Garfield	2
0	James Wood	2
2	Osborn Park	1
0	Hylton	2
0	Potomac	2
3	Stonewall	0
2	Garfield	0
5	Season Record	7



*Front Row:* Sherry Poling, Monico Jennings, Allison Cowan, Sharon Miggiaccio, Condice Payne, Tanyo Tilgner, *Back Row:* Coach Surber, Krystal Sanchez, Kate Mors, Koylana Hall, Crystal Hudgins, Stephonie Pordo, Suson Lutes.



During one of their first home games, freshmen Susan Lutes, Tanya Tilgner and Kate Mars wait for the ball to be returned over the net so they can hit it. Freshman volleyball players continued to improve their skills.



# Energizers

Just like the famous bunny,  
the cross-country team kept  
going and going and going.

There was a running competition among the cross country teams of the state of Virginia. All of the teams tried to outdo the others with their little sayings on the back of their team shirts. From the sublime to the outrageous, the quotes and quips covered all of the ranges. The team decided to put the phrase "We keep going and going and going . . ." on the back of their shirts.

"I think the shirts described our philosophy of not stopping until we can't run anymore," senior Jenny Nelson said. And bring out their personality it did. The team was a fun loving bunch, but they knew when they had to get serious. The team came away from the season

with two first place wins and numerous second place finishes.

"I believe the practices helped me a lot, especially the morning practices," junior Andy Sherman said. The team was required to show up every Tuesday and Thursday morning at 6:00 am. They ran forty-five minutes and then showered and ate at the school. Although the team at the time did not really appreciate the practices, they came to see that they helped their running enormously.

Coach Jeff Custer was new to the program. He came from Christiansburg to be the assistant coach. With his assistance, Coach Rodgers led the team to the twelfth District title in a row.



"Stay together!" Senior Moraima Santiago, junior Cheryl Rothlein, sophomore Mary Lowney, and freshman Alison Keehan race together at the Regional meet. They stayed with each other and finished strong.

"You think she's any good at racing?" "No, her form is all wrong." Senior Jenny Nelson and soph. Carol Gibson examine their competition at the Albemarle Invitational at UVA. They finished first.







Co-captains Frank Gilhooly and Jim Trimble, both seniors, race up the hill at Regionals. They, and junior Andy Sherman, placed in the All-Region team on the muddy course. The team finished second in the meet.

While concentrating on the runner ahead of her, sophomore Mary Lowney contemplates how she will pass her opponent. She did pass her and placed on the All-District team with three other girls. The girls placed third.



**Front Row:** Kim Jones, Jenny Nelson, Emily Reid, Becky Graham, Jenny Gray, Jenny Isherwood, Cheryl Rothlein, Alison Keehan, Jamie Holaday, Jessica Cunningham, Audrey Smith; **Second Row:** Kevin Fleet, Gabe Cabellon, Chris Neblitt, Roberto Santiago, Steve Marsh, Greg Patterson, Geoff Baker, John Evans, Mark Jackson, Brian Janes, Eric Keehan; **Back Row:** Geoff Russell, Jerone Gagliana, Jim Trimble, Shaaran Williams, Mike Brenner, Robby Walker, Steve Jones, Nathan Hissang, Andy Sherman, Patrick Todd, Ben King, Coach Jim Rodgers

	G	B
Lebanon V.	4th	2nd
Potomac	2nd	2nd
Maryland	3rd	2nd
Garfield	2nd	2nd
Handley	5th	4th
William & Mary	7th	3rd
N. Stafford	2nd	2nd
Great Meadows	5th	4th
Albemarle	3rd	1st



Rest and relaxation! Sophomores Mark Jackson and Roberto Santiago nap before the home meet against Potomac. Runners used visualization to imagine their race before it occurred. Although they lost the race, they found a new way to build their esteem.



Splash! Sophomore Brian Cunningham watches in disbelief as his drive heads straight towards a water hazard.

Junior Scott Jonely discusses the upcoming match with Mr. Pennline. Coach Pennline informs Scott of the talent their opponents possess. Players often asked Mr. Pennline about how they sized up to their opponents' abilities.



N. Stafford  
Potomac  
Quantico  
Stonewall  
Fauquier  
Osborn Park  
Potomac  
Gar-Field  
Stafford  
James Wood

Plc  
1st  
1st  
10th  
2nd  
2nd  
1st  
1st  
1st  
2nd  
1st



*Front Row:* Lee Ross, Todd Rothlisberger, Matt Gundy, Scott Jonely, David Gignilliat, Jimmy Gattis. *Back Row:* Andy Crater.



# Par-Tee Time

The golf team shot for low scores, had tremendous drives, accurate putts, and good times.

Joke around, play free golf, have fun, do not choke, and shoot a low score. These were the requirements for the golf team.

Teeing up, hitting drives down the fairway, avoiding sand traps and water hazards, chipping the ball onto the green, and putting it into the hole are things grown men dream about, but what the golf team could experience. They practiced at the Montclair Country Club two to three times a week. "Our practices are fun. All we do is play golf for a few hours and have a good time," said senior Andy Crater.

Golf is not a cheap sport. Players had to spend hundreds of dollars in order to buy clubs, golf shoes, gloves, and other various

forms of equipment. So players did not want to pass up the opportunity to play for free. Sophomore Brian Cunningham said, "It's so awesome! I get to play golf for free on courses that would normally cost between twenty and thirty dollars. I would play everyday if it didn't cost me anything. I wouldn't even care what the weather was like."

Although the golf team had a continuous good time, it was not always fun and games. "Even though we joked around a whole lot, we still had to be serious at times. We wanted to win and with everyone counting on each other, we had to settle down and concentrate on our individual games," said senior Todd Rothlisberger.



After sinking his putt, senior Todd Rothlisberger prepares to move onto the next hole. Players often practiced their putting on a practice green. Putting is a vital part of the game. The clear skies were always appreciated.

While sophomore Brian Cunningham waits patiently, senior Jeff DeMain sets up for a chip shot. Players often helped each other by telling one another what they were doing wrong. The practice and coaching really paid off.



During a game against Stafford, senior Jodie Shoop dribbles the ball toward her opponent in an attempt to break the 1 to 1 tie. During this time junior Jodi Simprini carefully backs her up in case she takes the ball.



*First row:* Lauren Woodcock, Christy Britton, Heather Peters, Carol Waoley, Meredith Weaver. *Second row:* Angelique Smith, Sarah Young, Kelly Curtin, Wendy Broadus, Amy Torre. *Back row:* Coach Boyd, Heather Megnia, Carrie Caddington, Amy Swann, Linda Rass, Andrea Littig.

JV		
W		O
2	Falls Church	1
2	Wakefield	0
1	North Stafford	0
0	St. Stephens	1
2	Fauquier	1
1	Stafford	2
0	Wakefield	0
0	North Stafford	0
1	Fauquier	1
3	Season Record	4
	2 Ties	

Varsity	
W	
3	Falls Church
1	Monican
3	Fauquier
6	Wakefield
3	North Stafford
1	Stafford
2	St. Stephens
2	Fauquier
6	Yorktown
2	Stafford
7	Wakefield
3	North Stafford
2	Fauquier
2	North Stafford
8	Season Record





Concentrating on forcing an obstruction, junior Liz Jordan pushes the ball into her opponent's feet. Staying close to the ground was an advantage to gaining control. Once she had control she could drive the ball to the offense.

During a one on one battle, junior Megan Tremper fights to gain control of the ball from her North Stafford opponent. This home game against North Stafford was the girl's first district win since field hockey started three years ago.



# True Success

With the win of their first district game, it proved to be a successful season.

"I was so excited when we won the Fauquier tournament at the beginning of the season. Right then I knew we could actually go to districts," said junior Holly Johnson.

This was the year that they had confidence in believing they could have a winning season. With the team in its third season of existence, they were finally competitive with other teams. "Right from the beginning of the season we proved to other teams that we were not the same team they saw the year before," replied junior Julie Stephens.

Senior Kate Duecy said, "The highlight of the season was our first district win against North Stafford. I can remember when they beat us

6-0 two years ago." The team ended the season with an 8-6 record.

Senior Lynne Gallitz said, "All the effort we put into the last three years stood out this season."

The girls made it to districts and played a rough game against North Stafford. Sophomore Rebecca Woodcock replied, "By the time districts came around we were all so mentally unprepared that we lost 2-4 and just let North Stafford win right from the start."

Junior Jamie Watson said, "Even though our last district game was a disappointment, we all had to admit that we did make it to districts. At the end of the season we were all so proud of how much we accomplished, and improved."



*First Row:* Jomie Watson, Jodi Simprini, Jodie Shoop, Liz Jordan. *Second Row:* Autumn Pittman, Megan Tremper, Heather McDonnell, Jennifer Ivaniszek, Rebecca Woodcock. *Back row:* Cooch Boyd, Julie Stephens, Holly Johnson, Lynne Gallitz, Kate Duecy, Janelle Sweeney.



Reaching for success!  
Junior point-guard Brion Dunlap out-jumps a Hylton player as he shoots for two. "Practice makes perfect" was the motto when it came to making winning baskets. Dunlap's ability to jump high, make baskets come easy.

Junior guard Spencer Mallard looks for an open man during the Potomac game. Players often took it slow to allow time for the rest of the team to set up for the scoring drive.

Good hand-eye coordination was necessary for success.



W		O
92	Osborn Park	40
59	Hylton	49
57	Osborn Park	42
61	Fauquier	38
52	Hylton	44
65	Fauquier	46
54	Potomac	44
73	Stafford	44
45	N. Stafford	43
86	Gar-Field	59
61	Stonewall	48
58	Potomac	41
63	Stafford	40
54	N. Stafford	47
64	Stonewall	15
54	Gar-Field	58
20	Season Record	1
58	James Wood	46
53	Pulaski	48
32	W. Fleming	41
50	South Lakes	49
65	Bethel	72



**Front row:** Rebecca Domigan, Tamika Sykes, Tamika Garrett. **Second row:** Damion Keyes, Spencer Mallard, Stanley Allen, Marcus Diggs, Ryan Maloney, Tim Fuller. **Back row:** Coach Robinson, Marcus Griffin, Quadir Mahdi, Anthony Hughes, Jason Demory, Brion Dunlap, Assistant Coach McCool.





# Untouchable

The Boys' Varsity Basketball team,  
dominates the district for  
three years in a row.

As the lights went down, and smoke began to rise in a corner of the gymnasium, everyone became silent, and the Varsity basketball team ran onto the court in their fluorescent warm-up suits. "The pre-game show was really a boost to my game," said junior point guard Brion Dunlap.

After this pre-game show the Vikings dominated their opponents for an undefeated record at home for the regular season, and a 20-1 overall regular season record. "I thought the team played a lot better at home. It helped us to hear so many people cheering for us," remarked senior forward Marcus Diggs.

Last year the Vikings proved to be successful in winning, no matter where

they played. "Coach Robinson told us what we needed to do to win, then as a team we went out and accomplished our task, stated junior forward Spencer Mallard.

For the third consecutive year the Varsity Boys basketball team won the regular season district title. "We always played well, but our defense is what kept us winning tough games, admitted sophomore guard Barry Gauch.

For the first time in history, the team went to the State Tournament in U Hall at UVa on March 19. And even though we didn't come home with the championship, winning the spirit trophy gave the team a taste of success.



Two points for Senior Damion Keyes. The non-district game against Gar-Field played at home proved to be a great success. The gym was packed, standing room only, as the team showed up Gar-Field 86-59. Damion Keyes was a lead scorer.

"Listen up, guys!" said Varsity basketball coach Will Robinson. Taking a time-out allowed the team to become aware of their weaknesses and faults. Coming up with a winning game plan allowed the team to successfully beat their opponents.



In a home game against Stafford, sophomore J.V. player Ariel Gonzalez dribbles around an opponent. Being quick on your feet, and having good dribbling techniques was a necessity for being a good player.

During the third quarter of a home game against Potomac, freshman players Kevin O'Brien and Bryan Gauch use their offensive techniques which they learned in practice. They practiced after school every day.



# Two Points!

The Freshman and J.V. Basketball teams work together to score high.

"Being on the J.V. Basketball team this year was fun. It was a great learning experience to play for Coach Huck," the season for J.V. Basketball team was best described by sophomore Dennis Emison.

The J.V. team was working under a new coach and they had to get accustomed to his format. "Basketball was lots of hard work. We ran and did drills, but in the end it payed off," said sophomore Easheed Quash.

The J.V. team continued their outstanding performance this season at districts. "We won Districts for the second time in a row this year," said sophomore R.J. Witherell.

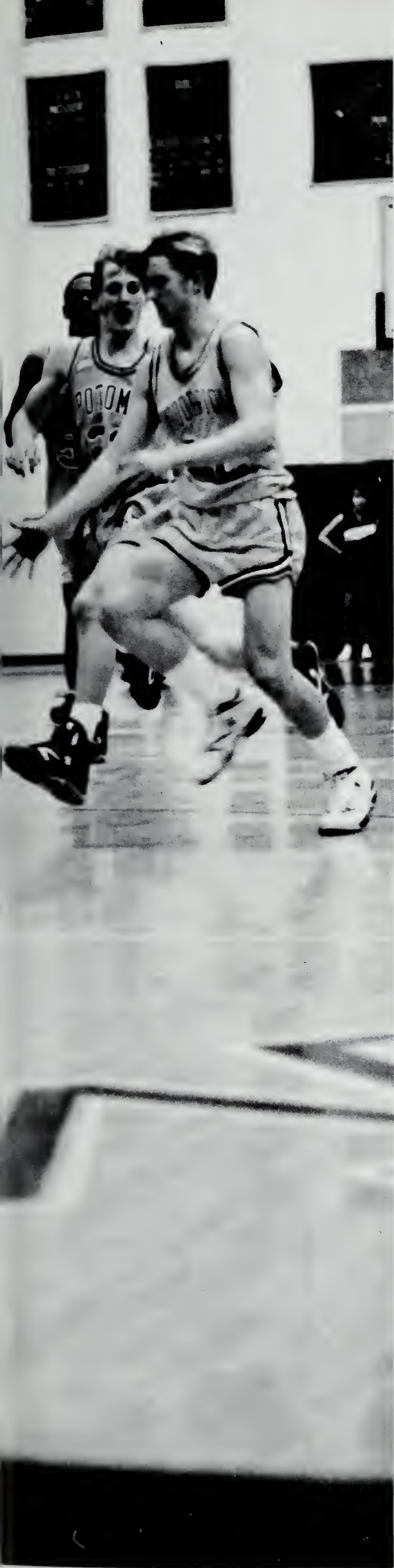
The Freshman team provided the play-

ers with a chance to meet new people and learn about the game.

This was my first time playing basketball. I learned a lot of new stuff and being on the team was cool," said freshman player John Evans. Being on the basketball team meant that the players had to have an eagerness and willingness to work and to practice. The players all formed a bond that came only from the time and effort that they put forth during practice and during games. That bond was noticed on the court when the teams pulled together toward victory. Both teams worked hard and it was shown in the successful season.







JV		
W		O
62	Osborn Park	64
60	Osborn Park	54
54	Fauquier	45
62	Hylton	41
54	Fauquier	39
57	Potomac	40
55	Stafford	44
48	N. Stafford	42
50	Forrestville	52
41	Garfield	58
65	Stonewall	56
35	Potomac	39
67	Stafford	50
53	N. Stafford	52
62	Stonewall	40
47	Garfield	55
11	Season Record	5



*Front Row:* Brian Richards, Duane Brown, R.J. Witherell, Dennis Emison, Lee Thompson. *Second Row:* Jason Duncan, Mike Lozier, Barry Gauch, Rasheed Quash, Ariel Gonzalez. *Third Row:* Coach Huckstein, Jeremy McLaughlin, Spencer Comstock, Aaron McConnell, Dirron Allen.

Frosh		
W		O
27	W. Stafford	48
17	Stafford	33
42	Hylton	50
43	Osborn Park	39
34	Taylor	45
56	Warrenton	63
37	Potomac	36
39	Garfield	50
29	Stonewall	39
34	N. Stafford	42
23	Stafford	49
31	Hylton	43
34	Stonewall	28
35	Osborn Park	27
28	Potomac	27
30	Garfield	35
5	Season Record	11



*First Row:* Steve Finney, Adam Newcomer, Quincy Conner, Jeff Gotherman, Jerone Vereen. *Second Row:* Kevin O'Brien, Pat Tierney, Aaron Demory, Bryan Gauch. *Third Row:* Mr. Rob Benson, Wayne Crane, Mark Neagle, Luis Ortiz, John Evans, Bruce Benson.

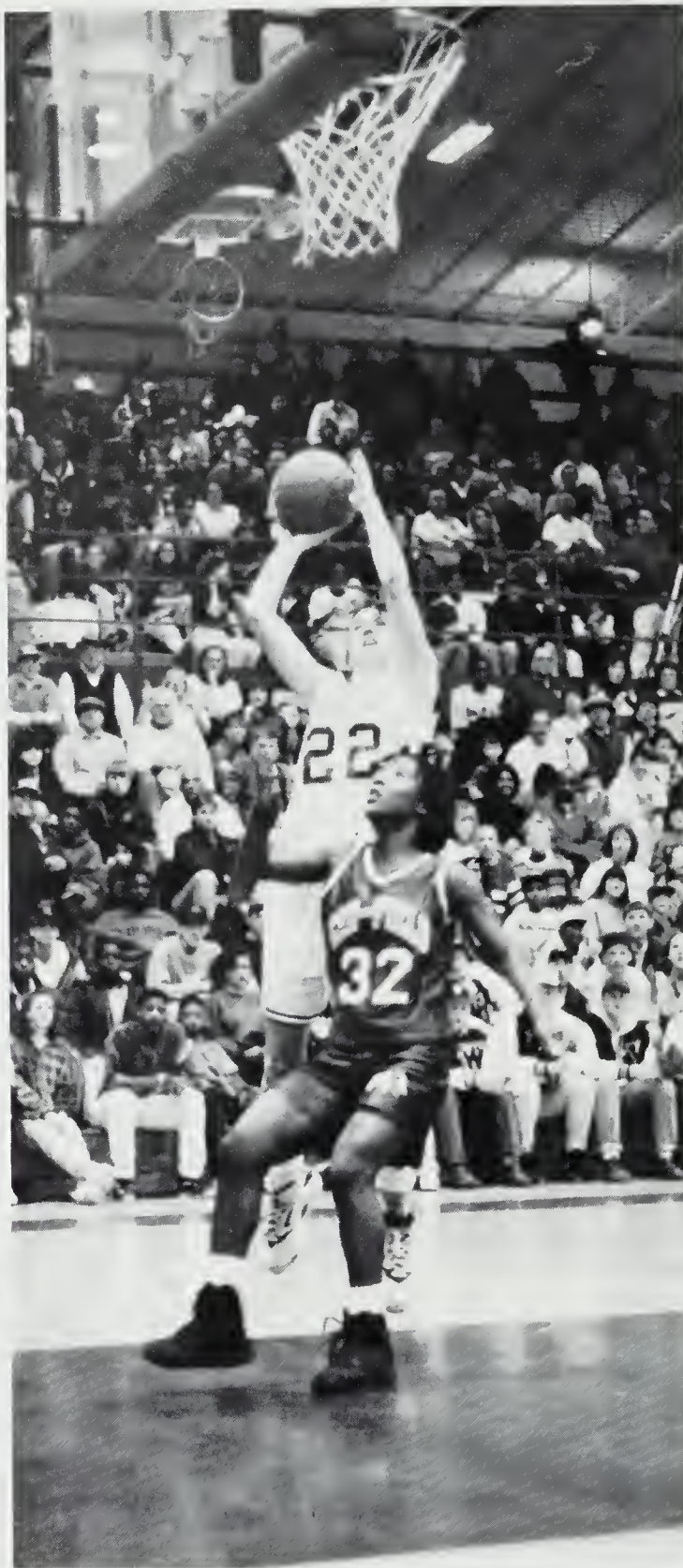


As freshman coach Rob Benson gives team members, Quincy Conner, Kevin O'Brien, Steve Finney, Aaron Demory, Pat Tierney, John Evans, Bryan Gauch, and Jerone Vereen a half-time pep talk, they listen on, encouraged.



The ball just never seems to want to go in when you really want it to. Junior Lori Anderson takes the rebound and tries to put it back in for two points during an intense home game against the Garfield Indians.

She shoots, she scores! Sophomore Talia Lake added two more points to the landslide score of 72-21, against the Potomac Panthers. Showing the saying "Practice makes perfect," a team motto throughout the year.



W		O
69	Osborn Park	25
61	James Wood	27
61	Hylton	47
59	Osborn Park	33
43	Fauquier	55
38	Whittman	57
44	Arch Bishop	49
48	South Lake	59
61	James Wood	37
33	Hylton	35
51	Fauquier	47
72	Potomac	21
44	Stafford	48
46	N. Stafford	25
49	Garfield	65
54	Stonewall	22
74	Potomac	21
64	Stafford	41
68	N. Stafford	38
61	Stonewall	32
47	Garfield	52
13	Season Record	8



*Front row:* Amanda Lance, Victoria Krimkowitz; *Second row:* Rebecca Lisack, Yolanda Hodges, Lori Anderson, Jennifer Scott, Toni Barton, Verolga Steverson, Rhonda Champ; *Third Row:* Coach Brian Bonacquisti, April Rodgers, Nancy Nurthen, Beth Portell, Talia Lake, Carrie Blackburn, Coach Ron Davis.





# Shooting High

Striving to achieve their goals  
with high hopes, the girls  
team proved to be a winner.

A younger team, diversities to overcome, working together as a team, and lessons used off the court, made up the Girls' Varsity Basketball team. "This year the team is younger but more experienced, and we have a balance of inside and outside players," said sophomore Talia Lake.

Coach Davis taught lessons that the girls used on and off the court. "As a team we learned not to blame others for our mistakes. This lesson can be taken with us throughout life," said sophomore Beth Portell.

In the girls eyes they had succeeded in working as a team. "We have been very successful working together and have overcome many diversities," said

junior Lori Anderson.

"The Lady Vikes are doing great! We play as a team and play with a lot of intensity," said junior Victoria Krimkowitz.

Starting on the wrong foot at the beginning of the season did not bother the girls. They used it to their advantage. "As a team we took our losses and worked to make sure we did not repeat them in other games," said junior Verolga Steverson.

The girls showed that with a good coach, practice, and working as a team, they could succeed on and off the court, and take with them what they learned from Coach Davis throughout life. The girls ended the regular season with an overall score of 13-8.



Michael Jordan, watch out! Junior Yolanda Hodges tries for the basket as her teammate, senior Amanda Lance waits to see if it goes in. Playing against the Potomac Panthers brought out the talent in the girls.

Junior Yolanda Hodges grips the ball while juniors Carrie Blackburn, Lori Anderson and Rebecca Lisack look to help her during a home game. Passing the ball and getting open to help your team was all a part of working as a team.



"Go Vikings!" Taking time-outs throughout the game provided a chance for the coach to relay information and new strategies to overcome their opponent. It also allowed the players to catch their breath and regroup.

Freshmen LaCresha Crenshaw looks for an open teammate. The defensive strategy of Stonewall Jackson made it difficult for an easy shot. Changing formations offensively provided the girls the opportunity to go in for the score.



# Jump Ball!

The Freshmen and JV girls' basketball teams fought for the basketball and some credit.

Face to face, two players strive to gain control of the basketball. As the whistle blows and the game begins, the energy and excitement is exerted from the players. Even though they were not always in the spotlight, the Junior Varsity and Freshmen Lady Vikes strived for success.

Attitudes of the players played a big role both on and off the court. Sophomore Jena Moorleghe said, "At the beginning of the season we did not work that well as a team, but we soon became fast friends. By becoming such good friends we could concentrate on the game and not on internal conflicts."

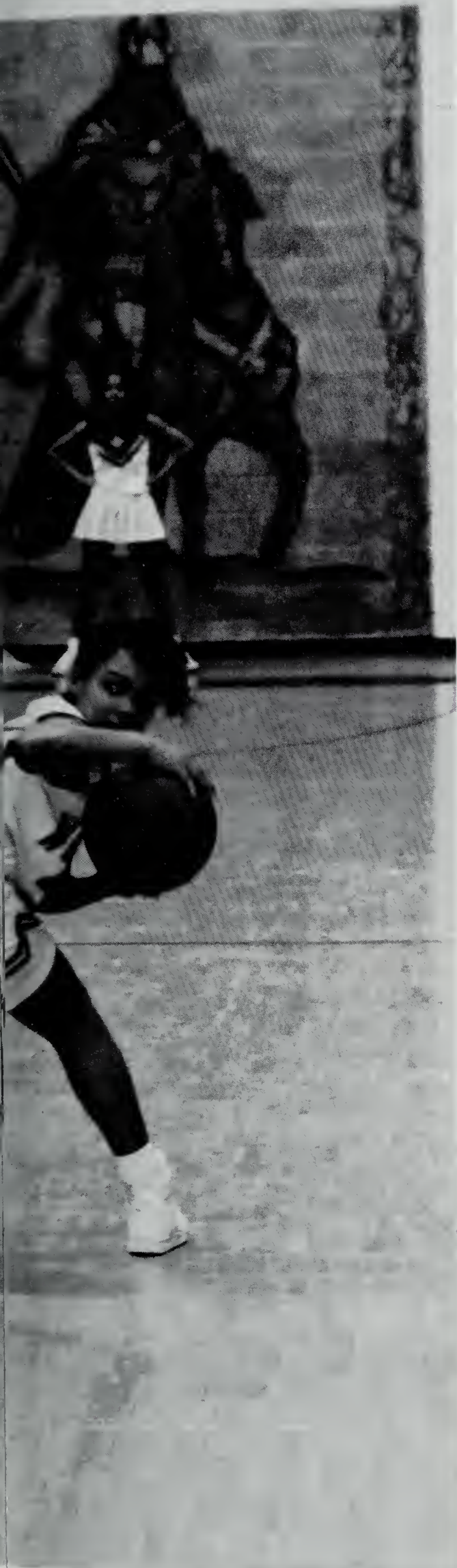
Sophomore Kirsten Zurkow said, "Our

team performance was off and on throughout the season. We demonstrated lots of team spirit and we had the desire to win. Unfortunately, the team's energy and excitement did not last throughout the game." Both JV and Freshmen girls gained the experience that is necessary at the Varsity level, and has prepared them for years to come.

Freshmen Coach Mr. Forrest said, "During the season, I saw many improvements within the team. Freshmen girls are very impressionable, and they do everything they are told. Even though we did not have a winning season, we still were successful. Success is not always winning."







## JV

W		O
21	Osborn P.	49
66	James Wood	24
45	Osborn P.	46
42	Fauquier	43
47	James Wood	34
34	Hylton	41
26	Fauquier	38
44	Potomac	30
24	N. Stafford	26
26	Gar-Field	34
35	S. Jackson	22
43	Potomac	9
26	Stafford	42
38	N. Stafford	23
26	S. Jackson	28
30	Gar-Field	45
6	Record	11



*Front Row:* Keri Shaw, Linda Gautreau, Kelley Curtin, Claire Fohtenot, Jena Moorleghen; *Second Row:* Kathleen Nurthen, Rebecca Murphy, Rebecca Woodcock, Tiffany Winston; *Back Row:* Kirsten Zurkow, Coach Edwards, Wendy Broadus.

## Freshman

W		O
20	N. Stafford	25
18	Stafford	43
27	Hylton	19
12	Osborn P.	21
35	Potomac	8
21	Gar-Field	37
34	S. Jackson	19
15	N. Stafford	29
13	Stafford	41
14	Hylton	24
26	S. Jackson	13
19	Osborn P.	27
20	Potomac	14
22	Gar-Field	35
5	Record	9



*Front Row:* LaCresha Crenshaw, Tami Howard, Rebecca Peavyhouse, Katherine Walters, Nicole Condon; *Second Row:* Heidi Ley, Erin Chierelli, Macy Price, Bridget Carter; *Back Row:* Yema Pekanyande, Victoria Spriggs, Jenny Brondyk, Nicole Xanten, Latina Thompson, Coach Lewis Forrest.



Sophomores Keri Shaw and Rebecca Woodcock double-team Potomac's offense. Doubleteaming allowed more pressure, lessening the opponents opportunity to score. Strong defensive plays were a crucial part in winning the game.



Up and Over! With the bar set at 6', junior Nathan Zezula completes the jump with flying colors. Zezula went on to jump 6'3" in between other events. The 6'3" jump put him at a third place finish in the Fork Union Invitational.



**Front Row:** Eric Mitchell, Tyrone Robinson, Greg Patterson, Fred Soto. **Second Row:** Brian Davis, Kevin Fleet, Roberto Santiago, Gabe Cabellon, Stephon Scott, Aaron Barrett, Pat Todd. **Third Row:** Chris Loucks, Chris Carlson, Sean Gilhooly, Eric Keehan, Frank Gilhooly, Russell Waller, Andy Sherman, Chris Tulley, Bunting Cooper, Jeff Baker. **Fourth Row:** Coach Jeff Custer, Steve Jones, Matt Rice, Tim Morgan, Nathan Zezula, Sha'ron Williams, Mike Brenner, Chris Farrell, Mike Sims, Coach Jim Rodgers. **Back Row:** Robbie Walker, Nick Zizzo, Mike Saure, Darrell Hoffman, Albert Connely, Jeremy Scalph, Kevin Wolessagle, Eric Weatherholtz, John Arledge, Jim DeGenova.

### Boys

W

Hylton, Stonewall, OP  
Potomac  
Hylton, Stonewall, OP  
Fork Union Inv.  
10th  
1st Woodbridge Inv.  
35th Virginia Tech Inv.

### Girls

W

Hylton, Stonewall, OP  
Potomac  
Hylton, Stonewall, OP  
Fork Union Inv.  
12th  
1st Woodbridge Inv.  
27th Virginia Tech Inv.





It's me against the clock! sophomore Mike Sims disregards the pressures put on him by his opponents, as he stays focused on his time. Due to the district split, the teams focused on time qualifications in meets early in the season.

Sugar and caffeine?! Organized by Coach Little and Coach Custer, runners, jumpers, and field participants surprised Coach Jim Rodgers on his 50th birthday. The party was held after practice and weight training.



# Short & Sweet

A short season did not stand in the way of overall success for the boys' and girls' teams.

"Because the district was rearranged, the strategies for competition had to be altered," said junior Adrienne Tunstall. The district change allowed the team to relax. The pressure of Hylton and Garfield were not there. Because of this, runners focused their attention on time qualifications for the Regional and State meets. When regionals came around, the strategy shifted. Instead of racing against the clock, the runners focused on the number of opponents they passed and beat. Every place counted.

The season was unique for other reasons, too. Sophomore Becky Graham said, "The season was over before it started. There were only three invita-

tional or Saturday meets, so we didn't get to see our competition as often as we hoped before districts." The teams did not confront opponents often, however it did not prevent them from a successful season finish. The boys were district champions, while the girls came in second to North Stafford.

The reasons for participating in indoor ranged from a love of running, to staying in shape, to conditioning for spring sports. Junior Tara Kreutz said, "At first I ran just for conditioning for spring crew, but I knew I had potential. That was when indoor became a real sport instead of an interest."



**Front Row:** Leslie Royston, Alison Keehan, Laura Bouchard, Leslie Wehmeyer, Jenny Gray, Cheryl Rothlein, Jenny Nelson, Amy Bragaw. **Second Row:** Amy McGarry, Barbara Greyson, Christine Royston, Heather Garka, Adrienne Tunstall, Kristen Diehl, Janine Peacock, Meshailay Robinson, Becky Graham, Moraima Santiago. **Third Row:** Coach Jeff Custer, Christy Britton, Jamie Holliday, Laurie Olson, Jennifer Isherwood, Carol Gibson, Audrey Newcomb, Kara Belcher, Emily Reid, Diane Wilson, Coach Jim Rodgers. **Back Row:** Tara Kreutz, Liz Jordan, Maria Soto, Denise Arend, Kim Jones, Shannon Farrell, Angela Santiago, Lucy Boras, Andrea Abufsobaur, Tedra Thomas, Vanessa Gonzalez, Deshay Jones.



For four months, the wrestling team had practice to prepare the team for matches and tournaments. Senior Jason Monastra went to learn new techniques that help him take down his opponents. It was important to have an extra edge.



**Front Row:** Juan Sotelo, Damon Stewart, Scott Jonley, Jimmy Detrow, Kevin Tabor. **Second Row:** John McKay, Brett Lewis, Rob Meyerson, Steve Rossi, Casey Frye, Dan Flahety. **Back Row:** James Davis, Joe Pittman, Matt Hawkins, Ryan Stewart, Coach Hillary, Rob Laver, Justin Baird, Jason Monastra, Dave Showers.

### Varsity

W		O
53	Hylton	11
66	Manassas	6
44	Fauquier	19
40	Potomac	12
53	Osborn	7
27	Stafford	34
27	W.T. Woodson	25
56	T.C. Williams	13
56	Fauquier	4
32	Osborn Park	8
24	James Wood	41
19	Stonewall	31
20	Season Record	6

### JV

W		O
43	N. Stafford	16
43	Potomac	12
42	James Wood	36
33	Fauquier	24
6	Season Record	1





*Front Row:* Chris Keefe, Chris Ford, Rodney Wilson, EJ Jackson, Terry Henkle, Latian Shank. *Second Row:* Philip Majors, Danny Abe, Maurice Holbert, Joe Martin, Adam Stephenson, Jeff Giasson, Ben King, Mike Rows. *Back Row:* Dennis Dorsey, Tyrone Robinson, Andrew McCarry, Coach Surber, Andy Stephenson, Brian Rand, Hunning Lunde.

Different holds helped the wrestlers to win their matches. Wrestler Damon Stewart used a "Navy Ride" to beat his opponent Justin Baker from North Stafford. The names used for the holds varied from a "Half-Nelson" to a "Saturday Night Ride".

After a vigorous match, 171 wrestler, Ryan Stewart pins North Stafford wrestler Jason Stone. Many hours of practice helped the players with their skills and maneuvers to help them take down and pin opponents with ease.



# Take Down

Two groups of men strived to achieve the best for themselves and the wrestling team.

Weeks of starvation, hours of practice, layers of clothing, and pounds of sweat, all of this went with being a wrestler for Woodbridge. Forty-five guys made up the Varsity and Junior Varsity teams that had all guts and glory.

Wrestling was a challenge both mentally and physically. Aside from working hard, everyone had to work together to win as a team. "A chain is as strong as its weakest link. We have to be really strong to succeed as a team and as an individual," said Coach Richard Hilleary.

To many of the teammates, wrestling was an "all guts" sports. It was hours of practice and learning. "Wrestling is one of the only sports that prepares yourself both mentally and physically. The

more work I do the more improvement I see," said Junior Adam Stephenson.

The glory came from all of the wins that the Vikings had. "To have a great season everyone needs to feel that they did better than they thought they would," said junior Scott Jonely. The team accomplished this, and many wrestlers went on to the regionals after a successful regular season.

"The endurance and learning that goes into wrestling is unique. It is a sport that has no excuses," said junior Andy Stephenson. As the buzzer rang, and the winners hand was raised, the wrestling team came to one conclusion — all of the hard work was worth it.



With out-stretched arms and pointed toes, sophomore Jeanne Dunning shows her talent on the balance beam. At this meet, at home, against Osbourn Park High School, it was vital for the judges to see the gymnasts enthusiasm in their performance.

During the meet against Stonewall Jackson High School, sophomore Loretta Claytor performs her well-practiced routine on the balance beam. Practice was an important part of the team members preparation for the meets.



W		O
86.05	N. Stafford	105.2
90.5	Stafford	83.8
102.9	N. Stafford	91.85
93.4	Hylton	101.35
94.8	Osbourn Park	101.3
94.85	Stonewall	89.85
91.35	Robinson	101.55
91.0	Broad Run	94.15
95.4	Gar-Field	94.05
95.8	Potomac	91.6

5 Season Record 5



*Front Row:* Stephanie Parker, Vanessa Cantave. *Second Row:* Heather Moore, Jeanne Dunning, Cereina Wanzer, Loretta Claytor. *Back Row:* Steve Hetzel, Greg Patterson, Christina Vogel, Karine Machado, Kelly Sakai, Sara Lyng, Jessica Inskeep, Paul Losier.



# Total Effort

Teamwork and individuality come together with constant practice to bring Gymnastics to the top.

Everyday practice and long-term training for gymnastics would finally show results. The first meet of the season was about to begin; this was the time for the gymnasts to prove their skills.

Their training and effort would never end. Ten minutes before the meet was supposed to start, the gymnasts were already preparing for the competition. They were stretching and running through their routines, perfecting every detail of their performance, so that they would be their best at the meet. "The practice and training are hard, but I know that my efforts will pay off both in competition and in my personal gain," said sophomore Heather Moore.

The gymnastics team was large enough

so that not every member of the team was required to compete in each event. The choice of events to compete in were floor, beam, bars, and the vault. Junior Karine Machado said, "These choices make the sport enjoyable because the sport is more individual. This way we are part of a team, but we are still dependent on each other as individuals to be our best."

"I know how hard the members of the team work. There is an advantage to being the manager. I get to see all the team members work come through in the competition. They really put forth effort in the competition it makes the meets more entertaining to watch knowing how hard they work," said junior Jessica Inskeep.



At the completion of her routine on the uneven parallel bars, junior Karine Machado stands waiting for the judges to finish their scoring after her dismount. The dismount played an important part in scoring the routine.

With anticipation in their hearts and butterflies in their stomachs, the girls on the gymnastics team enter the school gym for their competition. It was important for the team to show unity and support for each other at their meets.



# Just Short

Visions of victory at the state tournament faded away during the final round.

Back to back . . . disappointments. In 1991, the boys lost to Kempsville in the state finals, 2-1. In 1992, the boys lost to Kempsville in the state finals, 3-2. Junior Scott Poirier said, "It was a real disappointment. We would have loved to have won the State Championships just to make up for the 1991's loss."

On May 30, 1992, the boys played the first half of their games against Kempsville at W.T. Woodson High School in Fairfax Virginia. At the half, the referees called off the game due to the inclement weather and the poor shape of the field. The score was 1-1.

During the first half, an opponent took senior O'Neal Williams

down, breaking his leg. Williams was rushed to the hospital and then to Walter Reed Army Hospital for surgery. The injury pushed the team to win a week later.

June 6, 1992, the boys played the second half of their game in Richmond, Virginia. The score for the second half was 2-1. Thus, the boys lost, 3-2. Senior Dave Capece said, "Unfortunately, we were too busy concentrating on getting revenge on the guy who broke O'Neal's leg, not on the game." However, senior Stephen Masten saw the game differently, "If we could have played the entire game over, including the first half, we would have won."



Looking for a chance to score, Senior Chris Petrini crosses the ball away from his opponent, Dave Clark of Osbourn Park. A strong defensive team lead the varsity soccer team to many victories.

Being escorted off the field by Mr. Hilios and Mr. Brown, Senior O'Neal Williams leaves the game with a broken leg. During the first half of the semi-finals, Williams was taken down by a Kempsville player.







Sophomore Bryan Landgrover attempts to keep the ball from going out of bounds, while battling his opponent from Kempsville. Younger players on the team are helpful because they will return in the following season.

While keeping a close watch, sophomore Steve Rossi pays close attention to his Potomac opponent, preparing to enter the game at any time. When not on the field, players took time out to get a drink.



*Front Row:* Bryan Foley, Steve Rossi, Chris Grey, Kevin Sullivan, Randy Gorcio, Mott Petrus, Matt Henry, Anthony Sobotini. *Back Row:* Jon Adkins, Stephen Masten, Chris Petrini, Bryan Londgrover, Dove Copece, Scatt Pairier, O'Neol Williams, Raymond Henry, John Bool, J.J. Coputa, Teddy Hilios.

W		O
3	Osborn Park	1
3	Stonewall	1
2	W. Springfield	1
3	Hylton	2
5	James Wood	2
7	N. Stafford	1
7	Potomac	2
7	Fauquier	0
10	Stafford	1
6	Gar-Field	2
3	Potomac	0
3	Osborn Park	0
6	Osborn Park	0
2	Kempsville	3
22	Season Record	1



During the game against Potomac, senior Dave Capece makes a long instep drive towards the far post hoping the wing will be able to score. Successful passing was a key element in a winning strategy.



Strike a pose! Sophomore Simon Franco prepares for a throw-in in the wet conditions. The more arm strength ones teammates had the farther he could throw the ball. Players used their arm strength to propel the ball down field.

Aggressiveness was the name of the game. Sophomore Greg McAlister concentrates on winning the tackle against Tim Landrews number nine on opposing Osbourn Park. Goals were often generated by winning tackles.



W		○
2	South Lakes	0
2	Wash. & Lee	1
2	Mills Godwin	1
4	Fauquier	0
8	N. Stafford	1
4	Potomac	0
4	Stonewall	1
5	Osbourn Park	2
7	James Wood	1
4	Stafford	0
2	Hylton	0
2	Gar-Field	2
12	Season Record	0



*Front Row:* Donald Whitfield, Patrick Richardson, Darrell Hoffman, Dan Flaherty, Ryan Simpson, Mark Volzer, Adam Stephenson; *Back Row:* Cindy Burns, Caroline Rynerson (managers), Dan Brown, Matt Henery, Tom Medagzia, Mike Moser, Chris Grey, Mike Greto, Anthony Buige, Neil Vaughn, Chris Luley, Micah Turnquist, Anthony Sabatini, Kevin Tabor, Coach Pinion.



# *Fired Up*

The JV soccer team showed the District how powerful they were as they went undefeated.

"Determination and aggressiveness is what helped the players to become a team," commented sophomore Adam Stephenson as he reflected on the season. They ended their season as undefeated District Champs with the leadership and guidance of coach Doug Pinion.

Becoming District Champs wasn't as easy as it seemed. Long hard hours of practicing was put into it. The dreaded 4-3-2-1's were no piece of cake. They involved running around the Driver's Ed. Range. Switching off between the freshmen and sophomores. Each group would have to run four times around the range, then three times, two times, and finally once more.

"No one liked to do the running, but it paid off in the end when we won the district," added sophomore Mike Gretto. Hills were also part of their conditioning practices.

"The team had a great deal of respect for each other on and off the field," explained sophomore Mike Moser, "We supported each other in all that we did." Soccer is a game of unity, everyone has to work together in order to accomplish anything. Each player learned from mistakes and advice given by team mates, sophomore Justin Buchanan summed it up best when he said "Soccer is great, there is no other feeling like it, that is why so many people play it!"



Blocking the ball from an opponent on North Stafford, Darrell Hoffman strives to gain possession of the ball. Defense is not just the defenders' job. All players on the team have to play defense at some point. Teamwork was important.

Concentrating from the sidelines players watched and anticipated their teammates' actions. Players off the field often cheered for their teammates and focused on the game. Coach Pinion required everyone to get involved.



# Goal Customs

As Reaching For The Title,  
Many Victories Were Won  
and Joy Spread For the  
Champions

With seven senior starters graduated, the pressure fell to the rising upperclassmen to carry on the winning dynasty. Speculation mounted as whether they could return to the state tournament.

For the players there was never any doubt. Senior Steph Boyle said, "This year the team seemed more intense with wanting to win. It was great! Everyone on the team became not only teammates, but good friends as well." The team regained all respect after returning to the state tournament.

After practicing together everyday after school and on Saturday mornings the Lady Vikes became fast friends and supported each other. Senior Scottie Cheatham said, "I think that one of our great-

est strengths this year was the closeness our team felt which helped us work better on the field. We felt like a team in search of a common goal, states."

Sophomore Lisa Tolin said, "Since I was a younger member on the team I looked up to the seniors as positive role models. They made me feel like the work I did paid off, which was a definite uplifter." The team upheld the tradition of being District and Regional Champions.

The state tournament was held at W.T. Woodson. The Lady Vikes lost to West Springfield. Senior Jen Roberts said, "Losing in states was a disappointment, but it was a memorable season."



As the team sits and waits for the big game to start, the players are thinking about their techniques and plays that they will be using for another big victory. Victory was always on the minds of the players.

Beating her Potomac rival to the ball and the play, senior Stephanie Boyle kicks the ball to score a goal. Being able to run fast was only one of the many advantages over her opponent to get the ball and make a goal.







Using the slide tackle technique, junior Amanda Lance, keeps the ball and the goal away from the Fauquier adversary. Coach Chmelko stressed defense, and often the team spent extra time on defensive drills.

Taking the ball from her teammate, senior Kim Butts dribbles the ball to the Fauquier goal. Careful and skillful maneuvering was required to keep the ball. For many of the players this is the most difficult skill to learn.



**Front Row:** Emily Keatar, Amanda Lance, Katie Luck, Dana Carlsan, Carrie Blackburn, April Rodgers;  
**Second Row:** Hally Janely, Lisa Talin, Chrissie Little, Jen Blackburn, Nancy Blanch, Nicole Bates, Jena Maarleghan; **Third Row:** Coach Chemelka, Michele Sullivan, Steph Bayle, Jen Roberts, Kim Butts, Scattie Cheatham, Julie Stephens, Rebecca Lisack, Beth Partell.

W		O
2	Walt Whitman	0
3	Annandale	0
2	W.T. Woodson	0
2	Osborn Park	1
3	Monican	0
14	Stonewall	0
0	Robinson	2
4	Robinson	1
5	Potomac	0
2	Herndon	1
2	Stafford	1
6	Fauquier	0
12	Stafford	0
2	Gar-Field	3
12	Seasn Record	2



Racing towards the ball, sophomore Carrie Blackburn attempts to outrun her opponent. Running at practices gave her and the team strength on the field for all of their games. This payed off in their 6-0 win over Fauquier.



Sophomore Jodi Simprini, and Coach Rob Benson watch the game as they await an opportunity for Jodi to be substituted into the game against Fauquier. Substitution was often a nerve-racking event.

At a home game sophomore Angie Finney dribbles past an Osbourn Park infielder. The Viking offense was powerful, accompanied with a strong defense. The girls showed very good team work.



W		○
3	Fauquier	0
3	N. Stafford	0
2	Woodson	0
3	Potomac	0
7	Stonewall	0
5	Osbourn Park	0
8	Hylton	0
0	Herndon	0
1	Gar-Field	0
4	Stafford	0
11	Season Record	0



**Front Row** — Nikki Dietz, Kelly Couch, Rochel Baltezore, Autumn Pittman, Vicky Barane, Rian Duncon, **Second Row:** Kristen Heller, Liz Cockowski, Ashley Klimkeiwicz, Angi Finney, Brandy Stevons, Dawn Cloiborne, Kristen Zerkow; **Back Row:** Cooch Benson, Jodi Simprini, Susan Laver, Amy Suttan, Modeline Neely, Kelly Curtin, Renee Fox, Sarah Howard, Allison Melton.





# Quick Dribble

The Tradition of Being  
Number One Continued for  
the JV Soccer Team, They  
Were Unbeatable.

The grass was freshly cut, the field had been painted with lime, and the nets were hung tight over the goals. This was the view the members of the girls junior varsity soccer team saw as they took the field for the first home soccer match of the season. "I always get butterflies in my stomach before the first game," admitted sophomore Angie Finney.

The butterflies did not last long however, as the Lady Vikes shocked their opponents in their opening game. "We won our games with offense, but it was our defense that kept the ball on the offense side of the field," stated sophomore Autumn Pittman.

The ladies of the junior varsity team finished the season with no

losses and only one goal scored on them by all their opponents combined. "We never got the ball on our half of the soccer field," said sophomore Ashley Klimkiewicz of the team's success.

The team finished with a final record of nine wins, zero losses, and one tie. "I was happy with our record, but sometimes we could have played better," commented freshman Kelly Couch. The girls look forward to improving their play next season, even if they could not improve their final standing of first place. That has accompanied them through much of the teams long and exciting history. This tradition is one that is likely to stay for many years to come.



Sophomore Kristen Zerkow dribbles past the North Stafford opponent. Quick steps and maneuvers were a must for good playing. The Lady Vikes experienced many tough practices which contained lots of running to give them endurance.

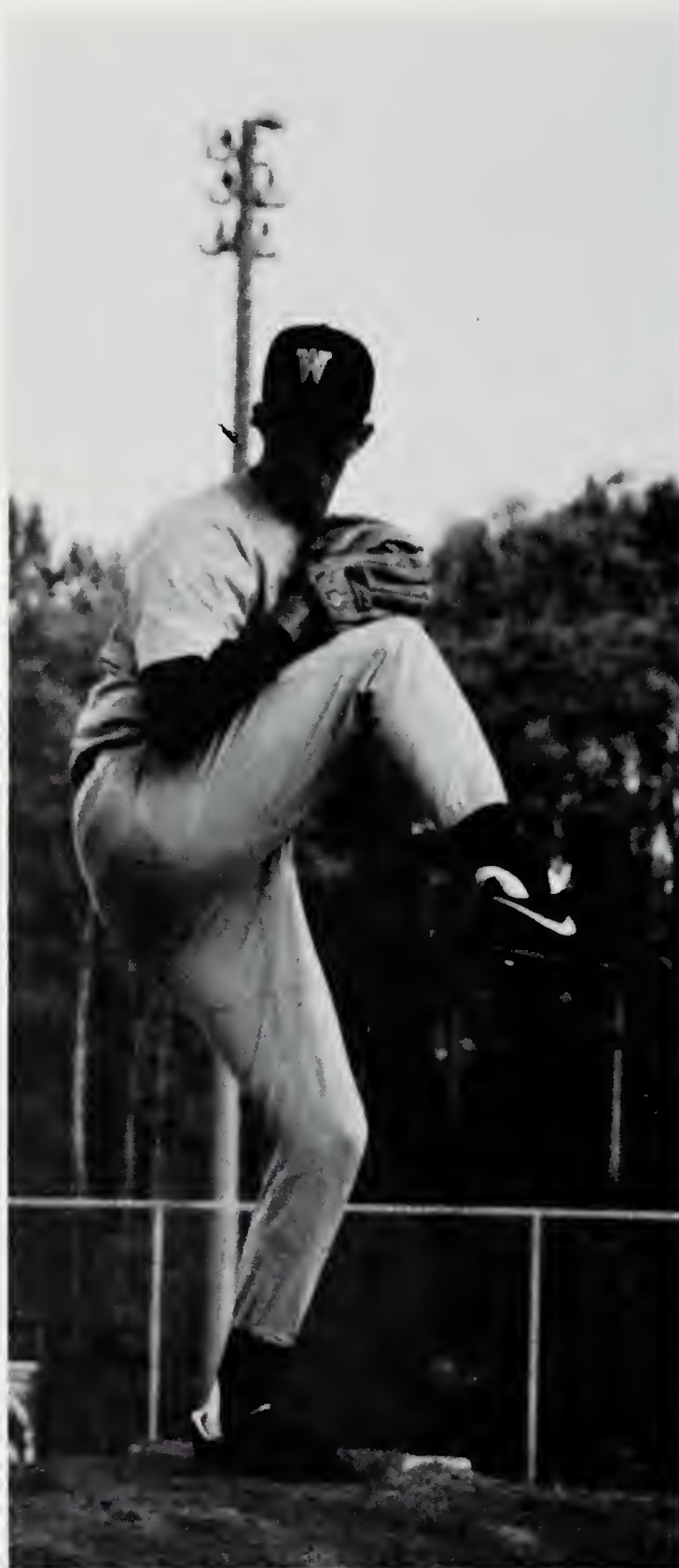
Wrapped up in the moment of the game, sophomore Ashley Klimkiewicz, Jodi Simprini, and Susan Laver watch the offense take the ball down the field. They cheered the team on and hoped they would score.

Girls' JV Soccer



Ready to deliver the pitch and going for strikes, senior Fred Cundy winds up on the mound as he makes throwing a fast ball look easy. Being left handed was unique among pitchers.

Swing Batter! While waiting for the pitch and concentrating on a hit, sophomore Sig Capolupo chokes up on the bat during a home game against North Stafford. Good hitting style was necessary for a good game.



*Front Row:* Robie Wood, Rich Leopold, Sig Capolupo, Mike Zoika, Barry Gauch, Lou Capalupo, Justin Roynar, Jan Mulholland, Keith Cossedy, Poul Harris; *Second Row:* Coach Maably, Lincoln Burke, Troy Robb, Cameron Moys, Mott Clark, Josh Millsopps, Fred Cundy, Chris Pinder, Ed Gekosky, Coach Cavington, Cooch Cassedy.

W		O
4	Potomac	5
5	Osborn Park	1
4	Stafford	6
1	James Wood	7
2	N. Stafford	7
2	Hylton	8
4	Stonewall	1
10	Gar-Field	4
9	Potomac	1
9	Osborn Park	8
4	Stafford	7
6	James Wood	5
7	N. Stafford	8
13	Stonewall	0
1	Hylton	2
8	Gar-Field	0
8	Season Record	8



# Batter, Swing

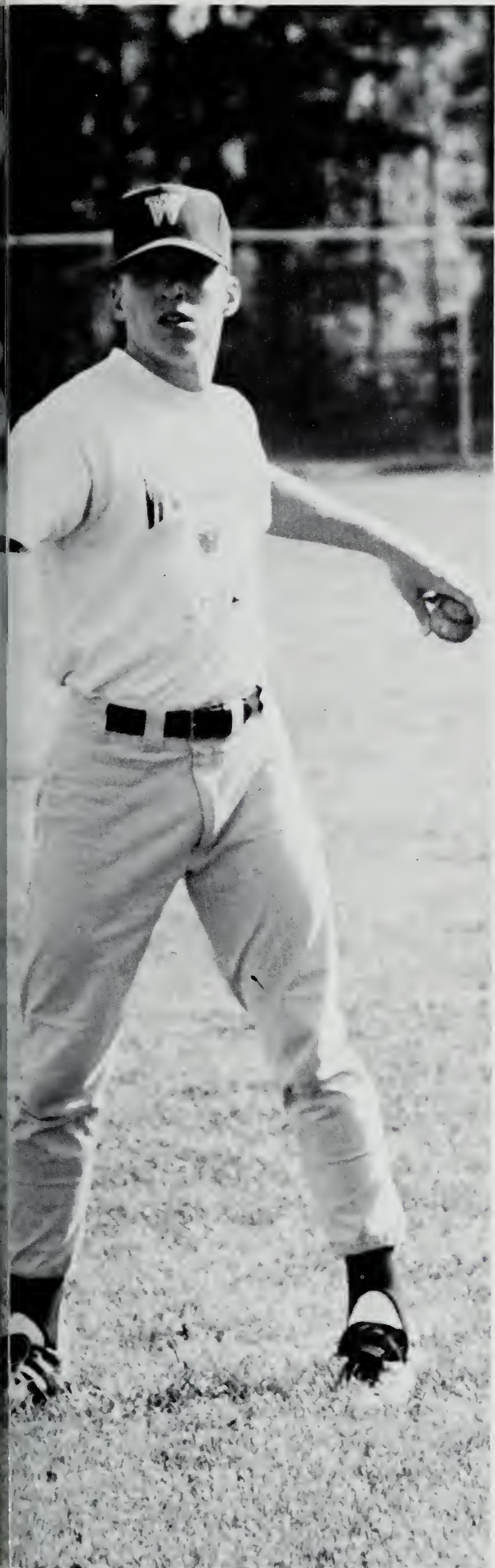
The first year under the lights was a good one as the Viking's shut out rival Stonewall.

The lights opened up people's eyes as well as the Viking's bats did at home. The team made the new lights worthwhile with a 7-2 record at home, ending the season with a record of 10-8. "Stonewall Jackson was a good example of team unity because we all did what we had to do and we kept the intensity throughout that game," said senior Jon Mulholland.

Pitchers senior Chris Pinder and junior Keith Cassidy combined to allow Stonewall to make two hits. Chris Pinder went four innings, striking out seven and walking only two. Then Stonewall hit a single to

second base. Chris Pinder retired the last eight batters. Keith Cassidy took over, finishing with three strike outs, two walks, and one hit. "I had to come in and close the door on the Raiders to complete our victory," said junior Keith Cassidy.

In the first inning, third baseman Josh Millsapps hit a fast ball over the left-fielder for a 3-0 lead. Junior Matt Clark followed with a hit over the left-field fence, in the second inning. Junior Ed Gekosky cleared the bases in the fifth and sixth innings, finishing with four RBI's, a career high. The team finished the night with a 13-0 win.



His eyes on the target, senior Paul Harris gets ready to throw the ball in the outfield during the pre-practice warm-up. Warming up was an essential part to avoiding injuries in a game.

Freshman Barry Gauch waits for the ball from the pitcher, during a pre-game warm-up. The warm-up allowed the players time to concentrate on the game ahead. All of the players considered the warm-up invaluable.



# Play the Field

The thrill of experiencing victory and the agonizing experience of a defeat.

The runners began to dance around first and second bases as the figure on the mound glided into his stretch position. The pitcher eyed the bases discreetly. Suddenly he jerked his body and fired the ball to second base. The shortstop sprinted to the bag to receive the throw. He tagged the runner for the out. It was another perfect "pick-off" play to end the inning.

The J.V. baseball players practiced almost three hours everyday, rain or shine, to perfect these outstanding plays. Practices included stretching, sprinting, drills, batting, and fielding.

"Although long and strenuous practices gave us a chance to work together. Teamwork and sportsmanship were essential to

win," said freshman Marcus Gadsen.

With twelve freshman players, the young team experienced thrilling victories as well as agonizing defeats.

Freshman Kyle McKnight said, "Losing games was hard, but we always learned from our mistakes. It made us play harder to win games."

Freshman Elliot Walls said, "The most exciting game was against James Wood. We were down 9-16, but came back to win in the bottom of the eighth inning, 17-16. It was a great game because everybody contributed to the victory." The young team ended a victorious season with a season record of 13-5.



In a ready position during the home game against Osbourn Park, freshman third baseman Charlie Kodatt focuses on the opponent's batter. Playing the infield required extreme concentration. One requirement the team filled.

Using just one of the many techniques that were perfected at practice everyday, freshman Matt Johnston lashes a base hit during a home game against James Wood. This hit contributed to the Viking victory. The score was 17-16.







The third strike is called. Freshman pitcher Kyle McKnight shows his perfect pitching form. His delivery was one of the excellent plays made by the team to lead them to a 3-1 victory at home against Potomac.

Warming up his arm before the home game against the James Wood Colonels, Sophomore David Hunter returns the ball to pitcher Danny Whyte. Warming up before a game can prevent injuries and can also mentally prepare the team.



**Front Row:** Ryan Bass, Steve Barnes, Emilio Perez, Brian Carino, Marcus Gadson, Matt Johnston, Danny Abe, Toby Forrer;  
**Back Row:** Elliot Walls, Jeff Bass, Charlie Kodatt, Danny Whyte, Dave Hunter, Joe Lighthill, Sean Healy, Kyle McKnight.

W		O
10	Potomac	0
6	Osborn Park	7
18	Stafford	8
12	James Wood	5
3	Hylton	9
9	N. Stafford	6
11	Stonewall	1
5	Gar-Field	1
3	Potomac	2
14	Osborn Park	7
6	Stafford	8
17	James Wood	16
6	N. Stafford	9
3	Stonewall	4
7	Hylton	0
4	Gar-Field	9
13	Season Record	5



Between innings during a home game against Osborn Park, Coach Tim Healey talks about the J.V. team's performance on the field. Players David Hunter and Emilio Perez listen. The pep talk worked with a win of 14-7.



Focusing on bringing her arm around to the release point, senior Kerry Suniega pitches a fast ball to the batter. Pitchers had to develop good form and combine it with the skill of thinking fast.

The Colonels's player holds her ground as junior Keri Pratscher flies into third base. Players were required to give their best effort to complete a run. Speed was an important factor as well as endurance.



W		O
4	Potomac	1
2	Osborn Park	8
10	Stafford	0
8	N. Stafford	5
2	Hylton	1
2	Stonewall	4
0	Gar-Field	8
7	Potomac	3
0	Osborn Park	8
7	Stafford	0
11	N. Stafford	0
7	Stonewall	0
1	Hylton	2
5	Gar-Field	4
4	Osborn Park	11
13	Season Record	6



Front Row: Lisa Paternite, Kim Dehnel, Jennifer Kass, Cara Bradie; Second Row: Talia Lake, Keri Pratscher, LeeAnn Stantan, Weny Updyke; Back Row: Misty Clark, Kerry Suniega, Jennifer Scatt, Anissa Pender, Heather Garka, Caach Jim Edwards



# Sweet Revenge

Sparked by the Pain of  
Defeat, the Vikings Push  
Themselves to a Long Awaited  
Victory

"We are still in the twelfth inning and the game is still tied, four to four," the announcer's voice boomed over the microphone. The Vikings were playing against the number one seed, and their rival, Gar-Field. Gar-Field had previously beaten the Vikings and they wanted revenge.

"It all came down to who wanted to win the game the most. Gar-Field beat us the first time. We weren't going to give them the pleasure again," said freshman Heather Garka.

Gar-Field was ahead four to zero when the Vikings scored four unanswered runs in one inning to bring the game to extra innings. It was in the twelfth inning when junior Lisa Paternite got on base and

senior Kerry Suniega batted a hard base hit that was uncatchable. Lisa ran home and scored the winning run. The Vikings were victorious over their rivals, five to four.

Senior Kim Dehnel said, "The best present the team could've given me was a victory over Gar-Field."

The 13-6 Vikings finished third overall in the district. Cohesiveness and friendships brought the team together in the most crucial moments. Sophomore LeeAnn Stanton said, "The team was shaky at first, but during the Gar-Field game, we had an incentive to get focused. So, when we started working together as a team, we knew we were unbeatable."



Swing batter! Freshman Talia Lake prepares to bat by keeping her eyes concentrated on the ball. Batters also had to watch the signals coming from the third base coach. Executing a big hit required many different skills.

Defense! The commonly used cheer lingered in the Viking's ears as seniors Kerry Suniega, Misty Clark, and juniors Jennifer Kass and Keri Pratscher take their positions on the field. One key to success was spirit.

Varsity Softball



# Undefeated

With A Season Record of 15-0,  
It's Clear That Diamonds Are  
These Girls' Best Friends!

The sun beat down on the junior varsity softball team while the Lady Vikes warmed up for their game. The weather was usually warm because the games were played on spring afternoons.

Softball is very similar to baseball, although the distance between the bases is shorter, the ball is pitched underhand, and the ball is larger. The team had an undefeated season, and the Lady Vikes enjoyed their dominance. Sophomore Jill Zizzo said, "After we started winning by so much in our games, we started goofing off at practices. We got our act together and really worked hard to beat Garfield, though. We proved to ourselves we could do it!"

One of the reasons why the

team worked so well together was because they had played softball with each other in previous years. Many of the girls played for an organization outside of school. Freshman Adrian Payne said, "We really know how to communicate out on the field during a game because we've grown up together. We also get along well; we're all friends."

Freshman Rebecca Murphy said, "Coach Cindric was great. he really motivated us to do our best. We couldn't have done it without him." The girls had an impressive season. They tasted the fruits of victory and thoroughly enjoyed it. The pay off was a season record of 15-0.



Freshman Wendy Broadus observes while fellow freshman Adrian Payne catches an in-field fly ball, for the final out of the inning. This inning resulted in a hard-earned victory over the Garfield Indians.

Despite an overwhelming lead over Osborn Park, Christina Laraia remains focused on achieving a single. The Lady Vikes dominated the Yellowjackets in a 20 to 1 landslide victory. Large leads did not distract these girls.







Crack! Sophomore Patti Leith hits one deep against the rival Potomac Panthers. The team went on to win the game 17 to 2. Players often went to local batting cages for pre-season training to maintain their batting skills.

Freshmen Debbie Ward and Molly Cundy high five for luck before Debbie's at bat. Team spirit was always high. To add to a perfect season, these girls have supported each other through years of playing softball together.



*Front Row:* Naele Shaw, Mally Cundy, Mary Dawes, Melanie Kass, Patti Leith; *Middle Row:* Wendy Braadus, Sara Young, Adrian Payne, Calleen Watson, Christina Laraia, Debbie Ward; *Back Row:* Coach Cindric, Hilary Clark, Jill Zizza, Amanda Dickensan, Rebecca Murphy, scarekeeper Kara Wesley.

W		O
23	Potomac	6
11	Fauquier	2
20	Osborn Park	1
40	Stafford	9
50	James Wood	2
19	N. Stafford	9
24	Hylton	16
19	Gar-Field	3
17	Potomac	2
18	Osborn Park	12
17	Stafford	3
11	James Wood	3
18	N. Stafford	6
5	Hylton	4
11	Stonewall	6
15	Season Record	0



Rounding third base, freshman Molly Cundy makes the final run down the base line toward home. To improve the speed of their dashes down the home-stretch, the junior varsity softball team did windsprints during practice.



"Look Ma, No hands or feet!"  
 Propelling himself over the bar,  
 sophomore Nathan Zezula  
 gracefully prepares to land. The  
 high jumpers were an important  
 part to the track team because  
 they always scored big points for  
 the team.



*Front Row:* Roberta Santiago, Mike Saure, Chris Carlsen, Rashid Quash, Sean Gilhaaly, Mark Jackson, Ed Aponte, Buntan Cooper, Maurice Habart, Jeff Hummel, Greg Patterson, Russell Waller; *Second Row:* Steve Hetzel, Duron Allen, Patrick Tadd, Bryon Todd, Scatt Crissey, Geoff Baker, Maurice Dixon, Eric Keehan, Nathan Rayburn, Jason Callen, Andy Sherman, Tanu Baah, Ken Neely, Nathan Zezula; *Third Row:* Coach Jim Rodgers, Coach Tany Jones, John Hickman, Justin Severance, Sharon Williams, John Farrell, Jasan Way, Matt Rice, Chris Morgan, Tim Morgan, Mike Brenner, Jim Trimble, Frank Gilhaaly, Mike Brittan, Lee Thompson, Chris Slusser, Andre Gomez, Coach Ray Dickerson, Coach Ken Serber.

## Girls

Pts	Girls	Plc
95	N. Stafford	3rd
58	Stafford	1st
156	Colonial	4th
49	Stonewall	1st
78	Gar-Field	2nd
276	Battleground	3rd
143	Richmond	5th

## Boys

Pts	Boys	Plc
115	N. Stafford	2nd
56	Stafford	1st
203	Colonial	6th
61	Stonewall	1st
59	Gar-Field	1st
151	Battleground	3rd
109	Richmond	4th





**Front Row:** Mara Wilcox, Nicole Wilsan, Louro Bouchard, Kendro Jones, Jennifer Wills, Koreen Machado, Deshoy Jones, Mesh'ailey Robinson, Leslie Rayston, Jennifer Gray; **Second Row:** Jonestra Grinkly, Lotrice Green, Melisso Nelsan, Borboro Greyson, Rebecca Grohm, Christine Rayston, Morioima Santiago, Troy Sinkovic, Rebecca Woadcack, Rachoel Woolfolk, Christy Brittan; **Third Row:** Caach Jones, Mandy Yamodo, Amy McGorry, Jessico Burns, Melisso Halowecki, Holly Johnson, Carol Gibson, Jen Boyt, Stephanie Porker, Adrienne Tunstoll, Julie Tadarro, Michelle Lassius, Lourie Olsan, Cheryl Rathlien, Jamie Holloday, Caach Radgers.

In leaps and bounds, senior Justin Severance sails through the air at a home meet. The skills he gained at practice were put to use at the meets. The jumpers had to put in extra hours to be fast and jump far.

At the starting blocks, junior Moriamma Santiago mentally prepares for her race. Mental preparedness was the key to obtaining victory. The coaches taught the runners how to visualize the race in their heads.



# A Power Surge

Practice makes perfect as the outdoor track team finishes with a winning season.

At 2:04 on a school day, students peeled out of their classrooms. Sloshing through the over-crowded halls, everyone rushed to be the first out of the building. Once outside, students battled other cars and buses while driving home for a relaxing afternoon.

Not every student went through this ordeal. They chose to put themselves to a different test. A select few stayed for track practice.

"Just when you think that the day is over and it's time to unwind, you realize that you have to stay at school for at least two more hours," said junior Barbara Greyson. She added, "Sometimes I feel as if practice is a pain, but that is

where we win our meets, by improving our time with each trial run."

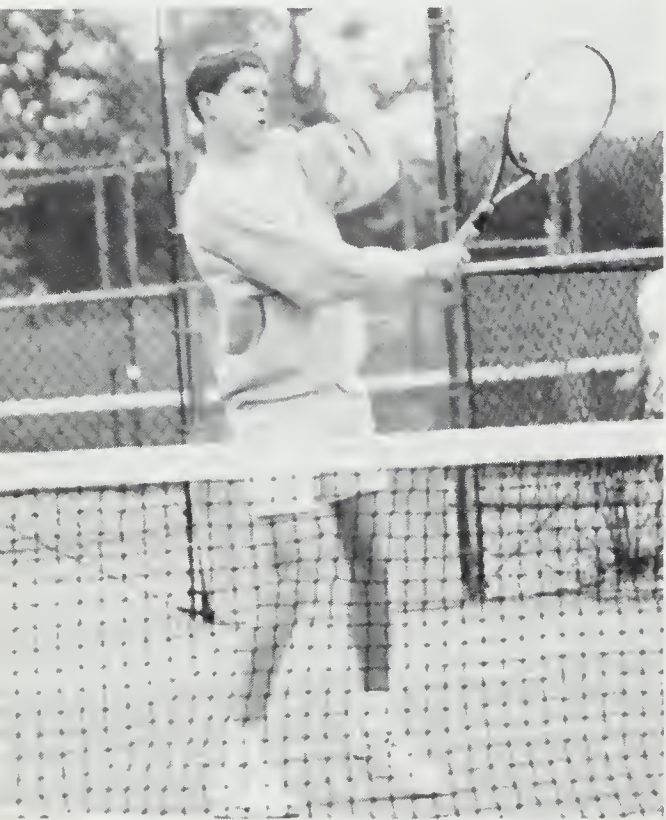
Without the workouts that took place at the end of everyday, the team's record would have faltered. As sophomore Michelle Lossius said, "Practice isn't only a time to focus breaking a personal record. It isn't a time just to stretch our muscles. It's the only chance we have to turn a relay team into a synchronized machine. Our practiced time is invaluable."

The sprint drills and the extra miles took ten track team members to States. Junior Jim Trimble said, "Because of our running, we brought recognition to the school."



Discussing his game with Coach Anderson, senior Jason Strohecker listens to advice about what he is doing wrong. During short breaks between sets, players often took the time to receive instructions from Mr. Anderson.

During practice, senior Greg Strawderman works on his backhand. Practices provided players with time to work on various aspects of their game. It also gave players a chance to improve their position in the rankings.



W		O
7	James Wood	2
9	Stonewall	0
8	Fauquier	0
1	Potomac	8
9	Hylton	0
5	Osborn Park	4
8	N. Stafford	1
9	Stafford	0
8	Gar-Field	1
6	Gar-Field	0
0	Potomac	6
9	Season Record	2



*Front row:* Jim Carney, Steve Calayag, Dovid Gignilliot. *Second row:* Jamie Gooch, Brian Cunningham, Rigel Woodside, Todd Pulsifer, Jason Strohecker. *Third row:* Mr. Anderson, Guillermo Corea, Mark Hauser, Brion White, Ted Pelot, Greg Strawderman, Cosey McKinny, Mott Lisock.



# No Love Lost

Throughout the season, the players battled other teams and each other to victory.

"I am not gonna get the ball! You hit it over. You go get it!" said sophomore Mark Hauser.

"No! You get the ball, you're closer to the exit!" said Mark's practice partner senior Jason Strohecker. Arguments over fetching balls took place daily at practice, however practice also proved to be productive.

"Mr. Anderson told us at the beginning of practice what skills we needed to work on, such as serves, groundstrokes, or volleys, but he individualized practice to each practice pair," said senior Ted Pelot.

The tennis team finished the season in second place, falling only to Potomac. "They all work well together," said Coach Anderson. "We have a great deal of talent,

young and old, and I think our season really reflected the talent. The team has a real strong backbone and you need that for team success."

The doubles team of seniors Ted Pelot and Greg Strawderman advanced to Regionals and States. "We took second in the state," said Greg. "The experience was valuable. Any competition on a state level always is, but we also spent a great amount of time together. Ted and I know what type of play to expect from each other and that really helped our season."

The strong finish of the doubles team and the entire team made Woodbridge a familiar name in the game.



Smashing a forehand back at his opponent, senior Ted Pelot demonstrates proper form for a strong return. Proper form is important in order to get a powerful shot. Mr. Anderson stressed this to his players.

While waiting for other players to finish their matches, sophomore David Gignilliat discusses different styles of play with Gar-Field's Neil Walia. With sixteen players on the team, players often had to wait to play.

Boys' Tennis



Junior Rebecca Lisack sends back the ball to her opponent during a home game. A powerful return was a key to a good hit and to win a point. To win her match she had to concentrate on the ball.

Sophomore Devon Clark practiced her serve before her match. Players and the coach used strategies to help them figure out their best moves.



W		○
9	Hayfield	0
6	Hylton	3
7	Gar-Field	2
9	N. Stafford	0
9	Stonewall	0
7	Stafford	2
9	James Wood	0
9	Potomac	0
8	N. Stafford	1
8	Stonewall	1
9	Stafford	0
9	James Wood	0
9	Potomac	0
9	N. Stafford	0
8	Stafford	1
5	EC Glass	4
8	P. Henry	1
17	Season Record	0



*Front Row:* Meredith Martin, Susan Laver, Emily Deotar, Lucia Andraid. *Second Row:* Tamisha Esannasan, April Rodgers, Brook Canway, Nancy Nurthorn, Sara Thayoprosat, Yasmin Ayati. *Back Row:* Rebecca Lisack, Yalonda Hodges, Liz Cackowski, Devon Clark, Suson Trussel, Michelle Hobson, Caach Lewis Forest.



# Net Point

Districts, Regionals and States.

They competed in all. It was hard work, but paid off in the end.

The Lady Vikes Tennis Team captured both the District and Regional titles. They even competed in the state tournament. Though they did not bring that title home they did not bring the school to shame.

"We've had one of the best seasons ever, just being able to play in the state tournament was a big thrill," stated sophomore Brook Conway.

Being a good tennis player took a lot of hard work, but being the best took lots of dedication. The number one player for the Vikes was junior April Rodgers. "I had to spend long hot hours in the summer practicing, but it all paid off this year when I played in the matches," she stated.

Also a key to good playing was concentration. The players had to keep their eyes watching the ball and their minds thinking about the smartest way to hit the ball. "If you let your guard down, just even for a few minutes it could mean disaster," said junior Susan Trussel.

Even though tennis could be considered a mind game, the girls had to be physically fit. By doing laps around the courts, a numerous amount of suicides, and tons of sit-ups and push-ups the girls achieved their physical fitness.

Being in top shape, concentration, hard work, and dedication all contributed to the Lady Vikes best season ever.



Freshman Sara Thapar warms up for her match by returning serves. Sara was ranked number two for the Lady Vikes. She spent long hours perfecting her hits, and many weekends practicing with her dad.

"Hurry up" April Rodgers said to Rebecca Lisack. The juniors walked over to the courts to get ready for their matches. Team unity was very important to the tennis team, especially when playing doubles.

Girls' Tennis



Breathless, senior David Cheatham listens attentively to Coach Gary Taylor, in the halftime period as the team takes a brief break. During halftime, not only Coach Taylor, but also the players, took time to offer suggestions.

In Pursuit, senior midfielder Chris Nelson chases Stonewall player Brian Reilly in hopes to check the ball from his stick. The team works throughout the season to increase their speed to help in situations like these.



W		O
6	Osborn Park	3
5	Edison	7
10	Hayfield	4
11	Loudoun	3
11	Faquier	7
8	Mount Vernon	11
8	Stonewall	3
21	Loudoun	0
9	West Potomac	8
2	Episcopal	16
12	Edison	5
7	Osborn Park	11
9	Faquier	8
9	Season Record	4



*Front Row:* Comeran Daniels, Andy Newhouse, Brion Mojewski, Tom Marciniak, Lon Huyhn, Chod Richardson, Mike Jones, Tommy Gimble, and Coach Jeff Quigley. *Second Row:* Coach Gary Taylor, Sean Kelly, Mike Hall, Paul Lazier, Don Harrison, Will McKay, Marc Schneider, David Cheatham, Cavan Berryman, Jeff Rhodes, Chris Elmare, Scott Kennedy, Travis Hotap, Rob Osbourne, Chris Nelson, Eric Tangemon, and Coach Joe McCann.





# CRISSCROSS

Even without a coach for two weeks, the lacrosse team captured another district title.

"Do you want to play to the death?" asked the Native American.

"Yeah, I'll get the buffalo skin ball," the other replied.

What game were THEY playing? LACROSSE! This rough game originated with the Northern Indians of Canada. Today, the Vikings take the field, fortunately not to the death.

The lacrosse team played for its second year. They have elevated themselves into two teams comprised of more than 35 players. "We started out as a few kids with interest and parents who would support us," said senior Jeff Rhodes, "At times some of us thought we'd never get started. We were determined to play and we did just

that. We planted the seeds for a great future team."

The Vikings held a 15 and 3 record by the end of the season and finished winning the District Tournament at Osbourn Park. "The team really pulled together to win the championship. It felt good to succeed and excel at something we worked so hard for," said senior Rob Osborne.

The team, who has had two different coaches, played this year under the direction of Gary Taylor. Mr. Taylor was a goalie on the university of North Carolina lacrosse team. "Despite the initial problems with finding a coach, the team and coach Taylor adjusted well. We had a GREAT season!" exclaimed senior Brian Majewski.

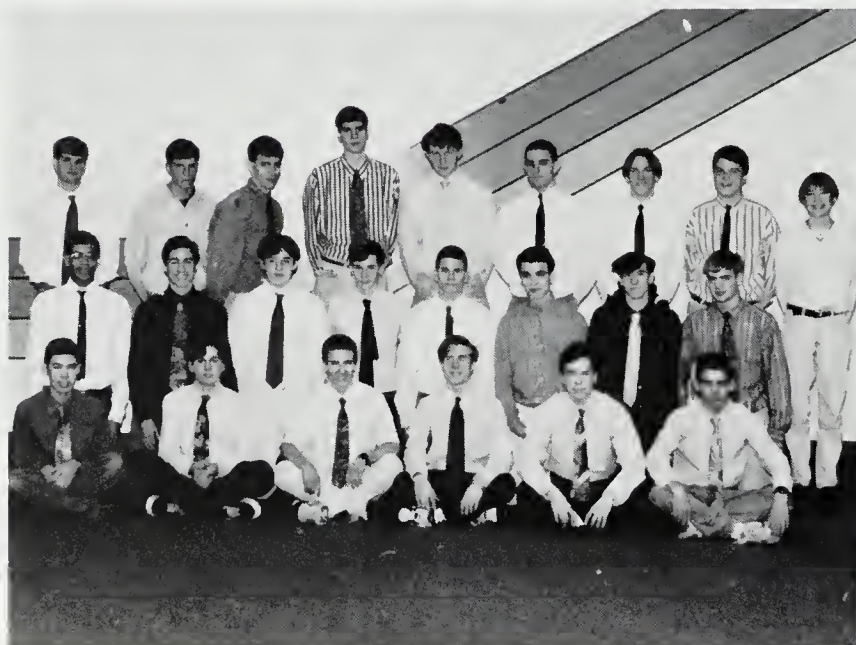
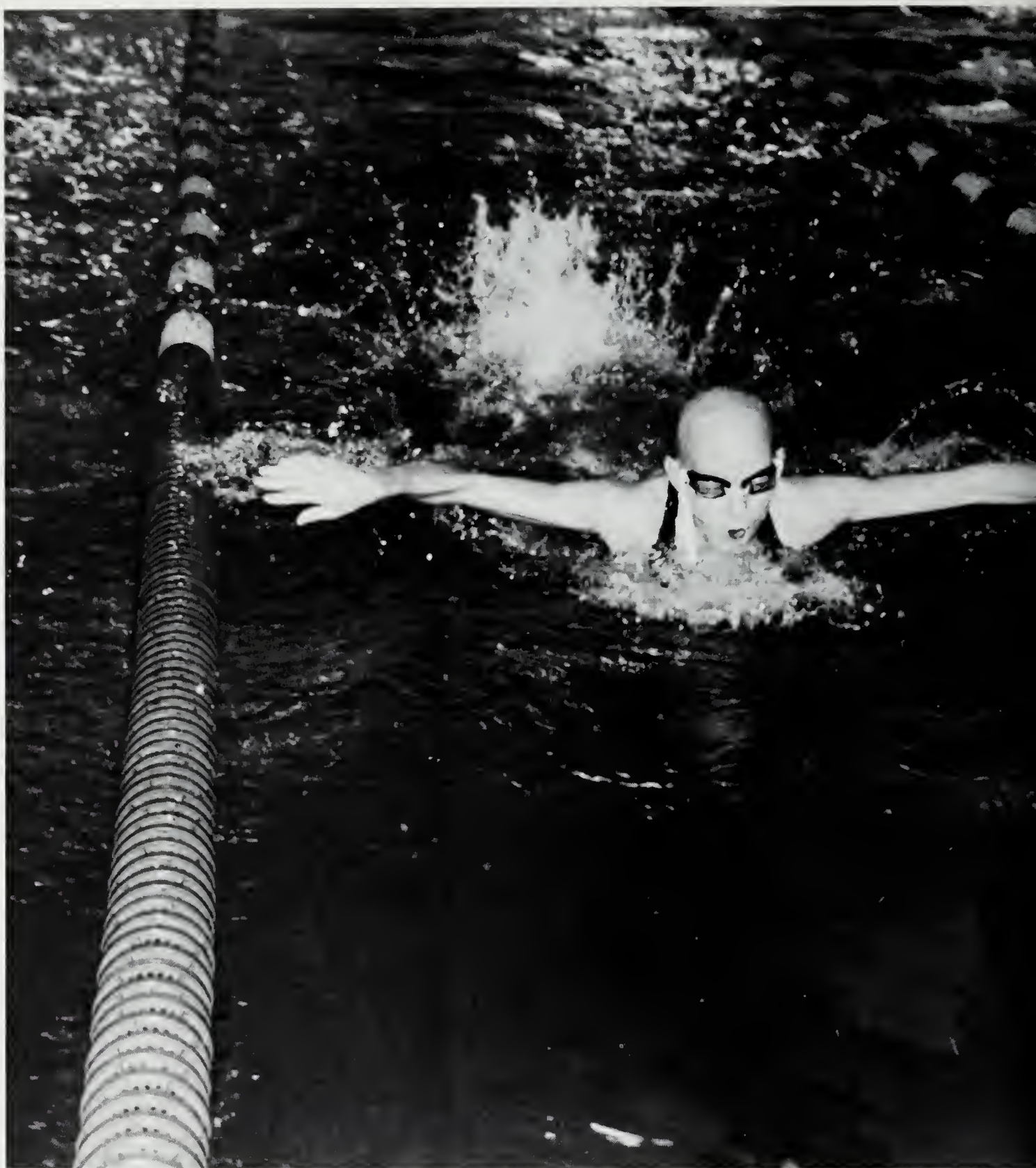


Teamwork! Sophomore Scott Kennedy calls "man" and takes out Stonewall's Richard Blakeman and Jason Jaroch as senior Lan Huynh calls "ball" and positions himself to scoop the ball. Good stick work helped them defeat Stonewall 8 to 3.

Defense! Senior Jeff Rhodes, defense player holds off Stonewall's Mike Harmon, aiding in the team's ability to win the game by eight points. This win allowed Woodbridge to move on to the District semi-final game.



Starting the race off right, junior Brian Hicks springs off the starting block. Anticipating the start often led to false starts. False starts added tension to the races by forcing swimmers to get back on the block.



*Front Row:* James Chambers, Aaron Hewitt, Scott Granger, Chip Hamilton, Rob Albrecht, Mike Hamilton; *Second Row:* Jason Weddington, Nathan Holmes, Jimmy Grube, Dan Cleary, Joel Caradine, Sean Urban, D.J. Kelly, Tommy Huntington; *Back Row:* Coach Dave Tonneson, Dan Harrison, Brian Hicks, Sean Kelly, Brian Dees, Craig Baldwin, Chris O'Brien, Brian Howser, Jessica Jankowski, Manager.

### Boys

88	North Stafford	82
90	Stafford	80
86	Hylton	83
124	Garfield	46
96	Osborn Park	74

### Girls

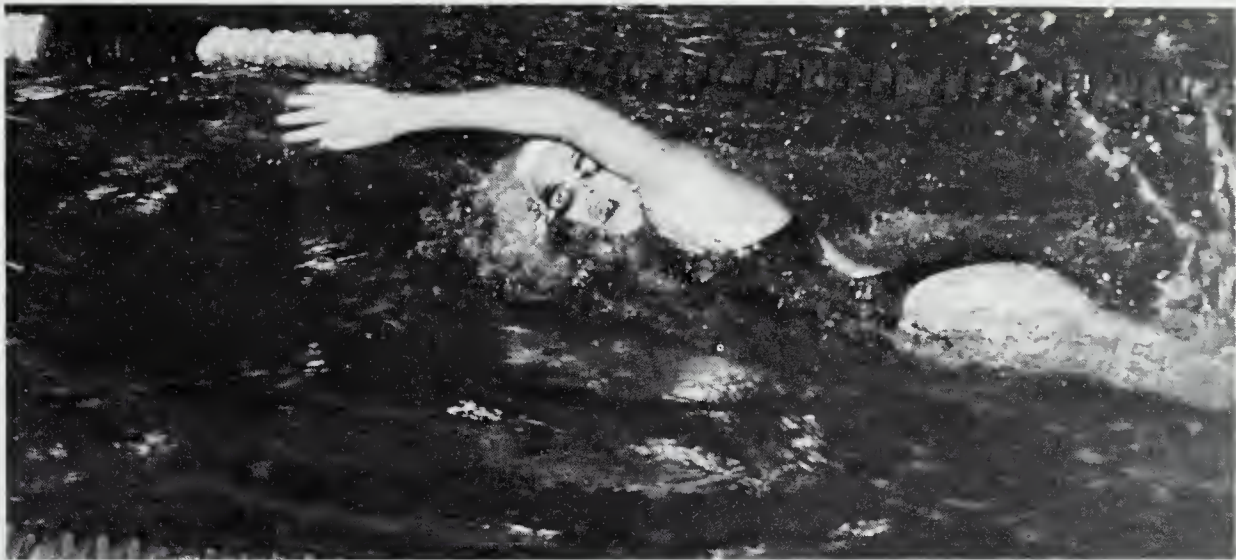
87	North Stafford	83
90	Stafford	80
69	Hylton	101
77	Garfield	93
64	Osborn Park	106





Coming up for a breath, freshman Ann Palmer swims butterfly during a 100 IM. The IM, or individual medley consisted of 50 meters of butter, back, breast and free. This event was a favorite because of the variety of strokes.

Pulling herself towards the wall, senior Kara Nelson takes a stroke. Endurance and strength were needed for competition. Practice time paid off not only for the individual, but for the entire team as well.



# Pulling Ahead

Swimmers dive into the season with new team members who help to keep success afloat.

The crowd grew quiet, the swimmers took their marks, and with a beep of the starter they were off. "We swam in a lot of meets this season," said junior Christine Nelson, "but they gave the team a chance to get comfortable with competition and helped to make it a successful season overall."

Although all of the team members realized the importance of participating in meets, they often put a damper on weekend plans. Meets were either held on Friday nights or during the day on Saturday, making it necessary for swimmers to sacrifice personal time for the good of the team. "Giving up my Friday nights was the hardest part of swim team," said

senior Kara Nelson. "The meets were fun, but we missed a lot of the basketball games."

The time and dedication put into practices and meets definitely paid off for the entire team, especially the boys who finished the season undefeated. In addition to returning swimmers, there were many new team members who contributed to this success. Coach Ed DeLeonardis said, "We had a lot of new swimmers this year and the team managed to do quite well. With so many seniors leaving the team, the new swimmers will take over next year. Based on their success this year, if they come back next year the team will be very strong."



**Front Row:** Loreili Kennedy, Stephanie Feindt, Susan Katzebeck, Sara Young, Michelle Dowdy, Ann Palmer, Amy Staab, Rebecca Radcliffe, Ashley McKelvy; **Second Row:** Christine Lewis, Shannon Sing, Kristin Romano, Melanie Robbins, Tara Plummer, Laura Williams, Bonnie Constable, Krissy Tonneson, Christine Nelson, Kara Nelson, Christine Feindt; **Back Row:** Heather McEachen, LeslieAnne Swanson, Heather Johnson, Katie Lyng, Jessica Cunningham, Elizabeth Vernon, Loriele Meriweather, Nicole Kofalt, Ashley McVeigh, Tennille Brown, Coach Ed DeLeonardis.



"Woodbridge, are you ready?" Coxswain Chris Redmon raises his hand to show readiness. Juniors Ashley Ceci and Nathan Hissong, and sophomore John Varrieur concentrate on the coxswain's commands.

Walking the boat in to the boathouse, freshman David DeLeonardis and sophomore John Varrieur are exhausted from their grueling race. The long, heavy shells are carried by the rowers and placed on racks for storage.

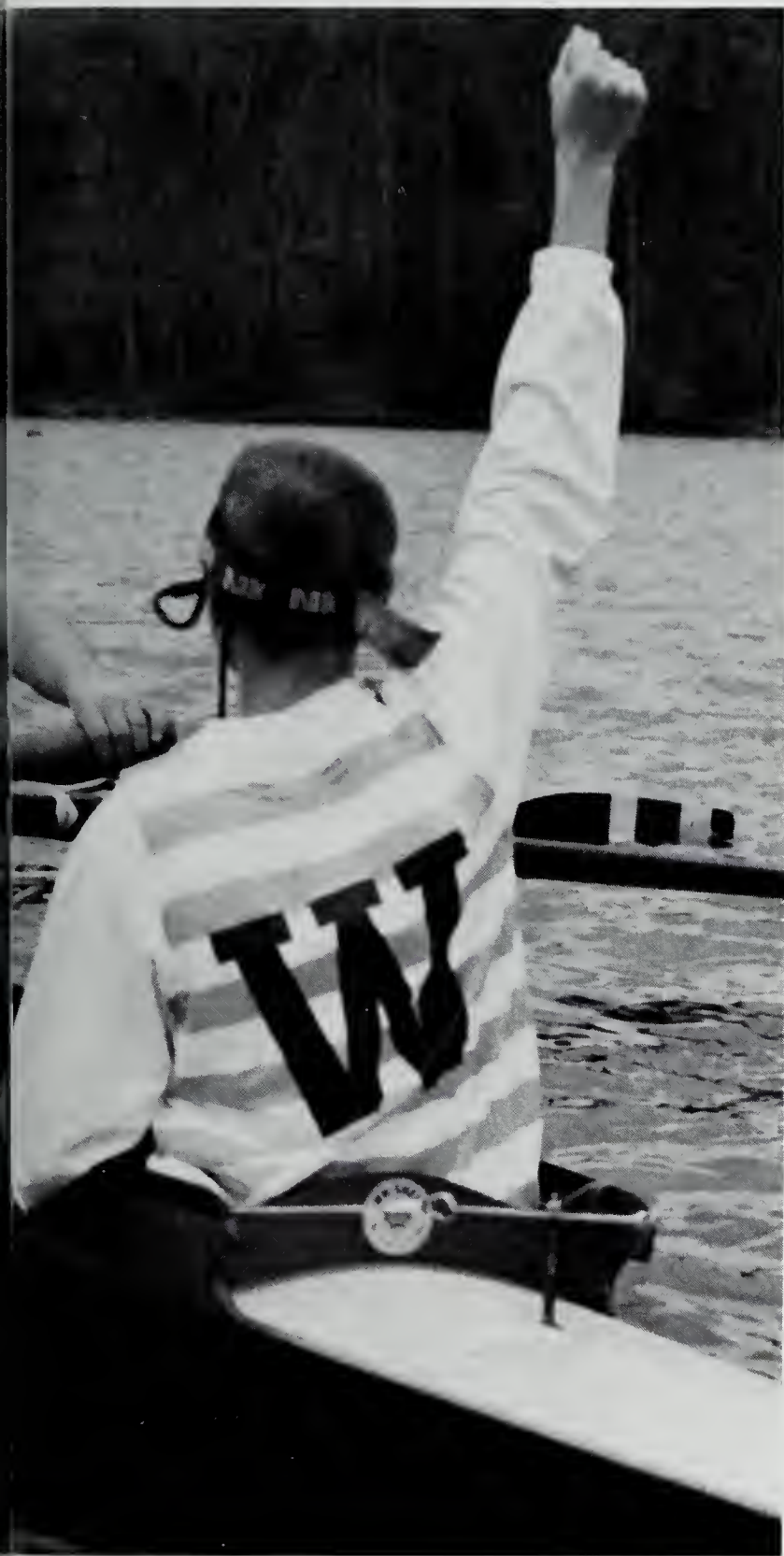


Pulling the 65 lb weight in sets of 20, freshman Brian Currier develops muscle endurance during an afternoon practice. Weight training, running, and exercises to build leg and stomach muscles were a daily routine.

Preparing for an away regatta, senior Chris Kowal and junior Jerone Gagliano de-rig the varsity shell that will go on a trailer. The crew team often traveled to other cities and states to compete.







# CREWZIN'

Row, Row, Row Your Boat  
Gently Down The Occoquan

"Pushing it to the limit and dedication is what crew is all about," said junior Aaron Furman.

Many people thought that crew was just another sport for people who couldn't get on any other sport. What they failed to see was the dedication and determination that went into every single practice. The life of a rower is sometimes painful and usually stressful. "Crew is very time consuming," said junior Aaron Black, "and a lot of hard work." Sometimes it was hard to balance crew and school. Rowers worked out from 2:45 until 6:00, and sometimes before school. Friday nights were filled with crew pasta parties and early bedtimes. Saturdays were re-

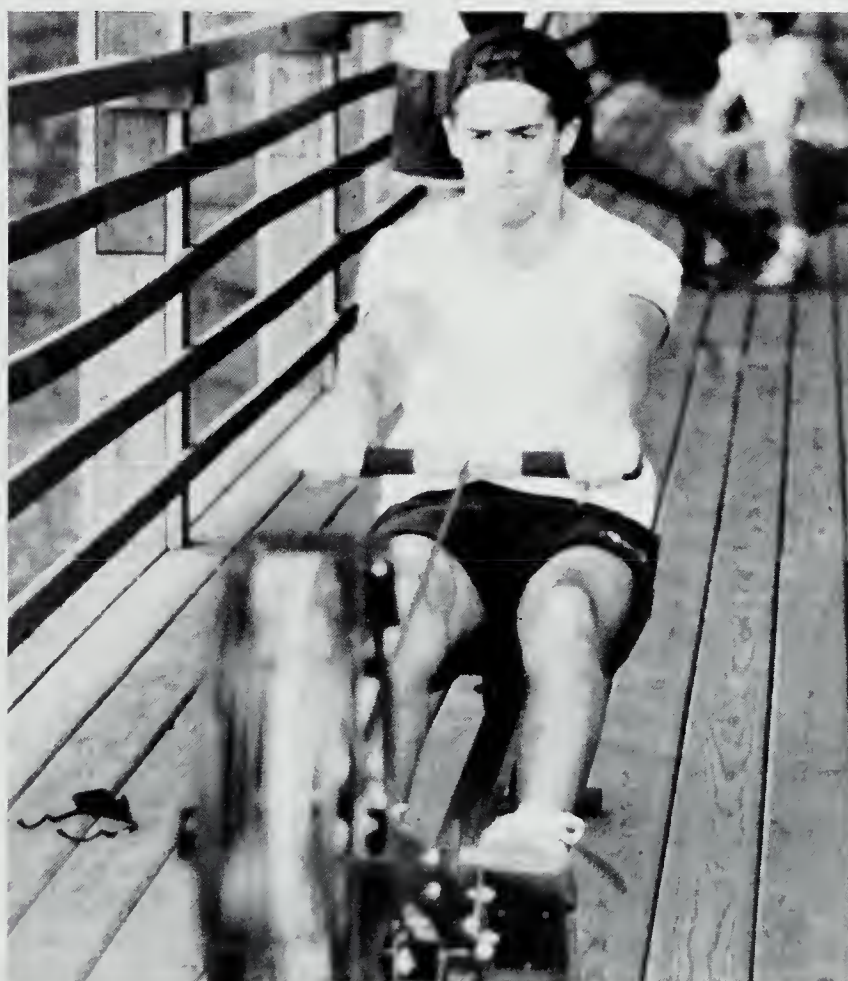
served for all-day regattas.

"Some people might call us crazy if they knew how hard we work, but the feeling of working as a team is great," said sophomore John Varrieur. Working as a team was a key ingredient to a good crew. Boat members became dependent on each other.

"Nobody on my boat ever skipped a practice because we all knew that if one person was gone, the whole boat suffered," said junior Mark Lundgren. "Nobody wanted to let the boat down and lose any practice time." This was the attitude of most rowers. Teamwork, led the boys' lightweight eight to a fourth place finish in Nationals.



**Front Row:** Jeremy McDonald, David Deleanardis, Chris Redmand, Geaff Russell, Nathan Hissang, Ashley Ceci, Mark Lundgren, Chris Pratt; **Second Row:** Jehramy Richardsan, Jash Schaan, Marshall Bishop, Brian Davis, Alex Chemerys, Jaseen Ceci, Mads Hansen, Jahn Varrieur, Rab Karhnack; **Third Row:** Coach Maulen, Jason Rache, Chris Siara, Tam Kawal, Chris Kawal, Steve Bidwell, Sean Kelly, Jerane Gagliana, Aaron Furman, Coach Clark



Testing his ability, power and endurance, junior Mark Lundgren uses an erg. An erg is a rowing simulator that monitors power and stroke. Using the erg is a regular part of the crew training program.



# Weighing In

To Eat or Not to Eat; Rowers  
Have to Choose Between  
Eating Junk Food or Being  
Able to Race

"We have to what? What do you mean no more chocolate cake and rice krispy treats?!" This was a familiar cry of lightweights new to the sport. Lightweight girls had to average 115 pounds as a boat with no rower exceeding 120 pounds.

"The weight requirements really made me watch what and how much food I ate," said sophomore Monica Winters. The lightweights could not "starve" themselves the night before a race to make weight either. Rowers who did not eat were known to pass out from pure exhaustion and lack of carbohydrates and protein.

At weigh-ins, rowers would take drastic measures to make 115 pounds. Some would cut their hair

while others would run five miles in three pairs of sweats just to row in the day's race.

The lightweights were not the only ones on stringent orders. The senior eight, also called the heavyweights, had to watch what they ate. "I was surprised to see how many calories (2500), and how little fat (25 grams) we were allowed to consume each day," said senior Christine Livingston.

Although adjusting to new eating habits was hard for some and easy for others, it was well worth it. Senior eight rower, senior Kirsten Powell, said, "As long as eating healthier makes the boat go faster, I am willing to try just about anything."

Ready to jump the start, the womens senior eight, comprised of juniors and seniors, waits anxiously for the beginning command, "Are you ready? Row!" Anticipating the judges commands allowed boats to gain a head start.



**Front Row:** Heather Conti, Heather Peters, Mally Smith, Laura Williams, Katie Lyng, Heather Johnson, Coritto Lee, Melissa Word; **Second Row:** Christine Nelson, Kelly Nogon, Jeanne Dunning, Margo Berry, Heather MacDonald, Lindsay Hughes, Shonnon Sing, Emily Ried. **Third Row:** Cooch Ed Deleanardis, Jessica Hoctar, Shonnon Fitzsimmons, Megan Gatlief, Che Meyers, Christine Livingston, Lindy Jankura, Christy Prewitt, Regina Price, Kirsten Powell, Christinol Poz.





Nervous before their race, lightweight eight rowers, sophomore Ché Myers, and juniors Kara Nelson and Jodie Shoop, fidget as their coach reviews their strategy. After running to make weight, they rested to regain their energy.

Disrupting the calm water, power seats, juniors Regina Taylor and Nicole Kofalt dig their oars in as they begin to pass a boat in a daily scrimmage. The power seats, seats two through six, were crucial in pushing the boat.



With a heavy load on her shoulder, senior eight rower, junior Tracy Tomlinson, helps to carry the bow end of her boat down the dock. The boats, made of either wood or fiberglass, weighed up to 300 pounds.

With her hand raised, junior eight coxswain, sophomore Heather Peters, gives the signal to the official that she is still aligning the boat at the starting dock. It took many short precise strokes to put and keep the boat in place.



# Wild Women

Camp, practices, painting, goodies, mile runs, stunts, jumps, games, hey song, smiles, CHEERS.

As the smoke clears, the lights start to glow, the crowd chants, the "Hey Song" plays louder and louder, the basketball team forms their huddle, and the Varsity cheerleaders do what they do best — CHEER!

The fourteen Varsity cheerleaders focused their energy toward raising school spirit at pep rallies and all the Varsity football and Varsity basketball games. They put tremendous effort into getting the crowd involved and the players psyched. Senior Elizabeth Callender said, "I enjoy the challenge of focusing the crowd's energy for the players to draw from."

The squad received a new and enthusiastic coach, Mrs. Dee Allen. "I was

relieved to find out that Mrs. Allen was our new coach. The transition was very smooth because she is easy to talk to and very understanding. Since she was my JV coach last year, we were already friends. I'm so thankful for all the time she's given to us and for all her kind support," junior Lauren Almquist said.

Working together was the key to a successful squad. Junior Alicia Manatad said, "When we are doing stunts, we all need to concentrate and help one another so that no one gets hurt."

Junior Michelle Fujisaki summed it up by saying, "Some of my closest friends are from cheerleading. We can talk about anything and accomplish a lot together. They are very special!"

"Go! Go Vikes Go!"

Junior Stephanie Patterson and junior Alicia Manatad show their spirit and support for the Viking basketball team by cheering on the sideline. The squad cheered the teams on every Tuesday and Friday night.





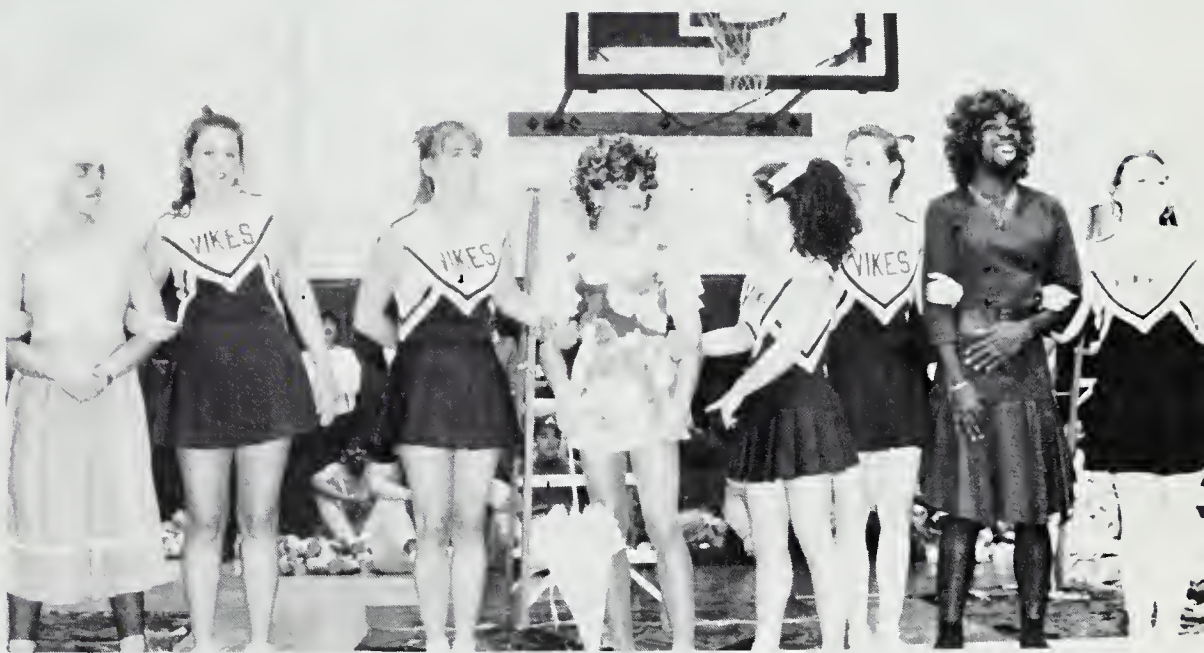


"Give me a 'W', 'W'!  
Give me an 'H', 'H'!  
Give me an 'S', 'S'!"  
The Varsity cheerleaders do the Woodbridge spell out, at the basketball game against Potomac. The spell out was a way to get the crowd involved and spirited.

During a time out at a boys' basketball game, junior Lindy Jankura and junior Ashley Klimkiewicz prepare to lift junior Samantha Lance in a stunt. The cheerleading squad showed their strength by performing various stunts.



Smile pretty! The cheerleaders escort the beautiful contestants of the annual Ms. Garfield contest at the Garfield pep rally. Sophomore Jeff Hummel, junior Scott Jonely, and senior AJ Jacobs strut their stuff.



**Front Row:** Michelle McDonald, Michelle Fujisaki, Katrina Wahus, Samantha Lance **Second Row:** Stephanie Patterson, Elizabeth Callender, Jessica Burns, Stephanie Flowers, Beth Robins. **Back Row:** Alicia Manatad, Ashley Klimkiewicz, Lindy Jankura, Jessica Hocht, Lauren Almquist.





Freshmen Jennifer Torre, Andrea Ladner, Colleen Karnas and Kim White talk before a freshman basketball game. Being on the cheerleading squad allowed the freshmen to become involved and make many new friends.

"Let's Fight!" Sophomores Allison Nichols, Jennifer Hummel, Krista Ludwig and Ashley Rinehart show off their new uniforms at a JV basketball game. New uniforms helped to portray the cheerleaders' spirit.



*Front Row:* Jennifer Hummel, Tina Orr, Missy Boker; *Second Row:* Allison Nichols, Ashley Rinehart, Rachel Woolfolk; *Back Row:* Lora Houston, Melissa Seitz, Sydney Sentman, Teri Wade, Shelli Jendrossek.





Freshmen Kim White, Colleen Karnas, and Rebekah Jewell cheer at a freshman basketball game. Often when members of the squad were sick or absent, the few remaining cheerleaders were left to cheer alone.

Sophomore Lora Houston and other members of the JV cheerleading squad prepare to do a stunt during a boys' JV basketball game. Stunts entertained the crowd and gave cheerleaders a different way to show spirit.



# GO VIKES!

## Junior Varsity and Freshman Cheerleaders With A Fresh, New Start

New coaches, new uniforms, and new friends. All of these were a part of the JV and Freshman cheerleading squads. Each played a special role in making the cheerleading season a successful one.

The new sponsors of the cheerleaders were Ms. Bryan, the JV coach, and Mrs. Sprague, the freshman coach. Members of the cheerleading squads found that new coaches brought new ideas with them. Sophomore Krista Ludwig said, "I really liked our new coaches this year. They had new ideas and insight on cheering."

Because of the cheerleaders' work in their fund raising activity, new uniforms

were purchased. All cheerleaders, from varsity to freshmen, sold advertisements for the fall football program to raise money. The new uniforms were a welcome change from the old outfits. Sophomore Allison Nichols said, "Because we sold ads for the program, we got new uniforms. Our other uniforms were getting pretty old."

Besides new coaches and new uniforms, the year was full of new friends. Freshman Ashley Rinehart said, "I was new to the school, so cheering let me meet a lot of new people and gave me a chance to get involved in school activities."



**Front Row:** Andrea Ladner, Michelle Looney; **Second Row:** Jennifer Torre, Kristina Welch, Colleen Karnas; **Back Row:** Erin Howell, Elizabeth Cowardin, Kim White, Rebekah Jewell.



# Room 2 Dance!

Dancing with energy, sharpness, presentation, and enthusiasm.

Their hearts pounded as the time grew near. Five, Four, Three, Two, One. The adrenaline in their bodies started to flow as they marched out onto the track, for their halftime performance.

The Vikette Drill Team practiced three times a week, along with 8-9 hour practices on the weekend three or four times during the year. During those practices, the Vikettes polished and perfected the routines they performed at football and basketball games, and the Grandstand routines they did at pep rallies. The routines were also used during competition time in the spring. Every year the Vikettes competed in the "Miss Capital City" competition against many other dance

teams.

The team consisted of 29 girls. Sophomore Karen Shull said, "The good thing about our team is that there is a sense of togetherness and everyone relies on each other." Five of the members were captains. "Being a captain is challenging because you're a peer, a critic, and a friend all at the same time!" said senior Michelle Ford.

Sophomore Sarah Flannagan said, "Performing is a major part of being on Vikettes, and it's a lot of fun. The best part of being on any team, especially ours, is the friendships that will undoubtedly last a lifetime."

Kick those legs!  
Sophomore Stephanie  
Curton and freshmen  
Laura Rosynek and Allison  
Leckrone concentrate on  
getting their kicks eye high.  
Performing kick routines  
could have been a  
workout, but an enjoyable  
one.







Smile! Seniors Liz

Donahue and Noe Apo and sophomore Amy Burns wait for their turn to begin the next move in the routine. Making sure you stayed on count was essential in performing the routines.

Hit it! Senior Michelle Ford hits the ending position to the Grandstand routine at the November pep-rally. The Vikette Drill Team performed these bleacher routines at all of the pep-rallies.



The Vikette Drill Team performed a pom-pom routine "America" at the basketball game against Garfield. Pom-pom routines were a favorite for the Vikettes to perform. Having to perfect these routines took many practices.



**Front Row:** Stephanie Curton, Laura Rosynek, Allison Leckrone, Lindsay Conrad, Patricia Ricciuti, Tammy Tavares, Megan Rossi, Karden Kelly, Allison Johnston; **Second Row:** Kristin Legore, Emily Jackson, Maggie Picjak, Heather James, Liz Donahue, Jennie Cramer, Amy Burns, Shannon Couch, Melissa Puttre, Kara Wesley. **Back Row:** Mrs. Schoegler, Karen Shull, Nancy Clark, Natalie Myers, Michelle Ruch, Danielle Detwiler, Laura Harris, Noe Apo, Sarah Flanagan, Michelle Ford, Tiffany Paul, Mrs. Coan.



# Behind Scenes

Managers not only carry water,  
they also help coaches, keep  
score and the team spirit high.

Woodbridge Senior High Students have always seen the end results of a hard working sports team — the touchdowns, winning records, state championships, and the starting players. However, students rarely saw the ones who never shared the spotlight: the managers.

"I enjoy working with the football team because I like the challenge of keeping the score and statistics," said Amy Bragaw. Managers often kept the scores, statistics and equipment together for home games and away games. This required both organization and responsibility.

Managing is also a way to make new friends. There were many different managers for the different jobs for each team. Managers kept the players and coaches

together. "Managing is a great and fun way of meeting new people and showing school spirit," said Sherry Purefoy, volleyball manager.

Managing required commitment and long hours. Managers were there before practices and games. They were also one of the last ones to leave. "Keeping the team together and providing support especially at away games, is one way for a manager to show compassion for the players," commented Marilou Wooton, manager of volleyball. Managers were fun, hard working, and full of surprises. They showed support and kept team spirits high. Managers were more than just equipment people they were the ones behind each successful season.

Junior Julie Arend sits while watching a field hockey game. She takes a break from doing all of her duties. As a manager she would cheer for the team at all critical points, during the big game.







Through rain or shine the football managers Kristin Diehl and April Capps show their spirit through smiles and friendly conversations about the team plays and records. Managers were always ready to help the team players in any way.

Louise Andrade helps coach Forrest out before the big tennis match. This was an important task since it shows the time and effort that is needed for every successful team.



Louise Andrade is giving a pep talk and discussing tennis tips to Michelle Hobson and Tamisha Esannason. Part of managing was to cheer players up and relieve any fears. Here she is telling jokes to make the players laugh.



Steve Hetzel, Marilou Wooton, Amy Bragaw, Sherrie Purefoy



"You hold it and I'll put the tape on." Junior Danny Jones and senior Karie Clearwater wrap and tape t-shirts for Key Club. Key Club is an organization which helps people in the community who are less fortunate.



"Oh Jonathan! I wake up from my nightmares with the awful feeling that someone's been in my room!" exclaims Mina Murray played by senior Rachel Ward. Rachel brought her talent to Drama and earned a lead role in *Count Dracula*.







# Hidden *talents*

Clubs allowed students to share their talents and compassion with the school and community.

"Just relax you will be here a while." Senior Kevin Chesley leans back on a pillow so that junior Janice Mallia and senior Katie VanAllen can give him a make-over. Kevin, disguised as Count Dracula was the Grand Marshal for the Homecoming Parade, an appropriate choice for the "Masquerade" theme. He rode in a black convertible and endured the rain which quickened as the parade continued. *Count Dracula*, performed by Drama, paralleled the release of Coppola's *Dracula* in the movie theaters.

With the ring of the final bell students switched

gears from academic to extracurricular. Proving they had *nothing to hide* about their pride in the community and their spirit in the school, students participated in over 32 clubs ranging from Cosmetology to Debate. ♦ With open hearts and open minds the clubs reached out to the community. The FBLA's Operation Turkey collected 1,187 cans of food for the area's homeless at Thanksgiving. ♦ Clubs were also active in national affairs. The Young Democrats and Young Republicans both took part in the Presidential Election. Members traveled to debates and participated in the Inauguration as security patrolers. ♦ Clubs helped students uncover their hidden talents and show that Woodbridge had *nothing to hide*. ♦



Reviewing their notes for the agenda one last time, SCA Historian Chris Elmore, Senior Class President Amanda Ohle, and SCA Treasurer Heidi Urben get set for the day's meeting. Preparation was essential at SCA meetings.

Staying after school and devoting his time to the school, SCA Historian Chris Elmore finishes his sections of the school constitution. All five SCA officers were assigned to create certain articles and present their versions for revision.



Sorting out the multitudes of green and yellow construction paper, SCA President Jason Way and SCA Treasurer Heidi Urben staple spirit links. Each of the officers took turns stapling and hanging links during the spirit week with Potomac.





# Contributors

## *Student Council Association gives its all to school and community*

On January 15, the Woodbridge SCA stormed Potomac High School's gymnasium, carrying over 12,000 spirit links. Both schools had competed in a week-long contest to raise money for ACTS, (Action in the Community Through Service), by selling spirit links. In total, both schools raised over \$1700 through donations by staff and the SCA. Woodbridge showed its spirit by raising 70% of the money and beating Potomac.

"Spirit week versus Potomac was great! All of the students and officers

worked together for such a good cause — it really made me feel that I was helping the community," said SCA Vice-President Nick Wong.

When the SCA wasn't busy organizing community events, it directed and ran a whirlwind of other activities. Mediation was a program in which students helped to work out other students' problems.

SCA President Jason Way said, "I enjoyed being a mediator, because I helped to stop many student-conflicts with the help of the administrators."

In addition, the SCA was responsible for drafting its school constitution and overseeing the formation of class constitutions.

Regular monthly meetings were also held to gain input from the representatives and class executive councils. The representatives, who were elected in their first period classes, and council members then reported upcoming events to the student body.

SCA Historian Chris Elmore summed up the organization: "It's an honor to serve. I'm proud to contribute to WSHS."



SCA: **Front Row:** Yolanda Simpson, Heather Worth, Heidi Urban (Treasurer), Belen Pifel (Secretary), Nick Wong (Vice-President). **Second Row:** Melanie Montanari, Amanda Ohle, Liz Callender, Dennis Stewart, Melissa Crowe, Lisa Humbert. **Third Row:** Cheri Shannon, Jill Zizzo, Michelle Dowdy, Nick Zizzo, Heather Fahnestock, Andrea Root, Linda Day. **Back Row:** Matt Arden, Kevin Chesley, Jason Phillips, Craig Baldwin, Terrance Dent, Luma El-Aker, Azish Filabi, Jamie Watson.

### Government

The SCA exists to represent the students in matters of school-wide concern. Consisting of elected officers and representatives, the SCA is responsible for elections, pep rallies, spirit weeks, and Homecoming activities.



# Achievers

*Students who excel in academics,  
leadership and extra activities*

There were over 300 students who managed to maintain a grade point average of 3.45 or above while still keeping up with after school activities. If they met the requirements these students could be selected to National Honor Society and with a higher grade point average of 3.75 they could belong to the Beta Club.

"I believe that the National Honor Society and the Beta Club creates a goal for success in academics for all students. It was an incentive I worked for and once I reached it, I was forced to maintain it," said senior Aaron Dead-

man.

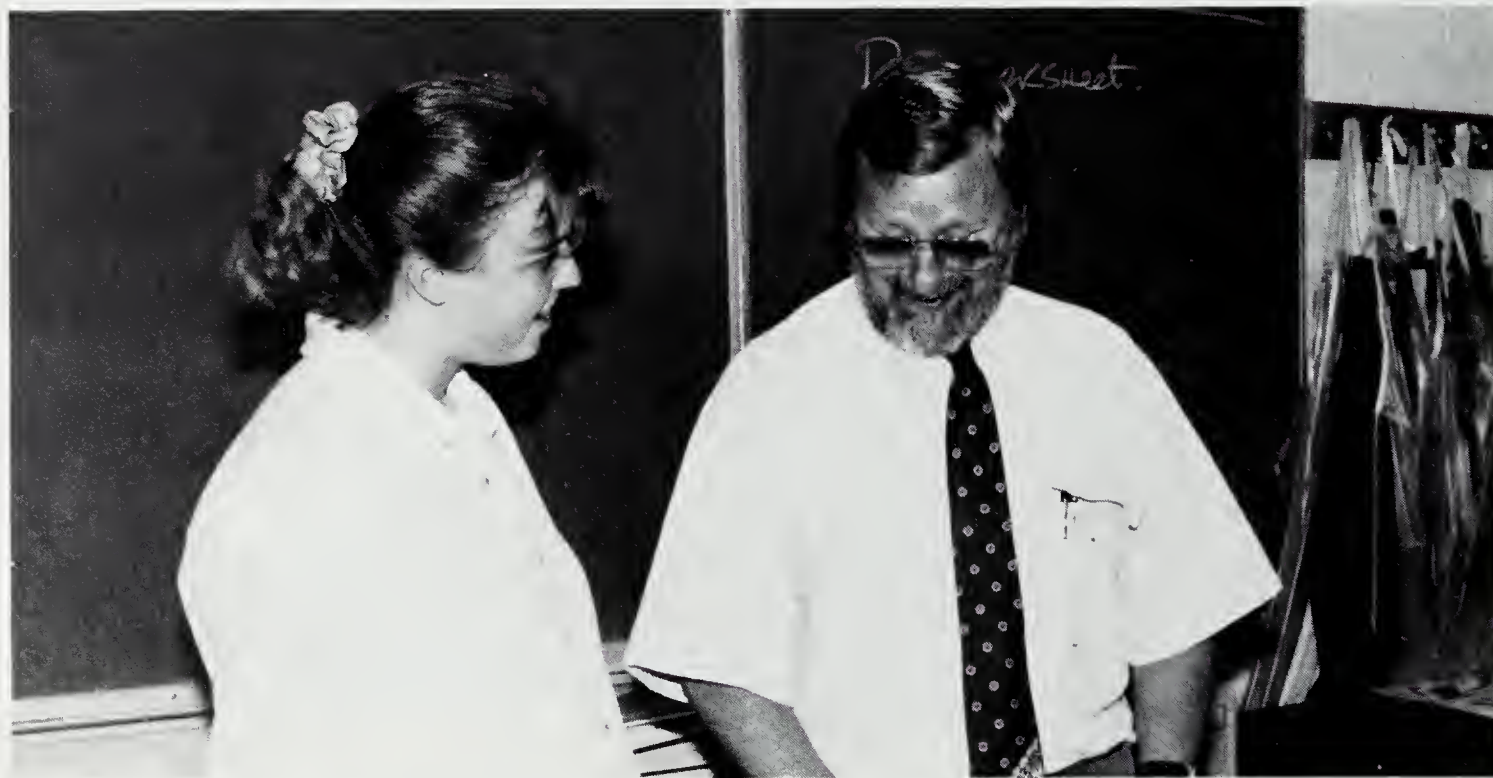
Others agreed that keeping these grades was not easy, but senior Angela Woodcock said, "Being in these clubs, NHS and Beta does not mean making big sacrifices. I just learned how to organize my time."

College admission was, also a major portion of member's interest in these clubs. Senior Allison Irick said, "Colleges are interested in seeing that students not only have good grades, but also that they can be involved in school organizations. These clubs helped me fulfill that requirement."

"Along with all the seri-

ous reasons for being in the National Honor Society and the Beta Club, the members of these clubs show a great willingness to do various public service projects. The largest this year was the Toys For Tots campaign," said Mrs. Carpenter, who is the sponsor of both.

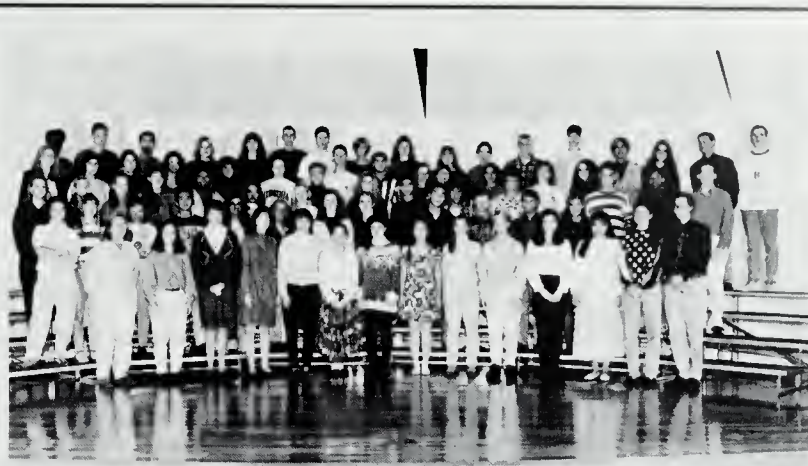
The Beta Club and the National Honor Society, which recognized academic excellence in juniors and seniors, also showed that students with high grade point averages could also be well-rounded and outgoing.



After school was the perfect opportunity for National Honor Society member, senior Rebecca Gillion, to talk to science teacher Mr. Pinion. National Honor Society students often checked on their class averages.

Senior Allison Irick packs up her bookbag with homework at her senior locker after school. She was in a rush to make the monthly meeting of the National Honor Society because they were going to discuss the Toys for Tots Clubs service project.





NHS: *Front Row:* A. Pennell, D. Berkawitz, H. Urban, M. Sevon, S. Park, J. Reznick, A. Izzo, J. Park, C. Blackburn, K. Ingram, J. Cyphers, L. Danhue, D. Laphman. *Second Row:* A. Staab, K. Clearwater, A. Witheredge, C. Sibert, L. Villanueva, C. Tierney, J. Errera, J. Raynor, N. Wang, C. Hamilton. *Third Row:* M. Casey, K. Jones, H. Woodcock, H. Clark, V. Stevenson, R. Trienido, I. Peters, J. Collins, T. Rathesburger, M. Dietz, Mrs. Carpenter. *Fourth Row:* M. Halowecki, L. Olsen, B. Veasey, K. Esterline, D. Chaloux, S. Fitzsimmons, M. Perry, J. Trimble, T. Watson, K. Wahus, E. Calendar, M. Santiago, T. Sinkovic, C. Roysten, D. Gignilliat, G. Paterson, B. Stevenson. *Fifth Row:* K. Mitchell, H. Henry, J. Arledge, H. Fahnestock, L. Anderson, K. Grunden, L. Gallitz, J. Cramer, C. Turnbu, A. Woodcock, N. Pizaz, A. Deadman, J. Zizzo, A. Trice, G. Clifford, B. Flanagan.



Beta: *Front Row:* H. Peters, D. Berkawitz, J. Reznick, A. Izzo, S. Lee, K. Ingram, L. Danahue, D. Lapham, H. Urban. *Second Row:* J. Oh, R. Trinidad, C. Seibert, A. Pennell, K. Clearwater, C. Hamilton, J. Raynor, B. Stevenson, J. Errera, J. Cyphers. *Third Row:* B. Veasey, S. Fitzsimmons, L. Villanueva, J. Collins, G. Patterson, M. Halawicki, L. Olson. *Fourth Row:* K. VanAllen, A. Lennon, H. Fahnestock, M. Dietz, M. Santiago, T. Sinkovic, C. Roysten, M. Smith, K. Jones, B. Flanagan. *Back Row:* Mrs. Carpenter, J. Trimble, K. Grunden, J. Kramer, K. Wahus, A. Woodcock, N. Pizazzo, J. Nelson, A. Staab, J. Zizzo, J. Gagliano, A. Deadman.

## Academic Honors

The National Honor Society is a club for select group of students who have a cumulative GPA of 3.45 or better. They participate in tutoring other High School students to encourage academic excellence and leadership in others.

The Beta Club is similar organization as National Honor Society. It requires a grade point average of 3.75 or higher. They also contribute to community services by helping with annual awards ceremonies and banquets and the baccalaureate.



# Out of Class

*Afterschool cultural experiences were displayed in honor societies*

Hola! Bonjour! Guten Tag! These words were heard after school at the foreign language Honor Society meetings.

The Spanish Honor Society participated in bake sales, tutoring, inductions, and meetings after school. Senior Co-president Heidi Urban said, "It's very prestigious to be in the Spanish Honor Society. It recognizes the best Spanish students in the school, and I feel proud to be a part of it. It is also a way to brush up on my Spanish with friends after school."

The French Honor Society held a Crepe sale,

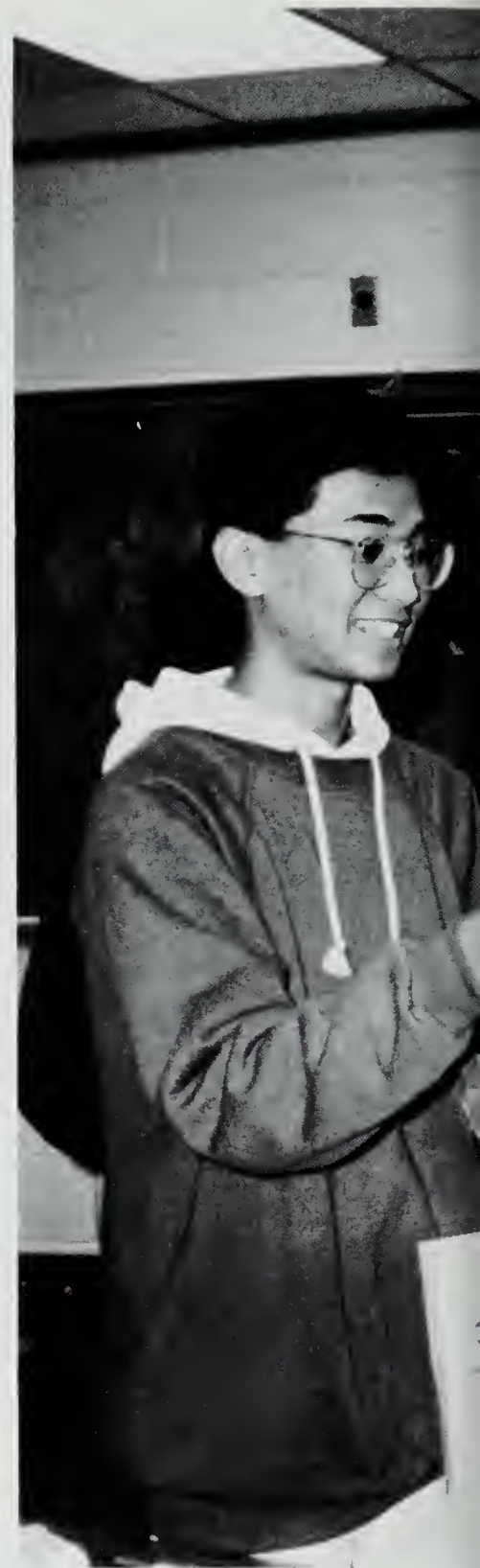
watched French movies, and sold Oh La La pops. "The French Honor Society has always represented the highest of standards for French students. Once in, the students enjoy the opportunity to speak what they've learned. The Honor Society is an outlet to a greater cultural experience," said junior Jamie Chang.

Being in the German Club or the German Honor Society opened new doors for German students. "The German Club gave me a chance to share what I know and learn something new," said junior Erin

Nieuwsma.

The German Club participated in activities after school and outside of school. These activities gave students a chance to experience out of school. "In German Club, the activities give you a way to learn German outside of the classroom with other students," said sophomore Rachel Woolfolk.

Whether in the Spanish, French or German Honor Society or Club, students got the chance to speak out. "Adios, au-revoir, or aufwiedersehen," students replied at the end of a meeting.



Senior Matt Cowan talks to two students from Stonewall Jackson at Octoberfest. The German Honor Society celebrated Octoberfest at Locust Shade Park after school to get together with other schools and share their German knowledge.

Junior Jamie Chang and senior Susan Lee prepare more crepes for the French Honor Society's Crepe sale after school. The French Honor Society sold crepes to raise money to pay for a trip to a French restaurant.

Clubs





Junior Copresident Lejandro Villanueva and juniors Jennifer Reznick and Joy Dawson share foreign foods during a Spanish Honor Society meeting. The Spanish H S held meetings and students learned about the Spanish culture.



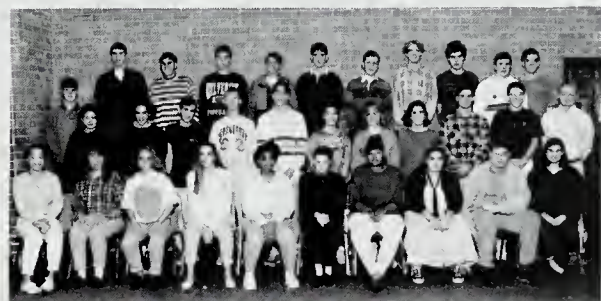
French H.S.: *First Row:* C. Riser, J. Turnquist, L. Calendar, L. Almquist, C. Burns, S. Patterson, L. Donahue; *Second Row:* Mrs. Scortia, S. Peirce, M. Fleming, H. Peters, D. Berkowitz, J. Park, J. Cyphers, A. Crowe; *Third Row:* J. Chang, R. Henry, G. Patterson, K. Sweeney, D. Gignilliat, C. Simms, J. Roscio, K. Wahus.



Spanish H.S.: *First Row:* K. Heller, A. Finney, L. Tolin, J. Ward, C. Seibert; *Second Row:* L. Villanueva, D. Hunter, J. Oh, A. Pennell, J. Reznick, M. Sevon, C. Hamilton; *Third Row:* Mrs. Garon, M. Casey, N. Nurthen, M. Moore, K. Swan, T. Watson, J. Harris, R. Bass, H. Urben, L. Day; *Fourth Row:* K. Gavidia, S. Bidwell, C. Simms, S. Allen, C. Turnbow, M. Holmes, J. Gagliano, T. Esannason.



German H.S.: *First Row:* Mr. Rose, A. Lance, G. Clifford.



German Club: *Front Row:* R. Woolfolk, S. Hockman, A. Lance, N. Duncan, L. Bakey, R. Nugent, L. Mason, R. Stengel, W. Hale, T. Sams; *Second Row:* V. French, B. Foote, B. Olszyk, C. Gallion, S. Jaquays, A. Etsell, M. Davis, M. Johnson, G. Clifford, R. Karhnak, Mr. Rose; *Third Row:* R. Walker, C. Kodatts, T. Medaglia, D. Dockery, M. Harman, P. Losier, C. Morello, M. Cowan, J. Barnett, R. Leopold, D. Allen.

## Foreign Languages

The German Club throughout the year holds activities such as Oktoberfest, which is at Locust Shade Park, and workshops and building Gingerbread houses. The Club also sells Advent Calendars before Christmas.

The French, German and Spanish Honor Societies are for students who have an A average in their language. Activities include inductions, parties, meeting, and going to restaurants. Inductions serve as a reward for students in Foreign Languages.



# Mona Lisa?

*Encouraging creativity and style with satisfaction*

"Where is my eraser? I messed up again!" The eraser came in use very often for art students.

The Art Club met once a week to make new projects. Some of their projects were silk screening, a float for homecoming, and glass etching, along with some posters for a Christmas parade that took place in Dumfries.

Sophomore Tiffany Paul said, "Art Club gives me a chance to relax and spend time with my friends. It gives us an opportunity to work with different media

that are not always offered in art class."

The Art Club was a service to the student body of the school. They had a pencil machine that sold 2 for 25¢. The machine came in handy on exam days for the students that did not have pencils.

"Art Club gives me a chance to enter contests. I get to try all different kinds of things that I have never done before," said freshman Megan Rossi.

Senior Tanya Kam said, "In Art Club I get to create things for people to enjoy.

I like for my work to create an emotion or something that people will remember."

The National Art Honor Society was a chartered organization. Woodbridge Senior High School was one of two schools to have an Art Honor Society. In order to be in the Honor Society certain criteria had to be met.

Senior Erik Nowak said, "I was one of six people to make the National Art Honor Society, but I joined because I like art."

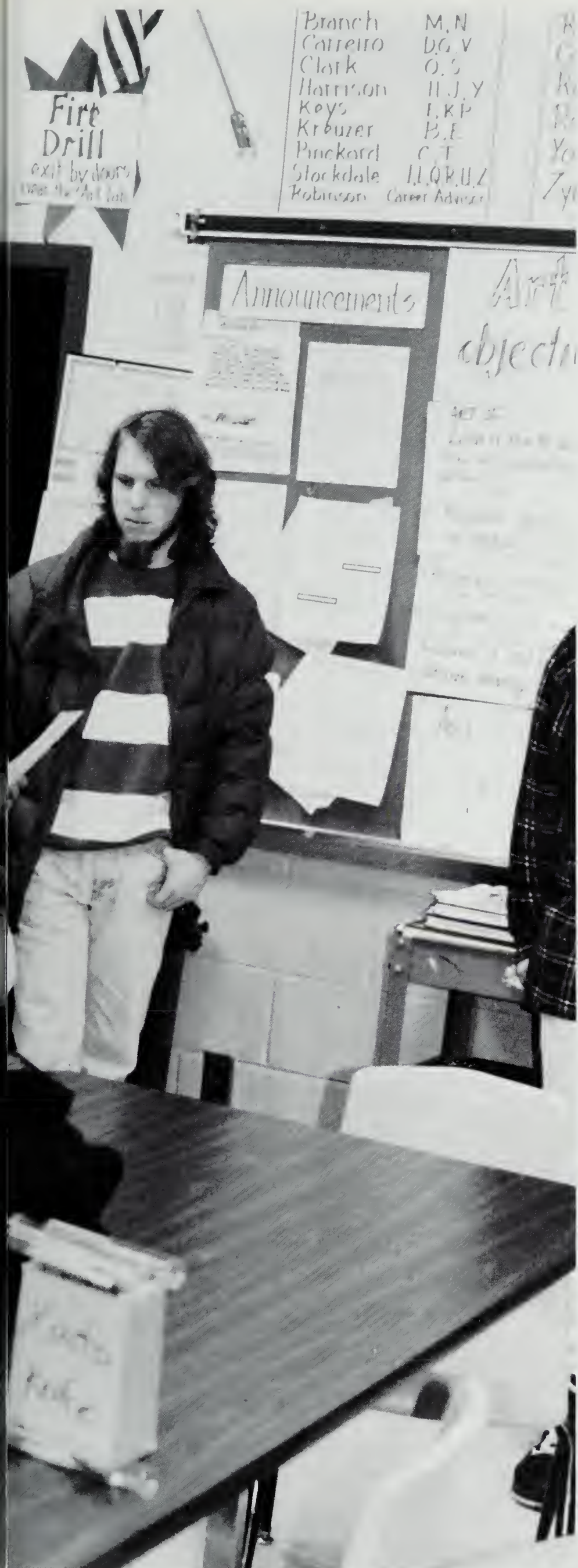


"We missed a spot!" Freshman Peter Graham and his partner try to cover a spot accurately that they missed. Silk Screening took a lot of time to make the finished project look good. Silk Screening was a type of art that used paint.

"Wait just one second!" Mrs. Saggars stops Art Club member Justin Girton as he walks in the door. Talking about the students' art work and pointing out their mistakes helped them to do better next time.







National Art Honor Society: *Front Row:* Liso Dunn, Jessica Wilhelm, Gwen DiCroce, Nathan Hissong, Eric Nowok.



Art Club: *Front Row:* Megon Rossi, Lori Kom, Tiffony Poul, Liso Dunn, Mrs. Soggers. *Back Row:* Justin Gilton, Aaron Evans, Mike Lewis, Peter Graham, Mike Malaney.

## Creative Expressions

The Art Club, sponsored by Cheryl Sagggers, meets every Tuesday from 3:15-3:45 p.m. The club makes many different projects such as silk screening, a float for homecoming, glass etching, and posters for local parades.

The National Art Honor Society is sponsored by Gwen DiCroce. The Honor Society requires certain criteria. Students must be a junior or senior and have a 3.5 GPA. They also must be in the level of Art 3 or above.



# Questions?

*Counseling the teens of tomorrow today  
by giving them goals to live by*

"Do Freshmen really get stuffed in their lockers?" a worried sixth grader asked his teen counselor.

In order to get the classes motivated, the teen counselors started the 30-minute session with an icebreaker. The icebreakers were a fun way to loosen up the tension in the air. After the classes and counselors felt more comfortable with each other, they discussed topics from peer pressure to drugs and alcohol abuse. For students who had sensitive or embarrassing questions, each counseling group made a question

box for their class.

The teen counselors had a positive effect on the students by presenting the facts on the various issues facing teens. "At the beginning of the year they had the view that you could not walk through the halls at high school without getting offered drugs, but now we've eased their fears," senior Sarah Allen said.

Getting out of school once a month was not the main reason the teens chose to be counselors. Senior Katrina Wahus said, "I remember my teen counselors from when I was

in sixth grade. I admired them. I hoped I could ease their fears about high school and drugs the way my counselors did for me."

Everyone involved benefited from this experience. Junior Megan Tremper agreed, "I think we learn a lot from them too. Their opinions and views are very important."

In the six short visits to the middle schools, the counselors and sixth graders made a lasting impression on one another. Senior Rochelle Huling said, "They looked up to us so much and that's a great feeling!"



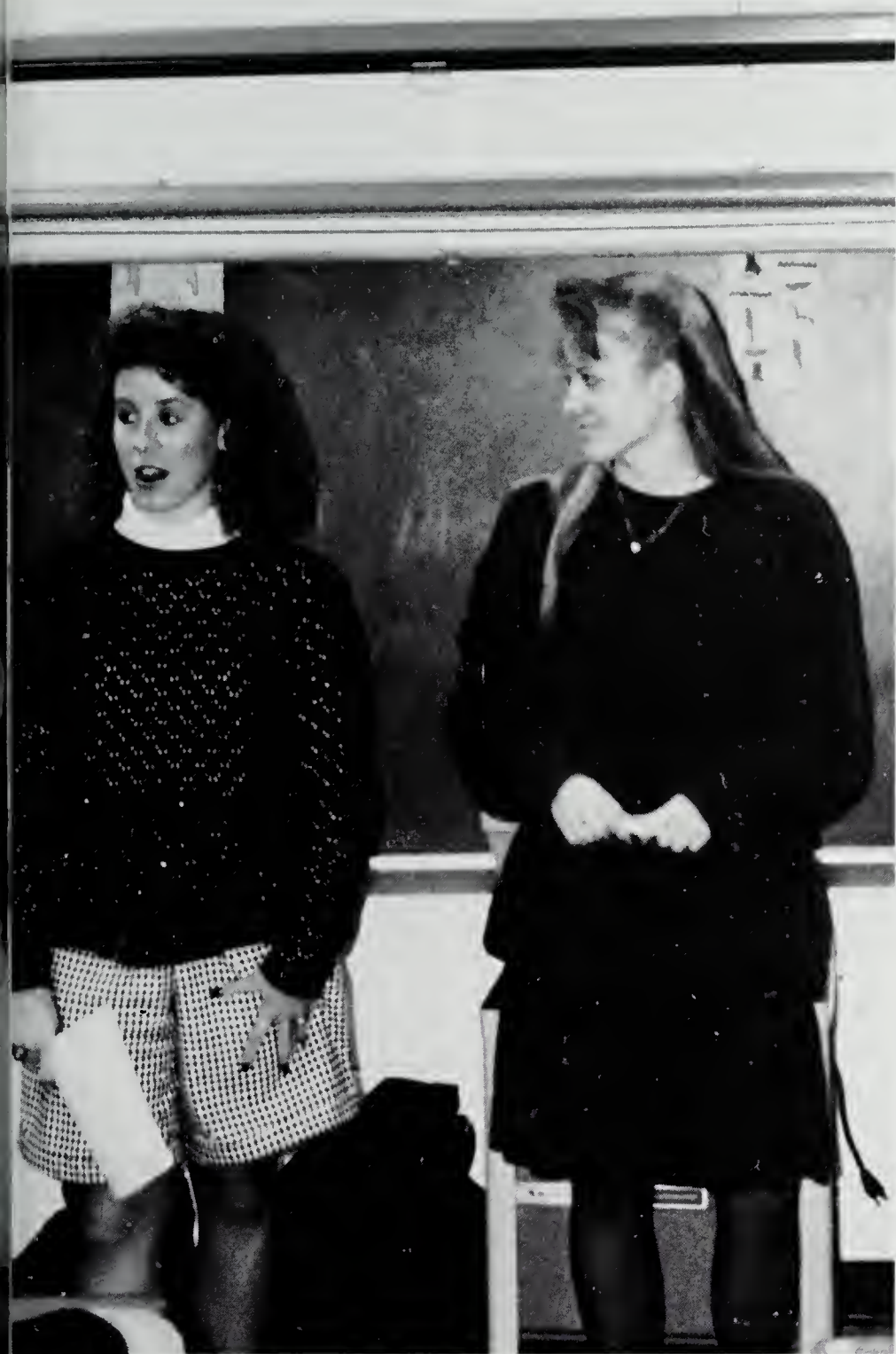
Talking on a more personal level, senior Vince Lommen gets to know the students in Mrs. Fornasar's class by sharing some stories. The serious topics were taught in an enjoyable and relaxed manner.

Junior Lori Anderson gets involved in the class activity on self-esteem by writing a positive characteristic about one of her students on the girl's paper. The counselors for Ms. Chura's class helped the students feel better about themselves.



Clubs





"Today's topic is peer pressure." Seniors Danny Barone, Nancy Clark, and Robin Brown share their personal experiences with peer pressure. They also explained to their class how to deal with the pressure from other teens.



## Role Models

Teen Counseling is comprised of high school juniors and seniors who dedicate themselves to be positive role models for 6th graders at area middle schools. Once a month for 30 minutes, these role models present information about peer pressure, drug and alcohol abuse, self esteem, and growing up.



**Fred Lynn:** *Front Row:* Michele Sellers, Michelle Fujisaki, Megan Gottlieb, Karen Ellis, Mary Martin, Cheryl Simms, Tina Davenport, Anasheh Amini, Nancy Clark, Kellie Sweeney; *Second Row:* Laura Bauchard, Carolyn Lambras, Christi Leteff, Mary Ragsdale, Christina LaRaia, Jodi Simprini, Matasha Wilsan, Christine Simms, Andrea Roat, Danny Barone, Adrienne Tunstall, Jamie Watson, Lisa Dunn; *Back Row:* Amy McGarry, Stephanie Mullori, Shannan Couch, Christy Riser, Julie Stephens, Holly Johnson, Peter Gray, Matt Arden, Elisabeth Jordan, Megan Tremper, Vince Cammen, Shauna Hatap, Melanie Robbins, Melissa Ward.



**Lake Ridge:** *Front Row:* Chad Richardson, Rich Leopold, Amanda Lance, Samantha Lance, Annie Kulig, Heather Worth, Sarah Nardotti, Yolanda Simpson, Vicky Barane, Kelley Farley; *Second Row:* Kate Drezek, Jennifer Suttan, Lisa Talin, Angi Finney, April Radgers, Tennille Brawn, Kristina Richards, Amanda Crowe, Melissa Crowe, Jeff Fedak, Kara Nelson; *Third Row:* Jamie Chang, Jessica Hctor, Cindy Burns, Lauren Almquist, Eric Kechan, Mike Maser, Dave Cloyed, Stephanie Forest, Ashley Klimkiewicz, Lindy Jankura, Nathan Hissang, Regina Taylor; *Fourth Row:* Jill Zizzo, Dani Jones, Jessica Rascia, Nicole Billman, Lee Ann Reaser, Lynne Gallitz, Craig Milligan, Matt Cawan, Kevin Chesley, Robbie Walker, John Mustachia, Christy Prewitt, Andrew Austin; *Back Row:* Kelli Hawthorne, Lisa Humberd, Julie Harris, Christine Rayston, Tammy Watson.



**Woodbridge:** *Front Row:* Karen Gavidia, Amy Izza, Darien Berkowitz, Heather Peters, Ali Witheridge, Jennifer Reznick, Cyndi Briere, Arshia Ahmadi-Nabi, Tamisha Esannason; *Second Row:* Melissa Crowe, Karen Kapfer, Carolyn Selbert, Noel Hillard, Stephanie Flowers, Michelle Casey, Katie VanAllen, Katrina Wahus, Melady Dunn, Michelle Fard; *Third Row:* Danielle Chaux, Rochelle Huling, Casey Frye, Greg Clifford, Rabie Wood, Alicia Manatad, Melissa Halowicki, Heather Fahnestock, Lori Anderson, Jennifer Cramer; *Back Row:* Jen Cyphers, Liz Donahue, Verolga Steverson, Raquel Trinidad, Lejandro Villanueva, Deborah Spayd, Wendy Updyke, Karie Clearwater, Stacey Park, Kristin Heller.



# A Step Ahead

*Becoming culturally and politically aware for a better tomorrow*

Being politically and culturally aware plays a part in the future of our nation. "It's time for a change." The Clinton-Gore campaign was a main focus for the Young Democrats this year. The 1992 presidential election proved to be a success for the Young Democrats. They distributed campaign information, hung pro-Clinton campaign posters, and influenced voters to vote democratic. "I feel that it is very important for young people to be a part of a political system because the decisions made will affect our future. Even

though we cannot vote, we can still express our feelings," said Senior Jimmy Gattis. The Young Democrats' efforts were a success. Bill Clinton was sworn in on January 20th as the 42nd president of the United States.

The Young Democrats weren't the only ones taking an active part in the presidential campaign. The Young Republicans gave students the chance to identify with a political party and be more aware of the political process. Election years are great because students have the op-

portunity to really get involved. The Young Republicans showed their support for the Bush-Quayle campaign. They attended the Republican rallies in Washington.

Not only was it important to be politically aware, but also culturally aware. The Cultural Awareness Club provided minority students with the opportunity to learn more about their background and culture. "Being in this club has given me a better outlook into my black history," said junior Jessica Burns.



Senior Andrew Austin was one of the many students who attended election rallies. He was there to show his support for the Bush-Quayle campaign. Being a member of the Young Republicans enabled him to take part in a life-long experience.

"Bush would definitely be a better president. He's more qualified and experienced," said senior Tommy Watson to Mark Lundgren. Waiting for the bus to take them to listen to Bush speak brought up many intellectual conversations about the election.



Clubs



Looking for Governor Clinton to appear on stage at a democratic rally, Senior Jimmy Gattis anxiously awaited his arrival. He attended these rallies with several other Young Democrats who wanted to see Clinton win the presidency.

## Social Awareness

Cultural Awareness is a minority group which gathers to discuss current events that occur in their area. Race relationships are constantly in discussion. The main purpose of the club is so people will better understand other people's cultures as well as their own.

The Young Democrats took a great interest in the presidential race. They answered phones, hung signs, and dropped literature. The activities of the club include fund-raising, and taking public-opinion poles. The club plays a role in community service.

The Young Republicans played an active role in the Republican campaign. They attended a Republican rally in Richmond, aided in the campaign for Henry Butler, and are planning to help out with the Governor's race in Virginia. Their main goal is to promote politics.



**Cultural Affairs Club:** *Front Row:* Thereso Scott, Meshoily Robinson, Shannon Patterson, LaTonya Cooper, Latrease Meade; *Back Row:* Nikki Brown, Joy Dawson, Lorry Alexander, Leslie Andorful, Tamiko Green, Mrs. Cheryl Robinson (Sponsor).



**Young Democrats:** *Front Row:* Jen Reznick, Liz Colendor, Moggie Horn, DaBerh Manns, Josh Turnquist. *Second Row:* Jimmy Gattis, Heather Wilson, Kate Drezek, Chris Elmore, Jen Sutton. *Back Row:* Erin Deodmen, Raymond Sasmita, Croig Milligan, Chris Osbourn, Nathan Pioza, Greg Clifford.



**Young Republicans:** *Front Row:* Adom Stephenson, Katrina Wahus, Amando Ohle, Barbra Greyson, Andy Stephenson, Brent Maloney. *Back Row:* Robert Woffard, Mork Lundgren, Heidi Urban, Cheri Shonnon, Jason Monostra, Charlie Kodatt, Jeff Coppel.



# WATCH OUT!

*Hold on to your necks —  
here comes dracula*

Whether you were in the mood for a classic thriller, a musical comedy or two shorter one act plays, Drama Club and Thespians had the play for you. "I liked the variety of the plays," said junior Tina Davenport. "Because the plays were all different, a lot of people came to see them. Each one was a success."

Blood-sucking vampires and flying bats were not the only elements that helped to make the fall production of *Dracula* successful. Besides the incredible special effects, lighting and costumes, the enthusiasm of the actors and the audi-

ence added to the performance. Junior David Lapham said, "*Dracula* was a good choice of plays. It was much more interesting than some of the other plays we have done. The actors really helped to make it come together and work."

To add an interesting twist to the play, Bram Stoker's *Dracula* was released in movie theaters the same time as the Drama Club's production. The popularity of the movie seemed to draw a large crowd to the play. "The popularity of the movie gave us a larger audience," said senior and leading lady Rachel Ward. "The audience seemed re-

ally interested in the play."

For those seeking something a little less bloody, the musical comedy *Boyfriend* was put on in the spring. Two one act plays were performed in the spring as well. These plays not only gave the audience a different type of play to watch, it gave the actors a different kind of play to act. "The spring musicals and the one act plays gave more people a chance to show off their talents, such as singing. It also was a chance for more people to act which is important," said sophomore Kellie Couch.



Seniors Richard Scanlon and Carla Blackmon work behind the scenes of *Dracula* controlling the lighting and sound. Many students worked backstage during drama productions to learn about what goes into producing a play.

Senior Kevin Chesley, better known as Dracula, delivers his lines on stage during the Drama Department's Fall production of *Dracula*. Long hours of practice helped to make the play a success.







**Drama Club:** *Front Row:* K. Kelly, M. Horn, R. Hurtle, C. Rabinsan, C. Briere, H. Crow, B. Piefel, K. Smith, R. Ward, B. King, N. LeRiche, R. Peabody, K. Quinn, R. Scanlon, J. Smith; *Second Row:* D. Groves, R. Wahlquist, H. Farley, K. James, A. Amini, T. Davenport, K. VanAllen, H. McDonald, L. Chalk; *Third Row:* D. Al-Otaibi, T. Tross, S. Trussell, A. Meltan, A. Austin, K. Kellernam, T. Paul, S. Patterson; *Fourth Row:* Mrs. Cahil, K. El-Aker, R. Olivaro, C. Stockwell, P. Ruiz, S. Stewart, K. Richards, A. Blok, L. Cakawski, M. Putre, J. Wise, A. Rankin; *Back Row:* Mr. Smith, C. Garrett, A. Wills, K. Chelsey, D. Lapham, G. Wahlquist, J. Barnett, N. Dellerman, M. Cowan, H. Barrientas, J. Wallace, M. Gethins, J. Fentress, W. Hale.



**Thespians:** *Front Row:* H. Crow, B. Piefel, K. Smith, R. Peabody, K. Chesley, N. LeRiche, G. Wahlquist; *Second Row:* K. Quinn, H. Farley, S. Trussell, J. Malia, A. Austin; *Back Row:* B. King, N. Dellerman, M. Cowan, R. Scanlon, Mr. Smith.

## Performance Arts

Drama not only allows students to appreciate the art of acting, it also gives students a chance to go behind the scenes. Students learn about stage lighting, costuming, and technical details of theater.

Thespians is an honor society for accomplished drama students. Members are required to have participated in a number of plays, either acting on stage or working behind the curtain. Thespians perform in all school plays.



# Speaking Out

*The three speaking teams face other schools in the metro area.*

"Sir, you will be arguing the affirmative, and you ma'am will have the negative." This was the introduction to all of the debate meets. Debate was one of the three public speaking teams. The other two, Forensics and Student Congress, competed in a similar format.

"Student Congress uses mock debate and parliamentary procedure to argue controversial issues in today's society. It not only prepares me for the world of public speaking, but also for the world," said Junior David Gignilliat. Many

students found the experience in Student Congress helpful in realizing what the world outside of high school is really like.

"Student Congress has made me a better public speaker and has proven to be invaluable in keeping abreast of current issues. Additionally, it has allowed me to become more persuasive and to learn about the nature of law and politics," said Junior Sean Peirce.

The key to success for both Debate and Forensics was often found in long hours of preparation, but

the skills learned were invaluable. Junior Chip Hamilton said, "Lincoln-Douglas Debate is a challenging activity that enhances speaking ability, thinking on your feet, and teaches good research and note taking tactics."

Despite the differences between the three clubs they all help to raise self-confidence, help one to become a better public speaker, and help to prepare members for the real world. Despite all the hard work members agreed it was worth the effort.



Sophomore Stephanie Hockman discusses her upcoming Forensics meet with sponsor Marty Nohe. Going over speeches before competition was an essential part in winning. Suggestions from sponsors were often found helpful.

"Student Congress is a great extracurricular activity. It is very educational and helps me keep up with current events in the world. It is a great speaking experience and prepares me for the real world," said Junior Mark Hauser.







Getting advice from her peer Junior Dan Jones, Junior Karie Clearwater goes over the final details for her Debate competition. Getting ideas from others helped members to get more ideas for their speeches.



## Public Speaking

**F**orensics prepares members for public speaking competitions. About once a month members compete in several different areas. Forensics members learn long lasting skills, including the techniques of public speaking and how to prepare to give a speech.

**T**he Debate Team prepares members for regional, state and national level competition. They learn valuable skills such as analysis, research, and organization. They learn about world news and problems. Along with competing, they meet many new people.

**S**tudent Congress members learn Parliamentary Procedure. They develop skills that can last a lifetime. Learning how to conduct a meeting is an important skill out in the real world. They develop higher level thinking and analysis skills.



*Front Row:* Tanya Warren, Stephanie Hockman, DaBeth Manns, Lejandro Villanueva, Heidi Urban. *Second Row:* Bob King, David Gignilliat, Elizabeth Jordon, Sean Peirce. *Back Row:* Teresa Pelletier, Megan Tremper, Danielle Chaloux, Kate Drezek.



*Front Row:* Ann Marie Phillips, Jennifer Reznick, Amy Izzo, Carmen Lynn, Kelly Connison, Melanie Sevon, Branelly Warren. *Second Row:* Rosangela Di-Manto, Michele Bidelspach, Christine Beck, Jenny Park, Jessica Roscio, John Curran. *Back Row:* Stacey Park, Melanie Park, Kelly Ames, Karie Clearwater, Sung Pak, Eric Dobbs, Christine Callaway, Chip Hamilton.



*Front Row:* Megan Tremper, David Gignilliat, Nathan Piazza, Sean Peirce. *Back Row:* Elizabeth Jordon, Danielle Chaloux, Kate Drezek, Heidi Urban.



Showing good judgement by drinking soda instead of alcohol, senior Darin Council takes a break for a refreshment. One way students could avoid drinking and driving was to drink soda instead of alcoholic beverages.

Discussing the upcoming SADD meeting, junior Andy Stephenson tells junior Amy McGarry that there is a meeting after school. Friends attended the meetings together because students felt they were responsible for each other's safety.



Junior and SADD President Scott Kennedy and junior and SADD Treasurer Angi Finney walk in front of the SADD banner during the Homecoming Parade. SADD showed their spirit and expressed their message with their banner.





# Staying Dry

*SADD cautions students to think about the consequences of drinking.*

Drinking and driving is a problem for people of all ages, not just those who drink. Members of SADD, Students Against Drunk Driving, wanted to make people aware that they too were against the growing problem of drinking and driving.

SADD also brought up ways to keep teenagers from driving drunk. They suggested designating a driver to remain sober for a Saturday night and act as a chauffeur for everyone who was not fit to drive. But SADD believed, without a doubt, that teenagers should not drink and stay

sober.

On October 30, SADD held a Ghost Out Day. Members dressed in all white and wore black numbers on their faces. They could not speak all day acting as if they were victims of drunk driving accidents. They wanted their classmates to realize the price of drinking and driving. Junior Chris Luley said, "Driving drunk is stupid. It just puts yourself and others in unnecessary danger."

Regardless of whether or not their lives have been affected by the actions of a drunk driver, SADD members felt it was the duty of

all students to stop people from driving drunk. Junior and SADD President Scott Kennedy said, "As students, it is our responsibility to help fight the dangerous crime of drunk driving."

SADD members did what they could to better the drunk driving situation. Whether it was telling of the consequences, giving suggestions, or bringing awareness, SADD members tried to do their part. As senior Mike Brenner said, "Don't drink and drive because you might live to regret it, or you might not."



SADD: **Front Row:** Kristyn Rivellese, Monica Winters, Meredith Martin, Cyndi Briere, Elizabeth Gray, Linda Day. **Second Row:** Lane Pickell, Michelle Casey, Kelly Connison, Jenny Park, Kristen Ingram, Arshia Ahmadi-Nabi, Angi Finney. **Third Row:** Ahmara Perkins, Stacey Park, Joe Errera, Soorena Safaie. **Back Row:** Nancy Nurthen, Sean B. Kelly, Scott Kennedy, Chris Luley, Beth Robbins, Mr. Parham.

## Community Action

SADD, Students Against Drunk Driving, is an organization that brings awareness to the growing problem of drinking and driving. They work throughout the school and community to get the word out against drunk driving.



# Reaching Out

## *Students Take Action in the Community By Helping Those in Need*

"What can we do to help?"

The Key Club, Leo Club, and Viking Volunteers were all clubs willing to help out, whether it was for homeless or elderly. Students willingly aided those in need of comfort.

The Leo Club was an organization that dealt mainly with the homeless. The club visited homeless shelters and families. This was done on a regular basis, and especially during the holidays. Sponsor Mrs. Clark, said "Christmas was the most important holiday of all, it was a time of giving." The club mem-

bers would dress up as elves and become "Santa's helpers," and bring gifts to the shelters. This let them know that people really cared about them enjoying the holiday."

The Key Club has done special things to help with the elderly. "On Thanksgiving we went to Independent Hill for the elderly shelter for a Thanksgiving party. It made everyone feel good to see them smile," said Junior Karie Clearwater.

A new club called the Viking Volunteers aroused interest in students. The organization was

arranged a little different than the other clubs. Viking Volunteers was an individual program, students went out on their own to help out those less fortunate. Freshman Lisa Bellamy said, "I want to help the community and those who are less fortunate, I'd like to help the homeless."

Students found a way to put a little sunshine in everyone's day. They let it known that they were there to support and care for those who needed it. By the way they reached out, this was shown.



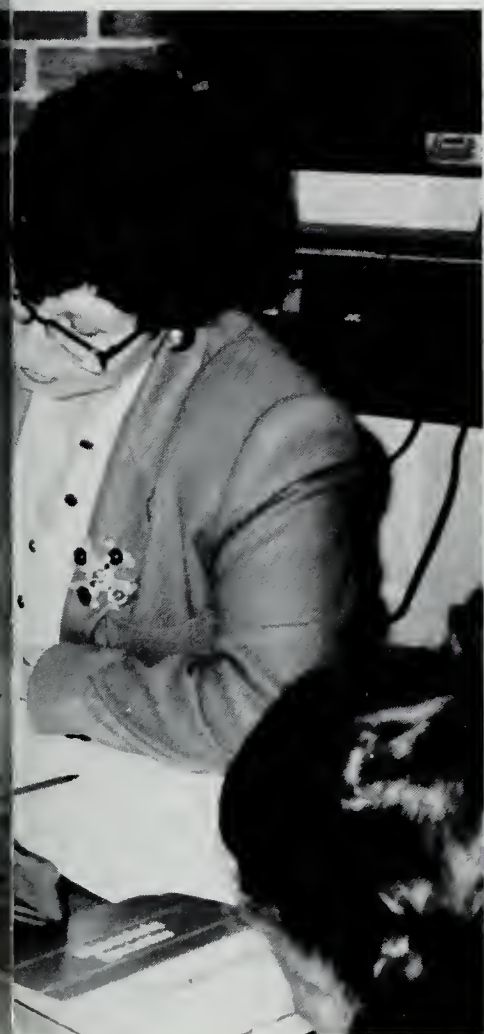
Observing junior Key Club members Linda Day and Jill Zizzo, sponsor Mrs. Pinkard watches as they prepare to go to the homeless shelter for children. Wrapping gifts was one of the duties Key Club members had.

Mrs. Keys, sponsor of Key club, is scheduling activities that will be discussed during the after school meeting. The meeting usually lasted approximately a half an hour long planning a trip to help the less fortunate.





Preparing to go to the homeless shelter, sophomore Roxana Olivera and senior Dennis Stewart, members of the Key Club, wrap Christmas gifts to bring as part of Santa's helpers. Students were dedicated to helping those less fortunate.



## Community Service

Members of the Leo Club took great interest in caring for the homeless, elderly, and those who just needed a little love. They had enough interest to carry it out as their future profession. A 300 dollar scholarship was offered to one of the members who planned to go to college.

Doing everything they could to extend a helping hand, the Key Club visited Ann Ludwig handicap school to celebrate Halloween with them by having a party. This was only one way the Key Club showed their love to all those who needed it. The Key Club was known to give out smiles.

The Viking Volunteers all got together to raise money for the hurricane victims. They had a penny drive to raise the money. This was the first fundraiser that the Viking Volunteers had. The fundraiser turned out to be a success. This was only the beginning of their help.



**Key Club:** *First Row:* C. Beck, M. Bidelsbach, K. Ingram, K. Hall, K. Connison, J. Hummel, J. Errera, J. Reznick, M. Fleming, A. Nichols, S. Flannagan; *Second Row:* D. Drew, R. Price, S. Hockman, A. Izzo, L. Day, B. Carino, K. Clearwater, R. Woodside, B. VanWinkle, M. Hansen, S. Sentman, J. Hansen; *Third Row:* Mrs. H. Pinckard, M. McGee, E. Moore, C. Gibson, D. Dumas, N. Sturgis, M. Dowdy, T. Lake, P. Lopez, J. Smith, A. Khan, C. Hamilton, R. Olivera; *Fourth Row:* M. Crowe, J. Kodatt, A. Kistner, P. VanMullekom, A. Filabi, R. Fox, H. Fahnestock, C. Kodatt, L. Anderson, L. Gallitz, D. Safaie, E. Ebitz, J. Bureur, S. Curton, Mrs. L. Keys



**Viking Volunteers:** *First Row:* Tina Davenport, Karlina Beisel, Anousheh Amini, Liza Bellamy, Rhonda Rucker, Terri Sams; *Second Row:* Lejandro Villanueva, Marc Johannsen, Danielle Parker, Sandy Shumard, Stephanie Humbarger, Mary Buchanan.



**Leo Club:** *First Row:* L. Bouchard, C. Lambros, J. Oh, A. Nichols, M. Sellers, M. Malony, L. Jankura, A. McGarry



Sophomores Wendy Fouts, Jen Schwarz, and Steve Calayag work hard to pick up trash at eight o'clock on a Saturday morning for tryouts. All money made from early Saturday morning cleanups went to the children at Woodbine.

Waiting for a Norsemen meeting Seniors Cameron Mays and Melissa Crowe, sophomore Janel Labus, and sophomore Jen Schwarz sit together after school to discuss plans of visiting a retirement home at the end of the year.



Senior and president Jake Fretwell helps senior Melissa Crowe pick out presents for the Woodbine children during Christmas break. Norsemen earned money for the children from cleaning up the football fields after Friday night football games.



Clubs



# Santa's Elves

Raking in the dough, norsemen clean up fields to earn money for toys

Every year the traditional initiation took place for all those who made it through tryouts and were voted into Norsemen. It was the final step and guaranteed humiliation. But all those who participated were sworn to secrecy. Senior Melissa Crowe said, "Initiation is a great way to get to know the new members."

Norsemen got up each Saturday morning after a home football game to clean up the fields. The money they earned from the clean up was spent on toys for the children at Woodbine. Senior John McKay said, "The most en-

joyable experience was giving presents to the Woodbine children. It was such a great feeling to see them smile."

The goal of Norsemen was to help out the community in a variety of ways such as visiting a retirement home and the children at Woodbine. Senior Danny Schiro said, "Norsemen gives me the chance to get involved with the community. We help a lot of people and have fun at the same time."

Norsemen also allowed students to get to know other students outside of school. Senior Brandon

Childers said, "Norsemen gave me a great opportunity to get to know more underclassmen. I met juniors and sophomores that I might never have known unless I was in Norsemen."

Throughout the year Norsemen made sacrifices to help out the community. Junior Julie Stephens said, "The worst part of being a Norsemen is getting up at seven to clean up the football field." But all agreed that the overall embarrassment and humiliation of getting into the club was all worthwhile in the end.



Norsemen: **Front Row:** Scott Jonely, Wendy Fouts, Sam Lonce, Tara Kreutz, Amondo Lance, Belen Pifel, Jake Fretwell; **Second Row:** Nick Wong, James Barnett, Brent Maloney, Steve Caloyog, Marcus Godson, Sig Capolupo, Cameron Moys, Melisso Crowe, Holly Johnson, Julie Stephens, Christine Nelson, Kate Duecy; **Back Row:** Steve Bidwell, Spencer Mollard, Jonel Lobus, Jen Schworz, Brook Conaway, Stephonie Joseph, Chris Timm, Matt Johnston, John McKay, Brandon Childers, Chris Keefe, Dan Ake, Brion Richard, Adam Soos.

## School Service

Norsemen is a club organization in which students try out in order to participate. Once initiated the members do various chores around the school to earn money for the community. The club helps the elderly and less fortunate children.



Sophomore Tara Butler shows a toy to a child during childcare class. Students taught the kids games, songs, and other activities. Both teachers and students benefited from the child care centers held during third and fourth periods.

Senior Heather Snyder shows a child from the daycare program a chart. The children looked up to the students. Students gave them a mature and responsible role model. The Daycare program helped parents in the community.



Senior Jenni Brown holds a child during story time. The students developed long lasting relationships with the children and their parents. The students were there for the kids when the parents could not be.





# Cooperation

*Working together to prepare each other for the coming future.*

What is FHA? What does HERO stand for? Future Homemakers of America is a group of students learning to get ready for their future. HERO stands for Home Economics Related Occupations.

FHA/HERO members prepared for future roles through leadership development activities. "FHA/HERO has helped me learn about life," stated Sophomore Tara Butler.

FHA/HERO activities provided opportunities for members to grow individually, socially, intellectually, and morally. "FHA/HERO has given me a view for the

future. I feel more self-reliant," said Senior Mel Gantt.

Members spent third and fourth period providing day care for children around the area. Students watched them play and grow. "I enjoyed making relationships with the kids. We gave them a role model, they really looked up to us," said Senior Amy Bragaw.

FHA/HERO also went apple gleaning in the fall to raise money for the needy. "I enjoyed doing things for the needy. I liked giving things to people," said senior Stacy Hylton.

To be in FHA/HERO,

students had to take a Home-Economics course. Students learned how to cook various foods, and learned to do certain jobs around the house. "I learned how to care for children, cook, and do chores around the house like washing clothes, and ironing," said senior Teresa Briel.

Working together in these activities, members played an active role in the community. Students in FHA/HERO became more mature and responsible. They also learned important tasks for their future.



FHA/HERO: *Front Row:* Stacy Hylton, Melanie Roberson, Elizabeth Masan, Danneille Lannergan, Tami Haward, *Second Row:* Mrs. Cleary, Tiffany Garnish, Teresa Briel, Mel Gantt, Kenya Harris, Amy Bragaw, Heather Snyder, Jenni Brawn, *Back Row:* Bethany Lockamy, April Tittle, Cindy Hess, Tara Butler, T.J. Dionne, Amy Papenfuhs.

## Homemakers

FHA/HERO stands for Future Homemakers of America and Home Economics Related Occupations. The purpose is to improve personal, family and community living, and to develop leadership ability. They meet once a month.



# Lend A Hand

*DECA and FBLA help out local and national organizations*

More than just business and marketing, FBLA and DECA clubs held fundraisers and events that exceeded the clubs' purposes, and human causes too. "I am in FBLA because of the community service and volunteer work I can do. FBLA includes helping others as well as business," said junior Jan Sipes.

Anyone who took a business course was eligible to be in FBLA. Members also had to pay \$8 for dues. FBLA co-ordinated Operation Turkey, and participated in a leukemia typathon and Walk America for March of Dimes. "I helped

out with Operation Turkey. My Thanksgiving meant more to me because I was helping others," said junior Yalonda Simpson.

"DECA has become more organized and motivated. We dressed people up as live mannequins, and we went to a homeless shelter during Christmas," said junior April Edwards. DECA managed the school store that featured various school supplies, computer disks, and candy. Field trips to Hemlock Overlook and a local radio station were also taken. Junior Leslie Wehmeyer said, "Going to serve dinner to the

homeless was a great experience for me. I learned that there are a lot more people worse off than I am."

Other students joined FBLA and DECA for what the clubs directly stood for. Junior Karen Ellis said, "I was interested in a career in business, so I joined FBLA."

Outside organizations helped boost involvement and participation in FBLA and DECA. These members had nothing to hide when it came to lending a helping hand to those in need.



"What number were we on?" FBLA members and seniors Cheri Shannon and Greg Patterson count the number of cans donated by each homeroom to Operation Turkey. FBLA collected canned goods to give to the homeless and needy during Thanksgiving.

Finally done, junior Andy Stephenson locks up the DECA showcase after setting up the new exhibit. The showcase, by Mr. Watts' door, was always colorfully decorated with DECA information and signs. Students and Miss Bryan changed the exhibit often.

Clubs







DECA: *Front Row:* Miss Bryan, S. Cozort, S. Salisbury, M. Jenkins, M. Fryer, S. Smith, T. Jeffrey. *Second Row:* J. Kitta, A. Stephenson, C. Watson, C. Brown, T. Dix, H. Mizell. *Third Row:* R. Gott, A. Cauntee, R. Baker, J. Conway, D. Baane, K. Khaliq. *Fourth Row:* K. Ashton, A. Caaper, J. Schwarz, L. Swanson, L. Wehmeyer, K. O'Neill, A. Taylor. *Back Row:* B. Poirer, A. Edwards, C. Baird, C. Morrow, H. Reifsnnyder, T. Licata, K. Morris, D. Sutton, K. Trent.



FBLA: *Front Row:* C. Leteff, D. Johnson, J. Martin, S. Howard, J. Hilario, K. O'Neill, K. Kapfer, S. Colayag, K. Sanderson, K. Mirchondani, E. Gutierrez. *Second Row:* C. Seibert, M. Martin, K. Rivellese, W. Vasquez, J. Reznick, K. Cannison, D. Alataibi, V. Gonzalez. *Third Row:* N. Dillard, G. McKinney, K. Ingram, A. Etsell, K. Ellis, S. Taylor, C. Tierney, T. Stith, R. Woolfolk, C. Shannon, L. Humberd, H. Lottin, B. Brawn, K. Hall, H. Dezeer, M. Wilson, K. Davis, M. Eccleston, L. Poterite, S. Sochs. *Fourth Row:* B. Sullivan, K. Ames, M. Dunn, P. Leith, N. Sturgis, H. Mc Zarchen, J. Mc Cianahan, L. Norley, L. Swanson, M. Powers, A. Colhoun, L. Day, H. Nolton, T. Sams, M. Lewis, R. Fee, K. Zerkow, S. Kaisken, M. Soto, J. Heil, E. Jackson. *Fifth Row:* T. Watson, T. Navamal, G. Lundie, L. Kennedy, S. Buck, J. Gibson, M. Henry, C. Simms, B. Lockamy, T. Green, J. Mallio, H. Hemmerly, S. Cozort, S. Moyer, M. Williams, J. Sipes, S. Sing, B. Shore, S. Patterson, G. Patterson. *Back Row:* L. Stearnsdoehr, M. Shetley, B. Ross, N. Enriquez, D. Stewart, D. Sharp, S. McCloskey, J. Place, J. Collins, Y. Pekonyande, L. Morris, M. Anthony, N. Duncan, M. Swearingen, A. Zakrzewski, J. Nielsen, S. Souther, K. Eckert, S. Bosko, H. Olijuw, J. Roche, J. Oliz, S. Reynolds, C. Paz, T. Barton.

## Business

The Distributive Education Clubs of America prepares students for marketing careers. DECA members annually participate in fashion shows, and contests and competition on the district, state, and national levels.

Future Business Leaders of America promotes business knowledge and skills, serves the community and the school, and provides social activities for the students. FBLA aided in the March of Dimes and Operation Turkey.



# What Can I Do?

## *Environmentally Aware Students Meet to Help Inform Everyone Else*

Did you know that one person uses two pine trees worth of paper products each year?! This was only one of the many facts with which the Science and Ecology Club was concerned, not only with preserving the country's paper source, but also with litter control and recycling.

Have you ever seen a group of students with trash sacks on the soccer field? The Science and Ecology Club helped to clean up the school and community with a variety of projects. One of those projects was all

of the recycling bins that are around school. The Science and Ecology Club picked up all of the bags and took them to recycling centers.

One of the club's biggest projects was in the spring when they "Adopted a Stream." Junior Jennifer Reznick said, "I like being environmentally involved and the 'Adopt a Stream' was a great way to get more involved."

Another project the Science and Ecology Club did was, during Christmas time they tagged

trees with other Science and Ecology Clubs in this area. They also helped collect 70 tons of telephone books to be recycled. This helped to save a lot of landfill space.

"I really enjoy being in the Science and Ecology Club. I like helping out with the environment and being involved," said sophomore Rosangela DiManto. The Science and Ecology Club was only one way that students could get involved helping to preserve the environment around their school and community.



Sophomores Darrell Hoffman and Renier Fee enjoy Moon Rock popcorn at a Science and Ecology meeting after school. Students discussed such topics as water quality, litter control, recycling, and did projects such as "Adopt-A-Stream."

In a Science and Ecology Club meeting after school, senior Tommy Casey holds a net which filters living organisms from sea bottoms. The club helped purify and keep water quality high by their program, "Adopt-A-Stream."





Science and Ecology Club: *Front Row:* Dr. Young, Tommy Casey, Amy King, Barbara Greyson.

## Environment

The Science and Ecology Club is concerned with environmental problems in our community. They help to control our litter problem by stressing recycling. They also work with water quality by adopting a stream. They help to get students involved with environment.



"Come get the famous atomic punch!" Senior Marie Ambrogio pours the famous atomic punch for her fellow Science and Ecology Club members. The punch was also served with the moon rock popcorn.



# Moving Ahead

*The television and cosmetology clubs work towards future goals.*

The Cosmetology and TV Production classes offered students experiences in dealing with the tools of their trade. Both departments succeeded in preparing students for jobs in the future.

Students in Cosmetology classes found that the department had many things to offer the community. The Cosmetology classes had an open house where the students did work for the people in the community. They were able to practice perming, relaxing, and coloring hair as well as facials.

The Cosmetology classes also gave the students great experience for the future. Senior Suki Harris said, "I plan on going to the State Board to get my cosmetology license because I want to be a nail technician."

The TV Productions classes were a preparatory class for students. "Being in the TV productions for the past two years has helped me in learning more about the way television programs are made," said junior Carolyn Lambrose. The class gave students a good opportunity to learn how to

work as a team.

Exploring TV was one of the classes that attracted students. "It teaches you about real life. It's a rewarding class because you learn beneficial things that can lead to careers in lighting and camera work," said junior Will Weyer.

Cosmetology and Television Productions prepared themselves for their future by learning a specialty. They involved themselves with the community and they taught the students about real life, making them prepared for their future.



Senior Shamila Kahlique does the hair of senior Jamil Ayala. The work they did was the quality of work done by professionals. Many students and adults came in on Wednesdays through Fridays to receive cosmetology services.

Junior Chris "Skippy" Handman videos a swim meet to be aired for Viking Television. Like all of the members on the T.V. Productions Club, the work they did helped them learn more about filming sporting events.

Clubs





**Cosmetology Club:** *Front Row:* Crystal Thurman, Kima Wooden, Erika Rodriguez, Malika Smith, Chantil Sheffey. *Second Row:* Jamile Ayala, Shizuko Harris, Paula Emerson, Naree Copeland, Lakenya Harris, Heather Wilkerson, Adell White, Sheryl Harris. *Third Row:* Shamila Khalique, Gisela Aponte, Deb Burnes, Sarah Bowman, Melissa Cummings, Erika Stevens, Pam Ruiz, Mandi Carroll, Jaymese Turner, Deborah Myles, Instructor. *Back Row:* Sumbal Rafiq, Cindy Jones, Luciana Freeman, Phoenix Ishmon, Candy Culp, Wende John, Racheal Happ, Shelly Cogar, Ebony George.



**TV Productions:** *Front Row:* Scott Jennings, Bill Weappe, Jeremy McDonald, Rebecca Shepard, Lindsay Ruff, Chris Handman, Veralgo Stevenson, Amy Moody. *Second Row:* Darin Jensen, Instructor, Justin Buchanan, Steve Rossi, Annie Kulig, Steve Tefft, Steve Hetzel. *Third Row:* Chao Vickers, Britany Hart, Channie Dammeh, Azish Filabi, Nikisha Binion, Brian Urkis, Randa Champ, Angelic Smith, Dabeth Manns. *Fourth Row:* Rasheed Quash, Lee Thompson, Larry Carter, Rudey Jackson, Reza Abadi, Jeremy Causey, Jim Dil, John Miller. *Back Row:* Mario Manderson, Rick Agresto, Toby Goodell, Mark Hughes, Dan Braun, Lee Ross, Mike Lovderman, Tommy Shagler, Val Weyer, Theo Vickre.

## Skills For The Future

The cosmetology department gives students the opportunity to use the skills they learn on citizens from the community who seek their service. It gives the students a sense of dealing with real life situations in school.

The TV Productions class gives students hands on experience in preparation for the jobs of today. Not only does it give the students a chance to work with first rate equipment, the class gives them a chance to be creative.



The varsity club showed their spirit in more ways than just raising money. The Varsity club participated in the homecoming parade by decorating a truck and riding in it. The truck was driven by the club's sponsor, Mrs. Bonacquisti.

After the meetings were over, the members went on to their regular classes. Many members used their classes as a way to tell people about upcoming fundraising events. Junior Betsy Kenney discusses an upcoming bake sale with her classmates.



Junior Varsity Club members Freddy Borrás and Mike Zaiko and Seniors Kevin Wolesslagle and Tim Morgan watch the Woodbridge vs. Garfield basketball game. The Vikings were ranked number one and the Indians were ranked number two.





# Early Birds

*Afternoon practices forced the Varsity Club to meet in early morning.*

The big W! Who paid for all the letters that varsity athletes received? The varsity lettermen did! After striving to earn their varsity letters many athletes joined the Varsity Club to help raise money for the awards that up and coming athletes would receive. Members of the club admit that it wasn't always fun getting up a half hour early to go to the seven o'clock meetings, but it was well worth it when money was raised. The club met before school because of the practices that the athletes couldn't miss after school. Junior Rob

Walker said, "I find it convenient to meet before school because we all have practice after school."

The main purpose of the Varsity Club was to raise money. "In order to raise money for the school's varsity letters and pins, it was necessary to have car washes and bake sales — all of which were a great success!" stated senior Dan Barone. Senior David Showers commented "Without the various fundraisers we held throughout the year, it would have been impossible to raise

the money we needed for the varsity letters and awards."

The Varsity Club also brought the athletes from different sports together. Sophomore Heather James, who is a member of the Vikettes said, "At the different fundraisers it was fun because we got to meet people from other sports that we usually wouldn't get to see because of involvement in our own practice. Besides meeting new people, participating in the fundraisers also gave us a chance to show our spirit."



**Varsity Club:** *Front Row:* M. Santiago, T. Sincavich, F. Gilhaaly, C. Raistin, L. Olsan, J. Way, A. Tunstil, T. Tavares, S. Flanagan. *Second Row:* M. Halewicki, J. Ziza, T. Lake, N. Hisang, R. Price, J. Manastra, D. Shavers, B. Kenney, E. Danahue, M. Putre. *Third Row:* S. Gilhaaly, G. Patterson, E. Keehan, R. Jally, A. Filabi, N. Wang, M. Hauser, A. Sherman, D. Barane, A. Mcvay, H. James, K. Shull. *Fourth Row:* D. Deleanardis, L. Talin, N. Bates, J. Halliday, R. Waller, M. Zaika, T. Margan, P. Lasier, J. Rascia, J. Inskeep, A. Keehan, L. Poiston. *Back Row:* C. Pratt, C. Blackburn, K. Heller, A. Rodgers, R. Lisack, M. Brenner, J. Abelson, V. Lowman, A. Pel-liter, L. Gallitz, A. Stevenson, J. Steverson, S. Bradley, J. Trimble, C. Rothlien.

## Athletics

The purpose of the Varsity Club is to raise money for varsity letters and awards. Only varsity letter holders are eligible to join the club. The club sponsors various activities such as car washes, bake sales and dances.



# Nothing but names

## A

Tennis legend **Arthur Ashe** died of AIDS on February 6, 1993. Ashe was a 49 year old husband, father, and role model. He contracted HIV by a blood transfusion.

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## B

During the summer of 1992 the Olympic torch burned bright in **Barcelona**, Spain, where the United States earned 37 gold, 34 silver and 34 bronze medals.

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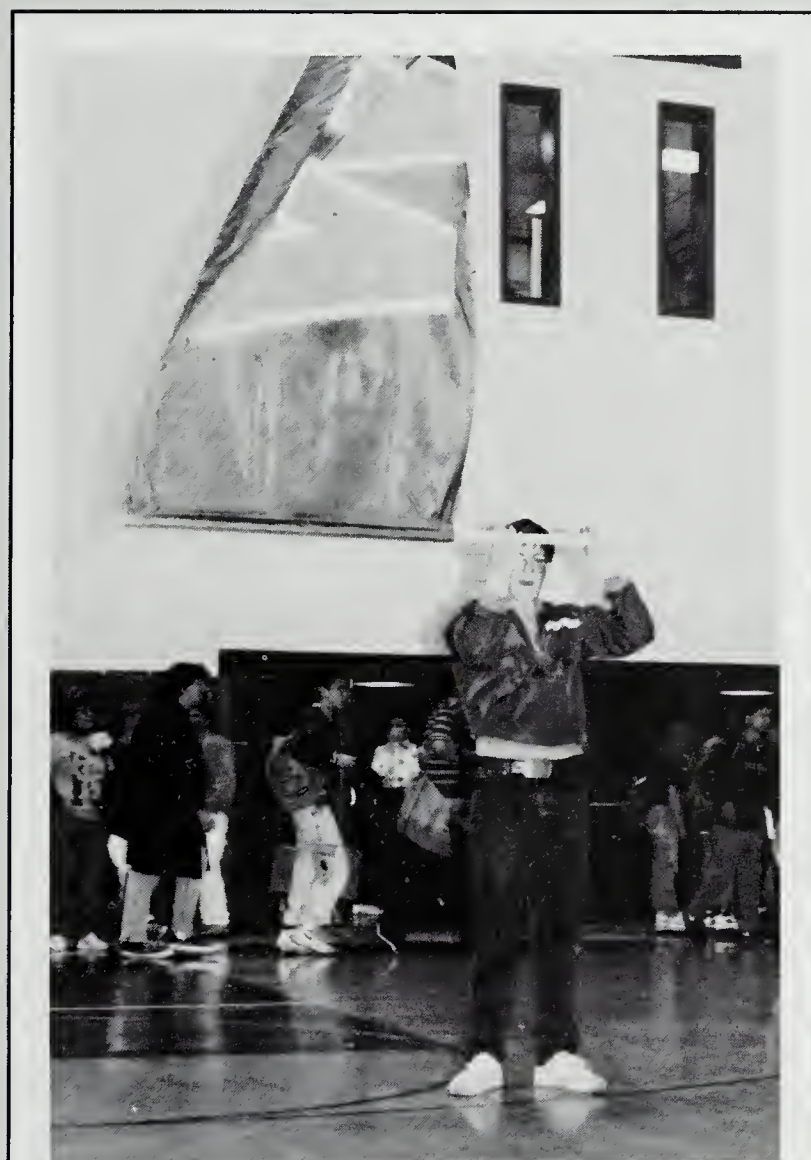
Doe, Ray, Meee! Senior Denise Giampa teaches the Womens' Concert choir during senior teaching week. Being a senior teacher allowed many seniors to experience the responsibility that teachers must take on and how difficult teaching can be.



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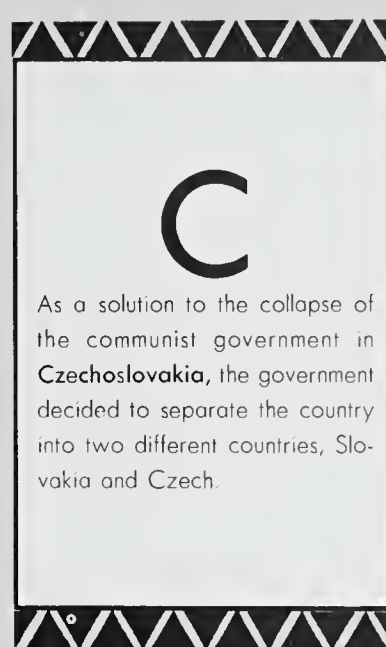
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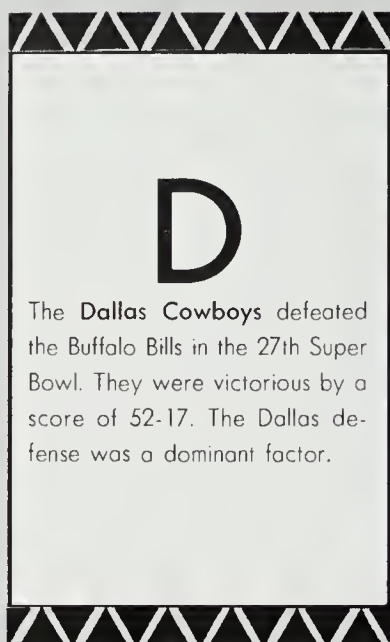
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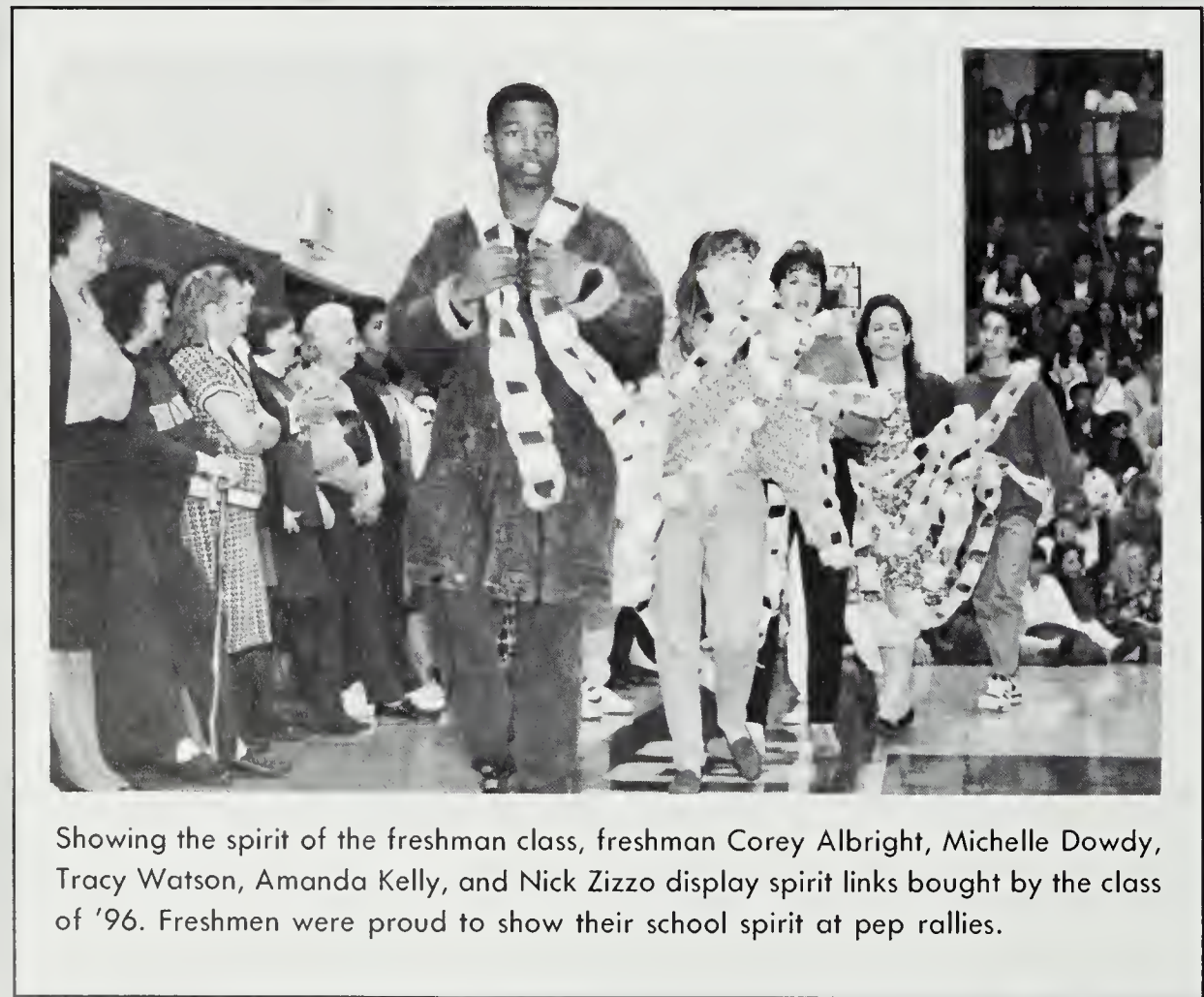
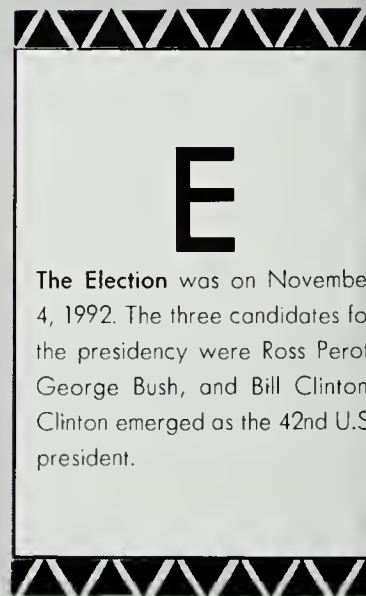
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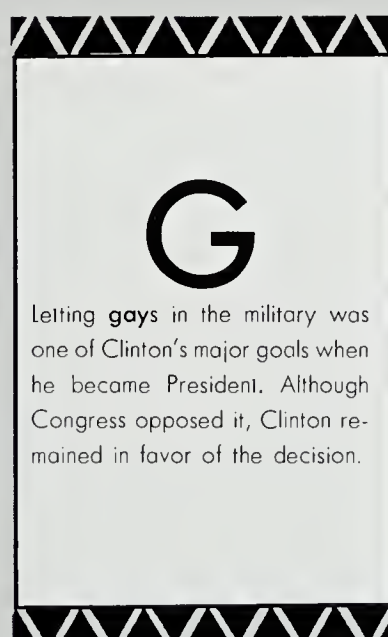
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Woodbridge students are becoming more aware of the effects of their actions on their environment. Before a meeting, Science and Ecology Club president, Kelly Publicover, junior Frajille Ellis and senior Marie Ambrosio discuss their newsletter.

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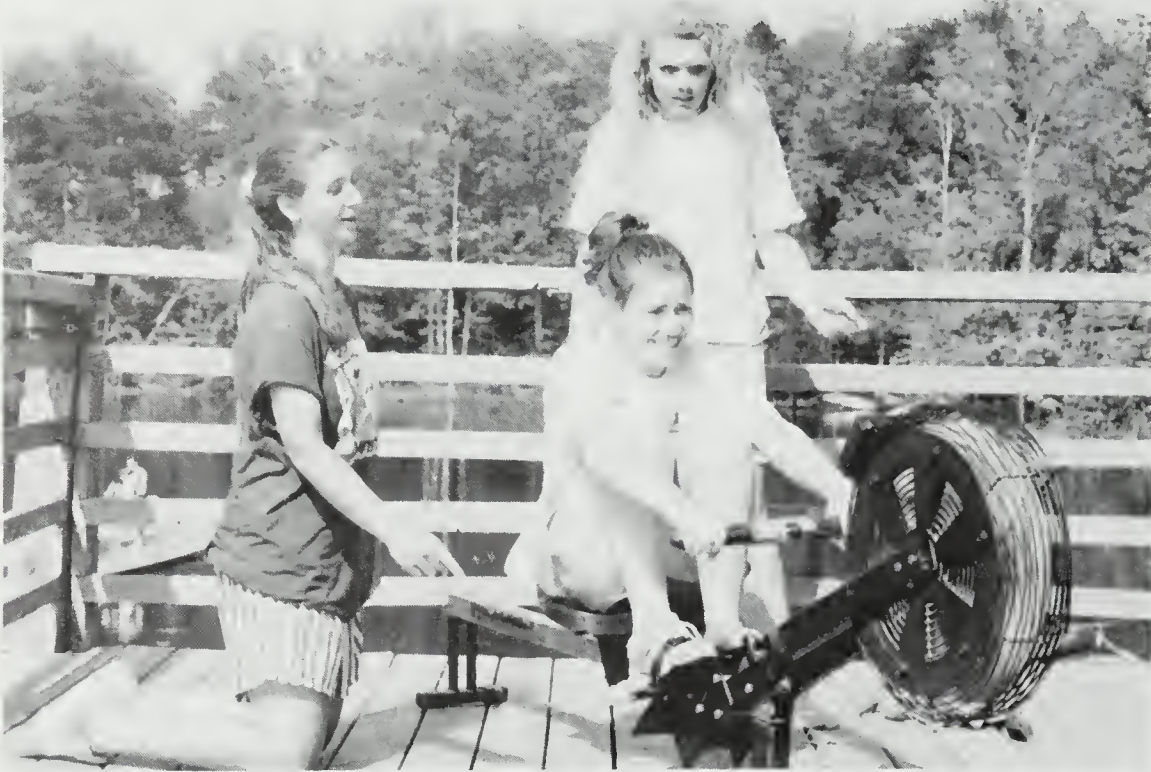
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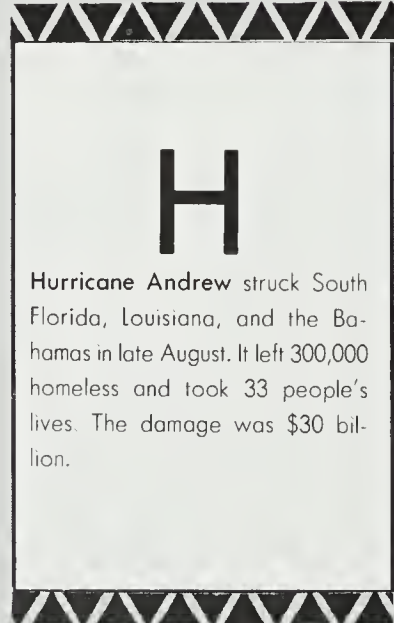


Power ten! Junior Christy Prewitt ergs at the boat house after school while senior teammates Regina Taylor and Nicole Kofalt cheer her on. The erg was used to simulate the workout that a crew member would get on the water.

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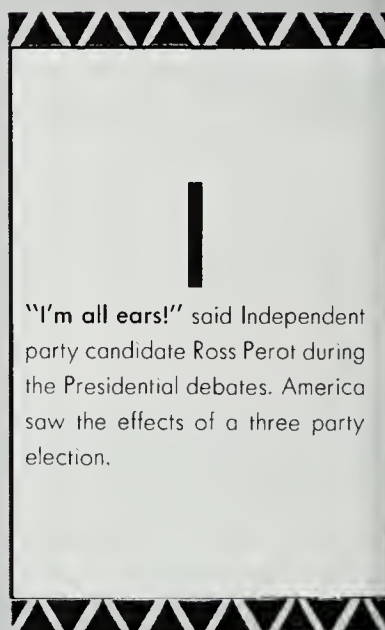


**H**  
 Hurricane Andrew struck South Florida, Louisiana, and the Bahamas in late August. It left 300,000 homeless and took 33 people's lives. The damage was \$30 billion.

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**I**  
 "I'm all ears!" said Independent party candidate Ross Perot during the Presidential debates. America saw the effects of a three party election.



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**J**  
A Jack in the Box restaurant in Washington served hamburgers made with contaminated meat. As a result three people died from the E coli bacteria.



At the choral department's Madrigal Dinner Feast, sophomore Christine Feidnt and sophomore Dennis McClearn prepare cups of wassail to serve to the guests. The Feast was a recreation of 16th Century England.

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In Mr. Benson's seventh period orchestra class, sophomore Reggie Ray tunes up his instrument, the bass, while waiting to begin the daily rehearsal that all advanced orchestra students go through.

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**K**  
On September 25, 1992, twelve year old **Gregory Kingsley** was allowed to divorce his natural parents to be adopted. This was a landmark case for the nation.

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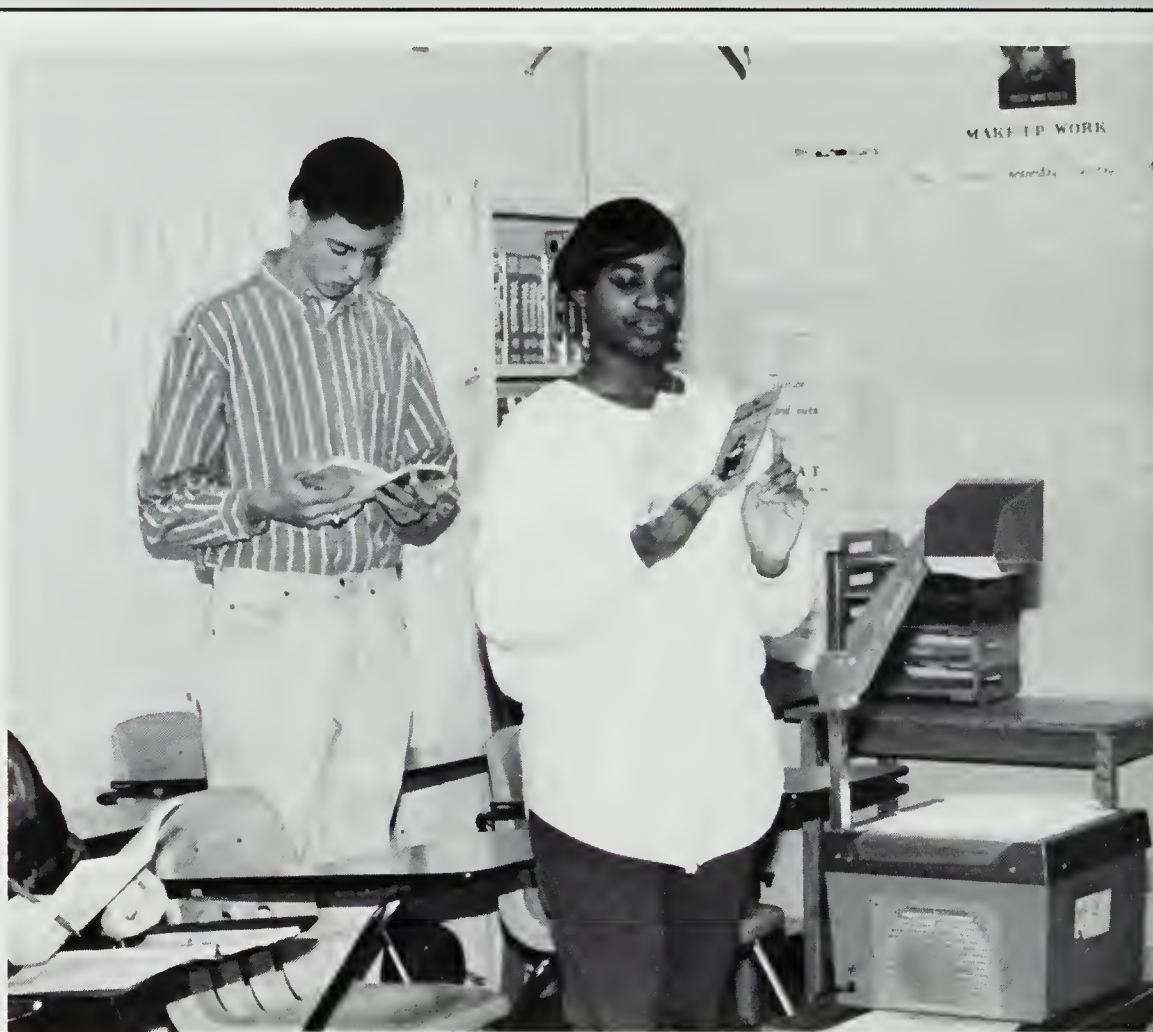
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## M

Is it porn or is it art? **Madonna** made the news again with her book, *Sex*. The book is sold for \$50, it depicts all of Madonna's physical and sexual desires.



Dramatically interpreting *The Scarlet Letter* during English class, juniors Frajille Ellis and Bryan Ross read aloud. Class activities and discussions helped students to understand and enjoy what they were reading.

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Every spare second was valuable when students had to prepare for tests and quizzes. Senior Amy Trice found time in the hall during lunch to look over her notes. Although the halls were not the best studying environment, students never complained about it.

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N

Tampa Bay Lightning goalie Man-on Rheume became the first woman to compete in professional sports on a major league level in the **National Hockey League**.

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Oprah Winfrey talked to Michael Jackson in his first interview in 14 years. The live solo interview took place on February 10 at the 34 year old star's home.

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After a marriage of ten years, Princess Diana and Prince Charles shamed the Royal Family of Great Britain by separating. This followed Fergie and Andrew's split.

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Sophomores Jennifer Hummel and Betsy Perkins talk to junior David Groves during the Madrigal Dinner Feast. Students helped out during the Feast by serving food.



Freshman Leslie Lenyi and art teacher Mrs. Saggars are busy glazing their ceramic objects. Afterwards their projects will be fired in the kiln. At the same time, freshman Nicole Bolton works on her art nouveau initials in India Ink.

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Quayle vs. Murphy Brown: Vice President Quayle attacked T.V. character Murphy Brown for glamorizing unwed motherhood. Brown responded on her prime-time show.

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Inspired by their coaches; pre-race pep talk, lightweight rowers, senior Nathan Hissong and junior John Varrieur, get ready for their biggest race, Nationals!

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**R**  
 On December 4, President Bush formally launched Operation Restore Hope to aid the starving people of Somalia. U.S. troops were sent to ensure the delivery of food.

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"What college is best for me?" Senior Jenyatta Davis looks at the information in the career center to find out. The career center was a place where all students could go during lunch to learn more about different colleges and jobs they were interested in.



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MMM, MMM Good! Sophomores Ebony Singleton and Angela McArthur pile their plates high with fresh salad in the cafeteria. Students found that being health conscious and watching what they ate made them feel and look good.

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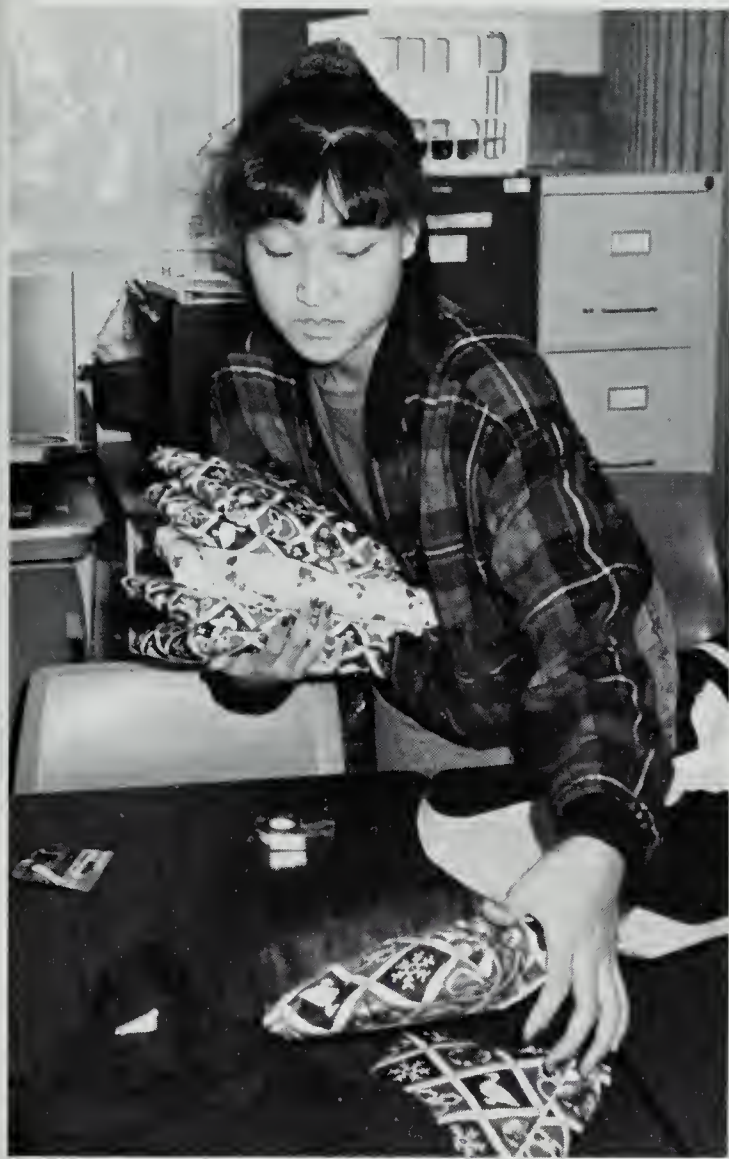
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**T**  
 Former Supreme Court Justice and civil rights leader **Thurgood Marshall** died January 24, 1993. He served as the first black justice from 1967 to 1991.

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Freshman Melanie Park participates in the Key Club's Christmas project, called Operation Love. For this project, members wrapped donated t-shirts to distribute to the homeless and less fortunate.

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## U

U2 was voted best artist by *Rolling Stone* magazine. U2's Zoo TV tour displayed messages which concentrated on political freedom throughout the world.

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The Virginia Senate and House passed Governor Wilder's bill to limit handgun buyers to one gun a month. Virginia sells the most handguns on the East Coast.

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## W

Walt Disney's *Aladdin* was the first hit movie of the year. Drawing large crowds of both young and old movie goers, *Aladdin* secured a spot among Disney's classics.



Freshman Audrey Newcomb is escorted to her physical education class by freshman Steve Marshall. Being on crutches, Newcomb had to walk slowly to Ms. Harrelson's P.E. class. Students on crutches got out of class early and missed classes such as P.E.



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Make-up is everything when it comes to creating the chilling effects of horror! Drama adviser, Mr. Smith, puts the finishing touches on junior Bob King in preparation for Count Dracula, which opened with the hit movie in late November.

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# X

**Malcolm X** the man, the movie, Spike Lee's controversial portrayal of the Black leader debuted Nov. 18th. Denzel Washington was nominated for an Academy Award for the lead.

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# Y

1992 was undoubtedly the Year of the Woman. Women made great strides in various areas. The number of women in the Senate jumped from two to six.



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# Z

Bill Clinton's choice for Attorney General, **Zoë Baird** was not approved by Congress because she did not report that she had illegal aliens working for her.

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Say what? Teachers were often greeted with confused looks from students like sophomore Betsy Perkins. The daily routine of classes sometimes became unbearable.



During lunch sophomores Kim Eckert and Laura Williams talk about their problems. It was hard to seek out a good friend during school hours, but it was even harder to find privacy. There was always somebody lurking around every corner.

## Senior Farewell

The last four years have been great, Woodbridge has given us our freedom (political correctness) and we wish best of luck to fellow seniors, and those we leave behind (underclassmen). And we wish a fond farewell to those teachers and administrators who gave us hope and confidence (referrals) for the future. We had a great experience these short four years (too long) and we'll miss our high school experience (college life). We'll miss the guidance that we have received during high school (no parents). College will be great with our new found independence (send more money). Seriously, best of luck to the rest of the school.



# NOTHING

## *but the truth*

“Nothing ventured, nothing gained.”

Challenged by change, students swung into action.

1992-1993, a year of many changes. The county *hid nothing* in offering Astronomy and Oceanography in all high schools. Seventeen new faculty members were added to the staff and survived their first year. ♦ Violence had a major impact on the community. On October 7, 1992, three students held back *nothing* in attempt to steal a car from a Valleywood Drive resident. ♦ Hilary Clinton, the highest educated first lady ever, exhibited her '*nothing to hide*' attitude and knowledge in supervising health-care reform. This was the first time a President's wife was able to work closely with her husband on an important issue. A new era of responsibility ushered in as people could do *nothing to hide* from budget cuts and taxes. ♦





Smiles were brought to faces as another touchdown was scored during the Homecoming game. Junior Deborah Spayd and senior Wendy Updyke came out to support the game and even weathered the nasty rain. Umbrellas and rain coats were seen everywhere.

"Be Careful . . . don't hit your thumb!" Junior Lincoln Burke nails sides of boxes onto the backboard of the junior class Homecoming float.

The juniors depicted *Phantom of the Opera* as their ideas to match the Homecoming theme of "Masquerade Ball". The senior class float won the judging competition for their float idea of "Catch the Magic". Homecoming floats took approximately three weeks to construct. The classes were also busy on creating artistic banners to accent the theme. Homecoming brought out school spirit.





*nothing  
to*  
**HIDE**



**L**

eaning on their sticks and each other for support, juniors Elizabeth Jordan, Jamie Watson, Jodi Simprini, and seniors Janelle Sweeney and Lynn Gallitz listen to Coach Boyd give instructions for the next play. Late season games still fell victim to the unusually humid season, making each harder to win. The Varsity Field Hockey team, only three years old, developed into one of the most successful teams at the school, proving indeed they had *nothing to hide*.

Closing

**320**

**!**

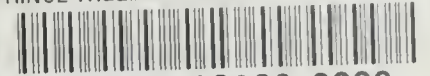












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1993

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The 1600 copies of the 1993 *Valhalla* were printed by Herff Jones Yearbook Company in Gettysburg, Pennsylvania. Each book cost \$30, \$35, or \$40 due to a progressive price increase. Publishing Representative Tom Tanton and Customer Service Adviser Barb Merson aided in publication.

The cover is a school designed custom embossed. The base material is Evergreen #1510. The applied colors are silk screen lacquer white (HJ #25) and silver foil. In addition, a cord texture was applied. The cover has been turned on 160 point binders board.

The endsheets are also school designed. They are printed on 80# white vibracolor stock. The applied lithograph inks are black (HJ #950) and forest (HJ #350) in varied percentages. "Nothing to" is printed in Zephyr Script type and "HIDE" is printed in stretched Helvetica.

The 320 pages are printed on 80# bordeaux enamel stock with 64 pages of four color process. The signatures are smythe sewn and have been rounded and backed. Body type is 12 point Spartan Light and captions are 10 point Spartan Light Bold.

All four color process senior portraits and black and white underclassmen and faculty portraits were taken by Segall Majestic Photography Studios based in Baltimore, Maryland.

The 1992 *Valhalla* received an All American rating with four Marks of Distinction from National Scholastic Press Association, an All Southern rating from Southern Interscholastic Press Association, a Medalist Award from Columbia Scholastic Press Association with three All Columbian Honors, and a Trophy Class award from the Virginia High School League.

The *Valhalla* would like to thank the parents and siblings of the staff and Holly Jonely for their support and patience during the production of this yearbook.

### For Reference

This item for use in the library only.

